CHANDIGARH TRIBUNE, SATURDAY, JANUARY 17, 2004

*Uninteresting job can cause heart attack'

TRIBUNE NEWS SERVICE

MCHALL, JANUARY 16

A person stands higher risk of a heart attack if he is employed in a field other than of his interest, stated Mr Hernant Goswami while conducting a workshop on 'Way to your dream job' here yesterday.

The workshop was organised by the Burning Brain Society, in association with the State Bank of India, at the Gian Jyoti Institute of Management. Mr Goswami quoted a medical study to emphasise the fact that that higher risk of coronary heart disease might not come from a fast and busy life schedule, but could be enused when a person felt that he was being forced to work against his liking.

He said the less control a person had over his life, the more the chances were of a coronary disease. He added that persons who loved their work derived pleasure out of it. He further said persons were happy to work for longer hours without much stress or tension. He explained that working in the field of interest triggered off the pleasure centres in the brain, which secreted salubrious hormones, enzymes and chemicals. He said this contributed to maintaining good health as it was like going on holidays.Mr Goswami said this was the reason that top achievers were mostly healthy persons with a pleasant disposition despite working for long hours. Interacting with students, he stressed that one

Workshop held

THE PLACEMENT cell of SGGS College in association with a city-based NGO, Burning Brains Society, held a one-day workshop on career counselling and personality development. The workshop was inaugurated by college principal P.S. Sangha.

HTC, Chandigarh

Goswami also briefed the students about the importance of non-verbal language and made them familiar to the ways of leaving a positive impression through body language.



धूम्रपान करने वाले होशियार

भीडियाना और देह पर कार्या सहि अन्य प्राप्ता के लेखा के विकास माना देह कि कि कार्य में माने के स्वार्थ के स्वर्ध कर कार्य के कार्य प्राप्ता के प्राप्त के पहले 2003 के प्राप्ता के कार्य में प्राप्त के कार्य है भी हमें केंद्र दें एक्ट 2003 के प्राप्ता के बार में बार्य कार्य के मानते का प्राप्त के प्राप्त के कार्य के मान कार्य के कार्य के प्राप्त कार्य के कार्य के प्राप्त कार्य के प्राप्त कार्य के कार के कार्य के कार्य

Photo: Hajesh Sanhar

Society questions govt concern over smoking

The body of Pszahotam Lai Mittal, who was found dead in

tils shop at tehall complex in Patisla on Wednesday

TRIBUNE NEWS SERVICE

CHANDIGARN, MAY 12

The anti-smoking wing of the "Burning Brain Soci-" on Tuesday discussed The Cigarettes and Other Tobacco Products (Prohibition of advertisement and regulation of trade and commerce, production, supply and distribution) Act, 2003," as enforced from May 1.

Mr Hemant Goswami, chairperson of the society, presided over the meeting. He said the Act remained unimplemented all over the country and the implementing agencies appeared to be in no mood to implement the provisions notified. No hotel in the region, not even the government ones, had put up the statutorily mandatory boards at the entrance stating, "No Smoking Area -Smoking Here is Offence," No areas had been designated as smoking or no-smoking zones, despite the fact that they were supposed to do so by May 1. Mr Goswami quipped that no one seemed to fear the Rs 200

He said the notification of February 25, as published in the Gazette Extraordinary, was applicable only in case of certain provisions of the Act and not the full Act as passed by both Houses of Parliaent and accented to by the President. Sections 6

(b), 7, 8, 9, 10, 11 and part of Sections 12, 13, 14, 17, 18 and 20 had not been notified.

This would mean that selling cigarette within 100 vards of an educational institution had not been enforced and when the provision would come into force was a matter of speculation as no time frame had been set for the pur-

He said when the Delhi Government made "The Delhi Prohibition of Smoking and Non-Smokers Health Protection Act, 1996", it had Section 8 prohibiting the sale of cigarettes to minor and Section 9 prohibited the sale within 100 m of the educational institutes. But when the notification was issued on the January 24, 1997, these two sections were not notified and it took around five years for these sec tions to see the light of the day. Same way, in the present scenario, if the Act was not to be notified and applied in full then why the government made the false pretense of its concern about the ill-effects of smoking, he said.

Mr Goswami said though the Act banned smoking of eigarette or any other tobacco product at public places, the definition of public places (as clarified in Section 3(I) of the Act) excluded all open space. This meant that people could smoke in corridors

and compounds of all public places and were also free to smoke in markets and public parks. Technically speaking, any place not covered by wall on all four sides was an open area.

Another provision of allowing hotels, with a seating capacity of 30 or more, to have smoking area for their customers was also against the spirit of the Act. So far as smokers and non-smokers were sharing the same space, it hardly mattered whether it was a 30-seat hotel or otherwise. The effect of passive smoking would be there for the non-smokers dining in such hotels. By leaving such a wide slit open, the government itself had made a mockery of the spirit and philosophy behind the Act; there was no need to show such leniency or leave such gaps in the Act, added Mr Goswami.

Another big area ignored

in the Act was the throwing and littering of cigarette butts by smokers; cigarette butts were harmful and contained toxic chemicals. He said over 4.5 trillion cigarettes were littered worldwide each year, wind and rain often carried cigarette butts into waterways. where the toxic chemicals in the cigarette filters released chemicals threatening the quality of water. Addressing this problem was as important as was controlling smoking at

public places. He also discussed a strategy with the society members to sensitise youngsters and the public about the illeffects of smoking and a strategy to persuade the government to make appropriate amendments and plug the leaks. The society members also chalked out a plan to conduct over 60 workshops on the ill-effects of smoking in 2004-05 for the benefit of the youngsters.





ंस कंद म अन्य नरात पदार्थ के बार में जानवती। ्या निरं पत्नीवीवान वीव्यात ३३ के प्रत्यक के बार में प्रत्यक व का निरं पत्नीवीवान वीव्यात ३३ के प्रत्यक कार भर में पूर्ण क्षतिय के सोमामध्ये में आज पूच्यात के विशेष के प्रकृत पहरुवात हो है। इसके अपूस्तर अपने कार्यक्रम जा किसी के पूच्यक त कार्य हैं। भागांतीवार स्थान पर विलोह पति हुए किसी भी को रखे हो उसे होंके पूचाओं की इसके कार्य की जानारों हैं। साम से ७० फोसारी तीप सिर्फ हुआँका सिमोट जो शेष्ट्र माने क्वींन उसे पर कहने बाते उनके कठेवी रोग उसे कहने ही नहीं। उसा कोई आपको सिमोट औकर कने तो उसे पत्रा न करें। उससे सिमोट से, उसे लोई और उससे के सबसे

े पर अंधेरा बना जानी का सबब

सोसाइटी फैलाएगी आगस्त्रकता

भागवा गुज, प्रचीतव, ११ तर्म । प्रतीविक सर्वे जा पुरस्क विकास ता ग्राह्म वर्म के तर्म प्रतास व सर्वे य जान वर्मित के ब्राह्मित व सर्वे की

प्राचिक में सूर्व तका पूर्व का बार करते के कह पंत्रकार ने एक रोग पात्रक देशा की है विकास तका का भी ने पात्रक के पात्रक का करती बारत कि प्रोचार्त के पात्रक 60 जैसे बारत कि प्रोचार्त के पात्रक 60 जैसे बारत के प्रोचार करते किया विकास के प्रोचार करते का

खुद फंसा जांच में

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lain, Bansal agains

Jain, Bansal against criminalisation of politics

TIMES NEWS NETWOR

Chundigneti: "Two political landers evering the single Lok dashin soai ficus the city got a commen. Yelliam to part their thoughts together. This time the large was how to per adease improving the dumorantic attraction. Both following the damagnetic attraction. Both following the same applies and the proving the applies the growing apole against the growing political political political parties from the political political parties more accountable for their section.

rations.

Taking just in the discussion organised by the Burning Beam Society along with professors from the department of laws. Paught University on Wednesday, the participants discussed the copy for impressement in the democratic structure, including more people into the dominate people.

While a section of such ence attracted that partie should be done away with a "like Constitution is elect or the role and coope of the part ties and it is also aftern about the terrs," but the golifical leaders saw blue in agree

Inding on the need for deing away with the parties in the Indian democracy both John and Tamad, however, agreed that the situation mail be assessed by stahancing, the branching owners the parties

While Julis said that ever case of voring by the real dents is crucial for democracy banead said that the need of the hear is that people about soil on individual performance value than parvoring for the certification.

The melletex and portratipains agreed that there was a need to increase the portralpation of people in voting, as they coding personages are constitutes very loss. Commenting in this, chairman of the loss dispartment for Ead Archana sout their had been incident, where the condtines accurate, involved 35 perount writes have also won the welcome step. Politics be more aware of politician Negative trend: There had and corruption continue Role models: As such I tion from my father as er medal in the Physical Bravery category from Haryana. In June 18 test, no naved a seven-year old boy from elec-

Meanwhile, Mr Hemant Goswami, Chairman of the Chandigarh-based Burning Brain Society, has criticised the Punjab Governor and UT Administrator Justice O.P. Verma, for participating in the function organised by Godfrey Philips India Limited, a cigarette company.

