

# IIHF OFFICIAL RULE BOOK IN-LINE HOCKEY

## INTERNATIONAL RULES GOVERNING THE GAME OF IN-LINE HOCKEY

### SECTION THREE - EQUIPMENT

#### Rule 301 Sticks

- (a) The sticks shall be made of wood, carbon composite, graphite or aluminum materials approved by the IIHF and must not have any projections extending from the stick.

Adhesive tape of any color may be wrapped around the stick at any place.

- NEW** (b) No stick shall exceed **152cm** in length from the heel to the end of the shaft, nor more than **32cm** from the heel to the end of the blade.

The blade of the stick shall not be less than 5cm nor more than 7.5cm in width at any point.

The curvature of the blade of the stick shall not exceed 1.5cm

- (c) The blade of the goalkeeper's stick shall not exceed 9cm width at any point except at the heel where it shall not exceed 11.5cm. The length of the blade shall not exceed 39cm in length from the heel to the end of the blade.

The widened portion of the goalkeeper's stick extending up the shaft from the blade shall not exceed more than 71cm from the heel and shall not exceed 9cm in width.

- (d) A minor penalty shall be assessed to any player or goalkeeper who uses a stick not conforming to the provisions of this rule.

If a goal is scored with an illegal stick, the proper penalty shall be assessed and the goal shall be allowed.

#### Rule 302 Skates

- NEW** (a) All players and Officials must wear in-line skates of a design approved by IIHF. **Players and Officials** are permitted to wear skates with **up to** 5-wheels, **provided they are designed for in-line hockey.**

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- (b) The use of speed skates or any skate so designed that it may cause injury to the discretion of the Referee is prohibited. The use of quad skates is not prohibited, but is not recommended.

## **Rule 303 Goalkeeper's Equipment**

- (a) With the exception of skates and sticks, all the equipment worn by the goalkeeper must be constructed solely for the protection of the head or body, and must not include any garment or contrivance which would give the goalkeeper undue assistance in keeping goal.

Abdominal aprons extending down the thighs or the outside of the pants are prohibited.

- (b) The goalkeeper's blocker glove shall not exceed 21cm in width nor 42cm in length at any point.

The maximum length of a goalkeeper's catching glove shall not exceed 42cm. The cuff shall not exceed 21cm in width. Any bar or attachment between the cuff and the thumb shall only extend in a straight line. Any other pocket or pouch added to the glove by a manufacturer or otherwise is not acceptable and makes the glove illegal.

For a violation of this rule, a minor penalty shall be assessed.

- (c) The leg guards worn by goalkeepers shall not exceed 30cm in extreme width when on the leg of the player.

For a violation of this rule, a minor penalty shall be assessed.

- (d) It is mandatory for all goalkeepers to wear a helmet designed for hockey with helmet strap properly fastened and a full face mask designed for hockey with a chin cup. All goalkeepers must wear chest protection. Throat protection is recommended.

## **Rule 304 Protective Equipment**

**NEW** *(Note) Although some protective equipment is not mandatory in all age classifications, the IIHF strongly recommends that all players in all age classifications properly wear an internal mouthpiece, a H.E.C.C., **C.S.A or CE** approved helmet and a H.E.C.C., **C.S.A or CE** approved full face mask for all games and practices.*

- (a) Each participant is personally responsible to wear protective equipment for all games, warm-ups and practices.

