Communication is...

The creation of meaning





Sender



The person who initiates (starts) the communication



Receiver



The person who receives the initial communication







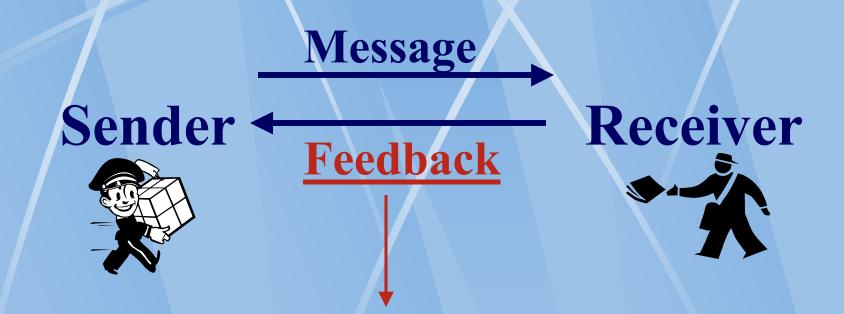
Message

Receiver



The information being sent





Acknowledgement of receipt of the message.
This does NOT mean you agree with the message.
This can come in the form of positive, neutral or negative feedback... generally nonverbal in nature

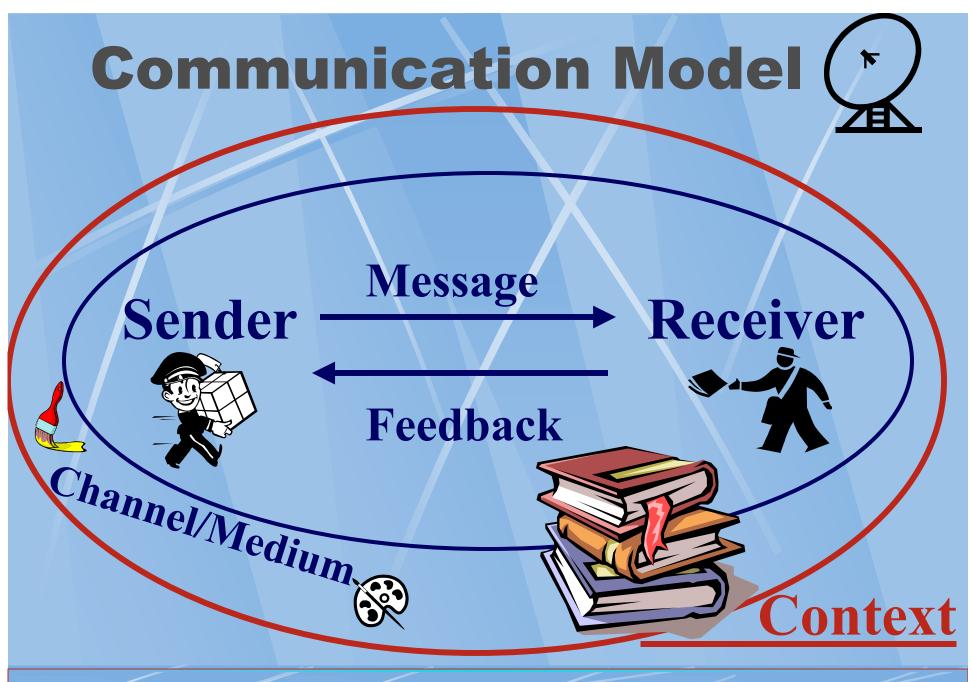




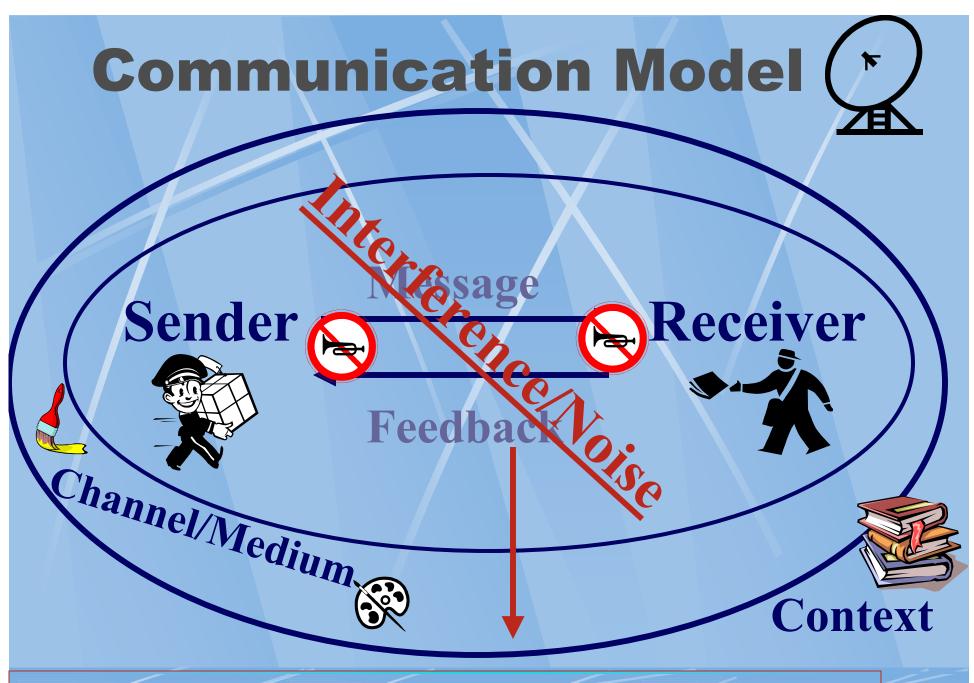
Channel/Medium



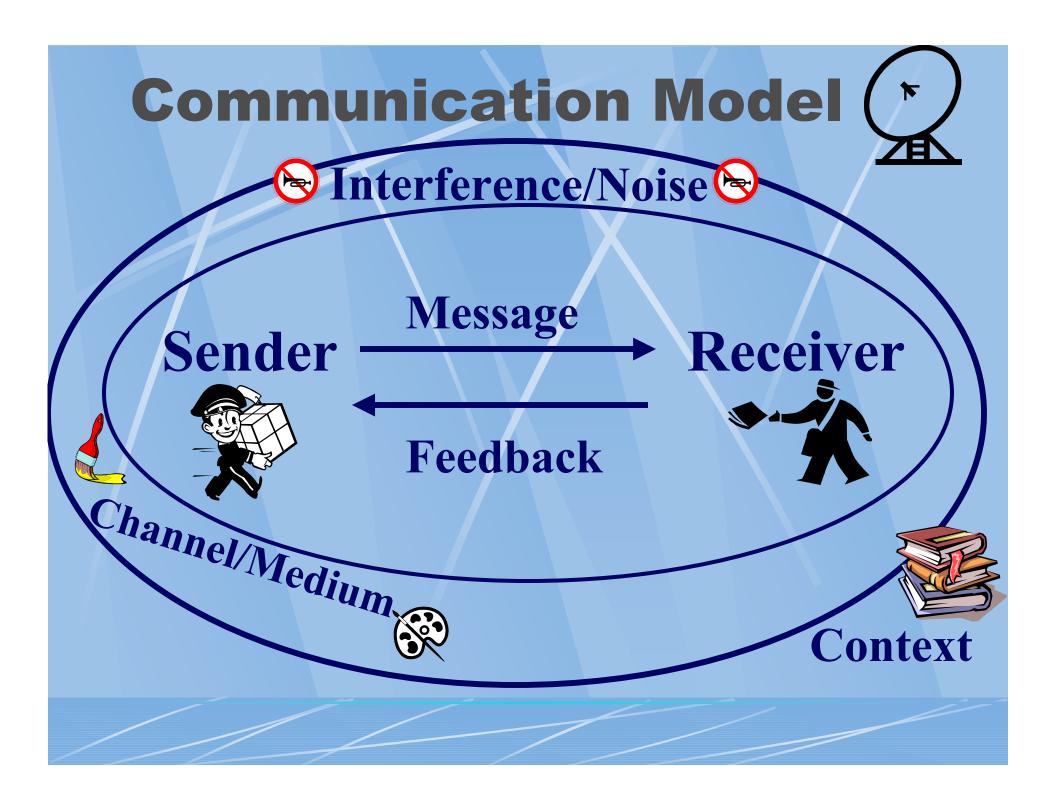
The method of communication



Overall environment-time, place, purpose, reason...



