



Drumming Circle

Our Belgian/American group had consented to come together one more time for a drumming circle at Frank and Kathy's home in Portland. That day had arrived, it was July 31, 1998.

Three of the Belgians, Dirk, Eliane and I, car pooled. We arrived at Florida Street and recognized Frank and Cathy's home. The sun pattern above the door was a unique give away. We parked right in front of the house and the three of us walked up to the door.



Paul and his three children had arrived at the same moment and walked right with us up to Frank's door. We pleasantly exchanged greetings and one of the kids rang the doorbell.

Kathy opened the door. Surprisingly, her face was white and she didn't look very healthy. With a disbelieving look on her face, she saw the seven of us standing in front of her and exclaimed, "What are you doing here?". Puzzled, we looked at each other and reminded her, we were there for the drumming circle!

"What?, she said. "I am certain that I called everyone to let them know the event is canceled. I am very sick and we decided we can't do the drumming circle. We looked at each other again in amazement. None of us knew about the cancellation.

Paul and I explained that we didn't receive her message. Cathy reiterated she let everyone know! For whatever reason, Paul and his children and we, the three Belgians, didn't get the message. But there we were, gathered together at the door.

Obviously the drumming circle wasn't happening. What now?



Paul asked if we were hungry and suggested, now that we were all gathered there anyway, we might as well go out for dinner. What a great idea! We were all in.

Dirk, Eliane and I stayed briefly at Frank and Kathy's home while Paul brought his children to his ex-wife. The four of us were ready for our next adventure. Paul asked if we liked seafood and suggested his favorite fish restaurant at the Willamette River waterfront in Portland.



What an amazing evening. I felt so good! Another exploration night in Portland. I so enjoyed the waterfront views and the many choices to choose from the excellent seafood menu. This is what freedom tastes like!

While being in America for the second time, I had felt so much gratitude for all the wonderful experiences that came my way. The unexpected adventures and synchronicities kept presenting themselves.

Excellent dinner! Paul and I were sitting across from each other at the table. Somehow Dirk and Eliane got into a conversation with each other and Paul and I shared with each other about our life situations. I shared that I was living by myself with my golden retriever, Rayca. Paul replied that he was living with his three children and his dog, Beauregard. We connected very well and talked about our work situations, our difference in culture, our families and many subjects we were interested in. We delved into alternative healing modalities and the topic of consciousness. We seemed to be interested in similar subjects. Paul described the Cranial-Sacral Therapy that he was studying. There is a circulatory system inside the Head and spinal cord covering or Dura that is vital to life. No Cranial-Sacral rhythm no life!

Our conversation was spontaneous, effortless, easy and fun. We had a delightful time. I wasn't thinking ahead, I was in the moment being very present and enjoying our experience. The synchronicities that had unexpectedly brought us together over and over again had caught my

attention. I wondered what that was all about. But no thought entered my mind that there could have been more to the story between us.

Paul:

We were enjoying each others company a great deal and it seems that synchronicities were putting us in the same place at the same time. It was a very strange situation to be in. We were very different in so many ways and yet seem to relate very easily and it had me start to wonder if there was something more there.

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Mieke's Voice - Part 1

Week 1 - Introduction - My early life
Week 2 - A Rough Start
Week 3 - Vision
Week 4 - History Lesson
Week 5 - Bookstore Caecilia
Week 6 - Invisible Hand
Week 7 - My family, a circle of 5. Part 1 - My parents Anny & Hugo
Week 8 - My family, a circle of 5. Part 2 - My brother Jeroen
Week 9 - My family, a circle of 5. Part 3 - My sister Kathleen
Week 10 - My family, a circle of 5. Part 4 - Something about myself, Mieke
Week 11 - Encounters with extraterrestrials
Week 12 - The Movie E.T. - The Extra -Terrestrial
Week 13 - What happens after the body dies?

Mieke's Voice - Part 2

Week 14 - Introduction - Relationships

Week 15 - Expressing my authentic nature
Week 16 - Sexuality - part 1 - Unity
Week 17 - Sexuality - part 2 - Separation
Week 18 - Sexuality - part 3 - Menstruation
Week 19 - Intimate Relationships
Week 20 - America - part 1 - Newspaper Article
Week 21 - America - part 2 - Stepping into a movie
Week 22 - Another taste of freedom as a college student
Week 23 - Riding the waves, both high and low
Week 24 - A Holistic approach to healing
Week 25 - Overnight resident counselor in a high school
Week 26 - Mieke the younger in action - Part 1
Week 27 - Mieke the younger in action - Part 2
Week 28 - Totem Initiation
Week 29 - Extra Freedom and Independence
Week 30 - First Wake-up call
Week 31 - Second Wake-up call
Week 32 - Home Ter Linde

Mieke's Voice - Part 3

Week 33 - Introduction - Learning to Love myself
Week 34 - My last cigarette!
Week 35 - I know there is somebody out there!
Week 36 - Center Gea - The Power of Sound
Week 37 - Moroccan Flavors
Week 38 - Nightly Procedure

Mieke's Voice - Part 4

Week 39 - Introduction - Our paths coming together
Week 40 - Special Announcement in Center Gea
Week 41 - Meeting Frank Coppieters
Week 42 - Portland Bridges and Dinner
Week 43 - Belgians and Americans meet
Week 44 - From Luxury into the Forest
Week 45 - Hot Springs and Sweat Lodge
Week 46 - Divine Inspired Rendezvous
Week 47 - Dancing around the Galaxy
Week 48 - To Eat or Not to Eat
Week 49 - Mount Hood is calling
Week 50 - Tamanawas Falls
Week 51 - Paul's Dilemma - confiding with Jane
Week 52 - Drumming Circle