CHILD DEVELOPMENT and FAMILY EDUCATION

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The publications selected for this list contain the opinions and information of the authors. They are offered for sale here to provide helpful material on the subjects addressed, with the understanding that the authors, publishers and Oleanna Books are not engaged in rendering medical, health, or any other kind of personal professional services. Readers must rely on their own judgment. Read critically always.

CHILD DEVELOPMENT and FAMILY EDUCATION RESOURCES for ADULTS

Am I Doing Too Much for My Child?/13.95 booklet by Elizabeth Crary: Getting Your Child on the Road to Responsibility and Independence 64 pages. “Crary describes four levels of support typical for children, and tells us how we who care for children can shift from the nurturer role so important in early years to teacher, coach and finally to consultant. Packed with how-to’s, examples, and scenarios we can identify with, this easy-to-read book is ideal whether you’re at the beginning of the parenting journey or anticipating the empty nest.” — Parenting Press

And Baby Makes Four/ 13.99 paper by Hilory Wagner: Welcoming a Second Child Into the Family © 1998. 224 pages. From deciding about having additional children to arranging daily life with a child or two and a new baby, Wagner discusses disruption of a family’s former way of life and all aspects of new household transitions with help understanding what spouse, children and self may be feeling, to develop reasonable expectations and strategies, based on experience, experts’ advice and research. Supportive sensible and practical.

And Baby Makes Three/ 13.95 paper by John M. Gottman and Julie Schwartz Gottman: The Six-Step Plan for Preserving Marital Intimacy and Rekindling Romance After Baby Arrives © 2007. 252 pps. index. Research-based, practical support for transitioning to parenthood while maintaining a couple relationship, with realistic skills to keep it healthy, manage the strain and problems, and share the enjoyment.

Are We Born Racist?/18.00 paper edited by Jason Marsh, Rodolfo Mendoza-Denton, Jeremy Adam Smith: New Insights from Neuroscience and Positive Psychology © 2010. 145 pps. This readable, multifaceted compilation of essays on racism's roots, “color blindness,” overcoming biases, and
mostly just awareness, is a useful overview in considering how children form their attitudes about race, working to mitigate prejudiced instincts, and envisioning a post-prejudice society.

**Baby Massage / 15.00 paper** by Alan Heath and Nicki Bainbridge: *The Calming Power of Touch* © 2004. 96 pps. Wonderful color photos and simplified instructions for easy massage & flexing routines make massaging babies appealing, natural and unintimidating.

**Baby Read-Aloud Basics/15.00 paper** by Caroline J. Blakemore and Barbara Weston Ramirez: *Fun and Interactive Ways to Help Your Little One Discover the World of Words* © 2006. 256 pps. Especially handy for parent educators to explain the stages of literacy and language to expect and nurture as babies develop with research-based, step-by-step practices.

**Be Prepared: A Practical Handbook for New Dads/16.00 paper.** by Gary Greenberg and Jeannie Hayden © 2004. 227 pages. Useful, clever, appealing, illustrated handbook on babycare. Practical, male oriented info about responsible care. Witty yet respectful. At first glance, Be Prepared looks like it might be a joke book. The bright yellow handbook format cover shows a child in a backpack strapped onto a smiling, manly fellow in a lumberjack shirt. Front backpack straps replace the man’s suspenders, baby bottle, rattles and other toys are at his waist, toolbelt style, and a pacifier dangles from a strap in his fingers. It captures attention. Likewise, the inside of the book captures attention with well designed layout and graphics. Readers recognize the content, presented with abundant wit and style, is playful but not a joke. This is a creative, purposeful production with solid, helpful information delivered in fun, maybe over-the-top, masculine terms, but quite real. With useful, pithy information in easily assimilated chunks, and a fun filled, ‘can-do/here’s how’, unsentimental attitude, this nuts-and-bolts manual attracts expectant and new dads the way their beloved Worst-Case Scenario books used to, but with more usable material that really will help prepare them for parenting, appreciate their baby, and boost their confidence. Dads who know how to care for their infants are more likely to participate in care and strengthen parent-child attachment from the start. This interesting book imparts the preparatory knowledge well indeed. It is organized in five general sections by age, from newborn to one year, with basic information about normal development and needs, and appropriate fatherly responsibilities and skills. Mindful, entertaining, diagrammed instructions for hundreds of such necessities as diapering, stimulating, soothing, bathing, swaddling, burping, reading Sports Illustrated with the baby, and recognizing types of crying, are laid out with humor and a decidedly masculine slant: Authors Greenberg, a comedian, and Hayden, an illustrator/graphic designer, are parents of a daughter.

**Becoming Attached / 21.95 paper** by Robert Karen: *First Relationships and how They Shape Our Capacity to Love* © 1998. 512 pages. For nonscientists interested in early attachment, a lot to think about concerning many facets of the complex concept. History, research, theory, developmental information, examples, advice. A heavy read, but fascinating with important practical application.

**Becoming the Parent You Want to Be /21.00 paper** by Laura Davis and Janis Keyser: *A Sourcebook of Strategies for the First Five Years* © 1997. 425 pages. Speaks warmly to readers of diverse backgrounds and family configurations about normal developmental issues, almost like a parenting class in a book. The authors encourage parents to evaluate what they are doing and what they want their children to learn from it, to consciously create a personal parenting philosophy. To support such parenting, the authors provide information about possible options and examples about everyday behavioral, social, and developmental parenting concerns of early childhood by topic.
Between Parent and Child/ 14.00 paper by Haim Ginott, revised and updated in 2003 by Alice Ginott and Wallace Goddard. 256 pps. The original work has been rewritten but keeps the same sound ideas that, after four decades, still influence good contemporary parenting experts.


The Blessings of a Skinned Knee/ 15.00 paper; unabridged cd 19.95 by Wendy Mogel: Using Jewish Teachings to Raise Self-Reliant Children © 2001. 304 pps. Non-jewish, even non-religious, parents will welcome Mogel's wisdom and advice on raising self-reliant, compassionate, ethical children. Amidst prevalent concerns about overindulgence and lack of moorings, her fresh vision of parental sanctity derived from traditional Jewish teachings and her own clinical psychological practice clarifies what happens when well-intentioned, overly responsive childrearing practices put too much burden on parents without letting children shoulder much responsibility themselves. “The current trend,” she points out, “is to shield children from emotional or physical discomfort,” to keep their mood “elevated” and their self-regard intact. She shows how to avoid hothousing to help them develop into good people, not just people who feel good.

Brain Rules for Baby/15.00 paper by John Medina: How to Raise a Smart and Happy Child from Zero to Five © 2010 293 pages. Engaging coverage of lots of very interesting research findings, explanations and anecdotes about brain development and children's maturation.

Bright From the Start/17.00 paper by Jill Stamm: The Simple, Science-Backed Way to Nurture Your Child's Developing Mind from Birth to Age 3 © 2007. 350 pps. index. Clear, up-to-date, excellent, understandable, helpful presentation of neuroscience research and practical parenting techniques.

The Bully, the Bullied, and the Bystander/ 14.99 paper by Barbara Coloroso: From Preschool to High-School: How Parents and Teachers Can Help Break the Cycle of Violence © 2003, 218 pages. How to recognize and deal with verbal, physical, and relational torment, not with quick-fix remedies, easy blame, or zero tolerance, but by working to understand a larger view and teach children to exercise their own rights while respecting the rights and legitimate needs of others. Coloroso analyzes bullying situations as real life dramas that always include imbalance of power, intent to harm, threat of further aggression, and, when bullying escalates unabated, terror, in which the characters play out the bully, bullied, or bystander roles they've learned. She identifies, defines, and explains examples of serious learned bullying behavior and its effects, particularly in schools, describes warning indicators, gives reasons young people choose not to confide in adults, and discusses how to help children develop personal integrity skills that can alter the script and change tragic plots for safer outcomes. (A quick download of notes about The Bully, the Bullied, and the Bystander is available at www.kidsareworthit.com)

But How'd I Get in There in The First Place? / 14.00 paper by Deborah M. Roffman: Talking to Your Young Child About Sex © 2000, 170 pages. A helpful resource with advice for parents about what children need to know, what the appropriate facts are, and how to discuss everything sex-related honestly and appropriately with children about age six and younger.

or those who want to understand the range of issues, grief, anger, fear, prejudice, fatigue, and unique challenges, joys, and inner needs of parents and their disabled children.