Suspect in child torture'

Hemant Goswami

31, Author, activist and management expert

Lots to do on social front

As an economic being, the future scenario does not seem very hopeful since I am keen to make an honest living and do not want to burden my conscience with any kind of guilt. As a social activist, the prospects are very bright, for there is so much to do. As an aspiring non-fiction, meaningful writer, I'm quite optimistic and confident about the future. A lot of people are developing interest in meaningful writing. I'm quite hopeful and upbeat and would like to live in India.



Positive trend: Economic liberalisation spells hope. Besides, with the advent of the age of information, the world has shrunk further.

Negative trend: The open contempt for lawful authorities and disregard for law (even by top government officials).

Role models: My role model is a hypothetical figure, who's a little more than Plato's philosopher king.

Huda drawe Applicants flock office

Resume lesson for students

EXPRESS NEWS SERVICE

SEVENTY two per cent comminication is non-verbal. And the way it is presented is of prime importance. This was the main
threat of the interactive action presented by The
Indian Express it association with burning Brain
Management today at
GOSD Callege, become 32.
The session was conducted by Hemani.
Geswant, a management
possibilization.

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RNNG BRAIN



A student seeks answer to a question during the session

the CV which I didn't pay attention to earlier are clear

The session also discussed the body language and its importance during as interspect lands, a student of 5Com and The dis and don'ts discussed in this session are of a tremendous help.

The last section was the question round of which the tendents took full advantage and clarified all question.

Vital CV tips

- . Tallor your CV according to the job
- Frame should be followed by qualification, experience as then other activities.
- . Always highlight your patientials
- . CV should not extend more than two pages
- . Never sit with crossed arms or legs in an interview
- . Lean a little forward while addressing the interviews
- · Always maintain eye contact



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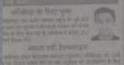
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ता रिकार को रिका किया संभाग की रिकार किया है किया है होता है बार के से पूर्वक के स्वता कर के स्वता कर की स्वता कर कर कर की स्वता कर कर कर की स्वता कर की स्वता कर की स्वता कर की स्वता कर कर की स्वता कर कर की स्वता कर की स्वता कर की स्वता कर कर की स्वता कर कर की स्वता कर of their is no one is not in one of finite in made of death of finite in made of made one of their of made one of their

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विद्युत रेड एंड व्हाइट बहादुरी पुरस्कार-सम्मान या प्रचार?

के ब्रोडल प्लांट व्यू में पेजब प्लांट जरिंदम और में, क्यों में त्या के बारही को पीर्टा त्य प्रीरण केरचे प्रत स्थापित एंड बाधा भारती पुरस्कारे से चित्र क्रिया (क्रमचे प्रत) सार्विक ताते हैं। इन पुरस्कारों के बाद एक इन्हें के दिल्ला में अवस है कि ती भरे अस्तु में कार विशास केरती ब्रोह्म अपने उत्पादी का प्रचार क्यो क्यों क्ये का जी है. प्रोक्त है। इसी सक्यों पर शिक द्विकृत के क्यों के स्वाधकंत्रक र सम्बन्ध के विधिन करों से व्यक्तियों को सम्बन्धि

नेपार्टीन हेर्पट गोल्डाची ने तो इस बते थे बात सम्बद्ध समारोह से पहले सम्बद्धात राज्यका हार एक क्लिंग और का प्रथा किया जा सा है। राज्यका ने थी रोक्सानी का बाहन है कि कार्युर्ट का प्रान्ता अकान होता कहिए गां। उनके की विलोह की की का प्रचा गता प्रकृत विराग्य कर्मा कर का अपना पान कर्मा 'लोगो' पानो कुछ विराग्य के जान पा है और देश में वानावान कर देशे पार्थकरों की शानवाल करने विराग्य का अबत है । की मेहाताओं के अनुका में वारायन व्यक्ति कारोजों में बातावान प्रवास की विराग्य की नहीं के किस्त कार्यकाराओं प्राप्त जानकारियां देते हैं. प्राप्त देते एक भी कार्यक्रम से हमारी सादि कॉर्डियों नेकार हो जाते हैं।

एजाइन वर्ध ने सम्पन समक्ति के दौरार अपने भागा में बढ़ा कि हमें नुख देत के तिए यह भूग जन चाहिए कि

if these privates at these reflectors व्यो का की है। उन्होंने हंगते हुए बहा कि मैं से स्थित की पीत इसलिए मुझे ाम पात संगीत को पीत हमालिए पृष्ठे सम पात को जनकारों को नहीं को कि पहुंच्छा विभीतमा हिंदण करनी के सहार्थनाएक पीतिक सर्व

न्द्रप्रकेश्य वंदेश वर्त वा व्याप है कि वह तीय है कि इस क्रिकेट करने का जिसकेत कर रहे हैं जो कि किसी भी ताल मैंक्कपूर्ण को है। इस अपनी इसी कर्मा में से पटि समझ के लिए कुछ कर को है तो इसमें कुछ आई नहीं। इस किसी को सिमोट चीने के लिए काम

संबंध- 16 में वेडियान क्टीर चार ऐंड व्यवसायी पार्विटर प्रीत जिंड का ऐंडे पुरावारों के को में बहाणिये कि अब के मुक्ताों को नहीं से हुए रखने को कुमत है। बारही पुरस्कारों के नम पर पह कंपनियां अपनी पिछोट का

क्षेत्रकृत सराहर होते हैं। प्रेर कि पुनारों Name allign wie of theirs work प्रत पुरावार्ट से कार्या धूम विके। उन्हों कहा कि महान वर्षा थे हो प्रसार प्रयाप विश्वपुत गानत है। बरापूर्व की बराइ से से बहु और भी पाता है। बराने भीत सबसे पाता पूका देश का और अब मामान्यून विद्यान अवन मुख्य को तहा है। सामान्यि मुद्रामी के सिन्द्र बात करने कारी है। ये ताम पंत्रमूचा जात्मा के ओरपीर अपने अपनेतें को क्रेमीट करने के पात्रीय है। को के प्रशा के तिल गर्ने without an agreet fields also Will !

rin shift med A siffer son फेरोडींगर गोमागते के अंगरेत कुछ तेग, विकासीयत आदि के विवाद कार कर वर्ट पी. काणाज्य का यूग्य है कि पत्त, तिमोद से वी कीवरियों की जब है, किमोद के प्रचार के ऐसे कार्टकार्ट से ते पुणानी में बते की तरा बाहती है। ऐसी पुरस्कार बाहर आपने समार के प्रचार के

पुरस्का शक के थी में आते हैं। चंदिया की युक्त सिंदर करण कर प्रतीय इस करें में बोद फिन हैं। उचक करना है कि पंदे निवाह समी is fine affencen & für ib it thetig ibit it ibi neugh ground ib प्रियोद करते हैं, यात फिस्टे की प्रियोद की के जिल्ल सक्त जी

सिगरेट से दूर

चंडीगढ़। वर्निंग ब्रेन सोसाइती घोषणा की है कि सोसाइटी शीघ ह लोगों को सिगरेट नहीं पीने के लिए सहमत करने के लिए अभियान करेगी। सीसाइटी ने कहा है कि अभियान लोगॉ सं से दर चित्रगरट रहें। सोसाइटी के अध्यक्ष ने











वाकी, पार्विदर जीत सिंह, ऑकार चंद्र, गुरशाच्य सिंह, ची. बालरसाय,

सीनियर सिटीजंस ने सीखा इंटरनेट

चंडीगढ, पंचकृला

और मोहाली के

120 सीनियर

सिटीजंस

वर्कशीय में

आमिल हुए

अतरकर स्पूज, चंडीलड, 25 जनवरी ।

हैली सन्ही, मैंने आज अवन्त इं-मेल अकाउंट गोल लिया है। इसे बेट कर ले, अब तुम मुझे रेणुलर ई-मेल भेज सकते हो। 76 वर्षीय कर्नल (रिटा.) गुरनाम मित का उत्पने कनावा में साने करने लड़के के साथ यह पारना ई-

येल कम्युनिकेजन था। चंडीगढ, पंच्यकुला और मोहाल्ये के करीब 120

वीनिया सिटीजम ने एववार को आयोजित क्षांत्रांच में इंटरनेट के बेरिया और इसका इस्तेमाल करना सीखा। इसका आयोजन वर्तित क्षेत्र सोसायटी ने मोस्टयटी फरि प्रयोगन आफ कर्ता ही के एक्स्प्रेस में किया।

द्या चेक सूरी ने असादार और मनोरक्तर वर्गके से इंटरनेट के बेरिका उटेर इसके इस्तेमान के बारे में बताया। उन्होंने इसमेट मर्गिन के कॉमीप, ई-मेल अवारट खोलने, सूचना एका करने और पार्ट्याइड रीम से संबंधी बेसिक जनकारी

