

# Voorhees High School Cheerleaders' 3rd Annual Cheerleading Competition

Saturday, October 23, 2004

## Official Rules:

1. Timing will begin on the start of the first word or beat of music and will end on the last word, beat of music motion. Entrances and exits will not be judged unless they are part of the routine.
2. Time limit is 2:30 and may be comprised of all music.
3. Your team must be within the age limits. You may be asked for proof of age – please be prepared to provide proof. We will accept birth certificates. Voorhees High School reserves the right to randomly check for your team's proof of age and if you are found breaking this rule, **YOUR TEAM WILL BE DISQUALIFIED.**
4. All teams must meet age and weight requirements.
5. "Flip flopping" team members onto another team of one organization is strictly prohibited. Any teams breaking this rule will be automatically **DISQUALIFIED.**
6. In the event a competitor gets injured during the performance and it causes an interruption, the team either continues the presentation or may be allowed to perform again at the discretion of the judges.
7. Eight (8) strips of cheer mats measuring a total of 48' long and 42' wide will be provided at this event.
8. In an effort to keep the competition running smoothly, teams will only have 30 seconds to take the mat once their name is called, and 30 seconds to clear off the floor. If a team takes longer, 10 points will be deducted from their overall score.
9. Voorhees High School will have a DJ and CD or tape music can be used. A representative from your team must run the music. Poor taste in music, such as profanity, will result in **DISQUALIFICATION.**

10. If the stereo equipment causes a problem with the playing of your music, the team may perform their routine again. **HOWEVER**, if it is the fault of the tape or team representative, the team will need to continue with the routine to the best of their ability.
11. All participants agree to conduct themselves in a manner displaying good sportsmanship throughout the competition. The coach of each squad is responsible for seeing that squad members, parents, and other persons affiliated with their team conduct themselves accordingly. Any demonstration of un-sportsman-like conduct will result in **DISQUALIFICATION**.
12. If you have a complaint or concern we will listen. Take the proper channels and you will be heard. Voorhees High School takes pride in providing the most qualified and non-partisan judges possible. No matter the instance, the word of the judges will be followed.
13. It is the responsibility of the coach to register the team in the correct division.
14. There will be no jewelry permitted other than medical tags.
15. There will be no squads permitted on the floor without sneakers.
16. Voorhees High School and Voorhees Cheerleading Boosters will not be responsible for any injuries, or lost or stolen items.
17. Each girl is required to fill out a release form. No one will be allowed to compete without a completed release form with the proper signatures. **NO EXCEPTIONS!!!**
18. If a squad exceeds time limit, a five point penalty will be deducted from the total score. Because penalties are severe, it is recommended that all squads time their performance several times prior to attending the competition. There will be a several second cushion to allow for variations in sound equipment.