

Packing List

Check-offs before,
during & after take-off

The Travelite FAQ presents Pocket exPress, a series of guides to help you with your travel plans. Available free of charge for download in Adobe PDF format from www.travelite.org, these print-it-yourself booklets come with easy folding instructions and use Adobe's Palm-Size Press template. Keep these in your wallet or pocket for smooth travel!

Kudos to Mats Henrikson and his Universal Packing List
<<http://www.henrikson.se/mats/upl/>>.

MUSIC

- Walkman/headphones
- Cassette tapes

CAMERA BAG: PHOTO GEAR

- Film
- Film safety shield
- Camera
- One-Use camera
- Flash
- Extra lenses
- Tripod/Monopod

MISCELLANEOUS

FIRST AID KIT

- Insect repellent
- Band-Aid type bandage
- Water purifying tablets
- Motion sickness tablets
- Aspirin/Tylenol
- Anti-histamines

ELECTRICAL STUFF

- Alarm clock/watch
- Flashlight
- Wall socket adapter
- Hair dryer
- Batteries

WARDROBE [TRAVELPACK]

- Underwear
- Shirts
- T-shirts
- Shorts
- Socks
- Pants/slacks
- Skirt (women)
- Tie (men)
- Jacket/Blazer
- Shoes/sandals
- Cap/hat
- Beachwear
- Sarong/pareau wrap
- Palestinian (large) scarf
- Fleece sweater
- Gloves/mittens
- Raincoat/wind breaker/jacket
- Thermal underwear

HELPFUL STUFF

- Plastic storage bags
- Stuff Sack
- Sleeping mask
- Inflatable neck supporter
- Earplugs
- Sleep Sheets
- Swiss Army Knife w/ bottle opener, corkscrew
- Can opener
- Padlock
- Compass
- Pens
- Candle/matches
- Playing cards
- Frisbee
- Sink plug
- Rubber door-wedge
- Keys
- Rubber bands
- Extra straps/shoe laces
- Extra glasses

VALUABLES [DAYPACK]

- Wallet/calendar
- Large envelopes, notebook
- Transportation timetables
- Document carrier
- Prescription (medicine, glasses)
- Hidden money belt
- Wallet w/ travellers' checks/cash
- Coin Purse
- Maps
- Fiction/easy reads
- Phrase/Guidebook

TOILETRY KIT

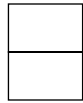
- Razor w/ extra blades
- Mirror
- Toothbrush/toothpaste
- Dental floss
- Liquid soap
- Shampoo/conditioner
- Tissue/toilet paper
- Sunscreen/moisturizer
- Contact lenses/solution
- Feminine hygiene items
- Comb/hair brush
- Handkerchief/bandana
- Deodorant
- Nail clippers/tweezers
- Condoms
- Sunglasses
- Lip balm
- Camp towel

PALM SIZE PRESS: FOLDING INSTRUCTIONS

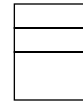
You can print out the second page of this PDF file and fold and cut according to the following instructions—then you'll have another addition to your little library of tips!



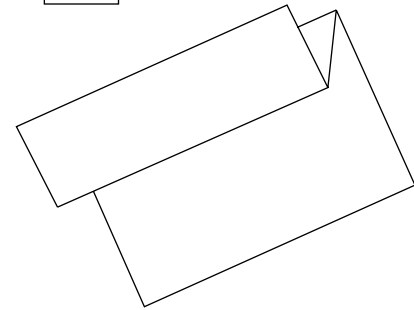
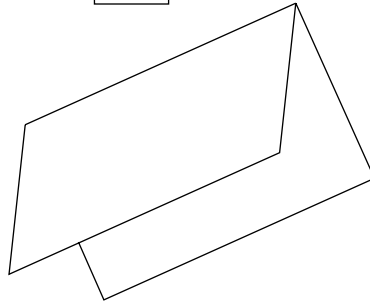
1. Start with the 8.5x11 piece of paper you printed out.



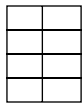
2. Fold in half shortwise, printed side out.



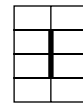
3. Fold back one edge to the middle fold.



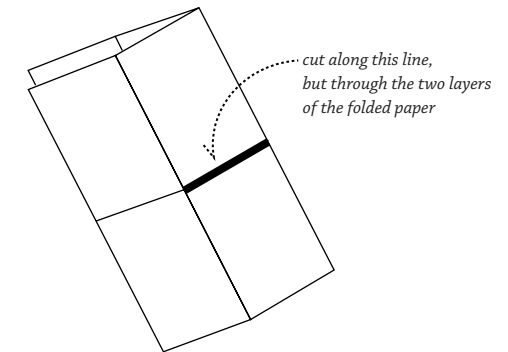
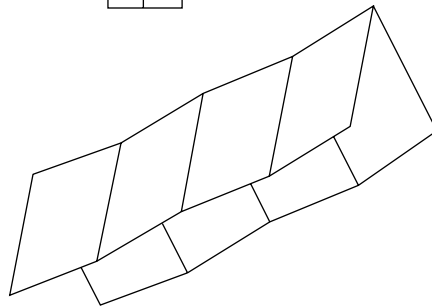
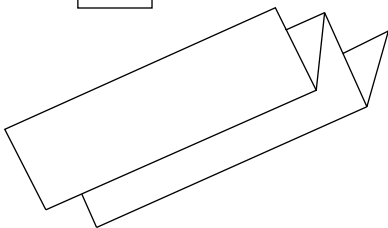
4. Fold back the other edge to the middle fold.



5. After unfolding the sheet, fold longwise, printed side out.



6. Refold shortwise, then use scissors to cut along the line marked here in bold.



7. Holding each end, push to the middle to open up where you made the cut.

8. Push all the way in.

9. Fold the left edge over to create the cover. Now it is a book!