Wakanheza (Sacred Being) – Dakota word for child


Childhood Roots of Adult Happiness/15.00 paper by Edward Hallowell ©2002. 256 pps. Wise, insightful encouragement to provide children opportunities for connection, play, practice, mastery and recognition within the unconditional love of their families to sustain their joy of life. Hallowell’s positive outlook is good reading for anyone.


The Dads & Daughters Togetherness Guide/13.99 paper by Joe Kelly: 54 Fun Activities to Help Build a Great Relationship © 2007. 170 pps. index. Age-appropriate ideas at the ready for playful, practical, hands-on, relationship strengthening fun. Boys could join in on a lot of these too.

Dealing With Disappointment/ 13.95 paper by Elizabeth Crary: *Helping Kids Cope When Things Don’t Go Their Way* © 2003 137 pages with index. Resilience tools, problem-solving, techniques and lessons parents can use to help toddlers to adolescents cope with upset, recognize and deal with intense feelings, make reasoned choices, and learn to be calm.

Driven to Distraction / 15.95 paper by Hallowell and Ratey: *Recognizing and Coping with Attention Deficit Disorder* revised 2011.

Einstein Never Used Flashcards/15.99 paper by Roberta Michnick Golinkoff, Kathy Hirsh-Pasek, Diane Eyer: *How Our Children Really Learn—and Why They Need to Play More and Memorize Less* © 2003. 320 pps.“How to step away from the cult of achievement and toward a more nurturing home life full of imaginative play and love of learning.”

Empty Cradle, Broken Heart/ 19.95 paper by Deborah Davis: *Surviving the Death of Your Baby* © 1996. 288 pps. Comprehensive guide for health practitioners, counselors and friends of parents who have experienced a miscarriage, stillbirth, or infant death and an especially supportive resource for the parents themselves.

Engaging Autism/ 18.00 paper by Stanley I. Greenspan and Serena Wieder: *Using the Floortime Approach to Help Children Relate, Communicate, and Think* © 2006. 434 pages. “Covering all types of ASD, including Asperger’s Syndrome, from the Earliest signs of infancy through the school years—and on into adulthood.”

Feeding the Whole Family 3rd edition/21.95 paper by Cynthia Lair: *Recipes for Babies, Young Children, and Their Parents: Cooking With Whole Foods* © 2008 Unassuming guide with over 150 simple whole food recipes, tips on adapting dishes for babies, index, glossary, nutritional analysis.
... every word and action can send a message. It tells children—or students, or athletes—how to think about themselves. It can be a fixed mindset message that says: You have permanent traits and I'm judging them. Or it can be a growth-mindset message that says You are a developing person and I am interested in your development. —Carol Dweck Mindset


First Art for Toddlers and Twos/19.95 paper by MaryAnn F. Kohl: Art Experiences for Toddlers and Twos A teachers' manual of easy homemade art experiences for caregivers or parents of very young children who enjoy explorations more than products.

Freeing Our Families From Perfectionism/14.95 paper by Thomas S. Greenspon © 2002, 115 pages. Perfectionism is not just high personal standards. It is an unhealthy, burdensome outlook inhibiting productive activity, a belief that if we can just do something perfectly, other people will love and accept us, and if we can't, we'll never be good enough. It takes a heavy toll. Relationships are strained. Work overwhels. Creativity trickles. Physical exhaustion is common. Perfectionism is painful and debilitating, a no-win situation. Parents influence children’s emotional development with their attitudes about love, acceptance, success and failure, creating an environment that promotes perfectionism or one that will enrich children’s lives and their own. Greenspon explains perfectionism healthful self-acceptance.


Gentle Baby Care/10.00 paperback sale copies while they last by Elizabeth Pantley © 2004 now out of print. 574 pages. Superb A- to-Z reference with about 125 brief, cogent sections of quick factual direction. Good table of contents, index, and logical layout make finding specific advice easy. Reading the book straight through is pleasant and informative too. Helping parents understand particular issues and evaluate their best options is Pantley’s focus, so her sound advice includes tips with developmentally appropriate variations throughout the book. She is adept also at sharing pertinent considerations for each subject without prescribing, except for certain definite procedures or emergency requirements, what choices a family should make. Her responsible presentation of current knowledge and research is concise and practical. She provides additional websites and resources for further interest, respectfully leaving outcomes to her readers’ values and decisions. She considers each topic thoroughly with particular awareness of safety issues, and cogently presents, with the utmost respect for parents and their babies’ well-being, the practical information and thoughtful opinions they will find useful. A handy resource for expectant parents, parents and caregivers, and professionals working with them. Visit author's website at www.pantley.com/elizabeth

of past negative family influences, especially those resulting with chemical dependency in families of origin, to nurture one’s own offspring mindfully.


*Kids know, better than grownups, what we do is more important than what we say.—Pete Seeger*

**Healthy Sleep Habits, Happy Child 3rd ed/16.00 paper** by Marc Weissbluth: *A Step-by-step program for a good night’s sleep* revised 1999. 503 pps. index. Helpful, sound info and advice on sleep patterns, naps, schedules, regularity, duration, and problems.

**Help! The Kids Are At It Again/ 13.95 paper** by Elizabeth Crary: *Using kids’ quarrels to teach “people” skills* © 1997. 94 pages. This small but practical work expands on Crary’s Love & Limits book to help adults recognize what is going on in young children’s conflicts and figure out how to apply the her simple, useable “STAR” process: *Stop & focus, Think of ideas, Act. Review.* . .

**Helping Children Cope with the Loss of a Loved One/14.95 paper** by William C. Kroen. © 1996. 112 pps. Cogent practical insight for adults attending to children, infant — age 18, as they cope with the death of a loved one with specific strategies to support them through the grieving process.

**Honeycomb Kids/ 17.95 paper** by Anna M. Campbell: *Big Picture Parenting for a Changing World. . . and to Change the World* © 2012. 264 pages. Guidance on preparing children for an unknown but worrisome future reality by helping them develop skills, outlooks, abilities, knowledge, and personalities that will be useful in dealing with problems likely awaiting them.


**Infant Massage/ 17.00 paper** by Vimala Schneider McClure, revised 2000. 272 pps. The most highly regarded, most responsible, careful guide. Black & white photos. Stroke-by-stroke guide to massage routines, special relief of colic and congestion, touch with premature babies, appropriate technique with older babies, how to teach children about ‘good touch.’ Addresses fathers, foster parents and adoptive parents as well as mothers and health care providers. McClure has worked with parents and babies since 1976 and founded the International Association of Infant Massage.

**The Intentional Family/ 13.95 paper** by William Doherty: *Simple Rituals to Strengthen Family Ties* © 1999. 240 pps. Motivation and suggestions to build and strengthen family connections in a society that seems to stretch them too far. Avoid conflict, promote understanding, and keep the lines of communication open. Fight entropy, take charge of family life and cultivate family rituals.

**Intentional Grandparenting/16.95 paper** by Peggy Edwards and Mary Jane Sterne © 2008, 217 pages. Practical explanations of changes in childrearing practices and ideas for being supportive, connected grandparents with helpful examples.

Children have real understanding only of that which they invent themselves, and each time that we try to teach them something too quickly, we keep them from reinventing it themselves. Jean Piaget

Is This A Phase?/23.95 paper by Helen Neville: Child Development & Parent Strategies, Birth to 6 Years © 2007. 224 pps. Concise descriptions and dozens of charts and graphs are quick and easy to use for both fathers and mothers. This reassuring guide explains what to expect at every developmental stage between birth and age 6. Then it walks parents and caregivers through three dozen topics common in the first six years of life: everything from attention span and impulse control to death, divorce, and the red flags that signal reading readiness issues. Handy resource.

It's A Boy!/17.00 paper by Michael Thompson: Your Son's Development from Birth to Age 19 © 2008. 480 pps. “...we've always known that we were raising children who had different bodies, genitals, and hormone systems; however, we assumed that boys and girls had more or less the same brains and that they needed mostly the same things from their parents to grow to become healthy adults. . . Today, we are looking at our sons through two new lenses. One lens, the increase in our scientific knowledge about boys. . . The other lens, our anxiety. . .” —from introduction. Thompson, co-author of Raising Cain, explains, with research, anecdotes and experience, ongoing biological and psychological development, boys' inner lives, and best practices for nurturing. Interesting, helpful and readable.