एकत्र करना मिखाया। वर्कतीय में भाग लेने उत्तर ज्यादातर क्यामी ने काम्पूटर और इंटरनेट पर आज पहली बार काम विषेत्र अप्रे ने बॉर्नन ग्रेन सोन्यपटी के प्रवस्ती की सरहाना किया। यह न्हें टेक्नोलॉमी के भारे में जानकारी शॉम्बन की। उन्होंने मुनुनी को आई टी का इस्रेपाल काने में आई टी करने के लिए काफी उत्स्तित विखे।

सीनियर स्थितिम ने स्वास्था संबंधी साइट देखी ती कुछ सिरातवा हैने की भी घोषण की।

ने असनी लॉबत समस्याओं के तल के लिए गवर्नमेंट ऑफ इंडिया की साइट में असभी शिकायत दर्ज की।

पंचकृता में संबद्ध - ३ के निवासी आएसी. टेडन के पासिक इंटरनेट स्टेंग्बने का करवी लाभ होगा क्योंकि बाज़रों के लिए ज्यादा चूमना-फिरना संभाव नहीं होता है। ऐसे में इटरनेट की मदद से जरूरी काम मिपटाए जा सकते. है। सेक्टर-46 से आए गुजारन के मुताबिक यह धीराध्य में भी कम्प्यूटर का इस्तेमाल जारी सबी। यह अपनी सन्ती के साथ वर्कशीय में भाग लेने के लिए आर

हुए थे।

व्यक्ति क्षेत्र भीभावती के केयरप्रसेत हमत गोरवामी के मुलाबिक वर्कशीय के अवयोजन का मुख्य उदेशम मुजुर्गी की इंटरनेट के बेसिया की जानकारी देना और मीनियर सिरीजंस में इसके इस्तेमाल को लेकर आफा डिडिक की दूर करना था। जनका भारता है कि इंटरनेट और मामपूर्य का इस्तेमाल मीताने से जेनरेशन गेप खत्म करने में भी महद मिलेगी।

चळगढ प्रशासन में आई.टी, डिपार्टमेंट के आगरिकटर डिफ्टिमेंट की तरफा से हर संधान मदद देने का कामछ किया। कई सीनियर स्थितिस ने आज अपने ई-सेल अकार्डट उन्होंने वर्करूपि में भाग तेने वाले बुनुमी की रिजय सेंटर खोले और अपने वर्डतों की पहला ई-सेल किया। कुछ में कम्प्यूटर्स के बेलिक और इंटरनेट के इस्तेमाल की फी

बर्निंग ब्रेन सोसायटी का ऐतराज

चंडीगढ़, 7 जनवरी (चास्कर ज्यून)। एक तीर बाह्दी के पुरस्कर बार्ट जा को थे तो दूस्ती और बर्निय कर सोसावती के अध्यक्ष हैमेंत गोसवामी इस आयोजन पर अपना

वेलवाज जाता वह ये। वनका रेतराज यह है कि एक समारेट बनाने खारों कंपनी असनी नारहरी के लिए यह आयोजन कर सी है और मधनेर सरित सेना कमोडर जैसे लोक इसमें रिकासन करते हैं। चौनकार्य ने जामोजिटम विस्मानम का स्थान देते हुए पत्र लिखा है जिसमें सान किया गया है कि राज्य सरकार की जनता के स्थान्य का स्थान करन आहिए। तनीने स्वास्थ्य पर निस्तेर के कारों समान उसके हुए नाम है कि क्या शकरंद दुन शब्दों से अनकार है?

क्या धम्रपान सच में बंद है

वंद्यांगद 🕈 कार्स

कार तथा हरियाण सरकारों द्वारा गत ाक माँ वे राज्य के मधी सार्वजनिक **ब्यारी का भूजपात पर पूर्ण पानंदी ल**ा ह को क्या पत इन सम्बंधि में पूरी तरह क लाडू हो गया है, इसी विषय पर कर चंडिनाइ को बार्निन क्षेत्र सोसायटी इ इक चरित्रमां को जिसमें गुम्रपान विकेश साह 2003 के साहत पूर्णपान इक्टी विद्वारती का पानंदी, उद्योग पर कर्त करा, उपलब्धात, सपनाई तथा कार्य कार्या संबंधी विषयों पर Beet field face you

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SOCIETY

Legal experts discuss role of political parties in democracy

Workshop aims at creating awareness, stubbing bidi butt

VIVEK-GUPTA

CHANDIGARM, MAY 25

THE smoker continues to smoke in public places despite the ban imposed by the pex court with effect from May 1. As per the rules, any one caught smoking in public places would be slapped a fine of Rs 200. And these rules are no longer confined to books. The Chandigarb Police and various enforced agencies have, this time, planned to take strict action against smokers.

Raising this issue was a workshop conducted by The Burning Brain society for the Chandigarh police at their headquarters in Sector 9 here today, All DSPs, SD-POs, SHOs and officers up to the Sub-Inspector rank

तवाक प्रतिबंध अधिनियम की जानकारी दी

BEEF THE RED IN 340 HEEF

the little star a symplem

का माना है जनके के हर को जी फोर

CHARLES AND ADDRESS OF THE PARTY.

की जाने पेडरों की जातात की

the Cigarettes and Other Tobacco Products Act 2003. The workshop was chaired by IG Ramesh Kumar along with SSP Gauray Yaday and ASP Sanjay Kumar Jain. The aim was to inculcate basic fundamental rules and provisions about smoking to the police officers.

Hemant Gowami, chairperson of the Burning Brain Society, while giving a pre-sentation, said smoking is a social menace in which over 50 per cent of the country's male population and 70 per cent of the rural is trapped. said anybody found smoking in public place can invite a fine Rs 200 under Section 4 of the above mentioned act while anybody advertising tobacco products

का तिल्ला है हिन्द्र राज्य

सोसाइटी फैलाएगी जागरूकता

भारकर न्यूज, चंडीगढ़, 11 महं । सावंजनिक स्थानो पर धृम्रपान नवंध पर 1 मई, 04 से लगे प्रतिबंध के बारे में आज बर्निंग ग्रेन सीमाइटी

सोसाइटी के चेयरपसंत्र हेमंत

गोस्वामी ने इस बात पर चिंता प्रकट को कि यह निषेध पूरी तरह लागू हो हो नहीं सका। उन्होंने कहा कि क्षेत्र में बहुत-से सरकारी और गैरसरकारी ऐसे स्थान हैं जहां इस नियेध पर काम नहीं हुआ। उन्होंने यह भी कहा कि निविध

क्षेत्र में धुम्रपान करते हुए फकड़े जाने

पर होने वाले दो सी रुपए के जुमनि की फिक्र किसी को भी नहीं दिखती। गोस्वामी ने कहा कि पब्लिक प्लेसेज की परिभाषा में भी संशय है। स्मोकिंग से जुड़े तमाय मुद्दें पर बात करने के बाद गीस्वामी ने एका ऐसी योजना तैयार की है जिसके तहत इस बारे में जागरूकता फैलाई जा सके।

उन्होंने बताया कि सोसइटी के सदस्य 60 ऐसी वर्कशाप्स करेंगे जिन्में

to five years under Section 22 of the act. Also, anyone found selling tobacco to a minor can face a fine of Rs 200.

"However, it would take some time before the law is implemented as we have still not got any notification from the administration about compounding challans," said Sanjay Kumar Jain. He emphasised that the police authority could not handle this responsibility alone. But co-operation from the administration and Home Department along with the people could make a difference, he added.

On conclusion, it was stated that along with spreading awareness, the police should educate people and implement the law.

Workshop educates cops on smoking ban

50 years: Children celebrate with paints



कोई ऑफर करें तो सिमरेट को लोड़ें और इस्टबिन में फेक दें

अर्थक की संभावना

तिमरेट के पूछ में बार समार अवस्त्री सब

Workshop highlights ill-effects of tobacco



वा है आयोग का कोर केड को समुद्रम स्मोकिंग के भूरे प्रभावों की जानकारी

Burning Brains display real courage

Zu

UNION Health minister Sushma Swaraj banned tobacco advertising on May I. Yet. in Chandigarh, a ridiculous scenario unfurls every year. A leading cigarette company. Godrej Phillips India gives away "Red and White Bravery Awards," as part of their "social initiative programme". This event has been taking place since the past twelve years. Senior government officials are invited to present these awards under a glare of media publicity.

It was left to a group of committed young volunteers from the Burning Brains Society to protest.

They positioned themselves. with placards, near the entrance of a plush hotel where the awards ceremony was taking place and stopped the Punsab Governor and the UT Administrator, Justice O P Verma iretd), this year's VVIP, from going

The group's leader. Hemant Goswami. told him. You should not attend this function. You are indirectly promoting a cigarette brand and thus smoking. Such bravery shows by a cigarette company can influence impressionable minds." Verma admitted he had a point but proceeded to give away the wards, anyway.

Hemant and his group are naturally furious. There is no dearth of young smokers in the city. "We struggle to raise money for our motivational programmes and workshops for youngsters. But here is a cigarette company doing their surrogate advertising. impressing people with their social initiative" and we have the Governor, the Chief Secretary of Haryana and the Army Commander as guests of Memant told Civil

Rathi Menon, Chandigarh

Net cuts distance for senior citizens



or citizens trying their hand at sending email.

