



A Lip Synch is a performance in which the actor synchronizes their lip movements with the sounds of a pre-recorded track adding physical movement to help tell the story of the song.

How to Create a Lip Synch

- 1) Find a song that has lyrics which tell or suggest a story. Avoid songs with long instrumental sections.
- 2) Learn the song.
- 3) Use the music as inspiration to decide who your character is and what they are singing about. Make sure you understand what your character wants in the “scene.”
- 4) Experiment with movement - play around with when and where you will move during the song.
- 5) Refine and practice your movement adding gestures. Use the accented beats of the music to suggest gestures and movement.
- 6) Make sure your Lip Synch has a beginning, a middle, and an end to take your audience on an emotional “journey.”
- 7) Practice in the mirror.
- 8) Make sure your breathing matches the singer’s.
- 9) Be sure to stay in character for the entire song until the last note of music has finished resonating. Have an exciting ending.
- 10) Perform the song as if you were singing the lyrics yourself as the character in the scene. Create the “illusion of the 1st time.”