

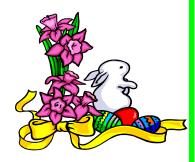
INSIDE SAA

Volume 4, Issue 1 MARCH 2004

POLICY GROUP

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SAA has "Helping Hands"

by Carlotta V. Calmese



A special thanks goes out to the SAA family for your generous contribution of nonperishable food items

for our Holiday Food Drive. Seven decorated boxes were placed in our various locations: Bascom (2), South Hall, LSAC, Ingraham Hall Advising Office, CCAS/AAP and Career Services and we collected *eight* boxes of food items, nearly filled to the brim! Special kudos to CCAS/AAP for filling up two boxes with items also stacked on the floor! The items were donated to the Helping Hands organization, a local grassroots organization started by South Madison resident Diara Lyles, who was the recipient of a food basket in a time of need. Ms. Lyles and Helping Hands have collected food for the less fortunate for the past three years. She sent the following letter:

Dear Dean Calmese:

I would to take this opportunity to thank you and your colleagues for the plentiful donations of food that were contributed to the Helping Hands organization. As you can see from the enclosed articles, Helping Hands has been helping Madison families for quite a while. With your help, we were able to feed over fifty families during the Christmas season. Thank you so much. It was greatly appreciated. May God bless all of you.

Sincerely, Diadra J. Seraphin



WELCOME JIM TO THE POLICY GROUP!

By Moji Olaniyan

On Tuesday, February 10, 2004, the Policy Group welcomed Jim Young to his new position as the new assis-



tant dean to CRC/GDS. Before joining our staff, Jim worked with the Chancellor's Scholar program out of Bascom Hall. Jim holds a PhD in German and has published many articles in his field. Jim also has teaching experience and a business background that he brings to SAA. He loves to cook and also enjoys outdoor sports.





ADVISING GROUP

LSAC CELEBRATES 40 YEARS!

By Neil Richardson



LSAC's staff: Consuelo López Springfield, Neil Richardson, and Joan Riddle

The L&S Advising Center is celebrating its 40th year of service with a reception on Tuesday, March 9 from 2:30 - 4:30 p.m. The Advising Center is a team of faculty, academic staff, and students working together to help students make crucial academic decisions. Thousands of students take advantage of the service each academic year.

Neil Richardson, professor of political science and director of the center since 1996, says that the past four decades have seen academic, research, and professional options open and expand for students in all majors. Nevertheless, a few things have remained constant. "Faculty advising is an opportunity for teachers and students to see each other as multifacted human beings, since advising sessions usually include a wider range of topics and

concerns than normally come up during office hours. For students, working with a faculty advisor affords an opportunity to explore future plans far beyond next semester's courses. Career choices, graduate school, and other subjects are all often taken up in advising sessions."

The center serves two groups of students: those considering majoring in one of the almost 75 L&S departments and programs and pre-health and pre-law students. The number of LSAC advisors ranges between 32 and 34, and all receive extensive training.

"LSAC is an institutional vehicle through which a cumulatively significant number of faculty are able to intersect with and appreciate not only students, but also assistant deans and other academic staff who work behind the scenes in class-room instruction," Richardson says. "I like to tell new advisors that academic advising can be the best part of their week."

All SAA personnel are invited to stop by for refreshments and conversation with other guests of LSAC on Tuesday afternoon, March 9th.



Mo O'Connor and Claire Peters Win Scholarships for Careers Conference

Mo O'Connor, Outreach Advisor with the L&S/Human Ecology Career Services Office, and Claire Peters, Career Advisor in the Exploration Center, were each awarded a full scholarship to attend the Careers Conference 2004 in early February. This annual conference is sponsored by the UW-Madison Center on Education and Work, and brings together career counseling professionals from all over the country.