Times News Network

Chandigarh: Distance widens the gaps in relation-ships. But it also makes one try out different ways to bridge these gaps. For most of the senior residents of the city gathered at the work-shop on "IT for senior citi-zens" at Chandigarh College of Engineering and Technol-ogy on Sunday, it was the first few lessons in technolo-gy that raised a lot of hope among the elderly their communication links with younger generation could be restored by learning basic tips on internet and email. Workshop was organised by NGO Burning Brain Society.

"My son has gone to the United States for last seven months. Now I feel that I should learn how to send an email so that I can keep in touch with him." said Sub-

Col Gurnam Singh who sent this first email to his son set-tled in Canada getting a few tips at the workshop. An eld-erly couple. Ashok Sapru, a retired general manager at ACC and Br Neeraja Sapru, a hysician at a private.

physician at a private hospital, were learning to log on to Yahoo.com so that they could send an email to their relatives abroad.

But for income tax consultant MGS Khurana, learning the basics of internet was more to with self-reliance as he did not want to disturb his son time and again for "small things." "Till now I would keep

on asking my son help me connected to interner But after learning it myself. I can locate the sites from where I can hear Lam Mangeshkar's

send e-mails

rkshop with ience. I hope arning com-int Goswand

Burning of all removing

nology, can bein bridge gen-eration gap. He asked sensor citizens tren to heatenst in asking questions about technotogy and its use, even from people much younger

If Dizentor Vivek Atray amured full support from the Department of IT to se-tion citisem willing to learn about information technology. Array also announced a on the basics of computers citizens who attended the

Students shown the way to dream job at workshop

From Colleges

योसाइटी फैलाएगी

जागरकता

जानिक करेंगा
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NRI to meet Verma for justice

CHANDIGARH TRIBUNE, TUESDAY, JUNE 1, 2004

Support of people must

Finally

to check tobacco menace

World No Tobacco Day

Five rules for active non-smokers

पार्टी के बजाय उम्मीदवार को दें वोट

in painting contests

DAV School wins trophy

Smoking will kill 1 cr in next 20 years, says expert

Smokers beware, you may be fined

SANJAY SHARMA

CHANDISARH, MAY 25

Smoking at a public place (bus stand, railway station, an open ground and govern-ment office compound) will invite a fine of Ra 200, while anybody advertising any tobacco product can be imprisoned up to five years.

Besides, anyone selling any, tobacco product to a minor shall also make himself liable to a fine of Rs 200. This was stated in a workshop organised for the police personnel here today.
The Burning Brain Society

chairman, Mr Hemani Goswami, said as per the February 25 notification many open areas like bus stop, stadium, etc. frequent-ed by public were also cov-ered under the relevant Act. Any extension of public building and area within the boundary wall of such office complexes should also come within the revised definition

of public places. However, the sources in the police said it would not be able to take any action against the smokers as no notification had been issued till date to authorize them to

even challan people. Mr Rajeah Kumar, TGP, howev-er, warned the smokers that the police would take action against them.

The hands of the police were tied as it had to be notified as to who amongst the officers would compound the

Different provisions and Sections of the Cigarettes and other Tobacco Products (Prohibition of Advertisement and Regulation Trade and Commerce, Production, Supply and Distrib-ution) Act, 2003, and other related laws were discussed in the worshop for working out a strategy to crack-down on umokers.

Mr Goswami's lecture con ered health, social and legal aspects of the smoking.

A presentation on medical appect was prepared by Dr Rajesh Kashyap, Registrar, IGMC, Shimila, and on social and legal aspect by Mr Satish Kumar Bhatti and Mr Hemant Geswami.

The presentation was followed by an interactive discussion involving all senior officers of the Chandigarh

During the presentation Mr Goewami said smoking was

a social menace in which over 50 per cent of men were trapped. He further said in rural areas, this figure was us high as 70 per cent.

The mean age of smoking is 11 years and by time a person reaches 18 he develops preference for a specific brand, said Mr Goswami. He added that the initiative of the goverrinsent to ban selling of tobacco products to any body below 18 was laudable but at the same time it was of utmost importance that the enforcement agencies kept a strict vigil on any violation. No leniency on this ground could be to lerated as this would leave the spirit of this provision and the act fall flat, which in return would direct ly affect the health of the next generation.

To a question about the revco products. Mr Goswami said even the Supreme Court, in the famous Murli S. Deora vs. Union of India case had taken note of annual loss to the tune of Rs 13,500 cross in term of productivity loss alone. He added that this loss was besides the loss of public money on account of healthcare cost to smokers and their families. Even th

Supreme Court had stated that the loss incurred by senoking offsets all benefits accruing in the form of rev-

The workshop was attended by most of the senior police officials of the Chandigarh police including the IGP

enue and employment generated by the tobacco industry.

HOOLS

attended by around 350 students. The chief speaker was Dr Rajesh Kashyap, registrar, Medicine of IGMC, Shimia. He said that there was an inverse relationship between education and smoking, i.e., people who are less educated are more likely to smoke. Age is also a factor, he said. Eighty-five per cent of the people who smoke start at the age of 18. Revealing startling data, he said in the next 20 years, there will be 30 lakh deaths due to noking in developed cour

tion held

ised by the Burning Brain

coming session.

CHANDIGARH: A

workshop on Tobacco

Smoking - Effect, Control

and Consequences,' was

held at the Shivalik Public

School, Sector 41, on Mon-

day. The workshop, organ-

Society, a

garh-based

NGO was

Chandi-

O fee felli tHis hill

ses decision on Departmen of Evening Studies

Not a brave act

IN THE recently held bravery awards function organised by a leading tobacco company, the governor of Punjab was the chief guest and the GOC-in-Chief Lt Gen S S Mehta and the chief secretary, Haryana were the guests of honour.

The company had instinited the bravery awards in the name of its popular cigarette. In the directive principles of the state policy, as listed in the part IV of the Indian Constitution, it is the duty of the state to improve the public health and see to it that it is not abused. Here is the Governor of the state. consenting to be the chief guest of the function bearing the name of a cigarette, organised by a cigarette company!

ts

m.

BRAIN

HEMANT GOSWAMI Burning Brain Society Chandigarh



रंगों के जरिए गोल्डन जुबली का सेलिब्रेशन

असर प्रधान कर्गे ।

प्रशास प्रकृति कर्म ने सार को गोल्डर कार्य (गो के प्रधान में गोलिंग को गोलिंग को गोलिंग को गोलिंग को गोलिंग को गोलिंग को गोलिंग के गोलेंग के गोलिंग के गोलेग के गोलिंग के गोलिं



करावारी प्रकार पहला से आगीत तथी को तृतीक पुरस्का निवार, पुत्र भी में बीआईएएजारों सेक्स के के लोके केन बार्ड करोग पहला के मांस चला करें

case hospitalised

रेक्टर व को अंगुल तर्थ कृषेत्र शही। ऑहर्स्टरेश्वर ये सबसे अधिक ऑहर्स्टरेश्वर के काल विकेत हाई स्कूल को विकेत प्राच्या दिया प्रया विकेताओं औं का सब्बृत्य को

cording to a intest smith in the next 20 years there shall be 30 laith douths purely due to smoking in developed countries and over 70 lake

countries and true developing

countries.

He said that there was a continuous decrease it smeking in the develope countries and an increase in

the developing countries account of difference in ex-cation.

Shivalik, Sector 41

Over 200 youngsters attended a workshop on "Tobacco awas the main speaker. Smoking Effect, Control and Consequences" held at the work and inverse relationship the actual premises on Monday.

the workshop was argan-used by a Chandigara-based SGC flurning Brain Society. Dr Bujesh Kashyaji, regis-

Brainstorming on better democracy

CHANDIGARH, MARCH 24

BURNING Brain Society with the Department of Laws, Panjab University, organised a talk show on the possibilities of improvement in Indian democracy.

- The panel of political leaders and legal luminaries who brainstormed about the scope of improvement in the democratic structure included the chairman of the Panjab University department of

EXPRESS NEWS SERVICE Laws Prof Bal Kishan, professor of Law department Dr V K Bansal, MP Pawan Kumar Bansal and former MP Satva Pal Jain.

> The two main topics that were discussed were the role of political parties in the Indian democracy and ways to make our democracy more representative.

> Goswami, Hemant chairman Burning Brain Society, who moderated the discussion, started by mentioning that the Indian constitution is silent on the role and scope of the politi-

cal parties to the extent that even the word "Political Party" is not mentioned in the constitution. Goswami mooted a solution by suggesting that all the candidates should contest the election on their own merits without the umbrella of the political parties and once the winning candidates are elected to the parliament, they should choose the prime minister in the Parliament. This way, no parliament shall be dissolved for want of majority support of the elected representatives. Also, by adopting such a system only those candidates who have done some work in their area shall get elected.

The idea was partially supported by Bal Kishan and Dr Bansal. Both were of the opinion that though there is no mention of political parties in the constitution, but there are orders promulgated by the Election Commission using its powers granted under the constitution and the Representation of People Act.

