- v0: An acrostic Psalm of David regarding Prayer.
- v1: Toward you, O Lord (JHWH) God the Father (John 15:16), I lift up my soul in Prayer.
- v2: O my God Elohim, in you I trust and put my problems in your hands, let me not be confused or perplexed in my thinking regarding Bible Doctrine; do not allow my enemies to gloat with a malignant satisfaction nor triumph over me.
- v3: Also or Furthermore all those that trust or have confidence in you shall not be confused nor put to shame; however, they shall be confused who are faithless, treacherous without a cause, because they are without Bible Doctrine empty and without divine resources.
- v4: Cause me to know your Bible Doctrines in categories and rationales related to phase II of your plan, O LORD; teach or train me in concentration so I will want to know more of application of Your Doctrine in my Stream of Consciousness of the Soul.
- v5: Cause me in phase II, to be guided through your truth or Bible Doctrine, and teach or train me with Bible Doctrine constantly in testing, you are the God of my salvation or deliverance (Rom 8:32); I trust or have absolute confidence in you all day long.
- v6: Remember or call to mind Your compassions and grace or tender mercies because I as a man am totally helpless without you, O Lord Jehovah, and your steadfast love, for these 2 parts of your love have existed from Eternity Past.
- v7: Remember not the sins of my youth, nor my transgressions or rebellion or defection after I have known doctrine; according to your grace or steadfast love REMEMBER me, for the sake or because of your absolute divine good, O Lord Jehovah!
- v8: The plan and essence of God is perfect Divine Good and Honorable is Jehovah, God the Father & God the Son & God the Holy Spirit; therefore he will cause to teach by discipline the ones inclined to live by the Old Sin Nature producing Sin, Evil and Human Good, in His ways or Modus Operandi.
- v9: The negative believer He leads in the wagon tracks (Ps 23) of righteousness through judgment from the Justice of God; the humble believer who avoids the Interlocking systems of Arrogance, He guides or leads in the wagon tracks of righteousness through or by means of the Justice of God and discipline, consequently he teaches through constant repetition the positive believer with humility his road or Path of Bible Doctrine and righteousness
- v10: All the paths or ways of the LORD are steadfast love and faithfulness or Grace in action or Mercy and Truth of Bible Doctrine, to those believers who guard or keep on preserving his covenants or Mosaic Law, doctrinal policies and promises, and doctrines regarding his personal nature in the human spirit.
- v11: Because of your name or person or because of the substitutionary spiritual death of Jesus of Nazareth, The Christ, O Lord Jehovah, you have forgiven me my greatest sins while in the Interlocking systems of Arrogance for it is GRACE.
- v12: Who is that Man or Person, that fears or respects or is in awe of or occupied with the Lord; he will cause to show or teach by constant repetition to the point of inculcation continuously in the way that he should choose.
- v13: His, the mature believer's, soul shall dwell or continue in prosperity divine good, and his children shall possess and inherit the land.
- v14: The intimacy and counsel of categorical doctrine and rationals of or from the Lord belongs to those that are in awe of or fearful of or occupied with Him, and he will cause them to know or teach His categorical doctrine or covenant.
- v15: My eyes are continually and consistently on the LORD, he shall lift up or cause with leverage my feet to escape out of the net of suffering, misery, adversity, disaster, etc.
- v16: (Jehovah) Turn to me or look in my direction or Help ME, and be gracious to me; for I am lonely and under pressure.
- v17: The troubles or pressures of the Right Lobe of the Stream of Consciousness of my Soul have been caused to expand or increase, and from my disasters bring me out or deliver me with greater blessing than I have known before
- v18: Look upon or Consider my affliction or mental pressures and my pain or physical suffering, and lift up or forgive all my sins.

- v19: Consider my enemies for they are many, with violent hatred or mental attitude sins they hate me.
- v20: You have guarded my life, or protect my soul with Metabolized Bible Doctrine, now deliver me with inner happiness and Occupation with the Person of Christ; do not let me become confused or disturbed in my mind, for I have absolute confidence in you.
- v21: Let integrity of Metabolized Bible Doctrine in the Stream of Consciousness of the Soul and honor from function of the Faith Rest Drill 4 Stages (or perfect character of omniscience and righteousness) preserve me, for I have absolute confidence in you.
- v22: Redeem or deliver Israel, O God, out of all its troubles or disciplines and from all of its enemies.