It's So Much Work to Be Your Friend/ 16.99 paper by Richard Lavoie: Helping the Child with Learning Disabilities Find Social Success © 2005. 448 pps. Although it is intended for parents of special education students, all teachers and most parents, coaches, and child care providers would benefit from reading this insightful guide to patience and understanding with practical tips and direction for detecting and working with children's attention problems and varied learning styles and disabilities that hinder recognition of social limits and cues and prevent normal interactions. The author, an experienced educator, explains behaviors with cogent examples and shares his knowledge, empathy, strategies and useful communication techniques understandably in contexts of skills needed for home, school, and wider community.

The Journey of Parenting / 9.99 paper by Linda Budd: Helping Your Child Become A Competent, Caring, Contributing Adult © 2011 166 pages. Short, readable, encouraging and wise, Budd's general advice on respectful parent-child relations, with an instructive analogy to boating, takes a long view of parenting as an ongoing practice of helping children stay within their designated channels until eventually they become competent, independent navigators.

Just Tell Me What to Say/ 15.99 paper by Betsy Brown Braun: Sensible Tips and Scripts for Perplexed Parents ©2008. 256 pps. Example explanations and conversations for handling such topics with children about ages two to six as communication, discipline, siblings, eating, manners, sex, illnesses, death, divorce, disasters, general dilemmas in separate cogent chapters.

solutions to focus on helping kids develop their own self-discipline by owning up to their mistakes, thinking through solutions, and correcting their misdeeds keeping their dignity intact.

**Kids, Parents & Power Struggles / 13.99 paper** by Mary Sheedy Kurcinka: *Winning for a Lifetime* © 2001. 336 pps. Effective strategies to help parents stay connected with their child, lower the intensity, and stop the tantrums. Before embarking on obedience training or discipline schemes, read this first for direction to realistic, respectful and practical paths. Audio cassette read by author @ 18.00

When you teach your son, you teach your son’s sons. — The Talmud

**The Last Child In the Woods:/14.95 paper** by Richard Louv: *Saving Our Children from Nature-Deficit Disorder* revised 2008. 390 pps. When children get outdoors enough, their activity levels and attention self-adjust better than if they lack interaction with nature. Although not proved scientifically, children’s direct experience playing in the natural world gets them centered neurologically & cosmologically compared to those who prefer the indoors. Louv explains how we have adapted to disconnecting children from the real world and offers research, challenges, encouragement and methods to get them reestablished in the natural order

**The Lesbian Parenting Book 2nd ed/ 18.95 paper** by D. Merilee Clunis and Dorsey Green revised 2003. 403 pages. Real-life information on options for having children, roles of partners, dads and other family members, children from previous relationships, coming out, helping children deal with prejudice, raising sons and daughters, adolescence, helping children cope with divorce, separation and other losses, developing traditions, child development. The authors are partners, parents and therapists.


**Living With the Active Alert Child 3rd edition/ 14.95 paper** by Linda Budd © 2003 288 pages.

**Lost at School/16.00 paper** by Ross W. Greene: *Why Our Kids with Behavioral Challenges Are Falling Through the Cracks and How We Can Help Them* © 2008. 305 pps Perspective on troubling school age behaviors and collaborative ways to overcome obstacles and solve problems.

**Love & Limits/ 9.95 paper** by Elizabeth Crary: *Guidance Tools for Creative Parenting.* © 1994. 48 pps. Discussion of development, temperament, feelings, and ways to reduce power struggles with young children with Crary’s STAR system : S-Stop & focus; T - Think of Ideas; A-Act effectively;R-Review, revise reward. Each of the STAR’s five points contain several child guidance tools. You can use as many points as you need to solve your problems. If one tool doesn’t work, there are more to choose from.” Also in Spanish Amor y Limites: Una Guia Para Ser Padres Creativos @ 10.95


**Many Ways to Say I Love You/16.95 hardcover** by Fred Rogers: *Wisdom for Parents and Children from Mister Rogers* © 2006. 192 pps. Small inspirational book of some of Mister Rogers’s writings. audio cd also available for 16.98 with songs and thoughts.
Mastering Anger and Aggression/ 11.95 paper by T. Berry Brazelton and Joshua Sparrow. © 2005. 124 pps. Small basic book to help children understand, "master," and learn from normal, angry feelings, recognize warning signs of more serious trouble that would warrant professional attention, be open to children's feelings in general, learn to model self-control themselves. Also covers bullying, aggression in sports and aggressive toys and games.

Parental love is as natural as rain, parenting skills need to be taught.—William Raspberry

The Middle of Everywhere/ 14.00 paper by Mary Pipher © 2003. Family educator, Ann Lovrien's, comment, "The primary task of a parent educator of new immigrants is not to tell parents how to parent, but to support them in assessing how values and practices from their home culture can be applied in the United States and what modifications they may need to make because of the radically new environment," is exactly what Pipher's remarkable work is about. Her compassionate look at immigrants' perspectives and coping skills in new circumstances shows how any ordinary individuals or family professionals can serve as their culture brokers.


The Minds of Boys/15.95 paper by Michael Gurian: Saving Our Sons from Falling Behind in School and Life © 2007. 351 pps. Responsible, compassionate look at recognizing male learning styles and working with them appropriately.

Mom's House, Dad's House/16.00 paper by Isolina Ricci: Making Two Homes for Your Child Revised 1997. 381 pps. All aspects of planning, creating and living with two peaceful households that nurture children: personal, legal and practical guidance on standards of conduct and maintaining working relationships with former partners.

Moving Past Perfect/ 15.99 paper by Thomas S. Greenspon: How Perfectionism May be Holding Back Your Kids (and You!) and What You Can Do About It © 2012, 115 pages. Way beyond high personal standards, perfectionism is an unhealthy, burdensome outlook inhibiting productive activity, a belief that if we can just do something perfectly, other people will love and accept us, and if we can’t, we’ll never be good enough. It takes a heavy toll. Relationships are strained. Work overwhells. Creativity trickles. Physical exhaustion is common. Perfectionism is painful and debilitating, a no-win situation. Parents influence children's emotional development with their attitudes about love, acceptance, success and failure, creating an environment that promotes perfectionism or one that will enrich children's lives and their own healthful self-acceptance.

No: Why Kids— of All Ages —Need to Hear It and Ways Parents Can Say It /15.00 paper by David Walsh © 2007. 336 pps.

The No-Cry Discipline Solution/ 16.95 paper by Elizabeth Pantley: Gentle Ways to Encourage Good Behavior Without Whining, Tantrums & Tears © 2007. 304 pps Helping two to eight year olds learn self-control appropriately.

The No-Cry Nap Solution/15.95 paper by Elizabeth Pantley: Gentle Ways to Solve All Your Nap-time Problems © 2008. 256 pps.
The No-Cry Potty Training Solution/ 17.00 paper by Elizabeth Pantley: *Gentle Ways to Help Your Child Say Good-Bye to Diapers* © 2006. 208 pps.

The No-Cry Separation Anxiety Solution/16.95 paper by Elizabeth Pantley © 2010. 152 pages. Gentle, respectful solutions from six months to six years.

The No-Cry Sleep Solution/ 16.95 paper by Elizabeth Pantley: *Gentle Ways to Help Your Baby Sleep Through the Night* © 2002, 208 pages. Realistic, considerate methods, clearly explained, using babies’ cues to establish healthful sleep habits from infancy.

The No-Cry Sleep Solution for Toddlers and Preschoolers/16.95 paper by Elizabeth Pantley, © 2005, 200 pages.


The Nursing Mother's Companion / 16.95 paper by Kathleen Huggins revised 2010. Supportive, understandable, practical info delivered with a pleasant attitude.

Nurtureshock/ 14.99 paper; (also on unabridged CD 34.98) by Po Bronson and Ashley Merryman: *New Thinking About Children* © 2009, 352 pps. Interesting wake-up coverage of research about influences on ways children deal with life and the effect of personal habits and interactions concerning praise, sleep, race, lying, early testing, siblings, self-control, socialization, language acquisition. Valuable discussion book.