Disrupting original message from getting to the receiver



Group Activity

- Get art supplies
- Create a working metaphor of the communication model (refer to example on the board)
- Label ALL possible parts and include a written paragraph for the context
- This should NOT be 2 people talking to each other... make it a METAPHOR!

What do all of these have in common?

- Traffic light
- Movie Lord of the Rings
- News Paper Headline
- Paperback book
- TV game show
- Lecture in math class
- Telephone ringing
- Rock song
- Waving goodbye

- A wink
- Flipping the bird
- A masked man in a bank
- Running from the cops
- A clock
- A kiss
- A tear drop
- A tattoo

Nonverbal Communication How To Be "Ic"ky in Class



What is Nonverbal Communication?



Write your own definition and provide an example.

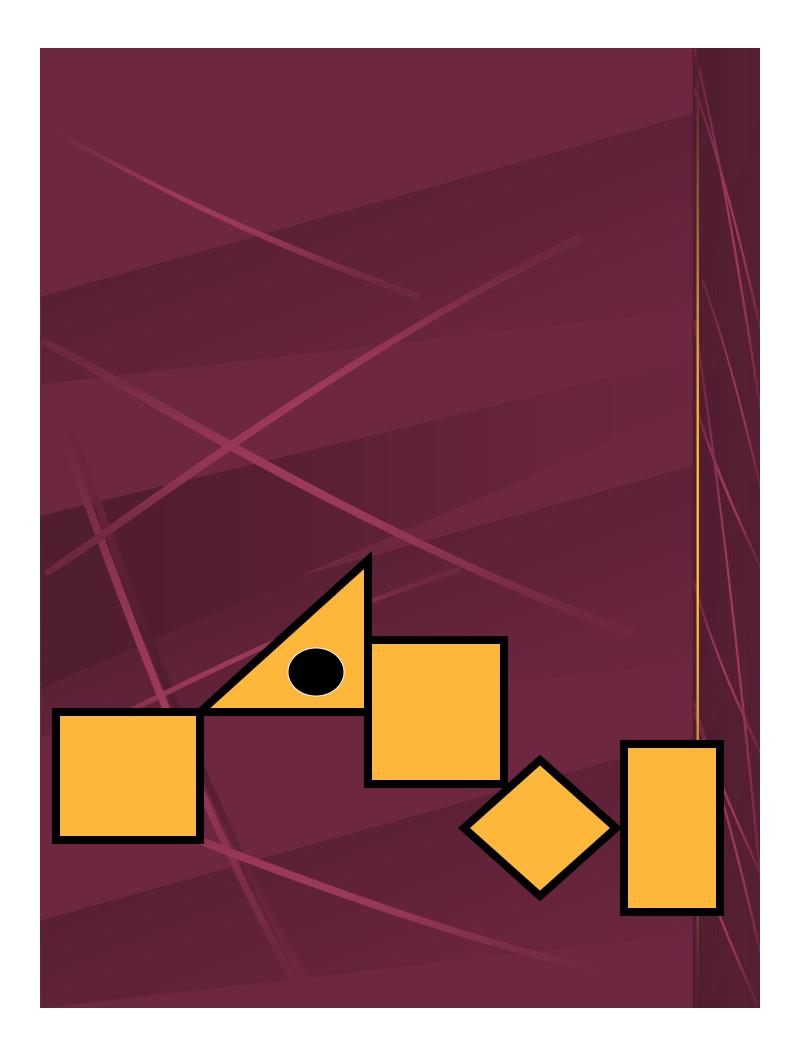
Definition of NVC

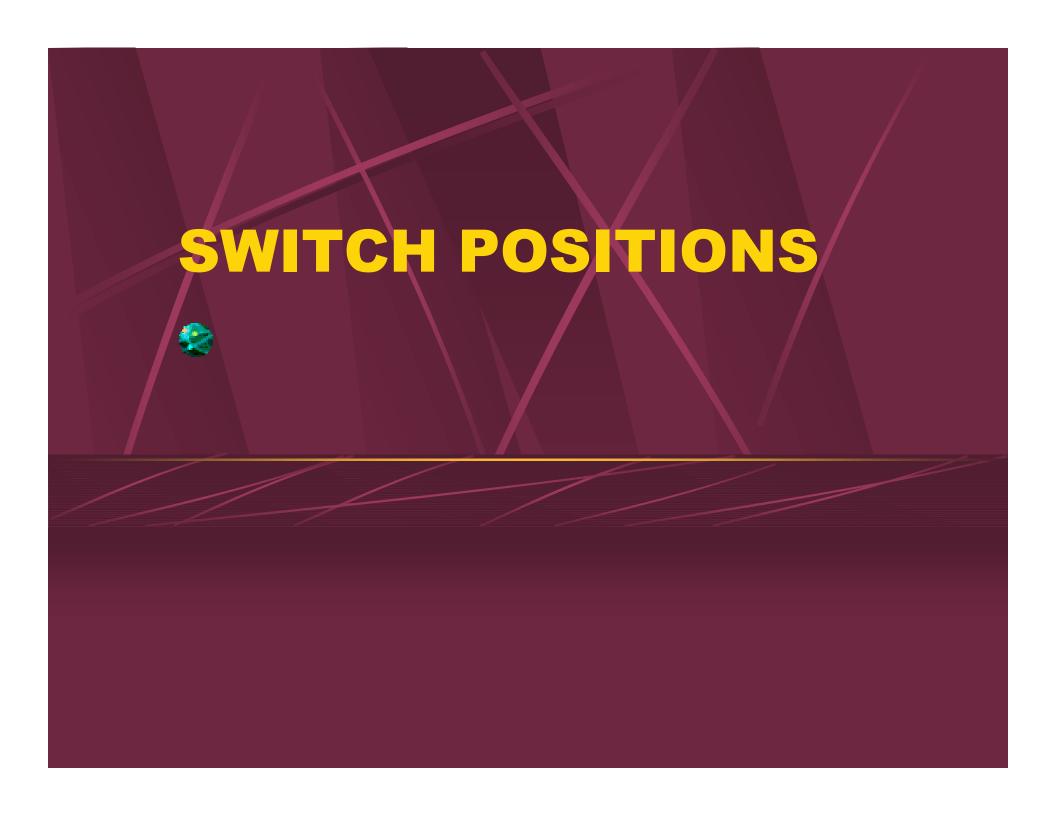
Communication that occurs as a result of appearance, posture, gesture, eye contact, facial expressions, and other nonlinguistic factors

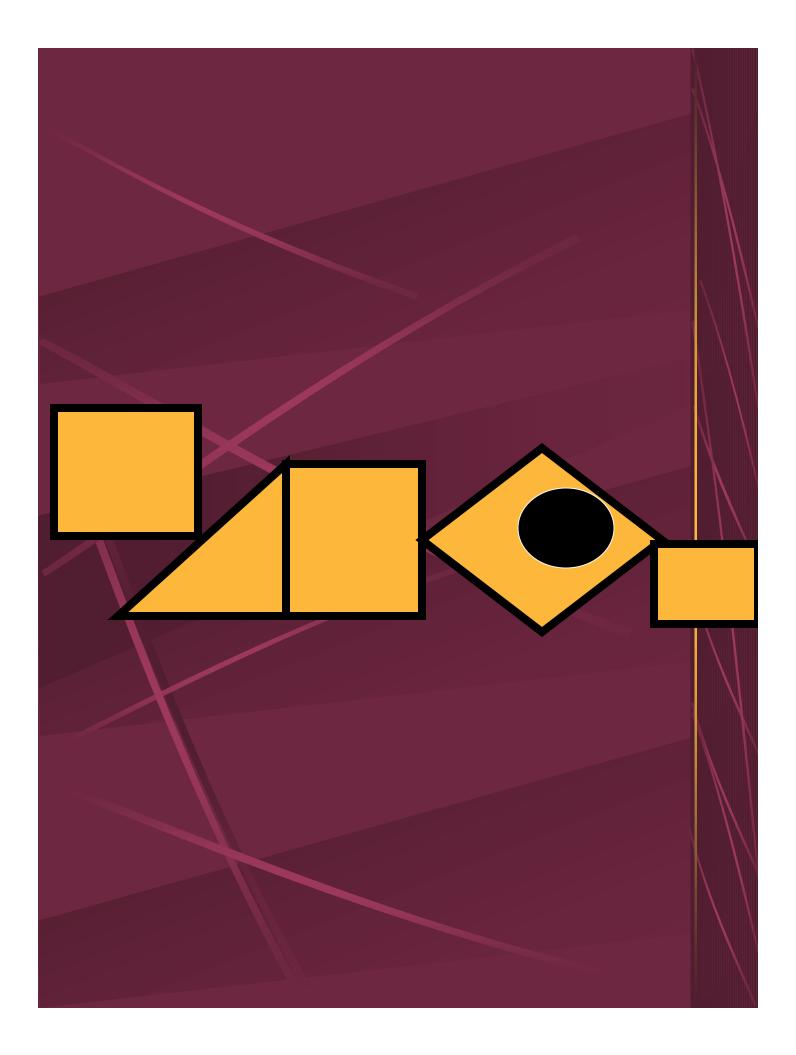
Put simply, NVC = anything but the spoken word

