

A close-up photograph of a woman with long, curly blonde hair. Her eyes are closed, and her hands are clasped together in a prayerful gesture near her chin. She is wearing a ring on her finger. The image has a warm, golden-brown color cast. The text "Learn how to pray for healing" is overlaid at the top in a white, serif font.

Learn how to pray for healing

Brendan Mc Crossan

Most Christians I know do not know how to pray for people who are in pain. This little book will give you practical advice on how to pray for people and see miracles happen before your very own eyes. Others and I have used these methods to bring healing to a suffering broken people of God. If you the reader use these teaching methods you also will experience the Lord work miracles and healing through you. You have nothing to lose by trying these methods, and everything to gain. One is the joy of seeing God healing through you. Knowing he is so close to you and within you is an awesome experience. Practice this on your friends and loved ones first. With practice you will find that it takes less and less time for the healing to occur. At the beginning it used to take me an hour before I seen a healing begin. Now it just takes a moment or two.

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Learn how to pray for healing and see it happen before your very own eyes.

Too many Christians spend so much time trying to get people to see their point of view about their conception of God and not enough time is spent trying to help people. People are in need of healing, they need to know the gentle loving touch of a Father God who loves them healing their illness, wounds, and pains. When you are in pain no one cares what church a person belongs to as long as they belong to Jesus. Rose my wife and I have been involved in a healing ministry for years, and we saw more people "saved" when they felt the healing touch of Father God in their body. When they experienced that personal touch of God, Salvation was an easy topic to bring up. It's easier to talk to someone who is not concentrating on pain. And when they knew it was God who touched them and loved them into health again, they could not wait to get saved. Usually Rose and I prayed with people in front of others and when

privacy was needed we requested it and got it. Then for the Physical healing we brought the people back in to the room to watch and pray, and when they had seen there loved one being healed, salvation was an easy topic. I sincerely wish Christians would spend more time trying to learn about healing and the gifts of the spirit than they do trying to get people into their churches. Christians take note, your brothers and sisters need Jesus healing not your judgments or condemnations, or church policies. I will try to deal with a few simple areas of healing that you as a Christian can apply to someone in need of healing

. BEFORE PRAYING BEGINS, GET THE PERSON TO MAKE A DECISION TO FORGIVE EVERYONE WHO HAVE EVER HURT THEM. ===NOT FORGIVING IS THE BIGGEST BLOCK TO HEALING.



[TOUCH UNDER HERE

People need Jesus not you or I. For those with pain in their back arms legs. Have that person sit in a straight back kitchen type chair as far back as they can sit in reasonable comfort. Stand in front of them using their nose as a guide to the centre of their body. Have them stretch out both hands, in front of them bring them together, their hands with the thumbs pointing upwards. If you use the index fingers [Middle finger the longest one.] as a guide. You will possibly find one hand longer Touching the bottom of the hands gently. As in diagram below. Command the hands to come out to normal length and strength. [Pray in tongues if you have the gift or just keep saying, "In JESUS NAME "] The hands may move out and in.

This is normal and is a sign of healing taking place. Pray this way for a little while or until all hand movements stop.

Then kneel down and lift the persons feet in the palms of your hands,

GENTLY stretch them out if it's not too painful for the person being prayed with, and check to see if one leg is shorter or longer than the other by checking the heels of their shoes. Looking down on them you will see the heels touching as you hold their feet in your hands.



Have **both** feet raised like this and touch where the arrow points. Keeping their shoes on

The above diagram is to show you where the feet should be checked. To see if they are even or not, [**keep the shoes on**] check the heels at the part where the little tree is shown on the diagram, on the inside of the feet then command the legs in Jesus name to come into normal length and strength.

[You will find that sometimes people's legs shake or grow longer or shorter pray until this stops and keep checking with the person, has the pain eased yet or gone away? **DON'T** be afraid to ask! I used this method of praying for years and I was doing it wrong, and still God healed. My wife Rose still does it wrong and still the people she prays with are healed. I seen hundreds healed and I was doing it all wrong, God was able to correct my mistake, he just wants you praying and loving the person in pain. What have you to lose? You do not need this great faith you just have to decide to reach out and that my friend is "FAITH IN ACTION" Before you pray get the person you are praying with to make a decision to forgive everyone in their lives that need forgiveness. Get them to realise that forgiveness is a decision not a feeling, and Jesus demands that we forgive, he doesn't ask. Once the person decides to forgive then healing will come usually within a short time of you praying. Usually I see it instantly. Remember I am praying like this for over 20 years, It works! Try it out on a friend or your wife or husband. Or a prayer partner. Keep your eyes open when you pray or you will miss a miracle.