The Optimistic Child/14.95 paper by Martin E. P. Seligman: *A Proven Program to Safeguard Children Against Depression, and Build Lifelong Resilience* revised 2007. 352 pps. From his research, Seligman concludes the types of children’s skills leading to optimistic self-awareness explained here, and the resiliency built from using them, have the effect of inoculating against depression. With interesting examples, he shows adults how to help children learn the ‘skills of optimism.’

1,2,3. . . The Toddler Years/ 14.95 paper by Irene Van der Zande and the Santa Cruz Toddler Care Center: A Practical Guide for Parents and Caregivers. Revised edition


Parenting Apart/15.00 paper by Christina McGhee: *How Separated and Divorced Parents Can Raise Happy and Secure Kids* © 2010. 416 pps. Practical, personal advice for parents and for helping children appropriately at various stages, birth through adolescence, day-to-day and Longterm.


Parenting on Purpose/14.95 paper by Ada Alden: *Red Yellow Green Framework for Respectful Discipline* © 2004. 172 pages. Personal essays reinforce the concept that children need friendly adults to instill a range of firm limits and expectations, as well as a zone of developmentally appropriate opportunities to make their own choices.
Parenting Through Crisis / 9.00 sale hardcovers by Barbara Coloroso: *Helping Kids in Times of Loss, Grief, and Change* © 2000. 272 pps. A masterpiece of compassion and wisdom for nurturing children in a way that helps parents work through really hard times of grief, sorrow, divorce, illness, accidents or death with their children with time, affection and optimism. Appropriate support for children’s developmental stages. Covers children in stepfamilies and families "born of loss and hope," and considers discipline, revenge, retribution, and reasonable responses to wrongdoing.

*The first duty of love is to listen* – Paul Tillich

The Parent’s Guide to Play/19.95 paper by Wendy Masi ©2006. 303 pages. 170 Gymboree activities for babies, toddlers, and preschoolers, organized by age, with good photos, to help introduce activities to provide physical fun, stimulate imaginations, build skills and expand vocabulary.


Playful Reading/ 24.95 paper by Carolyn Munson-Benson: *Positive, Fun Ways to Build the Bond between Preschoolers, Books, and You* © 2005. 248 pages. Early literacy, child development, family ties, and memory making suggestions are clearly presented in reading suggestions structured around “developmental assets,” specific positive experiences, conditions and connections that nurture children. Books are categorized by the eight assets of support, empowerment, boundaries & expectations, constructive use of time, commitment to learning, positive values, social competencies, and positive identity, featuring, for each, a cogent explanation of that asset in the lives of young children, five books that bring out the assets, a story overview, some enjoyable activities, related things to think about, savor and verbally explore together, and additional good books that support each asset. The book has a friendly, down-to-earth style, and includes some delightful personal anecdotes. It is packed with relevant ideas, suggestions, resources, and inspiration for sensible, satisfying ways parents, child care providers, teachers, or other adults in children’s lives, will want to use to extend the reading experience. Recommended for parenting resource collections.

Positive Discipline/ 14.95 paper by Jane Nelsen: *The classic guide to helping children develop self-discipline, responsibility, cooperation, and problem-solving skills* revised 2006. 384 pps. Influenced by Alfred Adler and Rudolf Dreikurs, Nelsen shows how to help children learn from mistakes and consequences and teaches encouragement, respect, and a positive attitude.


Positive Discipline for Children with Special Needs/17.00 paper by Jane Nelsen, Steven Foster and Arlene Raphael: *Raising and Teaching All Children to Become Resilient, Responsible, and Respectful* © 2011


Protecting the Gift/15.00 paper (also sale hardcovers @ 10.00 while they last) by Gavin De Becker: Keeping Children and Teenagers Safe (And Parents Sane) © 1999. 368 pages. A practical, empowering guide for adults about recognizing risky situations, safeguarding children from personal threats, using intuitive awareness, and being alert to signals that De Becker describes using example situations and responses.

Raising an Emotionally Intelligent Child/ 15.00 paper by John Gottman: The Heart of Parenting © 1998. 240 pps. Gottman shows parents how to emotion coach children at any age to help them understand themselves and handle feelings appropriately, to be aware of a child’s emotions, recognize emotional expression as an opportunity for intimacy and teaching, listen empathetically, validate a child’s feelings, label emotions in words children can understand, and help them come up with appropriate ways to deal with upsets.

Raising Elijah/26.00 hardcover by Sandra Steingraber: Protecting Our Children in an Age of Environmental Crisis. © 2011, 368 pages. A beautifully written, very thoughtful, scientific parenting memoir explaining varied complex effects of environmental problems on our health, our children’s health, and the world, made personal with stories of choices Steingraber’s own family has made.


The Read-Aloud Handbook/16.00 paper by Jim Trelease 6th edition revised 2006. 432 pps. The first half of this book is a superb, inspiring, enthusiastic, intelligent presentation of why and how to read with children. The second part is an annotated list of suggested titles. Excellent resource.

Sense of Wonder/26.95 hardcover by Rachel Carson 112 pages Special reissue of Carson’s classic--originally published in 1965--encourages sharing the miracle of nature with children.

Sex and Sensibility/ 16.95 paper (sale copies 9.00 while they last) by Deborah M. Roffman: The Thinking Parent’s Guide to Talking Sense About Sex © 2001. 288 pps. Interpreting questions appropriately and communicating well with children of all ages about sex, reproduction, development, cultural influences and values presented by an expert long-time sexuality and family life educator who teaches school children and knows everything about sex and discussing sex.

Siblings Without Rivalry/15.95 paper by Adele Faber and Elaine Mazlish: How to Help Your Children Live Together So You Can Live Too 2012 edition. 288 pps. When Faber and Mazlish wrote How to Talk So Kids Will Listen & Listen So Kids Will Talk, they were unable to contain their chapter on sibling rivalry, no matter how much they tried to pare down their advice, so they wrote, and later revised, this seminal book that guides the way to family peace and tranquillity with humor and compassion for both parents and children. Illustrated, action-oriented, and easy to understand, it’s packed with sensitive yet sensible ways to turn quarreling siblings and frustrated parents into an open, communicative family. Popular group discussion title.


Sleepless in America / 13.99 paper (or 9.00 hardcover sale copies while they last) by Mary Sheedy Kurcinka: Is Your Child Misbehaving or Missing Sleep? © 2006. 352 pages. Practical guide to understanding the link between sleep deprivation and behavior problems, and a five-step process to help "tired and wired" children get needed sleep.

Smart Parenting, Smarter Kids/15.00 paper by David Walsh: The One Brain Book You Need to Help Your Child Grow Brighter, Healthier, and Happier © 2011 304 pages. Practical, comprehensive, scientific advice on supporting children's optimal development, birth to adolescence, by understanding and managing conditions for positive growth, including such aspects as exercise, diet, sleep, communication, emotions, stress and media, based on current research.


Super Baby Food/19.95 paper by Ruth Yaron © 1998. 608 pages. Babies’ and toddler’s developing dietary needs, nutrition, food handling, recipes, kitchen safety, non toxic crafts and cleaning.

Take Back Your Kids/ 14.95 paper by William Doherty: Confident Parenting In Turbulent Times © 2000. 160 pages. How to be both sensitive and in charge with high expectations for children as persons who have responsibilities to family and community.

Taking Back Childhood/ 16.00 paper by Nancy Carlsson-Paige: A Proven Road Map for Raising Confident, Creative, Compassionate Kids © 2009. 304 pps. Help for navigating contemporary culture to provide more positive, worthwhile, caring life for kids.
Taking Care of Me So I Can Take Care of My Children/13.95 paper by Barbara Carlson, Margaret Healy, and Glo Wellman © 1998. 110 pps. Small book of easy, illustrated advice, at a basic reading level, about why parents (mothers) taking care of themselves is important in taking care of children, and sensible ways to do it.