Workshop held

THE PLACEMENT cell of SGGS College in association with a city-based NGO, Burning Brains Society, held a one-day workshop on career counselling and personality development. The workshop was inaugurated by college principal P.S. Sangha.

HTC, Chandigarh

तंबाकू के खिलाफ पोस्टर मेकिंग प्रतियोगिता

चंडीगढ़, 14 अगस्त (भास्कर न्यूज)। तंबाकृ के खिलाफ अपनी मुहिम को तेज करते हुए बर्निंग ब्रेन सोसाइटी ने आज एक पोस्टर प्रतियोगिता की घोषणा की। प्रतियोगिता के लिए देशभर से प्रविष्टियां आमंत्रित की जा रही हैं। प्रतियोगिता की थीम रखी गई है इल इफेक्ट्स कॉन्सीक्वेंसेज ऑफ टोबेको। प्रतियोगिता में भाग लेने वालों के लिए दो श्रेणियां बनाई गई हैं। पहली श्रेणी में 25 की आयु वाले होंगे और दूसरी श्रेणी में किसी भी उम्र के लोग भाग ले सकते हैं।

Complaint against bravery awards' name filed

TRIBUNE NEWS SERVICE

CHANDIGARH, JULY 28

"The Burning Brain Society" has filed a complaint with the LG, office against the announcement by a leading eigarette company about reinstitution of bravery awards in the name of one of their brands of cigarette.

Mr Hemant Ramtirth Goswami, Chairperson of the society, today said presentation and institution of such awards and prizes was illegal after the implementation of "The Cigarette and Tobacco Products (Prohibition of Advertisement and Regulation of Trade and Production, Commerce. Supply and Distribution) Act,

Goswami quoted Section 5 of the act which reads: "No person, shall, under a contract or otherwise promote or agree to promote the use or consumption of cigarettes or any other tobacco product; or any trade mark or brand name of cigarettes or any other tobacco product in exchange for a sponsorship, gift, prize or scholarship given or agreed to be given by another person."

"In the complaint to the police, we have specifically asked for action, under the law, against the company, its officials involved in the attempt to promote their brand under the guise of "Bravery Award" and also the panel of judges who, according to the statement in a leading newspaper by the company official, have agreed to participate in the event",

said Mr Satish Kumar Bhatti, Legal Secretary of the "Action Group Against Tobacco" wing of the Burning Brain Society",

Ms Jyoti Joshi, a volunteer of the society said if the claim of the company official that eminent personalities, including police officers, retired judges of the Supreme Court and the High Court, renowned social workers and media personalities, had agreed to be a part of the event as judges was true, it was shameful.



Heart Poster-making contest

OUR CORRESPONDENT

CHANDIGARH, AUGUST 14 The Burning Brain Society.

Sector 17, will conduct a poster making competition. The thome of the competi-

tion segment, open for penupto 25 years and the oth non-competition segr open to all age groups. competition will be helassociation with The Trit

with soun be purp their scores along with section wise break-up and A velia percentile ranking.

All-India poster competition

■ CHANDIGARH: The Burning Brain Society is conducting a poster making competition on the theme 'Ill Effects and Consequences of Tobacco' and has invited entries from all over the country. The best posters shall be printed in the form of cards, posters and will be circulated country-wide. Last date for submission of entries is September 28,2004. (E-mail Jyoti Joshi at poster@burningbrain.org)

-ENS

Jain, Bansal against criminalisation of politics

TIMES NEWS NETWORK

Chandigarh: Two political leaders eyeing the single Lok Sabha seat from the city got a common platform to put their thoughts together. This time the issue was how to go about improving the democratic structure. Both BJP's Satya Pal Jain and Congress candidate Pawan Bansal spoke against the growing regionalism and criminalisation of politics and the need to make political parties more accountable for their actions.

Taking part in the discussion organised by the Burning Brain Society along with professors from the department of laws, Panjab University, on Wednesday, the participants discussed the scope for improvement in the democratic structure, including more people into the democratic process.

While a section of audience stressed that parties should be done away with as "the Constitution is silent on the role and scope of the par-

ties and it is also silent about the term." But the political leaders saw little to agree with it.

Ruling out the need for doing away with the parties in the Indian democracy, both Jain and Bansal, however, agreed that the situation could be improved by enhancing the transparency among the parties.

While Jain said that exercise of voting by the residents is crucial for democracy. Bansal said that the need of the hour is that people should vote on individual performance rather than just voting for the parties.

The audience and participants agreed that there was a need to increase the participation of people in voting, as they voting percentages are sometimes very low Commenting on this, chairman of the law department Dr Bal Krishan said there had been incidents where the candidates securing merely 13 per cent votes have also won the Lok Sabha seat.

Huda draw: Applicants flock office

'रेड एंड व्हाइट' बहादुरी पुरस्कार पर उठा विवाद

चंडीगढ़, 28 जुलाई (ट्रिन्यू)। सिगरेट निर्माता कंपनी रेड एंड व्हाइट ह्वारा दिये जाने वाले बहुचर्चित बहादुरी पुरस्कारों को लेकर एक नया विवाद खडा हो गया है। बर्निंग ब्रेन सोसायटी ने चंडीगढ़ के पुलिस प्रमुख को भंजी शिकायत में कहा है कि यह एक प्रकार से सिगरेट का प्रचार है जो कि कानून के विरुद्ध है। सोसायटी के चेयरमैन हेमंत रामतीर्थ गोस्वामी ने कहा कि सिगरेट के प्रचार पर प्रतिबंध लगाने वाले कानन की धारा के तहत कोई भी व्यक्ति न तो सिगरेट का प्रचार कर सकता न ही प्रचार करने के लिए कोई करार कर सकता है। यहां तक कि स्पांसरशिप गिफ्ट व पुरस्कार के लिए भी वम्बाकु उत्पादनों के लोगो को प्रयोग नहीं किया जा सकता।

पुलिस प्रमुख को भेजो शिकायत में सोसायटो का कहना है कि कंपनी बहादुरी पुरस्कारों की आड़ में अपने उत्पादनों का प्रचार कर रही है व इनके विरुद्ध कानुनी कार्रवाई की जानी चाहिए।

ब्रेवरी अवॉर्ड के खिलाफ बर्निंग बेन

आईजी के पास शिकायत दर्ज कराई

लना-देना नही

के सीनियर वहस प्रेसीडेंट

कॉपेरिट अफेयर्स संदीप

कुमार का कहना है-इन

अवॉर्डस और सिगोट का

कोई लेना-देना नहीं है। हमने

तो वह लोगो भी इस्तेमाल नहीं

किया जो सिगरेट पर जा रहा

है। इसके अलावा जो अवॉर्ड

दिए जा रहे हैं उनके बदले हम

उनसे सिगरेट को प्रमोट करने

के लिए नहीं कह रहे हैं। हमारा

कहना साफ है कि हम खेब

लोगों का सम्मान करना चाहते

हैं सिगरेट प्रमोशन नहीं।

इस शिकायत पर कंपनी

भास्कर ज्यून चंडीगढ़, 28 जुलाई।

इधर तैयारी है बेबरी अवॉर्ड्स की तो उधर बर्निंग ब्रेन सोसाइटी उतर आई है विरोध पर। सोसाइटी के हेमंत गोस्वामी ने आज आईजी पुलिस के पास एक शिकायत दर्ज करा दी है।

विरोध को पुख्ता करने के लिए प्रधानमंत्री मनमोहन सिंह को टेलीग्राम भी किया गया है। उनसे अपील की गई है कि वे इस मामले में दखल दें और संबंधित कानन लागु करवाएं।

शिकायत में कहा गया है कि कंपनी ने अपने ब्रांड की सिगरेट के नाम पर ब्रेवरी अवॉर्डस की घोषणा की है जो कि गलत है।

गोस्वामी ने प्रोहिबिशन ऑफ एडवंटाइजमेंट एंड रेग्लेशन ऑफ

टेड एंड कॉमसं. प्रोडक्शन, सप्लाइं एंड डिस्ट्रीब्यूशन एक्ट 2003 के सैक्शन-5 को अपनी शिकायत का आधार बनाया है। इसके तहत किसी भी व्यक्ति के सिगरेट को प्रमोट करने पर पाबंदी स्तगाई गई है।

सोसाइटी की शिकायत में पुलिस से कंपनी के खिलाफ एक्शन लेने की अपील भी की



गई है। अपनी शिकायत के साथ सोसाइटी ने एक शहर में तंबाक उत्पादों के बारे में कानून तोड़ने वालों के बारे में एक वीडियो टेप भी पुलिस के हवाले की है। यही टेप कुछ दिन पहले यूटी प्रशासक को भी

सोसाइटी इस बार उन लोगों का भी विरोध करेगी, जो इस अवॉर्ड

सेरेमने में भाग लेंगे। काबिलंगीर है कि उपरोक्त परे मामले में निशाने पर है गाँडफ्रे फिलिप्स रेड एंड व्हाइट कंपनी, जिसकी ओर से 27 जलाई को ही बेबरी अवॉर्ड्स की घोषणा की गई है। सोसाइटी का कहना है कि अगर कंपनी को अवॉर्ड ही देने हैं तो उनका नया नाम रखे जो कंपनी से किसी तरह मेल न खाता हो।

Rama Tirtha kin sets up NGO

A.S.PRASHAR

TRIBUNE NEWS SERVICE

CHANDIGARH, JUNE 29

A direct descendant of the 19th century spiritual leader and social reformer, Swami Rama Tirtha, is trying to continue in his own humble way, the good work initiated by his great grand father more than a century ago.