Activity

- Get in groups of 2
- One person needs to move their desk so they can't see the screen AT ALL!
 - This person needs a piece of scratch paper and something to write with
- The other person needs to sit with their backs to their partner and face the screen
 - This person needs to sit on their hands ~ I am not kidding
- Using only words, describe the picture on the next slide so your partner can correctly draw it
- YOU WILL HAVE 5 TIMED MINUTES







Preview

Importance of NVC

Functions

The 6 'Ics'

Importance of NVC

NVC = anything but the spoken word.

- 1. We cannot not communicate
- 2. NVC = 80 90% of our communication



3. Omnipresent

4. Multifunctional - part of all comm. - clarify meaning of verbals, emotional state

5. Universal Language System - smile, cry, point - basic understanding

6. **Misunderstanding** - make sense of world, or cause problems

7. Phylogenetic Primacy ~ NVC predates language

ex. Cavemen ~ cave drawings, grunts. . .

- 8. Ontogenetic Primacy ~ interaction with your caretaker and the environment (babies) ex. How does a baby signal they need food, or to get out of a poopy diaper?
- 9. Interaction Primacy ~ 1st form of communication ~ before we speak, we give visual cues. . .

Ex. physical appearance, eye contact, smells, colors you wear. . .

10. Express what verbal communication can't or shouldn't

ex. Getting your groove on at a dance. . .

Look longingly at a hottie, they look at you weird = you don't have to go over and embarrass yourself

11. NVC is trusted Why?

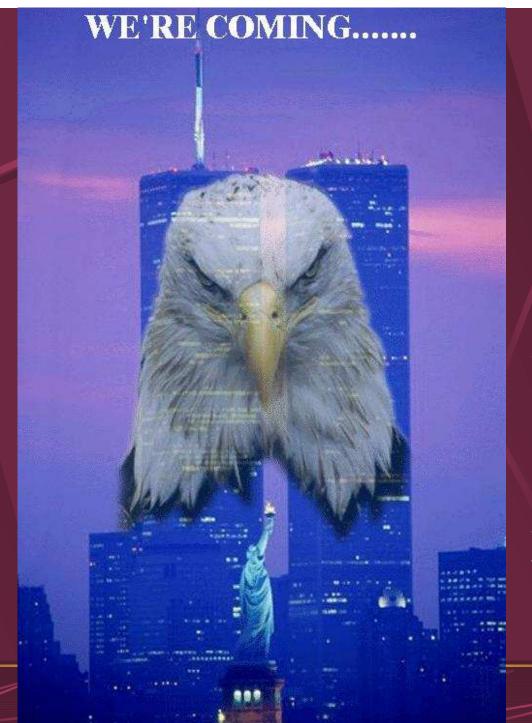


- 1. We cannot not communicate
- 2. NVC = 80 90% of our communication
- 3. Omnipresent
- 4. Multifunctional part of all comm. clarify meaning of verbals, emotional state
- 5. Universal Language System smile, cry, point basic understanding
- 6. **Misunderstanding -** make sense of world, or cause problems
- 7. Phylogenetic Primacy ~ NVC predates language
- 8. Ontogenetic Primacy ~ interaction with your caretaker and the environment (babies)
- 9. Interaction Primacy $\sim 1^{st}$ form of communication \sim before we speak, we give visual cues. . .
- 10. Express what verbal communication can't or shouldn't
- 11. NVC is trusted

Functions of NVC

- 1) Send Uncomfortable Messages
- 2) Form Impressions which Guide Comm.
- 3) Make Relationships Clear

4) Regulate Interaction 5) Influence People 6) Reinforce & Modify VC How is this NVC?