Tear Soup/19.95 hardcover by Pat Schwiebert and Chuck DeKlyen; illus by Taylor Bills. Revised 2005. Picture book, mainly for adults, about grieving in general. Grandy and her spouse have suffered a big loss. Grandy is cooking her own 'batch of tear soup,' blending ingredients from her grief process to bring comfort and help fill the void from loss. Following the story are cooking tips to help with grief if you are the cook; if a friend is the cook; if a child is the cook; if you are a male chef; if there are two of you cooking. An affirming analogy offering real support.

The way you talk to your child becomes his or her inner voice.— Peggy O’Mara

The Ten Basic Principles of Good Parenting/13.00 paper by Laurence Steinberg © 2004. 224 pages. Steinberg promotes love, guidance and respect in research-based fundamentals about ways parents are important in raising happy, healthy children from infancy to adolescence. Concise and authoritative explanations of core ingredients for successful, responsible parenting, principle by principle, address common issues and questions all parents face with intelligence, warmth and compassion. Popular parent group discussion book.

365 Manners Kids Should Know/15.00 paper by Sheryl Eberly revised 2011 318 pages. A general overview for adults of thoughtful consideration of others and the world appropriate for children's behavior in various situations with instructions, explanations and examples.

Time-In When Time-Out Doesn’t Work./12.95 paper by Jean Illsley Clarke © 1999 74 pps Very simple, basic guidance, rather than punishment, in which adults help children assume responsibility and make amends for problems they create.


Touchpoints: Birth to Three / 17.95 paper: by T. Berry Brazelton Your Child’s Emotional and Behavioral Development by T. Berry Brazelton revised 2006. 500 pages. Chronological account of touchpoints of development—the predictable spurts that are often preceded by distressing regressions; alphabetical reference to the most common concerns of early childhood; explanation of the vital role of the child’s ‘allies in development’—mothers, fathers, grandparents, childcare and healthcare providers, and friends.

The Truth About Children and Divorce/ 16.00 paper by Robert Emery; Dealing with Emotions So You and Your Children Can Thrive © 2006. 336 pps. Realistic, practical big picture of proceeding with divorce mindful of its effects on children and committed to providing for their security and emotional needs. Workable advice.

Unconditional Parenting/15.00 paper by Alfie Kohn: Moving from Rewards and Punishment to Love and Reason © 2005. 272 pps. Discusses "the way kids learn to make good decisions is by making decisions, not by following directions."

Unplugged Play/16.95 paper (sale copies 9.00 while they last) by Bobbi Conner: No batteries, No Plugs, Pure Fun. © 2007. 401 pps. 710 engaging, kid-tested activities for ages one year to 10 years, and for the whole family — “hundreds and hundreds of battery-free, screen-free, chirp-and-beep-free play ideas that stretch the imagination, spark creativity, build strong bodies and forge deep friendships.”

What Am I Feeling?/ 12.95 paper by John Gottman and Talaris Research Institute © 2004. 48 pages. Excellent easy-to read and understand advice about helping young children understand their emotions and behave appropriately. Research-based way parents can recognize their own parenting or caregiving style and learn to be an emotion coach to guide and nurture children’s healthy emotional growth. Highly recommended.

What Angry Kids Need/ 14.95 paper by Jennifer Anne Brown and Pam Provonsa Hopkins: Parenting Your Angry Child Without Going Mad © 2008. 140 pps. Practical easy to understand guidance techniques to help children ages one to twelve learn to recognize their feelings and manage the intensity of anger in safe appropriate ways.


What’s Going on in There?/20.00 paper by Lise Eliot: How the Brain and Mind Develop in the First Five Years ©1999, 533 pages. “Charting the brain’s development from conception through the first five years . a thought provoking exploration of the questions critical to every prospective parent: How much of a baby’s development is genetically ordained—and how much is determined by environment! Is there anything parents can do to make their babies’ brains work better? help them become smarter; better-adjusted people? . . . also discusses; the evolution of the senses, motor skills, memory, self-control, language, attention, and intelligence; which prenatal factors are most important in shaping brain development; why there are critical periods in brain development for sensory, language, and emotional skills; how breast milk and other nutritional factors can actually improve children’s mental functioning; the difference between boys’ and girls’ developing brains; how stress may affect brain development.”

When A Parent Has Cancer/16.99 paper by Wendy Schlessel Harpham: A Guide to Caring for Your Children revised 2004. 240 pps. With a direct sympathetic tone, shows both the well spouse and the ill spouse how to help children understand and deal with fear and turmoil that result when a parent is diagnosed. Every aspect of the experience is covered through treatment to remission, recovery, and the possibility of death.

Without Spanking or Spoiling/ 14.95 paper by Elizabeth Crary: A Practical Approach to Toddler and Preschool Guidance revised 1993, 126 pages. Options to help parents think through how they might handle behavior issues effectively.

Why Do They Act That Way?/15.00 paper by David Walsh: A Survival Guide to the Adolescent Brain for You and Your Teen. © 2005. 288 pps. Control and obedience are not the issue in this respectful, comprehensive, practical guide based on Walsh’s extensive experience with his own chil-
dren, his students and clients, and research. With clarity and care, Walsh describes brain matura-
tion, hormones, what’s going on with adolescents and how empathy, understanding and mindful
direction can help. Especially good to read in anticipation of adolescence.

**Young at Art/18.99 paper** by Susan Striker: *Teaching Toddlers Self-Expression, Problem Solving
Skills, and an Appreciation for Art* © 2001. 304 pps. For adults in the lives of one to five year olds,
Striker, the creator of the uncoloring books, explains art involvement as foundation for emotional
and intellectual development and discusses self-expression and practical ways to share age-approp-
riate art experiences safely, enjoyably and realistically. Lists of Resources and supplies.

**Your Baby & Child/23.95 paper** by Penelope Leach: *From Birth to Age 5* revised 2010. 559 pages.
Practical, respectful guide, with the perspective of the child foremost, covers all aspects of general
development as well as common problems, in chronological stages, based on research and
Leach’s good sense. Some of the most dependable child rearing advice available.

**Your Baby Is Speaking to You/ 18.95 paper** by Kevin Nugent; Photographs by Abelardo Morel: *A
Similar to *Your Amazing Newborn* / Klaus, but covering development past newborn stage, and
more engaging for parents. Beautifully, intelligently interprets for adults babies’ developmental
learning, communication and expressiveness.

**You're Not My Friend Anymore/15.95 paper** by Betsy Evans: *Illustrated Answers to Questions
About Young Children’s Challenging Behaviors* © 2009. 94 pps. Thoughtful explanations of practic-
al mediation techniques, emphasizing adult patience and restraint, to help young children resolve
their own squabbles, illustrated with comic strip examples of a helpful and an unhelpful process
for each situation.

**CHILDREN’S BOOKS on special topics**

**Accept and Value Each Person/ 10.95 paper** by Cheri J. Meiners © 2006. A very simple, lessony
but appealing, realistic, contemporary picturebook for preschoolers about appreciating human di-
versity, respecting differences, noticing similarities and being inclusive. Includes a cogent section
for adults with discussion questions, games and activities to extend the ideas.

**Cool Down and Work Through Anger/ 10.95 paper** by Cheri J. Meiners. Anger is common and
normal, but we have to learn how to manage it. This book helps preschool/kindergarten-aged chil-
dren learn how.

**Dinosaurs Divorce/ 7.99 paper** by Laurene Brown and Marc Brown: A Guide for Changing Famil-
ies. Sparks conversations with preschoolers and young elementary children and provides general
support and understanding.

**Don’t Let the Pigeon Drive the Bus/14.99 hardcover** by Mo Willems  Funny participatory story,
for toddler ages and up, about getting one’s way . . . or not. A bus driver and a pigeon standoff, the
driver needing to leave for a bit, and the pigeon desperately wanting a turn at the wheel, but there
are, after all, safe limits in the world which do not reasonably encompass letting a pigeon drive.
Period. The driver puts the reader in charge. The pigeon wheedles, he cajoles. He bargains, begs,
and tantrums. He’s winsome and sincere. Anyone with a heart softer than stone can only be moved
by his dramatic ploys, plus letting him drive would make him sooo happy. But do we give in? We
do not! (Let the children respond “NO!”; that’s their part.) The pigeon can trust us, and moves
on . . . okay, to wanting to drive a truck, but he has progressed past the bus. Is that not how childhood works? Hereafter, grown-ups striving to maintain safe boundaries can, with a single reference to an unreasonable request, point out that neither would they let the pigeon drive the bus, and they’ll be instantly understood.

