ATORY PROGRAM 30, 2009 SCRIPTIONS

igned to get students enthusiastic about. The following concepts and skills willing, and learning how to tie some of the ass we will also look at other activities a biking and hiking.

DURANCE: Course will introduce to increase their cardiovascular and Yoga, Pilates and stretching techniques core activities.

GY: Gain an understanding of basic th a strong emphasis on safety. Students a vehicle, wheel removal & checking of inge fluids.

aking. A hands on, fun class, students on al baking lab. Learn to make pizza,

ics or just work on your game. This he basic skills of ball handling, passing, individual drills and game situation. evels.

nts will be introduced to the many ntenance field. Students will have hands trical and plumbing.

vill be introduced to the Cosmetology & training that is required for licensing. eos & hands-on experience.

earn how to cook. Students will be g delicious recipes using all the food estaurant practices by cooking/serving

uced to the many opportunities available in hands-on practice in taking vital signs, the process of taking impressions and

class is designed to help students have & how to use these skills in the ersonality & skill assessments the & learn how to put their talents & e computers & do projects to help need for success in work & life.

Covers investigation, crime scenes; vestigation, SWAT demonstration, and a tour of a Police Department.

S: Course offers an introduction to ver the basics of word processing with flyer or newspaper article in Publisher, the fun of creating & illustrating a slide presentation in Power Point, researching information on the Internet. Creating a fun project, some include a t-shirt transfer, mouse pad, stickers and a puzzle.

13. FITNESS/HEALTHY LIVING: Course will cover proper nutrition and hydration, weight-lifting techniques, the importance of sufficient rest, cardiovascular endurance and a healthy lifestyle.

14. FORENSIC SCIENCE: "C.S.I.", "Law and Order", "Criminal Minds" & "The Forensic Files" are TV shows that use observation & analysis of evidence to solve crimes. Learn how to study & analyze a crime scene the way the CSI staff does. Find out about forensic analysis of firearms, fingerprints, toxicology, DNA, hair, fibers, paint, insects, blood splatter, bullet trajectory, physical anthropology & more. Learn about the FBI Behavioral Analysis Unit and how the BAU works – and how dogs can be better crime-fighters than people! Students will experience hands-on evidence analysis, culminating in the solving of their own crime scene. Visuals include actual crime photos, clips, sections of CSI and Criminal Minds and other crime documentaries.

15. GUITAR 101: This course is designed to introduce students to the guitar. The curriculum includes: guitar instruction, theory, maintenance, amplifiers, electronic equipment and effects. The history of rock music, from its roots in R & B through present day, will be analyzed during this course. Students will work in group settings as well as individual instruction. Students are encouraged to bring their own instruments.

16. IN-LINE SKATING: Students will practice and improve the basic/advanced skating skills like stopping, turning, stepping up, tricks & balances. Emphasis is placed on safety/development of lifelong fitness. Students are challenged as they learn techniques to maneuver around obstacles. Students may bring their own skates/equipment.

17. INTRODUCTION TO DRAMA: A non-threatening introduction to basic acting techniques through improvisation & theater games in pairs & as a group. Exploration of verbal & non-verbal communication is stressed. A basic course to help students become more self confident. Topics include self-esteem, perception, listening and public speaking.

18. INTRODUCTION TO ELECTRONICS & ROBOTICS: Students will be introduced to the exciting world of electronics & the many career opportunities to which it may lead. They will work with hands on labs assembling projects using basic electronic components. No previous electronic experience necessary.

19. IT'S ALL ABOUT ME: In this course teens will explore how to take care of their hair and skin to help them look their best. You will learn how to make healthy food choices and how to dress to put your best foot forward.

20. MANICURES/PEDICURES: Make a statement with well-groomed nails. Course offers creative learning with basic skills in manicuring, pedicures, nail designs and decals.

21. OUTDOOR POWER EQUIPMENT/SMALL ENGINE REPAIR: Students will work on their own lawn mower; 4-stroke engine or an engine will be provided for them. Emphasis will be placed on understanding the mechanical cooling and lubrication systems of the engines.

22. PLUMBING: Introductory class explores various areas of residential plumbing. Students will perform hands on activities to include, faucet repair, fluid valve installation, pipe cutting, soldering techniques, tools and more.

23. READING COMPREHENSION: Improve reading, reading comprehension, and study skills through the Wilson Reading System. This system teaches the structure of words so that students can master the coding system for reading and spelling.

24. REFRIGERATION/AIR CONDITIONING: Students will learn the skills required to become a technician. Explore principles of heat transfer, temperature control, and become familiar with the latest in training equipment.

25. SELF DEFENSE: Class is designed to teach kids how to physically protect themselves & to recognize a bad situation before it happens. This class is not a Karate class but a system of easy to learn techniques taken from different styles of martial arts combined to create one effective form of self defense and paired with a simple fitness program Kids will learn the confidence & knowledge needed to stay safe confident and in shape.

26. SKATEBOARD CONSTRUCTION: Students will learn how to read a tape measure and use multiple hand and power tools. Then each student will complete all the steps to construct their own skateboard.

27. SKETCHING/DRAWING TECHNIQUES: Students will learn different sketching techniques done in pencil, ink and color pencils. Class will learn about perspective drawing, how to use sketching materials, details drawn from nature and landscape.

28. STUDY SKILLS: Students will be introduced to a variety of strategies that will help improve their study skills. Topics covered will include: effective study habits, time management skills, reading for retention, note taking strategies, organization and memorization techniques, overcoming test anxiety, and studying for exams. Students will learn ways to actively monitor their understanding, and practice with techniques that will aid them in becoming skilled learners.

29. VISUAL COMMUNICATIONS: This class integrates art, photography and computer graphic design as students create a detailed magazine cover. Students will gain a basic understanding of layout and design, digital photography (cameras are provided) and Photoshop as they work to create their final project over the course of four days.

30. WOODWORKING: Course will expose students to many areas of the profession by exploring shop and machine safety, lumber identification, design, layout, joinery, common woodworking techniques, wood finishing, hand tool & power equipment. Bring along an 8x10 picture to be framed.

31. MACHINE TECHNOLOGY & WELDING FABRICATION TECHNOLOGY (2 week course): Course consists of eight days of machine shop basics and welding basics. Safety is emphasized while students' machine, cut and weld metal parts for a model car. Cars are painted by the student. A gravity race is held on the eighth day. Prizes are awarded for various categories, all students receive recognition. Exposure to this course will introduce the student to the career fields of machining and welding. This is a combination class offered over a 2-week period. CLASS COUNTS AS 2 CHOICES

REMINDER: PLEASE PICK 4
EXCEPT WHERE NOTED AS A 2-WEEK COURSE
1 CHOICE WILL BE USED AS AN ALTERNATE