Write some of the meanings you can get from this picture

The 6 'Ics'

The 'ics' help to categorize the 6 different types of Nonverbal Communication



OCULESICS: Gaze & Eye Contact

- Gaze: looking at a person
- **Eye-contact**: mutual gaze, where the two look at each other at the same time
- Maintaining eye contact signals genuineness and adds credibility
- Avoiding it signals shiftiness, nervousness, and not being prepared

OCULESICS:

- Culturally different
 - Very Direct eye contact: Middle
 Easterners, Some Latin Americans, French
 - Moderate eye contact: Americans,
 Northern European, British
 - Minimal eye contact: East Asians,
 Southeast Asians, East Indians, Native
 Americans

Haptics



The use of touch as communication

ex. A hug, kiss, clutching hands, a slap, shove

HAPTICS: Contact vs. Non Contact Use of physical contact when communicating

Contact:

- Arabs: Iraq, Kuwait, Saudi Arabia, Syria, United Arab Republic
- Latin Americans: Bolivia, Cuba, Equator, El Salvador, Mexico, Paraguay, Peru, Puerto Rico, Venezuela;
- Southern Europeans:
 French, Italian, Turkish

Non Contact:

- Asian: China,
 Indonesia, Japan,
 Philippines, Thailand;
 Indians and Pakistanis
- Northern Europeans: Australia, England, Germany, Netherlands, Norway, Scotland;
- Americans

Chronemics



How humans perceive, structure, and use time as communication

ex. Females being late for dates

You herding to the door when there are 5 minutes left

Vocalics (paralanguage)



Vocal auditory
behavior
Δ Not the actual
words

ex. Rate, pitch, volume, enunciation. . .

- Volume ~ loudness of voice
- Pitch ~ placement of voice on a scale (high low)
- Rate ~ speed
- Pauses ~ brief silence or spacing of words/sound
- Articulation ~ precision and clarity
- Enunciation ~ precision and distinctness in sounding words
- Rhythm ~ sense of mvmt or pacing

Kinesics



Body Movement

Excludes physical contact with another's body

Ex. ???

KINESICS

- Watching people's actions can bring you a lot closer to the truth than merely listening to what they say (which might be a cover-up)
- "Science" of kinesthetics, or "body language"
- Can be very revealing
- Outward expressions of inner feelings

KINESICS

- Openness: Open hands, unbuttoned coat.
- Defensiveness: Arms crossed, sideways glance, touching-rubbing nose, rubbing eyes, buttoned coat, drawing away.
- Insecurity: Pinching flesh, chewing pen, thumb over thumb, biting fingernail.
- Cooperation: Upper body in sprinter's position, open hands, sitting on edge of chair, hand to face gestures, unbuttoning coat.

GESTURES – O.K. Gesture

- Americans, forming a circle with thumb and forefinger to signal O.K.
- Culturally means:
 - "zero" or worthless in France
 - Money in Japan
 - Calling someone a very bad name in Germany

GESTURES – Nodding Yes or No

- For Americans, up and down means yes, side to side means no
- In Bulgaria, the nods are reversed in meaning.

Proxemics

How people use space to communicate.