Extraordinary Friends/ 6.99 paper by Mister Rogers © 2000, 32 pages. A perceptive photographic nonfiction book for preschool and early elementary children without special needs to open up a difficult subject about feelings and advice for interacting and being friends with children with special needs. Excellent gentle guidance. Thoughtful and realistic.

Germs Are Not for Sharing / 11.95 paper by Elizabeth Verdick. A short course for young children on germs from sneezes, coughs, runny noses, spills, and messes, what they do, and why it’s important to cover them up, block them from spreading, and wash them down the drain. Ages 4 - 7.

Going to the Potty/ 5.99 paper by Fred Rogers. Respectful, helpful, straightforward explanations accompanied by color photos present children learning to use the toilet emphasizing how children benefit from mastering this developmental step.

Goodbye Mousie/6.99 paper or 16.00 hardcover by Robie Harris; illustrated by Jan Ormerod © 2001, 24 pages. This tender picture book about death for preschoolers recounts a small child’s feelings when a pet mouse dies. The young narrator’s emotions and perspective help young children understand loss.

Hands Are Not For Hitting/11.95 paper by Martine Agassi  2000. A useful picture book to read aloud with young children about all kinds of positive things hands can do, and ways to handle strong feelings without hitting to help them start to understand they have power to choose not to hurt people. Engaging art and simple concepts about empathy, problem solving, negative and intense feelings teach that gratuitous violence is never okay and every child is capable of appropriate actions. A section for adults covers suggestions for further talk and activities to help children to make positive choices about how they treat others.

The Hope Tree: Kids Talk About Breast Cancer/12.00 hardcover by Wendy Schlessel Harpham.; illustrated by David McPhail and Laura Joffe Numeroff. Picture book about a kids’ support group for concerns and feelings after their mothers are diagnosed.

How I Was Adopted / 5.99 paper by Joanna Cole. Upbeat adoption story of preschool Samantha, who was adopted as a baby, and her family.

I Am NOT Going to School Today!/ 16.95 hardcover by Robie H. Harris; illustrated by Jan Ormerod. ©2003. This sensitive portrayal of a child with the willies over starting school will bolster the resolve of young ones approaching their own first days at preschool or kindergarten. The little boy in this expressively illustrated book seems not to have had the opportunity to visit his classroom in advance, or meet his teacher, but evidently is already familiar with preschool routines. The night before school starts, he decides definitely NOT to go for his first day. As he explains to his tenderly respectful parents the morning of the big day, he won't know anything on the first day, " . . . all the kids’ names, or which cubby is your cubby, or where the crayons are, or what kind of juice they have, or if they have crackers -at all!" Not knowing any of the songs, 'or when it's story time, or where the toilet is, or if you can play in the rain. " are troubling too, and besides, how will his stuffed monkey manage without him. After dad's good blueberry pancakes, and her son's temporary retreat under the kitchen table, mom sensibly suggests, as departure time presses,
that Hank the stuffed monkey go along, and so he does. Hank is introduced to the teacher and, through the course of an appealing, active day, all the essential information is imparted. The pictures carry most of the rest of the story, showing children enjoying themselves at school. Nervousness overcome, our bright, endearing little hero (and Hank) plan to return the next day.

I Love You the Purplest/ $16.99 hardcover by Barbara Joose; illustrated by Mary Whyte. Two sons, fishing with their mother, compete for her approval and affection. One son is exuberant and fast, the other is reserved and deliberate. The faster one, she loves the reddest, the contemplative one she loves the bluest, and together, she loves them the purplest.

I'm Adopted/ $16.95 hardcover; $6.95 paper by Shelley Rotner and Sheila M. Kelly. 32 pages. Very easy to understand, broad, photographic presentation of several aspects of adoption and adoptive families in a thoughtful, engaging way at a preschool level.

I'm Frustrated/ $6.95 paper by Elizabeth Crary. This choose-your-own-ending book with suggestions for recognizing and dealing with frustration lets children know they have choices and provides a good practice tool for preschoolers and kindergartners to mentally rehearse what they would do to handle their feelings in similar tough circumstances as the child in this book who is trying to learn to skate but falls.

It's MY Body / $7.95 paper by Lory Freeman: A Book to Teach Young Children How to Resist Uncomfortable Touch © 1982, 24 pages. Protective coaching for preschoolers about paying attention to their own feelings about physical interactions and communicating appropriately.

It's NOT the Stork!/ $11.99 paper by Robie H. Harris; illustrated by Michael Emberley: A Book about Girls, Boys, Babies, Bodies, Families, and Friends. © 2006. Suggested for ages four and up, An understandable, entertaining, respectful, reassuring, straightforward, inclusive explanation about sex with lively illustrations. (also available in Spanish: ¡No Es La Cigüeña! 15.00 paper.)

It's So Amazing!/ $12.99 paper by Robie Harris; illus. Michael Emberley: A Book About Eggs, Sperm, Birth, and Families, Responsible sex information in an entertaining presentation, with a respectful attitude for children about age seven and up.

Join In and Play/ $10.95 paper by Cheri J. Meiners. Supportive picturebook instruction for 4 - 8 year olds on getting along cooperatively, making friends, playing fair, making an effort to interact with others confidently, understanding social rules.

The Kissing Hand/ by Audrey Penn 17.95 hardcover Chester Raccoon and his mother handle their temporary separation from each other, when Chester starts school, with kisses in each other's hands for comfort whenever they feel lonely.

Lifetimes/ 14.00 paper by Melonie and Ingpen: The Beautiful Way to Explain Death to Children. This lovely natural history conceptualization of beginnings and endings, with lifetimes in between, for all living things, covers simple organisms, various animals, and humans, with realistic art and straightforward explanations. Sharing it as an ordinary nonfiction science selection, before young children face deaths of plants, creatures or people they care about personally, is particularly helpful to refer to in discussing death as needed, but it is also supportive at times of acute loss.

Lots of Feelings / $7.95 paper by Shelley Rotner Small paperback of good color photos of multiethnic preschool children clearly depicting labeled emotions that young children can recognize and discuss. The images capture the precise qualities they attempt to portray, from grumpy squints, ex-
cited grins, and surprise, to curiosity, sadness (complete with tears), and sleepy yawns, and more subtle feelings such as "thoughtful" and "proud," or "frightened."

**Mama and Daddy Bear's Divorce / 6.95 paper** by Cornelia Maude Spelman. Preschool comforting reassurance that even though divorce is a sad confusing disruption, both parents may still be loving and involved by, and some things do remain the same.

**May I Pet Your Dog?/9.95 hardcover** by Stephanie Calmenson; illustrated by Jan Ormerod: *The How-To Guide for Kids Meeting Dogs (and Dogs Meeting Kids)* Sensible, practical, appealing advice on respectful, safe child-dog interactions.

**The New Baby / 5.99 paper** by Fred Rogers. Great preparation for very young children. Sensitive, forthright photo essay about having a new baby, the mix of feelings about it, problems, encouragement, a healthful attitude and sense of belonging and responsibility.

**Shades of People/ 6.95 paper** by Shelley Rotner and Sheila M. Kelly. Some adults “politely” discourage children from examining human racial differences, but young children do notice them, and respectfully acknowledging that they do is important. This very simple concept book shows different shades people are with just the simplest text and great pictures of children.

**Share and Take Turns/ 10.95 paper** by Cheri J. Meiners. © 2003. 35 pages. Basic "I can do that too!" preschool picture book about social interactions in sharing one's things and one's self with others in positive ways + reinforcement ideas for adults.

**Tails Are Not for Pulling/ 11.95 paper** by Elizabeth Verdick. Without using words pets, communicate. Paying attention to an animal's cues—a joyful bark, a scary growl, a swishing tail—can help a child understand what the animal is “saying” and what an appropriate response might be. Children see how to treat pets respectfully, that teasing isn’t nice, that they can choose to be kind to animals, and that if you want to touch someone else’s pet, the rule is: Ask the owner first! A section for adults includes ideas for kindness to animals, activities, and discussion starters.

