

Walk with Me

by Jack Healey

Walk with me for a little while
Through the garden, park and shaded streets.
Let's share our thoughts on life and work
And what's important here on earth.

What is the essence of a life well spent?
What are the values that matter most?
What counts for good when counting's done?
What have we done that did some good?

Don't count the times you tried and lost.
Don't fuss and fume o'er pennies spent.
Don't cling to grudges or slights you've felt.
Don't seek out vengeance to even scores.

Take time to listen, watch and read.
Know what's worthwhile and what's a waste.
Encourage others in matters pure.
Invest in good and serve the poor.

Share kindness, love, respect and hope
With those you're near and those you love.
Find ways to help and means to serve
For doing thus brings perfect peace.

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