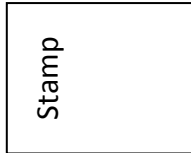


***Support group meetings
held:***



• GRAND RAPIDS

second Thursday/each month
7:00–8:30 p.m.

Sept - May

Park Congregational Church
10 E. Park Place N.E.
downtown, off Fulton St.
use Ransom St. entrance

June, July & August

St. Mark's Episcopal Church,
134 N. Division Ave., N.

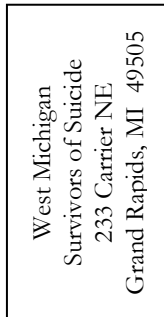
• MUSKEGON

third Tuesday/each month
7:00–8:30 p.m.

Calvin Christian Reformed Church
Take BR 31 to Norton, go west
three blocks to
973 West Norton/south side of street

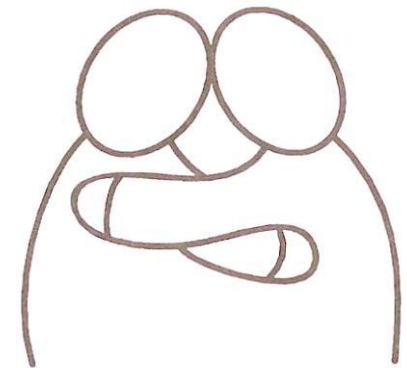
• HOLLAND

first Thursday/each month
6:30–8:00 p.m.
Hospice House
445 104th Ave. at Mason Ave.



**West Michigan
Survivors of Suicide**

SOS



“Death ends a life, but it does not end a relationship, which struggles on in the survivor’s mind towards some resolution which it never finds.”

from *I Never Sang for My Father*

A Support Group

A 501(c)(3) Michigan Organization

Visit our Website:

www.angelfire.com/mi2/westmisos

Since the Suicide, have you felt...

Guilt? Rejection? Shame?
Anger? Depression?
Isolation?
Desperation? Exclusion?

All of us have experienced some or all of these feelings following the suicide of a loved one.

But with SOS, we've found...

- Comfort
- Support
- Strength
- Understanding
- Relief

The Goals of SOS are to...

- Provide a place to share and vent feelings.
- Create a safe environment for many who can't talk to others about suicide.
- Promote the normal grief process and help with the special feelings arising from suicide.
- Serve as a possible deterrent by informing others of the effect suicide has on the survivors.
- Inform others of the special needs of survivors.

Share with us...
...and let us share with you.

For More Information, Call

First Call For Help
211 or 616.459.2255
1.800.887.1107
(if out of area)

Life Guidance Services
616.954.1991

Muskegon County
231.766.0064

Grand Haven
616.842.4357 (HELP)

Hospice of
N. Ottawa Community
616.846.2015
Press 3 for
Bereavement Dept.

Holland
616.396.4357 (HELP) or
Hospice of Holland
Bereavement Department
616.396.2972

Have questions or need a ride?
Call WMSOS
Jim Sailors at 616.285.5585
or 616.957.3466