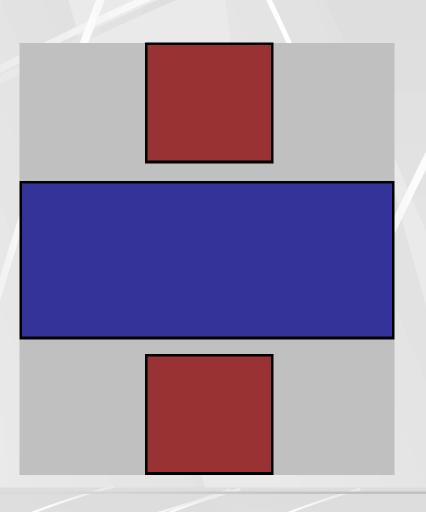
A message system used with a minimal level of awareness



Orientation

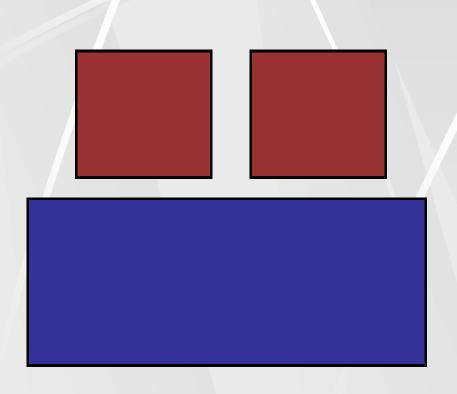
- People may present themselves in various ways:
 - face-to-face
 - side-to-side
 - back-to-back
- Cooperating people are likely to sit side-by-side
- Competitors frequently face one another

What is Position Sign of?



Competition

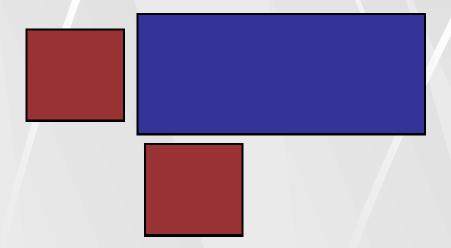
What is Position Sign of?



Cooperation

What is Position Sign of?

Conversation



Proxemics

Proxemics is the 6th 'ic' that we will look at in a little more depth than the rest of the 'ics'



PROXEMICS: Interpersonal Attitude & Physical Contact

Convey Attitude:

Hostile vs Friendly

Physical Contact:

- Shaking hands, touching, holding, embracing, pushing, or patting
- Reflect an element of intimacy or inclusiveness

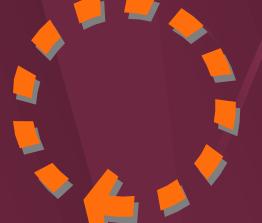
Proxemics

- The distance conveys a non-verbal message.
- Culturally:
 - In some cultures it is a sign of attraction,
 - In others it may reflect status or the intensity of the exchange

2 main categories of Proxemics:



1) Territoriality



2) Personal Space / Zones

Territoriality

Claiming the rights to an area

Originated from observations in the animal kingdom

- Survival
- Females gravitate towards males with best territory













Humans communicate through proxemics as well

- At Home
 - *fences, shrubbery, flowers,
 - *kitchen, "Dad's chair"
- In Public
 - *purse/coat placement
 - *reservations / tickets to a game
- Male / Female interactions
 - *toys, bling-bling, cars, cologne, perfume. . .

Personal Space

- An invisible, portable, adjustable bubble surrounding an individual.
- Actively maintained to protect the person from physical or emotional threats
- BODY BUFFER ZONE (on the test)

Personal Space / Zones

The Zones of space which surround us

- 4 zones that are important in proxemic communication
- 1) Intimate Space
- 2) Communal Space
- 3) Socioconsultative Zone
- 4) Public Zone

Intimate Zone

From physical contact to 18 inches

0 - 18

Usually for close relationships

Various meanings

*Something is wrong

*Intensity

*Violation of space (personal bubble)



Get a partner and a ruler



Stand 18 inches apart facing each other

Communal Space

Distance from 18 inches to 4 feet

18 - 4

Interpersonal communication most common at this distance

Usually friends, or acquaintances

*an established relationship



Get a partner and a ruler



Stand 4 feet apart facing each other

Socioconsultative Zone

Spans a distance from 4 feet to 10 feet

4 - 10

Utilized in professional settings

*Teacher / Student

*Lawyer / Client / Jury



Get a partner and a ruler



Stand 10 feet apart facing each other

Public Zone

Begins at 10 feet and extents to where one can still be seen and heard

10 - ?

This type of communication tends to be

formal

- *Public speaking
- *Rallies
- *Malls (icky!)