STEPPING OUT IN FAITH.

THE FIRST STEP. DON'T WORRY. GOD IS THE HEALER NOT YOU! You are the one praying he is the one answering.

Another area of healing prayer is to have the person who needs healing, stand upright, put your two hands together, with your fingers touching [like in praying] put your hands behind the persons neck still joined, and gently touch their neck, hands still joined

YOU will be touching three areas here. **one** - the spinal column-nerves system. **2**-the facial main muscles, **-3**-the main bloods artery from the brain, when you begin to pray for healing, so three areas of healing occur as you pray. Command that the first cervical, muscles, discs, vertebrae, be healed in Jesus name. Then command the body to "rotate" and to come back into normal position. Pray awhile in tongues, if you have that gift, if not praise Jesus all the time you pray, praise you Jesus thank you lord etc; Sometimes a person will fall to the floor resting in the spirit, so always have your eyes open and be ready to catch them if the spirit decides to do this.

THEN SHIFT to the person's hip area. "Men" when praying with the ladies, I recommend that you be cautious here, when putting my hands on a lady's hips I use just the tips of my middle fingers, men and "women" need to be careful when doing this, there are some strange people about. Having placed the fingers on the hips, Command, " hip bone" -"pelvic frame," - "muscles," -"discs," "vertebrae," in the name of Jesus rotate and come back into normal position. ALSO COMMAND that the internal organs come back into normal place. AND pray in tongues, if gifted that way, again if not, praise the lord Jesus while praying. Again I would point out people we taught to pray this way, done everything all wrong they called the neck, the hip joint, and still God healed. He honours our intention not our perfection.

Go back to the neck and pray again, then the hips again going back and forward until the body either stops moving or until the person confirms that the pain is gone. When praying this way with people a lot have experienced a great feeling of peace

A WORD OF WARNING, PLEASE NOTE BEFORE PRAYING WITH SOMEONE.

When praying this way be careful and have your eyes open all the time as the person may rest in the spirit, or their body will start to sway from side to side or rock back and forward, or behave strangely. *THIS IS NORMAL, * because the Lord is freeing tangled nerves, freeing discs and muscles, etc. "THIS IS NOT A SIGN OF DEMONS PRESENT" it is therapy God's way. The same thing happens in hospital, when a person is put into traction to pull the body back into line. Only thing is, they are lying down and cannot rock as the body is freed.

THIS IS GREAT FOR WOMEN as I have seen more wombs and internal organs lifting back into position. Even through the persons clothing, you can still see movement, it's fantastic to watch God heal. You can use the praying with the hips for women with internal organ problems, without having to do the neck thing.

Resting in the spirit

IF A PERSON RESTS in the spirit, /is Slain in the spirit/ falls down in the spirit. Lay them down as gently as you can, do not touch them, as they rest, pray for them.

IF you have never prayed with anyone for the "RESTING IN THE SPIRIT" [I like to call it this, as this is what is happening to them] Then practice with a friend. Have them stand up straight with room to fall outstretched behind them, a carpeted area is best. Touch their forehead with your hand gently. Keep your hand there, [watch their hair-do if a lady] Place a hand behind their back to catch them when they fall, or have someone stand behind them to catch them. Ask the Lord to let his love flow through you, again if you have the gift, pray in tongues, there is

tremendous power in praying in tongues. Again if no tongues, praise the name of Jesus gently, as you pray. Have your friends do the same with you. So you may experience resting in the spirit.

There are tremendous healing occurring when you rest in the spirit, usually inner healing but physical healing happens also, we cannot limit God

This is one way of healing that lets the Holy Spirit have full control and this also is such a beautiful experience to have.

If you do not have the gifts of the Holy Spirit operating in your life ask God for them he will be delighted to give them to you.

1-Corinthians-12-31- try YOUR best to have the more important of these gifts

1-Corinthians-14-12- Since you are anxious to have special gifts from the Holy Spirit, "ASK HIM" for the very best, those that will be of real help to the whole church."

