

Message from the local Santa Barbara Global Peace Walk coordinator, David Crockett Williams:

“90forLife!” Global Peace Walk 2013 for “Global Peace Now!”

The Global Peace Walk Project has been responsible for two cross country peace walks, in 1995 and in the year 2000, back and forth between the United Nations building in New York City and the Herbst Theater in San Francisco where the UN Charter was first signed on June 26, 1945, before being ratified on the October 24, 1945, “birthday” of the United Nations Organization.

Each year since 2000 a group of walkers has continued this spiritual practice walking from Santa Fe to Taos New Mexico from April 8th to April 22nd, continuing the efforts to bring out as a great cry to the heavens by all of humanity for our prayer for “Global Peace Now!” as the universal human resolve. The time has come for “the third time is the charm” - to try again for peace.

The reason I have decided to initiate and conduct yet a third cross country route of the Global Peace Walk for Global Peace Now is because of receiving and understanding and wanting to propagate to the people and nations of the world the “90forLife!” message of Dr. Joel Wallach about the 90 essential nutrients that are absolutely required by the human body for optimum health and longevity, and without which our body chemistry goes awry to the detriment of our immune system and overall metabolic performance. Dr. Wallach’s research includes over 20,000 autopsies on animals and human beings who died of natural or unexplained causes with comprehensive laboratory analyses which evinced to him that every one of them actually died from one specific kind of nutritional deficiency disease or another. His deeper research into factors contributing to the longevity of the oldest living humans on the planet has convinced him that human beings have the potential to live to 120 years old when they are getting all 90 of the essential nutrients in their diet, which needs to include nutritional supplements to make up for the minerals and trace minerals missing from our foods since the beginning of the electric age when people stopped putting wood ashes in their gardens so the vegetables would contain at least the bulk of the minerals and trace minerals needed for a healthy long life. Based on his research Dr. Wallach has authored 75 peer-reviewed scientific articles about how his research has eliminated 900 diseases in animals with specific nutritional supplementations. Many of these same diseases by other names still plague the human population because the medical community is not aware of nutrition science in general, and because of the skewed profit incentives with humans due to medical care costs, insurance, drug industry, etc., etc.

One of Dr. Wallach’s popular books on this topic is called *Dead Doctor’s Don’t Lie*, which has a compendium of different medical conditions and what supplements can be taken to best address them to provide the body’s natural immune system with the chemistry power it needs to do its job best. See: <http://healthybodychallenge.com> & <http://califdavid.my90forlife.com>