One of swamiji's great grandsons, Mr Hemant Goswami (32), who is an eletronics engineering graduate, has set up a non-government organisation (NGO) in the City Beautiful with a rather unusual name of "Burning Brain Society" which has been active among the youth for the past few years. "The youth have so much pent up energy, anger and frustration in them which can be harnessed into constructive channels". Mr Gowami in an interview with TNS here today. "All that is needed is something to ignite their brain. We are trying to do so through our society. Hence, the name Burning Brain Society".

The society, he says, has been focusing on the problems of smoking and other addictions among the youth. "Studies carried out by us have shown that most of the youth start smoking before the age of 18 years. They are just attracted to the vice when they see their role models like Shah Rukh

Khan and Akshay Kumar smoking and acting macho on the silver screen."

And once hooked, it is not easy to kick off the habit. Success rate is just 10-15 per cent. Studies have shown that those who use alcohol and drugs were smokers earlier.

Hemant says that he has been associated with the NGO's right from his school days. He was influenced by one of the lecturers delivered by his great grandfather in Japan. "That lecture changed my life and way of thinking and inspired me to do something useful for the society. It requires a lot of courage. My great grandfather gave up everything to work among the people. I recognise that that was a different century. Times have changed since then. But new problems have come up for the country and its people. I am trying to focus on one of the problems".

Swami Rama Tirtha, a

BL Charles



Hemant Goswami

direct descendant of Gosain Tulsi Das, the immortal author of the widely read Hindi Ramayan, was born in 1873. at Muraliwala, in the distri of Guiranwala, now in Pal istan. Rama Tirtha was a vei awarded bright student, a genius po sessing unusual intelligence contemplative nature and a intrinsic love of mathematic and solitude. He topped th list in B.A. and took his M.A degree in Mathematics. Fo two years, Rama Tirtha was Professor of Mathematics the Lahore Foreman Christia College, and he acted as Reader for a short time Lahore Oriental College.

मनचाही नौकरी में मिलती है सफलता

व्हरिष्ट्र है के क्यांक जीवन में सम्बद्ध सीका करते हैं जिसे जरून सम्बद्ध करने

Workshop and quiz contest on philately

EXPRESS NEWS SERVICE

THE Clandigue b-based others to constitute the control of the control of

'Burning brains'

HT Live Correspondent Chandigarh, November 2

THE WINNERS of Burning

Chandingarh, November 2

THE WINNERS of 'Burning Brain', an on-the-spot painting competition - held to commemorate eity's 50th an inversary, today received prizes from Haryana Ageo Industries Limited MD Ankur Gupta sta function in the Government Museum.

Gupta said there was immense potential among today's youth, but it required to be directed in the right direction. Burning Brain Society chairman Hemant Goswami said the objective of the Society was to motivate children to recognise the talents.

Kite Man' Devinder Pal Singh Sebagia was also honoured for making worlds amaltest paper kites. The prizes winners are Sanran Sidha, Gurmehar Singh, Anmol Sharma, Sahil Junqia in Group A, Matnak Pal, Amrit, Akansaha Sharma, Prabhjer Singh in Group B, Marju, Rahu Singh, Simrun Kaur, Anahul Sharma, Sushmith Bhanilin, Gurpreet Kaur, Nimarpreet Singh Khaira and Sunil Kumar in Group D, Rubel of Vivek High School received Motivation Trophy.

नॉन वरबल कम्युनिकेशन का महत्व बताया भारकर ज्यूज, चंतीजढ़, २२ दिसंबर । Daning than Society is conducting a poster-making compecition on the thense "Ill
Effects and Consequences of
Tobacco" and has invited entries für
from all over the country. According
to Mo Jyoti Joshi, media coordinator
of the society, one competition segment will be open to people up to 22
years of age and the other is the noncompetition segment open to all age
groups. श्री गुरु गोबिद सिंह कॉलेज, सेक्टर-26 में सोमवार को एक वर्कशीय का आसोजन किया गया। वर्कशीय में स्ट्डेंट्स को जीब इंटरव्यू के दौरान नॉन वरबल कम्युनिकेशन के महत्व के बारे में अताया गया। वर्कशॉप में स्टूडेंट्स ने काफी दिलचस्पी दिखाई और डिस्कजन के दौरान स्ट्रॉट्स ने काफी प्रश्न भी पुछे। वर्कशाप का आयोजन कॉलेज ने एक एनजीओ बनिंग groups.

All participants shall be getting par-ficination certificates and the winners shall also be getting onth prizes, besides the trophies. The best postern shall be printed in the form of cards and posters. The last date for submis-tion of cutties is September 28. Those describes of participation can send an e-mail to Ma Joshi at poster-gluming-briun.org or visit the website of the society at www.burningbrain.org. ब्रेन्स मोसायटी के सहयोग से किया था। वर्कशीप का उद्घाटन प्रिंसियल पी.एस.सांगा ने किया। इस अवसर पर मोसायटी के चेयरमैन हेमत गोस्कामी ने कहा कि इस प्रकार की वकिशीप से स्टूडेंट्स को केरियर काउँसिलिंग और पसंनेलिटी डक्लपमेंट के बारे में काफी कुछ जानने को मिलता है। उन्होंने स्टूडेंट्स को क्यो-डाटा तैयार करने संबंधी टिपर भी दिए।

the state of the same



Thrilling experience for senior citizens

TRIBUNE NEWS SERVICE

CHANDIGARH, JANUARY 25

"Hello Sunny, I opened an e-mail account today, please note it down, you can now regularly send me e-mails".

This was the first e-mail communication of 76year-old Col Gurnam Singh of Chandigarh for his son living in Canada.

Nearly 120 senior citizens Chandigarh, Panchkula and Mohali attended an interactive workshop organised by the Burning Brain Society in association with the Society for promotion of I.T. in Chandigarh on the basics of internet and its use. The workshop was sponsored by the Unit Trust of India.

Dr J. K. Suri gave an interactive presentation on the basics of the Internet and its use in a very lucid and interesting way. He introduced the concept of surfing the Internet, opensearching for information and all basics related to Worldwide web.

For all of them it was the first introduction to comput'ers and the Internet. All were thrilled to learn a new technology. The excitement reached its zenith when each senior citizen present was given a separate Internetenabled computer to work on. Each one was backed by one volunteer of the society.

Many senior citizens opened their e-mail account and used the opportunity to send their first e-mail to their loved ones. Many preferred to search health-based sites and some even logged on to the Government of India site to lodge their long-pending complaints.

Mr R. C. Tandon of Sector 9, Panchkula, said: "Learning Internet is quite helpful for them as with age the mobility is reduced which makes it difficult to physically go everywhere, the Internet can help in such cases". Mr Gujral of Sector 46, who attended the workshop with his wife, said "It e-mail accounts, was a thrilling experience for me, my introduction and initiation into computers which I hope to continue."

Mr Hemant Goswami,

chairperson of the society said: "The purpose of the workshop is to introduce the basic concept of the Internet and break the inertia felt by the senior citizens in using it". He added

वंडीगढ मास्कर

इंटरनेट सीखेंगे

सीनियर सिटीजंस के लिए वर्कशॉप 25 को

एवं देवनोत्तीची, मीबटर-26 में 25 में जानकारी होना जरूरी है। जनवरी को सीनियर सिटीजंस के लिए वर्वज्ञीय लगई जाएगें। इसमें उनकी इंटरनेट के महत्व और इसके इस्तेमाल में मोनियर सिटीजंस की भागेदारी के बारे में जानकारी दी जाएगी।

यह वर्षशीप मीसायटी फॉर प्रमोशन ऑफ अर्थ्य की व्हर्नेंग केन कोकाराटी और अर्चटी दिपार्टमेंट की होगी। तरफ से अवधीतित की अध्योति बोधायटी के फेपरपर्धन हेम्बर गेरवहमी के मुताबिक आईटी के इस युग में रेलवे टिकाट भी भूमित, चेकिल क्षेक एकरतंद्रम, देकिंग इन्वेस्टमेंट, बिली का भागतान, पात्रों का आदान-प्रदान, आर्तिंग क्षेत्र सोस्ट्यटी के ऑफिस और पाद्य सामग्री व शादी-ब्याह के लिए

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भारतार स्पूज, प्रेरीजा, ३१ जावरी। के जारिये यांचा है। इंटरनेट में इस आपों में सम्बंध और कार स्थाना है जिस चंडीगढ़ कालेज ऑफ इंजीनियरिंग कररण सीनियर सिटीजंस को इस बारे

आहेरी विधारमेंट के प्राणीकरर विवेक अने के मुताबिक अग्र्टी कार्नि बहाना जरूरी है। इन्होंने कहा कि गवनीट के ई-गवनीत कॉन्सेस्ट लाग् करने की दिशा में यह वर्कशीप मददगा।

धक्तापि हो पटि परिणी और बद को इंटरमेट पर करम करने का भी मौता। दिया जाएगा। इसके दिवए परेस नहीं ली जाएगी। वर्कशॉप में भाग लेने के लिए होटल क्रिकालिक व्यू, सेक्टर-17 में चेजाब हेजीनियरिंग कॉलेज में रिमक के रिश्ते हुंदने का काम घर मैठे इंटरनेंट अधिका से संपर्क किया जा सकता है।

zens learn the use of information technology Mr Atray also announced a free 10-day course at SPIC centre on the basics of computers and Internet for all senior citizens who attended

the workshop.

