

30th Annual No Frills Racing Series
 Race No. 3: February 28, 2023
 Weather: 20* NW wind @ 20 (Feels like 5* F)

5K

MEN	Age	Factor	Act. Time	Pace	Adj. Time	Points	Act. Finish
1 Kent Blobaum	60	0.8121	36:40.7	7:20.1	29:47.2	10	15
2 Matthew Brunken	33	0.996	30:30.3	6:06.1	30:23.0	9	1
3 Justin Sherman	17	0.9916	30:49.4	6:09.9	30:33.9	8	3
4 Ryan Zavala	34	0.9931	30:47.7	6:09.5	30:35.0	7	2
5 Ryan Sutter	31	0.9995	31:11.7	6:14.3	31:10.8	6	4
6 Gerald Kubiak	48	0.9002	34:49.4	6:57.9	31:20.9	5	9
7 Jeff Marshall	61	0.8048	39:04.7	7:48.9	31:27.0	4	19
8 Ron Lampe	60	0.8121	39:34.4	7:54.9	32:08.3	3	20
9 Benjamin Ehrenberg	17	0.9916	32:47.7	6:33.5	32:31.2	2	6
10 Miguel Ordorica	50	0.8855	36:48.4	7:21.7	32:35.5	1	16
11 Nate Koehn	44	0.9296	36:33.3	7:18.7	33:58.9		14
12 Jake Albanez	38	0.9733	34:59.5	6:59.9	34:03.4		10
13 Cory Garlock	32	0.9982	34:08.3	6:49.7	34:04.6		7
14 John Ritland	71	0.7301	47:28.2	9:29.6	34:39.5		30
15 Thangaraj Paulpandi	32	0.9982	34:49.1	6:57.8	34:45.3		8
16 Logan Falt	28	1	35:17.9	7:03.6	35:17.9		11
17 Christian Young	25	1	35:42.6	7:08.5	35:42.6		12
18 Andy Garey	35	0.9894	38:02.6	7:36.5	37:38.4		17
19 Steve Filips	56	0.8415	45:19.3	9:03.9	38:08.3		27
20 Jerry W	16	0.9796	38:59.0	7:47.8	38:11.3		18
21 Chris Yeager	34	0.9931	39:44.5	7:56.9	39:28.0		21
22 Jim Rogers	59	0.8195	49:35.3	9:55.1	40:38.3		34
23 Kevin Dohrmann	63	0.7901	51:30.7	10:18.1	40:42.0		36
24 Stuart Wood	74	0.7014	01:20.3	12:16.1	43:01.4		37
25 Chris Delano	34	0.9931	43:37.9	8:43.6	43:19.8		25
26 Max Fiser	17	0.9916	43:57.8	8:47.6	43:35.6		26
27 Chuck Brown	46	0.9149	51:30.1	10:18.0	47:07.1		35
28 Tyler Irwin	30	1	47:46.4	9:33.3	47:46.4		31

WOMEN

WOMEN	Age	Factor	Act. Time	Pace	Adj. Time	Points	Act. Finish
1 Kaci Lickteig	36	0.9848	31:56.2	6:23.2	31:27.1	10	5
2 Connie Garo	57	0.8168	40:50.4	8:10.1	33:21.5	9	22
3 Hannah Perkins	22	1	35:52.1	7:10.4	35:52.1	8	13
4 Stephanie Bach	45	0.9316	41:11.4	8:14.3	38:22.4	7	23
5 Audrey Smith	26	1	43:23.8	8:40.8	43:23.8	6	24
6 Jennifer Sargent	42	0.9536	45:41.6	9:08.3	43:34.4	5	29
7 Sarah Johnson	29	0.9998	45:26.7	9:05.3	45:26.2	4	28
8 Natalie Sherman	15	0.944	48:45.5	9:45.1	46:01.7	3	32
9 Maylin Anderson	17	0.976	48:49.5	9:45.9	47:39.2	2	33