**Talk and Work It Out by Cheri J. Meiners/ 10.95 paper** Peaceful conflict resolution directions to help preschoolers settle disagreements by getting calm, focusing on the problem together, listening, devising solutions, trying and evaluating what they come up with, and even agreeing to disagree when a solution isn’t possible. Includes skill-building games and role plays for adults. The illustrations have a friendly, inviting feel.

**Try And Stick With It / 10.95 paper** by Cheri J. Meiners Practical encouragement for stick-to-itness with can-do flexibility and perseverance. Kindergarten ages.

**The Way I Feel Books. / each 6.95 paper** by Cornelia Maude Spelman:
- When I Care About Others /6.95 paper
- When I Feel Angry / 6.95 paper
- When I Feel Good About Myself / 6.95 paper
- When I Feel Jealous / 6.95 paper
- When I Feel Sad / 6.95 paper
- When I Feel Scared / 6.95 paper
- When I Miss You / 6.95 paper

Sensible appealing direction and support for older toddlers and young preschoolers about working with emotions and relating to others by learning from the examples of various fuzzy animal
people. Good practical advice with such appealing, colorful illustrations and simple text that the book does not feel heavy-handed.

**We Were Gonna Have a Baby, But We Had An Angel Instead/7.95 paper** by Pat Schwiebert. Preschoolers who have recently lost a sibling-to-be may find a bit of comfort in this gentle picturebook describing, from a young boy’s perspective, the anticipation of waiting for a new baby and the sudden grief he and his family experience at their unexpected loss.

**When A Pet Dies / 5.99 paper** by Fred Rogers. Photographic nonfiction picturebook for young children and their families offers sensitive explanations and comfort about their natural mixture of feelings of grief for their pet.

**When Dinosaurs Die/7.99 paper** by Marc Brown. Adults can use this as a conversation starter with older preschoolers and early elementary children. The art is the style of Brown’s Arthur the Aardvark phenom so kids already feel attuned to it. Some reviewers think using comic style dinosaurs trivializes an important subject, but children find the book comforting, accessible and helpful. It has page spreads about various aspects of death and children can click with one or a few of them: accidents, illness, feelings, services. It does have a page about diverse religious beliefs very simply covered, which is suitable for general interest. A thoughtful, respectful book to keep on hand.

**When I Feel Afraid / 10.95 paper** by Cheri J. Meiners. Preschool guidance for children a little older than When I Feel Scared in the ‘The Way I Feel’ series. Recognizing and facing fear and understanding how to turn to others for help.

**When You Were Inside Mommy/7.99 hardcover** by Joanna Cole. Simple, straightforward information on pregnancy and birth using correct terms appropriate and helpful for sharing with older toddlers and preschoolers.

**Who Has What?/15.99 hardcover** by Robie Harris; illustrated by Nadine Bernard Westcott: *All About Girls’ Bodies and Boys’ Bodies* 2011 Friendly, matter-of-fact explanation of similarities and some differences between boys and girls are discussed as a brother and sister get ready to swim.

**Words Are Not for Hurting/11.95 paper** by Elizabeth Verdick © 2004 Helps older preschool through second grade children understand they are responsible for their comments that affect others, gently guides them to choose their words considerately, and conveys what to do when they hurt others’ feelings.

**You Can Go to the Potty/12.95 hardcover** William Sears, Martha Sears and Christie Watts Kelly. Introduces the basic steps in an encouraging picture book with tips for parents on readiness and supporting children’s effort.

BOARD BOOKS

Baskets, boxes, bins, tabletops or shelves of sturdy board books in any waiting area small children frequent enhance their visit.

**Babies on the Move/5.99 board book** by Susan Canizares and Daniel Moreton. Photos of babies around the world being transported.

**Baby Dance/6.99 board book** by Ann Taylor; illustrated by Marjorie Van Heerden. *Up and down, to and fro, coo and crow baby, there you go. Up to the ceiling, down to the ground, backward and forward, round and round...* All babies love to be lifted, twirled and held in loving arms. Vivid pastel art of a father and baby captures this playful nineteenth century poem’s energetic joy full of the soft, gentle motion of dance while mama rests. 7” X 7”

**Brown Bear, Brown Bear, What Do You See?/7.95** by Bill Martin; illustrated by Eric Carle. This well-loved standard, with bold tissue-paper collage animals against plain white, is especially good for three and older two- year-olds who know colors, but the cadence and rhyme appeal to younger ages too. Pre-readers confidently participate in the predictable chain pattern by repeating the arrival of a new animal on each page: “Brown Bear, Brown Bear, What do you see? I see a red bird looking at me. Then, “Red Bird, Red Bird, What Do you see? I see a yellow duck looking at me.” and so on and so on (yellow duck, blue horse, green frog, purple cat, white dog, black sheep, gold fish) then the teacher (not the mother as in the older version), “looking at me” and a quick summary of the entire progression. Also available in Spanish: **Oso Pardo Oso Pardo. que Ves ahi? 7.95**
Carry Me/6.95 board by Rena D. Grossman
Appealing color photos of babies being carried in various ways.

Daddy Makes the Best Spaghetti/5.95 board by Anna Grossnickle Hines. Corey’s playful father fetches him after daycare and they fix spaghetti for mom’s return, then after dish washing, bathman appears, in shower cap and towel, to carry Corey off.

Daddy, Papa and Me/7.99 board by Lesléa Newman; illustrated by Carol Thompson. A happy busy toddler and two parents, daddy and papa, relish an affectionate, child–centered day together. Neatly rhyming simple text accompanies friendly colorful illustrations depicting such homemade fun as pretending with costumes, flying paper airplanes, vrooming a toy car while piggyback riding, painting, baking a big pie (with wonderful child created dough decorations on top), strumming a guitar, drumming on a toy drum and a cooking pot, mending a stuffed toy, throwing a ball, making tea and enjoying a tea party together. The parents spell each other, taking turns with some of the activities, but finally do appear to appreciate the pretend rest their little one arranges for them. Reading this is satisfying and makes a person feel good.

Dinosaurs Dinosaurs/7.99 board book by Byron Barton. In bold simple compositions, the youngest dinosaur aficionados can admire specific attributes gorgeously colored and described. 5 7/8 x 5 inches.

Everywhere Babies/6.95 board by Susan Meyers; illustrated by Marla Frazee. Everyday activities of busy multiethnic babies and their families are celebrated, in small beguiling watercolors and rhyming text: playing, sleeping, crawling, toddling, kissing, being carried and generally adored.

Feast for Ten/4.95 board by Cathryn Falwell
A lively counting book featuring a family working together shopping for food, preparing dinner, and sitting down to eat.

Feet Are Not For Kicking / 7.95 board book by Elizabeth Verdick; illustrated by Marieka Heinen "Look at those feet! Aren't they sweet?" Yes—when they’re walking, standing, leaping and landing, and when they’re kicking balls or leaves, but not when they are kicking people! These simple words and cartoony pictures help toddlers and preschoolers learn to use their feet for fun, not in anger or frustration and keep their feet to themselves.

Freight Train/6.99 board book by Donald Crews. Colorful, simple pictures convey a feeling of a train passing, each car is labeled, momentum building.

From Head to Toe/7.99 board book by Eric Carle. What does an elephant do? It stomps its foot. Can you? Colorful collage illustrations and simple repetitive inquiries invite toddlers to get active imitating basic, easy animal movements from their heads down to their toes as they have fun listening, focusing attention, and following instructions. 5 1/2 x 5 ½ inches

Global Babies/6.95 board by Global Fund for Children. 17 excellent color photos of handsome babies in clothing of their cultures around the world.
A Good Day/ **7.99 board book** by Kevin Henkes. What started out as a bad day for little yellow bird, little white dog, little orange fox, and little brown squirrel turn out just fine after all because of a fresh perspective along with some luck, love, discovery, and persistence. How do we turn bad days into good days? 6 x 6 inches.

Goodnight Moon/ **8.99 board book** by Margaret Wise Brown; illustrated by Clement Hurd. Since 1947, the classic way to end the day and wind-down by joining little bunny in the great green room quietly saying good night to familiar things. 5 7/8 x 5 inches.

Hand, Hand, Fingers, Thumb/ **4.99 board book** by Al Perkins. For over forty years, these madcap, rhythmic monkeys have been entertaining children.

