

IIHF OFFICIAL RULE BOOK IN-LINE HOCKEY

INTERNATIONAL RULES GOVERNING THE GAME OF IN-LINE HOCKEY

PLAYING RULES AT A GLANCE

Rule	Description
Age Classifications	10 or Under 12 or Under 14 or Under 16 or Under 18 or Under Juniors 20 or Under Seniors 21+
	<i>(Note) The player's age on December 31 will determine the age classification</i>
Rink NEW	Size is 40m-61m long and 20m-30m wide Temporary and permanent both acceptable. Note: For IIHF Championships the size of the rink shall be a minimum of 58m long and 27m wide
Teams	4 players on playing surface plus 1 goalkeeper (smaller rinks may play with 3 players plus 1 goalkeeper)
Roster NEW	Maximum of 16 players plus 2 goalkeepers
	Mandatory Equipment Players 20 and under Helmet designed for hockey Full face mask designed for hockey Elbow pads Gloves designed for hockey or lacrosse Knee and shin protection Internal mouth guard
	Players over 20 Same, except - no internal mouth guard required - no facial protection required The wearing of a full face mask or _ face shield is highly recommended
Puck/ ball	Puck or Ball may be used

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	Puck may be used only when rink has 100cm+ high boards and adequate spectator screen protection IIHF Championships shall be played with a puck
Minor Penalties	Team cannot be reduced to less than two players plus a goalkeeper
NEW	<i>For a minor penalty, the offending player, other than a goalkeeper, shall be ruled off the playing surface for one and one half minutes, during which time no substitute shall be permitted</i>
Major Penalties NEW	<i>For the first major penalty in any one game, the offending player, other than a goalkeeper, shall be ruled off the playing surface for four minutes, during which time no substitute shall be permitted</i>
Game Misconduct Penalties	Carry an automatic 1 game suspension
Referees	Standard two man system using current IIHF registered officials
Body-Checking	No intentional body contact allowed at any level
Face-Offs	Take place a along an imaginary line parallel to the side boards connecting the end zone and the special face-off spots, only.
Fighting	Fighting will not be tolerated
NEW	<i>Match penalty</i>
Hand Pass to a Teammate	Permitted in Defending Zone
Slapshots	Prohibited in 10 and Under age groups and below (when follow-through is higher than waist)
Illegal Clearing (Icing)	The puck/ ball cannot be shot from behind the center red line over the opponents goal line.
Off-Sides	Players may proceed the puck/ ball over the center red line but, the puck/ ball must be carried over the red line Passes made to a teammate over the center red line are illegal.

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Player out of Bounds	Immediate stoppage of play whenever a player skates or steps over the rink border (temporary rinks only)
Length of Game	4 quarters 12 minutes in duration If running time is played: Stop time in the last two minutes when score is within 1 goal
Tied Game	Games shall end in a tie if no winner must be determined If a winner must be determined: 5 minute overtime followed by a shoot-out
Time out	Each team is permitted 1 one-minute time-out per game The game clock shall stop during a time-out