Mo also presented at the conference. As a recently certified Career Development Facilitator (CDF), she presented a session with a colleague from her 2003 CDF course. The session addressed how one becomes a National Career Development Association-certified CDF, the 12 competencies covered in the 120-hour-long CDF course work, curriculum, course requirements and how the certification can help one attain personal and professional goals.

If you're interested in learning more about becoming a CDF, please send Mo an email or give her a call. You can also find out more information by visiting the UW Center for Education and Work at the following website: http://www.cew.wisc.edu/cew/conferencesAndWorkshops/cdf/cdfweb.pdf

Mo and Claire thank the Center on Education and Work for giving them the opportunity to attend this enriching conference.

Congratulations Mo & Claire!

ADVISING GROUP, Continued

Diana Maki Presents at SPA Conference

by Claire Peters

Diana Maki, Career Advisor in the Exploration Center, led a workshop at the 2004 SPA Conference February 20. She, and Christina Klawitter from CALS, presented on Office Space: Creating a Welcoming and Inclusive Environment. Participants learned about and



shared ideas on creating an office environment where students feel they can trust the advisor, they're comfortable, and they're likely to return.

Diana's session fit nicely into the conference theme, "Celebrating Lifelong Learning in Student Affairs," and the conference planners heard great things about the presentation from conference participants.

Way to go, Diana!

PHI KAPPA PHI

By Debby Bushéy

Phi Kappa Phi Honorary Society is planning it's initiation ceremony for Sunday, April 4, 2004. Along with honoring approximately 100 new student members, we will be welcoming



Phil and Melinda Certain as Honorary Members. If any staff can join us, the ceremony starts at 1:30 and will be held at the Memorial Union in Tripp Commons. Be sure to check TITU for location changes.

Career Advising is Circus Flying

To embark on this career is to step upon the platform With enough confidence in your life experience To hang your body upside-down from a swinging bar.

You swoop in wide arcs, knowledge and background Hinging you securely above a net of history, Personal triumphs and failures fastened tight— A springboard of wisdom to fall back upon.

Parallel with the platform, viewed from your inverted vantage point,

You lock eyes with the trapezists before you grasp hands, Remembering their nervousness, imagining their fear, Smiling at their bravado, understanding their doubt.

The timing is right. They step to the edge, extend arms forward,

Hop off into the unfamiliar, into your skilled and competent hands.

Past-practiced moves build agility for the future dismount They have worked for, dreamed of.

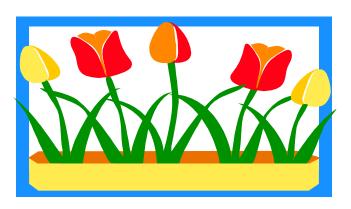
You hold tight. Learn the rhythms of momentum and resistance. Re-grasp if their grip slips.
You guide them from landing to landing
Because this is their flight. You just make it possible.

Coach with a smile when they glance upward, exasperated

From the net; pull yourself upright for a better glimpse Once they reach the other side.

By: Mo O'Connor, November 24, 2003





ADVISING GROUP, Continued

PROUD MOMS IN ADVISING GROUP!

TESSA AND MIMI RUID

By Barb Voss Ruid



Twelve year old twins, Tessa and Mimi Ruid, are enjoying their first year at Winnequah Middle school in Monona. They are involved in basketball, volleyball, soccer, jazz dancing, and girl scouts. In school,

Mimi is playing the oboe and Tessa is playing the French horn. They are also both in choir. Tessa and Mimi love animals and have two dwarf hamsters, a turtle named Shell, a cat named Tiger, and lots of fish. They love to go to school where they have lots of fun with their friends. They both want to be teachers when they grow up, and they are hoping they can get into UW-Madison!



Welcome Sam David Ryan!!

By Emily Dickmann

On December 2nd at 10:30pm, Becky and Dave Ryan welcomed a second son to their family: Sam David Ryan. He weighed 7 lbs. and 11 oz. and was 21 & 1/2 inches long. Big brother John (4 yrs. old) is doing a great job playing with his little brother and Sam is "a very mellow & laid-





back baby", according to his mother.
CCAS would like to extend their congratulations to
Becky, Dave, and
John and to welcome
Becky back to the office after her maternity leave.