GOD WANTS YOU TO HELP OTHERS, PRAYING WITH THEM FOR HEALING IT IS DOING HIS WILL; and he will give you the gifts that will bring healing and miracles. The holy spirit is the one who uses you to heal through, remember it is HIS power not yours, so you do not have to worry if nothing happens, there are blocks that people put up subconsciously, that prevent healing taking place. So do not worry if healing doesn't seem to be taking place with someone. Just keep at it. One main block is not forgiving. Another is fortune telling, or having your fortune told. Repentance is simply needed here. Deuteronomy no Israeli may be a fortune teller. [read it for yourself] You learn better that way.

ANOTHER WAY TO PRAY

WATCH A MIRACLE HAPPEN. If a person is suffering from pains in the hands example arthritis. Hold the persons hand in yours, with their hand resting on the palm of yours, **KEEP YOUR EYES OPEN.** And pray in tongues. As you pray you will possibly see little nerves and sinews moving across the persons hand, jumping about and shifting back into proper place. This is amazing to watch. as you see God heal through your love for this person. [love wants what is best for someone]The longer you

pray the more work God does, Sometimes the person will feel other areas of their body move and pain leave.

PRAYING FOR HEALING OF KNEES.

Again keeping the eyes open. Touch the person in need of healing with the tips of your fingers, On the knees and pray in tongues, for as long as needed, until the pain leaves. People with damaged knees, cartilage problems, etc will receive healing this way. If healing is resisted [not happening] then put your other hand behind the knee, and gently touches with the fingertips. [Always being cautious when a man prays with a woman or vice versa] and pray again in tongues, if you have that gift if not, again, keep praising Jesus name. And you will see many miracles happen

PSALM-111-3- MIRACLES DEMONSTRATE GOD'S GLORY, HONOUR, MAJESTY, & ETERNAL GOODNESS.

You can see with this scripture that God wants miracles happening because they glorify him. BY THE WAY= it matters not to God how badly damaged the person knees may be in he is God you are just the means of healing.

THE WORD OF KNOWLEDGE WHEN PRAYING.

When praying with people I always ask the Lord for a word of knowledge, especially if I encounter a block in their healing, when nothing seems to be happening. If you have never used this gift and your baptised in the Holy Spirit, then put your hand on the persons shoulder and

pray in tongues for a few minutes asking the lord for a WORD of knowledge. The first word that comes to your mind when you ask is usually from the lord, and can be very easily tested. You simply ask the person being prayed with, does this word mean anything to them? The word can be anything from a name or a picture. But it is one word, not a lot of words, its the WORD of knowledge. Do not argue with people when they say the word means nothing to them leave it with them Many times they remember what it means later on. God gave us his gifts to use to help others and will only be too happy to oblige you with a word of knowledge. Trust God he wants you to succeed. Do not give up when you're praying keep trying you have nothing to loose and everything to gain.

CONTACT DETAILS

About the author.

Brendan Mc Crossan, lives in Northern Ireland, He had a dramatic spiritual conversion. On five separate occasions God spared his life from imminent death.

Since his conversion. Brendan and his wife Rose have been involved in a healing ministry.

For the past 20 five years, Brendan and Rose have given talks at retreats and conferences, teaching on God's word and Healing, and on the Gifts of the Holy Spirit with practical teaching methods. Teaching peoples how to open to the power of the Holy Spirit. Showing them how they can pray for the sick and see healing and miracles happen.

They teach on spiritual subjects out of a rich source of practical experiences. Having had many experiences in their lives, and have been through it all with God• s grace and love

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Prayers from the Holy Spirit.

5 Steps to growing spiritually strong.

God ! Where the hell are you?

How God sees us.

Stop asking for what is already yours.

seven Ways to have peace of mind and heart.

Redundant Angels.

God has feelings and emotions.

Healing the miscarried, stillborn or aborted children.

Heart to heart with God.

Spiritual blocks to God• s Healing and Power.

The power of God at work.

The price it costs you if you refuse to forgive.

God loves you and here's the proof.

Removing the chains of guilt.

Trust me in your times of trouble.

Your Children are promised salvation.

Locked in the past. – Learn to live in the Fresh newness of life.

The devil is listening to you.

What price heaven.

The purpose of the Holy Spirit.

Naked Christians who think they are wearing the Armour of God.

Stop getting annoyed! Go and get Jesus.

Learn how to pray for healing.

Did you know?