Hands Can/ **7.99 board book** by Cheryl Willis Hudson; photographs by John-Frances Bourke. Hands can hold things. Hands can mold things. Hands can catch and hands can throw. Hands can do much more, of course – wave hello and goodbye, play peekaboo, touch things, clap, even tie a shoe. Hands are a never-ending source of discovery and a means of mastery in an ever-unfolding world. With singsong rhythm, simple design, and alluring color photos of toddlers, HANDS CAN invites the littlest readers to discover the many things hands can do. 6 7/8 x 7 7/8 inches.

Have You Seen My Duckling?/ **6.99 board book** by Nancy Tafuri. Count the mother duck’s ducklings as she leads her brood around the pond searching for one missing duckling who’s never too far away. 6 x 5 inches.

Hush Little Baby / **6.95 board book** by Sylvia Long 5 x 5 inches.
**I Can, Can You?**/ **10.95 board book** by Marjorie W. Pitzer Sturdy

Photographic board book with rounded corners about 5x7 inches features fifteen adorable babies and toddlers with Down syndrome, not just posing, but captured as they concentrate on real-life activities. Most of the children are caucasian. One is of Asian and one of African descent. Photos are clear and expressive, one to a page. The repetitive text is simple and positive: ‘I can [whatever designated activity]! Can you?’ (play patty cake, play with blocks, feed myself, take a bath, go down a slide, swim, draw, find my feet, learn sign language, play by myself, share, smile, play ball, discover my world.) Unspoken ‘bet you can too' encouragement comes through loud and clear. 7 x 5 inches.

**I Love Trains!**/ **6.99 board book** by Philemon Sturges; illustrated by Shari Halpern 5 7/8 x 5 inches.


**I Went Walking**/ **6.95 board book** by Sue Williams; illustrated by Julie Vivas. Simple, repetitive story is similar to Brown Bear, Brown Bear. . . but softer and livelier, with a child on a walk accumulating a black cat, a brown horse, a red cow, a green duck, a pink pig and a yellow dog, and playing with them.

**It Looked Like Spilt Milk**/ **6.99 board book** by Charles G. Shaw. White shapes against plain blue change on each page. Do they resemble rabbit, bird, or just spilt milk? Perennial preschool inspiration for simple follow-up silhouette art experiences extending the idea. 5 x 5 ¾ inches.

**Jamberry**/ **7.99 board book** by Bruce Degen. Rollicking rhythmic nonsense and berry colorful illustrations of a boy and bear’s exuberant adventure lots of fun: Hatberry/Shoeberry/In my canoeberry/Under the bridge/And over the dam/Looking for berries/ Berries for jam. 5 x 5 7/8 inches.
Lola at the Library / **6.95 board** by Anna McQuinn; illustrated by Roaslind Beardshaw. Tuesdays are special because Lola puts on her backpack and goes to the library with her mommy for story time and borrowing more books with her library card.

**Machines at Work / 6.99 board book** by Byron Barton At the construction site, the workers gather. Their machines are ready and waiting. A busy day is about to begin. Minimalist text and bold, graphic illustrations convey all the energy and excitement of the day. 5 7/8 x 5 inches.

**Mama Mama/Papa Papa / 6.99 board book** by Jean Marzollo; illustrated by Laura Regan. Animal babies and their moms on one side, and animal babies and their dads on the other side (two books in one) are represented in universal caretaking roles in easy, satisfying verse and lovely colored illustrations.

**Mommy, Mama, and Me/7.99 board** by Lesléa Newman; illustrated by Carol Thompson.

**Moo, Baa, La La La! / 5.99 board book** by Sandra Boynton. Great silliness

**More More More Said the Baby / 7.95 board book** by Vera Williams Three small stories about Little Guy, Little Pumpkin, and Little Bird with adults who love them. 5 3/8 x 6 3/16 inches.

**My Car / 6.99 board book** by Byron Barton. Toddlers appreciate Sam's factual comments about his car's basic maintenance and safety with few words and simple, bold, bright illustrations that might nourish associations with self care too. 5 1/2 x 5 ½ inches.
The Napping House/ $6.95 board book by Audrey Wood and Don Wood
5.9 x 5.2 inches.

No More Diapers for Ducky/ $6.95 board book by Bernette Ford. Ducky wants Piggy to come out and play. But he can't—he is on the potty. Ducky likes the idea and decides to start using the potty too. 6 3/4 x 6 3/4 inches.

On the Day You Were Born/ $7.95 board book by Debra Fraser
Those who would like to read more about this wonderful Minneapolis children’s author will enjoy her website: http://www.debrafrasier.com

Peek-A Who?/ $6.95 by Nina Laden, Older babies and young toddlers enjoy the catchy surprises in this well designed, tiny-hands-sized book. Eyes of an owl peek through the hole cut in the leafy cover leading enthusiastic little ones into a repetitious, guess-and-see rhyming game. Inside appears the entire recognizable owl saying, "Peek-a who?" Then on alternating pagespreads, the left side repeats, "Peek a" in large letters against simple, contrasting colorful backgrounds, opposite die-cut holes on the right revealing parts of cow (moo), ghost (boo) and a mirror (you). Turn the page to see the entire scene. Maybe it doesn't sound like much, maybe very young toddlers do not fully understand the meaning of the words, but this is one they unanimously enjoy.

Peek-A-Boo! / $4.95 board by Roberta Grobel Intrater. Photos of fascinating babies and toddlers.

Peekaboo Morning/ $7.99 by Rachel Isadora. A toddler peekabooing from the moment he wakes up discovers his whole loving world—his mommy, daddy, his puppy, grandparents, friend, and even the reader. Very simple, friendly, cozy, happy feeling.
Peter's Chair/ **6.95 board book** by Ezra Jack Keats. Peter feels upset when his parents paint his old baby furniture pink for his new little sister. There's one thing they haven't painted yet, though: his little blue chair. He'll do whatever it takes to save it—even run away!

Shades of Black/ **6.99 board** by Sandra L. Pinkney; photos by Myles Pinkney. Great colorful photos of many children’s different shades of black

Smile!/ **4.95 board** by Roberta Grobel Intrater. Ten pages of photos of expressive babies faces.

Snow/ **6.95 board** by Playbac (Eyelike Nature series)

The Snowy Day/ **6.99 board book** by Ezra Jack Keats. A colorful old favorite that shares the wonder and simple pleasures of a young child waking to find his world blanketed with snow then going out to enjoy the transformed landscape. 5.39 x 5.78 inches.

Sticks / **6.95 board** by Playbac (Eyelike Nature series)

Stones/ **6.95 board** by PlayBac (Eyelike Nature series)
Teeth Are Not for Biting/7.95 board book by Elizabeth Verdick; illustrated by Marieka Heinlen. © 2003. Well, of course teeth are for biting! That’s exactly one of their best functions. However, they’re not for biting people, and that’s the point of this encouraging little lesson. Toddler teachers have been raving about how helpful this is.

Ten, Nine, Eight/6.99 board by Molly Bang Attractive, homey, loving father–daughter countdown to bedtime.

To Be A Kid/6.95 by Maya Ajmera Good photos show kids worldwide as they play and learn, as they spend time with their friends and family, and as they discover their environment. At the heart of it, kids, everywhere, just are kids.

Welcome Song for Baby/ 9.95 by Richard Van Camp Photographs of multiethnic babies and parents with perfect words of heartfelt welcome.

Where’s Spot?/ 7.99 board by Eric Hill The first book to reach for carrying an upset toddler to the rocking chair for reading, rocking and comfort. The simple illustrations and flaps to lift reliably distract and soothe. Enjoyable other times too.

Whose Knees Are These?/6.99 board by Jabari Asim An affectionate little illustrated poem about knees. "Knees like these don't grow on trees. So brown, so strong, to whom do these fine knees belong?." "These knees belong to that cheerful chap sitting on his mommy's lap."

Whose Toes are Those?/6.99 board by Jabari Asim. Engaging, rhyming, cute, attractively illustrated, simple introduction to a small girl’s toes and to counting.
Words Are Not for Hurting/ $7.95 board by Elizabeth Verdick. A simplified version, for younger children, of the regular paperback.