RUSSELL BLASER By Beth Blaser

If you haven't already heard, the Patriots Pee Wee AA hockey team is going to State!

Russell Blaser, 11, has been playing hockey since he was three years old. This will be his fourth time competing in a state championship. It all started when his mom thought it



would be fun to sign the two of them up for skating lessons. With Wisconsin winters lasting six months, we thought it would be a good idea to take advantage of the cold. After two weeks, the instructor told us to buy a helmet. This season the Patriots' (37-5-4) record is competitive throughout the state of Wisconsin. Russell also plays football and baseball, lining up at running back and left field, respectively. He is a sixth grader at Patrick Marsh Middle School in Sun Prairie, where his favorite subject is mathematics unless, of course, you include gym class! His dream (you guessed it) is to be a professional hockey



ADVISING GROUP, Continued

The Exploration Center

By Jamie Hofmeister Intern for Career Services

Not sure which career you want to pursue, or even what subject to major in? The Exploration Center has the resources available to help! The Exploration Center is part of Cross-College Advising Service in Room 6 of Ingraham Hall. It has a wide variety of resources, ranging from computer programs to workshops, to guide primarily undergraduate students deciding on a major, through the process of discovering a suitable career path.

"We help students to connect with resources. We let them know that it's okay for them to be deciding and we encourage exploring because students can't make a decision until they try different things," said Diana Maki, Advisor with the Cross College Advising Service. "No one else offers these services; we focus on the exploration side, not job searching or interviewing."

The office is student-staffed by career peers who are able to answer questions, explain office resources, schedule student appointments, and help interpret assessment results. One part-time and two full-time career advisors are also available for one-on-one appointments. Career advisors are also available to answer questions about majors and careers, recommend courses to students, and help guide students in the career exploration process.

The FOCUS system is the main program used by students in the Exploration Center. It is a computer program offering seven self-exploration assessments in current career planning status, interests and work values, education and training, personality and life values, leisure time preferences, current or future skills, and personal development needs. This free program can be helpful for deciding students or students with a declared major and can be used on any computer with internet access. WISCareers is another computer resource that allows a student to assess interests, skills, work values and research jobs and schools. It also includes information about resume building and budgeting.

According to Maki, computer programs are a beneficial resource for undecided students who want helpful career advice. "We offer computerized career guidance to explore different skills so the student can figure out "who am I," and which jobs will make a good fit – that's when people will be the happiest," she said.

The Careers and Majors Library with books organized by areas of interest and exploration categories is another helpful resource. It includes a variety of handouts and brochures for numerous organizations, resources, and academic services from all over campus that inform students of other types of scholarly and career exploration avenues they can investigate outside the EC office.

Career files and vocational biographies help students to better understand more about the specifics of different jobs. These files are organized into categories with individual professions in each category. They contain information from businesses, volunteer organizations, websites, and non-profit organizations. Vocational biographies present a "day-in-the-life" description for many common and unique professions. They explain what people do in certain jobs, present a background on different job titles, and explain what qualifications workers need to obtain that job.

Workshops are offered by the Exploration Center to allow students to work with a small group of other students. They are led by career advisors and career peers and are a great way to begin exploring major and career options. A full listing of upcoming workshops is available on the Exploration Center's website at http://www.ccas.wisc.edu/EC.htm.

The Exploration Center offers two comprehensive inventories of personality, skills, and interests for students. The MBTI (Myers-Briggs Type Indicator) is a personality assessment test which calculates the four letter MBTI code to determine which of the 16 distinct personality types the student fits into. It is beneficial for students to know their MBTI types because they provide a great deal of insight into discovering personality. The 12 dollar fee includes a follow-up-meeting with a career advisor.