Elederly given tips on uses of Internet

HT Live correspondent Chandigarh, January 25

BURNING BRAIN Society in association with the Society for Promotion of IT in Chandigarh (SPIC) held a workshop for senior citizens to teach them basics of Internet and its use at Chandigarh Colgineering and y, here today.

ior citizens said they would know how to access. the railway tickets, checking bank accounts, tracking investments, paying bills, sending letters and grievances, finding reading material, exploring matrimonial alliances for dear ones, through

"It is very useful as senior citizens cannot go outdoor and can now search se things on Internet," nmented a Panchkula

resident, R.C. Tandon, in visitors' book.

The workshop was a useful programme for old people and it will bridge the gap between them and the younger generation and benefit them im-mensely, said F.C. Wad-

Speaking during the workshop, Burning Brain Society chairperson Hemant Goswami said the purpose of the workshop was familiarise the city's

elderly with the uses of the Internet.

"Usually senior residents feel inertia while using computers and a lot them appreciated the gesture in this regard," he

Goswami said because older people have longer life they could live quality by using technology.

They imparted handson training to the senior citizens, a release said.

Lis

Society questions govt concern over smoking

TRIBUNE NEWS SERVICE

CHANDIGARH, MAY 12

The anti-smoking wing of the "Burning Brain Society" on Tuesday discussed "The Cigarettes and Other Tobacco Products (Prohibition of advertisement and regulation of trade and commerce, production, supply and distribution) Act, 2003," as enforced from May 1.

Mr Hemant Goswami, chairperson of the society, presided over the meeting. He said the Act remained unimplemented all over the country and the implementing agencies appeared to be in no mood to implement the provisions notified. No hotel in the region, not even the government ones, had put up the statutorily mandatory boards at the entrance stating, "No Smoking Area -Smoking Here is Offence,". No areas had been designated as smoking or no-smoking zones, despite the fact that they were supposed to do so by May 1. Mr Goswami quipped that no one seemed to fear the Rs 200

He said the notification of February 25, as published in the Gazette Extraordinary, was applicable only in case of certain provisions of the Act and not the full Act as passed by both Houses of Parliament and accented to by the President. Sections 6

(b), 7, 8, 9, 10, 11 and part of Sections 12, 13, 14, 17, 18 and 20 had not been notified.

This would mean that selling cigarette within 100 vards of an educational institution had not been enforced and when the provision would come into force was a matter of speculation as no time frame had been set for the purpose.

He said when the Delhi Government made "The Delhi Prohibition of Smoking and Non-Smokers Health Protection Act, 1996", it had Section 8 prohibiting the sale of cigarettes to minor and Section 9 prohibited the sale within 100 m of the educational institutes. But when the notification was issued on the January 24, 1997, these two sections were not notified and it took around five years for these sections to see the light of the day. Same way, in the present scenario, if the Act was not to be notified and applied in full then why the government made the false pretense of its concern about the ill-effects of smoking, he said.

Mr Goswami said though the Act banned smoking of cigarette or any other tobacco product at public places, the definition of public places (as clarified in Section 3(1) of the Act) excluded all open space. This meant that people could smoke in corridors

and compounds of all public places and were also free to smoke in markets and public parks. Technically speaking, any place not covered by wall on all four sides was an open

Another provision of allowing hotels, with a seating capacity of 30 or more, to have smoking area for their customers was also against the spirit of the Act. So far as smokers and non-smokers were sharing the same space, it hardly mattered whether it was a 30-seat hotel or otherwise. The effect of passive smoking would be there for the non-smokers dining in such hotels. By leaving such a wide slit open, the government itself had made a mockery of the spirit and philosophy behind the Act; there was no need to show such leniency or leave such gaps in the Act, added Mr Goswami.

Another big area ignored

in the Act was the throwing and littering of cigarette butts by smokers; cigarette butts were harmful and contained toxic chemicals. He said over 4.5 trillion cigarettes were littered worldwide each year, wind and rain often carried cigarette butts into waterways. where the toxic chemicals in the cigarette filters released chemicals threatening the quality of water. Addressing this problem was as important as was controlling smoking at public places.

He also discussed a strategy with the society members to sensitise youngsters and the public about the illeffects of smoking and a strategy to persuade the government to make appropriate amendments and plug the leaks. The society members also chalked out a plan to conduct over 60 workshops on the ill-effects of smoking in 2004-05 for the benefit of the youngsters.

Why smoking is bad

THIS refers to your report "Cam-paign against consumer appreciated and understood fact the exploitation" (July 24) stating that around 2,000 people die because of rect to say that around 4,000 people die around 2,000 people die because of tobacco use every year in India. In fact, the real situation in India is

ed attention.
It is estimated that between 8,00,000 to 20,00,000 people die only because of smoking related diseases and most of these deaths occur between the ages of 45 and 55. About 80 per cent of the made cardiac patients at any time are identified smokers. In other words, amoking enhances the risk of cardiovascular discuses by over 20 times. Lines of many productive bours

every day because of smoking in India. Despite this staggering number of deaths, around 5,000-7,000 youngstern become new consumers of tobacco everyday. The bureaucrats prefer to all unconcerned in their posh AC offices, up ouffee and work on these statistics. In the light of bureaucratic inaction, the actual implemen-tation of the law (made by the much abused politicians) remains just of

> HEMANT GOSWAML Chandigarb

एंटी नारकोटिक्स डे

वर्निंग ब्रेन सोसाइटी : सोसाइटी ने आज से बीडियो और अन्य माध्यमी से नशा विरोधी जागरूकता फैलाने की महिम शरू कर दी है। सोसाइटी के हैड हेमंत गोस्त्रामी ने बताया कि नशा मुक्ति के लिए सरकार हारा भरती जा रही व्याहियों तथा इस कानून को देती से लागू न किए जाने के लग नशा करने वालों की संख्या

OCIETY

n in Sector 18, Panonkula.

Meanwhile, Mr Hemant Goswami, Chairman of the Chandigarh-based Burning Brain Society, has criticised the Punjab Governor and UT Administrator Justice O.P. Verma, for participating in the function organised by Godfrey Philips India Limited, a cigarette company.

Suspect in 'child torture'

Smoking, alcohol gateway to drug abuse, says BBS

TRIBUNE NEWS SERVICE

CHANDIGARH, JUNE 27

The Burning Brain Society (BBS) started a drive from today to document and videograph the display of advertisements of tobacco and liquor in clear contravention of the established laws.

"We thought that bringing actual violations in light is the best way to mark the Anti-Drug International Day," said Mr Hemant Ramtirth Goswami, chairperson of BBS. He said that smoking and alcohol consumption was the first step towards drugs and substance abuse; it was rare to come across a drug user who had not graduated into drugs and substance abuse from first being a smoker or alcohol consumer. It was important to pay attention to the basic prevention; that is, taking care that the young people including school-going children did not start the habits of smoking and drinking", stressed Mr. Goswami.

Many times the parents themselves unknowingly drove their children towards

AND MAD WILL

such maladies. Children of people who smoked were three times more likely to smoke; similarly those who saw their parents drink and many times more likely to take up drinking compared to those whose parent did not smoke or drink, revealed Mr Hemant.

Dr Rajesh Kashyap said that 'This is because elder people are the role model for the young and when the elders indulge in smoking and drinking, they tacitly accord acceptance to such substance use and give a clear signal to young that such indulgence is acceptable and also desire able".

Mr Goswami said the cost of initial prevention was much less than the cost of deaddiction and the health care or other resulting costs on the society. Criticising the government he said that the "National Fund for Control of Drug Abuse", proposed to be constituted under Section 7 of the NDPS Act to meet the expenditure incurred in connection with the measures taken for combating illicit traffic in, or controlling abuse of narcotic drugs and psychotropic substances, was just another accounting head in the Budget and had not been formed to serve the desired objectives.

The law enforcement agencies were very lax in dealing with violations of law related to smoking and drinking which served as a first addiction pedestal. Quoting the law relating to advertisement, he pointed out that advertisements of cigarettes and alcohol in contravention of the law could be seen all over the region but the authorities seemed to sleep over them and act in most lenient manner. Since many among the enforcement agencies and the decision making body them were chain smokers and consumed alcohol so they had a dwindling commitment.

