

1216 118185

RECORD SHEET

DATE	MORNING			NOON			AFTERNOON			EVENING			COMMENTS		Reactions Unusual Exercise Dose Change Sick Days
	Blood Sugar	Urine Sug./Ac. Site	MEDS Amount Time Site	Blood Sugar	Urine Sug./Ac. Site	MEDS Amount Time Site	Blood Sugar	Urine Sug./Ac. Site	MEDS Amount Time Site	Blood Sugar	Urine Sug./Ac. Site	MEDS Amount Time Site	Emotional Upset	Other	
Wed 3	17	/	45	/	/	200	7	/	166	/	/	170			
Thurs 4	17	/	45	/	/		7	/	115	/	/	62			
Fri 5	17	/	350	19	/	250	7	/	105	/	/	76			
Sat 6	17	/	91	/	/	169	7	/	179	/	/	94			
Sun 7	17	/	200	/	/	250	7	/	153	/	/	71			
Mon 8	17	/	70	/	/	70	6	/	200	/	/	45			A early (L's) 4
Tue 9	15	/	212	14:30	/	250	6	/	153	/	/	95			9
Wed 10	15	/	224	/	/	85	6	/	90	/	/	56			Outgrass
Thurs 11	15	/	148	/	/	-	6	/	75	/	/	46/78			
Fri 12	15	/	227	/	/	-	6	/	290	/	/				

1516 - Dur.

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	Blood Sugar	Urine Sug./Ac. Site	MEDS Amount Time Site	Blood Sugar	Urine Sug./Ac. Site	MEDS Amount Time Site	Blood Sugar	Urine Sug./Ac. Site	MEDS Amount Time Site	Blood Sugar	Urine Sug./Ac. Site	MEDS Amount Time Site	Emotional Upset	Other	
Tue 23	16	/	220	14	/	90	7	/	136	/	/	60			
Wed 24	16	/	195	/	/		7	/	130	/	/	Low			Low Eve.
Thurs 25	15	/	314	/	/	212	7	/	183	/	/	75			
Fri 26	16	/	85	/	/	-	6	/	98	/	/	Low			Outgrass
Sat 27	/	/	252	/	/			/	+	/	/	-			Outgrass
Sun 28	/	/	123	/	/	-		/	50	/	/	60			Paracetamol
Mon 29	16	/	200	/	/		6	/	185	/	/	90			
Tue 30	16	/	118	/	/	62	6	/	141	/	/	-			Days down
Wed 31	16	/	217	/	/	200	6	/	175	/	/	50			
Thurs 1	16	/	64	/	/	95	6	/	65	/	/	66			Outgrass

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	Blood Sugar	Urine Sug./Ac. Site	MEDS Amount Time Site	Blood Sugar	Urine Sug./Ac. Site	MEDS Amount Time Site	Blood Sugar	Urine Sug./Ac. Site	MEDS Amount Time Site	Blood Sugar	Urine Sug./Ac. Site	MEDS Amount Time Site	Emotional Upset	Other	
Tue 2	16	/	102	/	/	101	6	/	212	/	/	175			
Wed 3	16	/	158	/	/	-	6	/	175	/	/	75			177 (low)
Thurs 4	16	/	60	4:30	/	150	6	/	175	/	/	185			
Fri 5	16	/	130	/	/		6	/	80	/	/	50			
Sat 6	16	/	65	/	/		7	/	191	/	/	45			low
Sun 7	16	/	203	/	/	250	7	/	246	/	/	190			
Mon 8	16	/	63	/	/	-	7	/	130	/	/	61			Wanted
Tue 9	16	/	171	/	/	250	7	/		/	/	138			
Wed 10	16	/	80	/	/	-		/	311	/	/	110			
Thurs 11	16	/	217	/	/	45	7	/	85	/	/	65			Low a

EXHIBIT 11

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