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- NEW** Recommended equipment for all players is: hip pads, padded hockey pants, protective cup or pelvic protector, chest protection, shoulder pads and throat protection. Eye and full facial protection is strongly recommended for ***all players.***
- NEW** Mandatory equipment for players **over 20** years of age is: helmet designed for hockey with helmet strap properly fastened, elbow pads, gloves designed for hockey and knee and shin protection.
- NEW** Mandatory equipment for players **20 years** of age and **under** is: helmet designed for hockey with helmet strap properly fastened, full face mask designed for hockey, elbow pads, gloves designed for hockey, internal mouth guard, knee and shin protection.
- All Referees and Linesmen must wear a black helmet with \_ visor designed for hockey with helmet strap properly fastened, elbow pads and knee and shin protection.
- NEW** ***All Referees and Linesmen shall wear a black hockey helmet and facial visor.***
- Any player who attempts to participate without the proper mandatory equipment shall be sent off the playing surface by the Referee and not allowed to return until such equipment has been replaced. For a second violation of this rule by the same player, the Referee shall assess a misconduct penalty to the offending player.
- (b) It is recommended that all protective equipment, except gloves, head gear and goalkeeper leg pads, be entirely under the uniform.
- NEW** (c) ***Play shall not be stopped for a player other than a goalkeeper, whose helmet/facemask has come off the head during play. Play shall be stopped immediately when a goalkeeper's helmet/facemask has come off the head during play.*** A minor penalty shall be assessed to a goalkeeper who deliberately removes the helmet/face mask during play.

## **Rule 305 Dangerous Equipment**

- (a) The use of pads or protectors made of metal or any other material that may cause injury to a player is prohibited.

The wearing of casts or splints made of hard or unyielding materials is prohibited, even if padded.

Elbow pads which do not have a soft protective covering of sponge rubber or a similar material at least 1.5cm thick shall be considered dangerous equipment.

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- (b) A glove from which all or part of the palm has been removed or cut to permit the use of the bare hand shall be considered illegal equipment. A minor penalty shall be assessed to a player wearing such a glove in play.

## **Rule 306 Puck/ Ball**

- (a) Pucks/balls shall be made of plastic or other material approved material by IIHF. Balls should be classified as "no bounce" balls.

**NEW** The puck shall be approximately 2.54cm thick, and 7.62cm in diameter and shall weigh between **105** and 185grams.

The ball shall be between 6.35 and 7cm in diameter and shall weigh between 50 and 85grams.

- (b) The puck/ ball shall be of a predominant color that contrasts the color to the playing surface.
- (c) On all rinks which have boards less than 100cm in height and/or no screens for protection of the spectators, a ball must be used.

Pucks may be used on rinks that have boards at least 100cm in height and screens or safety glass for protection of the spectators.

For all IIHF Championships a puck shall be used.

## **Rule 307 Uniforms**

- (a) All players participating in IIHF games must be uniformly dressed and have matching jerseys with long sleeves. For all IIHF Championships padded hockey pants or sweat pants must be worn.
- (b) Each player and each goalkeeper listed in the lineup must wear an individual identifying number at least 20cm in height on the back of the sweater. All numbers assigned must be whole numbers between 0-99. No two members of the same team shall be permitted to wear the same number.
- (c) At the discretion of the Referee, the Home Team shall change its jersey if the colors of the competing teams conflict.

## **Rule 308 Equipment Measurement**

- (a) A request for measurement of any equipment shall be limited to one request by each team during the course of any stoppage of play.

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- (b) When a formal complaint is made by the Captain of a team against the dimensions of any stick, the Referee shall make the necessary measurement immediately. If the complaint is not sustained, a bench minor penalty shall be assessed to the team requesting the measurement.  
When a formal complaint is made by the Captain of a team against the dimensions of any piece of goalkeeper's equipment and the measurement would cause any delay whatsoever, other than glove measurement, such measurement shall take place at the end of the first, second or third quarter or immediately in the fourth quarter or overtime. If the complaint is not sustained, a bench minor penalty shall be assessed to the team requesting the measurement.
- (c) A minor plus a misconduct penalty shall be assessed to any player who refuses to surrender the stick or other piece of equipment for measurement when requested to do so by the Referee.
- (d) The Referee may measure any equipment used for the first time in the game.
- (e) The Referee shall assess a bench minor penalty to a team that requests a measurement of equipment only for the purpose of delaying the game.