

2015 PLATTSMOUTH KFC/TACO BELL 5K CROSS COUNTRY SERIES

Wednesdays:

June 24 July 15 August 12

Race Day Registration Only: 6:15-6:45 P.M.

Races Start: 7:00 P.M. \$5 Fee

LOCATION: Rhylander Park on the east side of Lincoln Street between 3rd and 6th Avenues.

COURSE: This is the 5- kilometer (3.1 miles) course used by the Plattsmouth High School Cross Country Teams. It is a three-loop course that is great for spectators. The terrain is on 80% flat open park grass. Each loop includes a quarter mile of hilly dirt trail that is tree lined. A 1500-meter course is also offered with the fee also being \$5.

AWARDS: TACO BELL COMBO MEAL COUPONS! Awards are given to overall male and female winners in the 5K along with at least 15 random awards.

All entries will receive a coupon for a free "Freeze Drink" and a taco from **KFC/TACO BELL**.

QUESTIONS: Todd Nott: tnott@pcsd.org

WE RUN RAIN OR SHINE!