The CISS (Campbell Interests and Skills Survey) calculates skills and interests for dozens of jobs organized into seven main areas. The survey organizes student's results based on areas a student should develop and avoid and encourages a student to explore careers that relate to skills and interests. The 12 dollar survey fee also includes a meeting with a career advisor to analyze the results.

ADVISING GROUP, Continued

Exploration Center, Cont.

Students visiting the Exploration Center do not need to worry about being pressured into making a quick career decision. "We never tell students that they have to make a decision immediately unless they're a junior wishing to graduate the next year," said Maki.

While the Exploration Center offers "front-end" career advising and serves primarily undergraduate students deciding on a major, the Letters & Sciences and Human Ecology Career Services helps students with declared majors who need help with career development questions. The L&S and School of Human Ecology Career Services office, located at 905 University Avenue, Suite 160, serves declared students in L&S and School of Human Ecology students and recent alumni. It offers students help with resumés, cover letters, graduate school decisions, formulating an effective job-search strategy, and general career advice with resources such as a career resource library, handouts, videos, workshops, and publications.

Although the advising services are intended for students at different levels in their career discovery process, both the Exploration Center and the L&S and School of Human Ecology Career Services attempt to facilitate a seamless process of career development for UW-Madison students during their academic careers.

PATHWAYS TO EXCELLENCE GROUP



POLAR PLUNGE

By Akua Sarr

URS Scholar Regina Chagolla (3rd from left) and URS Fellow Sarah Hickey (3rd from right) take the polar plunge to benefit the Special Olympics!

Brrrrrrrrrrrrrrrr



ADVISING GROUP, Continued

Madison Academic and Career Advising Association (MACAA) Spring 2004 Events

Fri. March 5, 2004 FERPA/Financial Aid Workshop

10:00 a.m. – 12:00 p.m. Curti Lounge, 5233/43 Humanities Join your colleagues in gaining a greater understanding of FERPA and the Patriot Act, as well as the many aspects of Financial Aid. MACAA is pleased to have Joanne Berg, UW-Madison Registrar, and Susan Fischer, Associate Director of Financial Aid present this workshop. We will use a case study format and general Q&A to get at your concerns. *Healthy refreshments will be provided.*



Fri. April 2, 2004 Academic Advising and

Student Athletes Panel

Discussion

8:30 a.m. – 10:00 a.m. Fetzer Center, within the

McClain Center, 1440

Monroe St.

Learn about the intersection of academics and athletics from David Harris, Director of Academic Services, a staff member from Fetzer, one non-revenue sport student athlete and one revenue sport student athlete. Find out optimal ways to coordinate advising efforts to best serve student athletes and provide them with the greatest possible resources.

Weds. May 12, 2004 MACAA Final Meeting/ Advising Best Practices 3:00 – 4:00 p.m. TITU, Memorial Union

Engage in professional development brought to you by your colleagues. Reflect on your practice and strengths, and share ideas on how you've connected well with students. At this meeting we will also welcome the 2004-2005 MACAA Executive Board. Meeting may adjourn to the Terrace. *Special snacks provided*.

The MACAA Charge: Want to help academic and career advisors improve their professional development? Looking to network with a variety of campus colleagues? Consider joining the MACAA Executive Board.

Nominations for new MACAA Executive Board members are now being accepted. If you are interested in serving in this role, or have someone to suggest, please contact Chris Benish, at cbenish@bus.wisc.edu.

Keep a look-out for the ballot; voting will take place on-line later this spring.

Do you have any announcements or news for your fellow co-workers in SAA? Would you like to submit an article to *INSIDE SAA*? I produce this electronic newsletter every other month. All articles are due by the beginning of the third week prior to publication. Therefore, the next due date for submission is April 26, 2004.

It's so easy....Just email me at:
drbushey@wisc.edu

Please put "For E-News" in your subject line!
Or call me at: 262-0716

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