Camps to detect Cotinine, a major metabolite of nicotine, during the annual health checkups of the government officials could be a good idea. This way officials who smoked could be removed from the decision-making chain related to enforcement of laws relating to smoking and drug use resulting in increased commitment against laws made in this regard, he suggested.

पेंटिंग प्रतियोगिता के विजेता पुरस्कृत

चंडीगढ़। चर्निंग ग्रेन नामक संस्था द्वारा चंडीगढ़ की 50वीं वर्षगांठ पर आयोजित की 'आन द स्पाट' पेटिंग प्रतियोगिता के विजीताओं को रविचार को एक समारोह में पुरस्कार वितरित किया गया। गवनींट म्युजियम में आयोजित समारोह में हरियाण एको इंडस्टी के प्रबंध निदेशक अंकृर गुपा मुख्य अतिथि थे। सोसाइटी के चेयरमैन हेमंत गोस्वामी ने कहा कि संस्था का उद्देश्य विद्यार्थियों की प्रतिभा को पहचान कर उन्हें प्रीत्साहित करना है। इस अवसर पर विश्व की सबसे छोटी पतंप बनाने वाले काईट मैन दक्षितर पाल सिंह की भी सम्मानित किया गया।

युप ए में वाईपीएस स्कूल मोहरती के सिमरन सिद्ध च गुरमेहर सिंह, अमरावती पब्लिक स्कूल के अनमोल शर्मा, दिनी टॉट्स पाउँदेशन स्कूल के सिरत सिद्ध तथा डीएवी पब्लिक स्कूल के साहित जुनेका की सम्मानित किया गुवा।

Tobacco, liquor ads to be videographed TRIBUNE NEWS SERVICE

Сваниндали, Јине 26 The Burning Brain Soci-ety (BBS), a non-govern-ment organisation (NGO), today started a drive to document and videograph tobacco and liquor in violation of the laws to mark International Day Against Drug Abuse, said Mr Hemant Ramtirth Goswami, chairperson of the BBS said.

Mr Goswami added that smoking and alcohol consumption is the first step towards drugs and sub-stance abuse. It is important to pay attention to the basic prevention, i.e. taking care that youngsters do not take up the habit of smoking or drinking, stressed

BBS to videograph advertisements of tobacco, alcohol

HT Live Correspondent

BURNING BRAIN Society (BBS), Sector 17, start ed a drive from today to document and video-graph the display of advertisements of tobacco and liquor in public, which have been declared illegal.

BBS chairperson Hemant Ramtirth Goswami accused the police and other law enforcing bodies towards the enforcement of the han and said be

would submit the video films to the UT Police IG Rajesh Kumar and the Administrator. "We will complete the exercise in three days and then wait for sometime to see administra-tion's reactions. If nothing comes out then we ove the Punjab and Haryana High Court,

We thought that bringing actual violations in way to mark the Day Against Gawami said, referring to the

OCIETY

Tobacco firm award: IGP asked to act

THE BURNING Brain Society has lodged a complaint with the Chandigarh IG Police against a tobacco company for presenting a bravery award by the name of one of its brand of cigarettes. Society chairman Hemant Ramtirth Goswami said the presentation and institution of such awards bearing the name and logo design of a cigarette brand is 'illegal' after the implementation of The Cigarette and Tobacco Products Act, 2003. He said the legislature has done its job by enacting the law and now it was up to the officials concerned to enforce it. The society had demanded action against the company HTC, Chandigart

Burning Brain Society today started a drive docu-

amleshwar Singh

ment and videograph advertisements of tobacco and liquor. "We thought bringing violations to light was the best way to mark the day," said Hemant Ramtirth Gosawami, chairperson of the society. He said drinking and smoking were the first steps towards drug abuse.

Burning **Brain finds**

Chandigan

URNING Brain Society's anti-amoking wing seviewed the union government's decision to enforce legislation banning advertisement of cigarettes and regulating its consumption from May 1. Burning Brain mem-

bers concluded the han was only on paper. Hemant Goswami, chairperson of Burning Brain Society said that implementing agencies appear to be in no mood to enforce the smoking prohibition act.

No hotel in the region, not even government ones. have put up the mandatory board at the entrance stat-ing, "No Smoking Acea - Smoking Here is an Offence." Neither have hotels designated areas as Smoking or No-Smoking, although they were supposed to do so by May 1, said Goswami. Smokers did not fear the its 200 fine.

Several crucial sections of the original Act have been

withheld and not notified. For sestance, selling cigarette within 100 yards of an educational institution has not been enforced:

Goswami pointed out when the Delhi government enacted similar legislation in 1995, it included Section 8 that prohibited the sale of cigarettes to minors and Section 9, which banned sale within a radius of 100 meters around educational institutes. When the notification was issued in January 1997 these two sections. were excluded. It took around five years for these sections of the Delhi Act to see the light of day.
"If the Act was not to be notified and applied in full.

then why did the government falsely pretend to be concerned about the ill-effects of smoking," asked Goswami.

Although the Act bans smoking of cigarettes or any tobacco product in public places, the definition of public places excludes all open space, which means that people can smoke in corridors and compounds of public places or in markets and parks. Technically speaking.

Hotels with a seating capacity of 30 or more are permitted to have a smoking area for their customers. "This is against the spirit of the Act." said Goswami. " If smokers and non-smokers share the same space and roof it hardly matters whether it is a soom for 30 or more because the effect of passive smoking will be there for non-smokers."

Another big sees ignored in the Act is the littering of cigarette butts by smokers. "Cigarette butts are very harmful and contain many toxic chemicals," said Goswams, Over 4.5 trillion cigarettes are littered worldwide each year. Wind and rain often carry cigarette butts into waterways, where toxic chemicals in the eigarette filters leak out, threatening the quality of the water and the creatures who live in it. "Addressing this problem is as important as controlling smoking in public places," said Goswami.

For more distalls. Tel: 0/72-2239200, 5185600, 2700001

बर्निंग ब्रेन सोसायटी ने राष्ट्रपति को शिकायत की

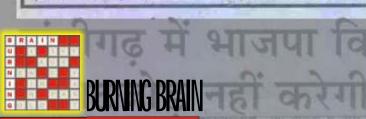
राज्यपाल वर्मा द्वारा सिगरेट कंपनी के समारोह में जाने पर गंभीर आपत्ति

कंपनी गोडफ्रे फिलिप्श इंडिया लि. हिस्सा लिया था।

हरियाणा के मुख्य सचिव एएन माधुर विशेष अतिथि के तौर पर उपस्थित हए थे। कार्यक्रम था बहादरी अवार्ड द्वारा अपने खांड का प्रचार करना था। एक आम व्यक्ति एक बात आसानी से ्सोसायटी ने अपनी प्रेस विज्ञप्ति में व्यक्त

चंडीगढ़, 8 जनवरी (ब्यूरी)। समझ सकता है कि सारा तमाशा सिगरेट किया है। जिसमें कहा गया था कि पंजाब के राज्यपाल अस्टिस ओपी वर्मा की विशेष ब्रांड के प्रचार के लिए था । इस संबंध में राष्ट्रपति की जापन भेजा (सेवानिवृत्त) ने कल होटल माउंट किसी सिगरेट के ब्रांड के नाम पर गया है। व्य में तंबाक सिगरेट बनाने वाली: बहादरी के प्रस्कारों का सीधा मतलब युवकों को मजबूत और बहादर बनाने द्वारा आयोजित 'बहादुरी अवार्ड' के लिए सिगरेटों को इस्तेमाल किया हेमंत गोस्वामी व अन्य सदस्यों ने कार्यक्रम में मुख्य अतिथि के तीर पर जाए जो हिन्दी में 'रेड एण्ड व्हाइट होटल में प्रवेश होते ही इस संबंध में पीने वालों की बात ही कुछ और हैं विरोध प्रकट किया था। उन्होंने इस कार्यक्रम में जीओसी इन नारे से स्पष्ट हो जाती है। इससे स्पष्ट है राज्यपाल से कहा था कि आपके चीफ लै. जन एसएस मेहता तथा कि युवा वर्ग में सिगरेट को लोकप्रिय समारोह में उपस्थित रहने से सिगरेट बनाना है। प्राय: 85 प्रतिशत सिगरेट पीने वालों में 18 वर्ष से कम आय वर्ग को यह भी बताया कि वह स्पष्ट रूप के होते हैं। इसलिए यह प्रस्कार युवकों का, लेकिन ईनामों की आह में कंपनी को छिपी इच्छाओं को बढ़ाने के लिए हैं। मगर राज्यपाल ने कहा, आपको दिए जाते हैं। उक्त विरोध बर्निंग बेन

विज्ञप्ति के अनुसार राज्यपाल ओपी वर्मा को सोसायटी के चेयरपर्सन के ब्रांड का प्रचार होगा। राज्यपाल से रेड एण्ड व्हाइट का प्रचार कर रहे अपनी बात कहने का हक है। इसके बाद वह समारोह में चले गए।



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