

23rd Annual No Frills Racing Series
 Race No. 5: March, 2016
 Weather: 52* Overcast, mist



<u>MEN</u>	Age	Factor	Act. Time	Pace	Adj. Time	Points	Act. Finish
1 Todd Nott	51	0.8787	30:42.3	6:08.5	26:58.8	10	3
2 Roy White	52	0.8714	32:52.0	6:34.4	28:38.4	9	6
3 Nathan Swenson	28	1	29:11.4	5:50.3	29:11.4	8	1
4 Rob Cubrich	62	0.7991	36:33.4	7:18.7	29:12.7	7	15
5 Adam Little	33	0.9944	29:31.5	5:54.3	29:21.6	6	2
6 Andrew Tracey	55	0.8497	34:52.5	6:58.5	29:38.0	5	10
7 Jose Badillo	78	0.652	45:45.8	9:09.2	29:50.3	4	29
8 Ron Lampe	54	0.8569	35:18.1	7:03.6	30:15.0	3	12
9 John Lukes	32	0.9969	31:53.8	6:22.8	31:47.9	2	4
10 Barry Milnes	51	0.8787	37:50.0	7:34.0	33:14.6	1	20
11 David Eads	25	1	33:31.0	6:42.2	33:31.0		7
12 Bill McLochlin	66	0.7701	43:55.2	8:47.0	33:49.4		27
13 Nel Pineda	41	0.951	36:27.2	7:17.4	34:40.0		14
14 William Eads	50	0.8859	40:26.8	8:05.4	35:49.9		24
15 John Wrobel	26	1	36:37.3	7:19.5	36:37.3		16
16 Matthew Brand	31	0.9986	36:42.0	7:20.4	36:38.9		17
17 Logan Camper	27	1	36:42.8	7:20.6	36:42.8		18
18 Tim Ertz	30	0.9996	38:29.4	7:41.9	38:28.5		21
19 Ken Juhl	67	0.7629	53:54.0	10:46.8	41:07.2		35
20 Tom Whitaker	74	0.7012	05:07.1	13:01.4	45:39.7		40
21 Bob Kosalka	51	0.8787	54:23.3	10:52.7	47:47.5		36
22 Ryan Jeannette	30	0.9996	54:41.6	10:56.3	54:40.3		38

<u>WOMEN</u>	Age	Factor	Act. Time	Pace	Adj. Time	Points	Act. Finish
1 Anne Medeiros	72	0.6622	47:56.4	9:35.3	31:44.8	10	31
2 Jen Freeman	34	0.9956	31:58.2	6:23.6	31:49.8	9	5
3 Abby Knight-Einspahr	32	0.999	34:06.9	6:49.4	34:04.9	8	8
4 Celia Bravard	22	1	34:30.1	6:54.0	34:30.1	7	9
5 Gisele Jones	29	1	34:53.9	6:58.8	34:53.9	6	11
6 Barbara Swenson	27	1	36:22.7	7:16.5	36:22.7	5	13
7 Deb Deppe	33	0.9976	36:44.3	7:20.9	36:39.0	4	19
8 Virginia Marquard	64	0.7442	49:54.1	9:58.8	37:08.2	3	33
9 Lorraine Whitaker	72	0.6622	56:32.4	11:18.5	37:26.4	2	39
10 Jennifer Wilson	51	0.8775	45:00.9	9:00.2	39:30.0	1	28
11 Jodie Sherman	38	0.9821	40:16.3	8:03.3	39:33.0		23
12 Megan Little	32	0.999	40:03.5	8:00.7	40:01.1		22
13 Valeria Shaw	30	1	40:46.3	8:09.3	40:46.3		25
14 Rita Sanders	57	0.816	50:52.3	10:10.5	41:30.7		34
15 Andreea Birkenmeier	35	0.9931	42:51.7	8:34.3	42:34.0		26
16 Amelia Fiser	41	0.966	47:40.5	9:32.1	46:03.2		30
17 Shelly Cruz	32	0.999	49:40.6	9:56.1	49:37.6		32
18 Stephanie Jeannette	30	1	54:39.9	10:56.0	54:39.9		37