

“Be still, and Know that I am God” Ps. 46:10

This verse from the Psalms was a theme verse for a devotional booklet I’ve been using. It implies that God is in control, and we are not to worry or fret. It is a wonderful verse to know, the challenge however is to live it out. That challenge was impressed on me again at finishing up a business matter a couple of weeks ago. Logically looking at how I handled it, you could make a case for my concerns, inquiries on “how it was going”, and my anger at an unnecessary ‘screw-up’ at the conclusion of it.

BUT... I’m supposed to be a person of faith, I’m a child of God, and Jesus is my Lord and Savior. Still there were times you had to wonder by my actions whether I really meant it. Perhaps the most “spiritual moment” of the whole situation was the night after the screw-up occurred, and wanting a decent night’s sleep, I confessed to God that I couldn’t do anything about it, let go, and promptly had a good nights sleep.

Let’s be clear here, God doesn’t want us to be in unreality about our situations or struggles or turn into “Stepford Christians” (like the infamous wives in the movie). But if our faith means anything to us, and has a positive impact on a world that is in many ways these days in a “world of hurt”, we must bear witness that our faith is indeed built on the rock of Christ and trust in the promises of God

A favorite song of mine is an aria from Mendelssohn’s “Elijah” it is based on Ps. 37

*“O Rest in the Lord, Wait Patiently for Him’
And He will give thee, Thy Hearts desires
O Rest in the Lord, Wait Patiently for Him
And He will give thee thy hearts desires
And He will give thee thy hearts desires...”
Commit thy way unto Him and trust in Him,
Commit thy way unto Him and trust in Him
And fret not thyself because of evil doers
O Rest in the Lord Wait Patiently for him”*

While all of this is easier said than done, with the help of the Holy Spirit let us at least take baby steps to live each day as people of faith bearing witness to the words:

“Be still and know that I am God”

Pr. John