

PHOTO CREDIT:
CORRECTION:
NICE TIM TOOK
THIS GREAT
PHOTO THAT
APPEARED LAST
ISSUE WITHOUT
ATTRIBUTION.



America Meredith submitted this photo on the left! She writes, "Natasha Parsons, formerly of L.Sid, Flash, Access, and ProMess, married Robert Bryce on December 28th and honeymooned in her hometown of Saskatoon, Saskatchewan. She will begin teaching a physics at University of Alberta this spring."

And then America also has this fun fact: "Jason Beaubien, former San Francisco bike messenger and erstwhile contributor to Mercury Rising, is NPR's African correspondent and currently is reporting on the tsunami from Hambantota, Sri Lanka."

Farmer's Markets

When you buy great fresh fruits and vegetables at a farmers' market you can get treat that was picked a few hours before; and you can sample wide variety of produce that just isn't always available at the grocery

store. Each of the three San Francisco markets (Ferry Plaza, UN Plaza and Alemany Boulevard) has its own flavor.

Ferry Plaza is the most snooty. Many of the growers are organic, high quality and sometimes have fatso prices. Besides produce, you can buy olives and olive product, breads from the bay area's grumpiest bakers, cheese, pasta and other foodists. Good place to graze on samples. Located @ the Embarcadero in front of the Ferry Building. Saturdays: 8am - 2pm, Tuesdays: 10am - 2pm, Thursdays: 10am - 2pm, Sunday Garden Market: 10am - 2pm.

The UN Plaza market is a good place to get bok choy, lemon grass, winter melon and other

Photo: John McDonnell



Jumble

Rearrange letters to form words that may be said to describe pictures answer

URESUTOSN
EWYAST
EGTRUN
WELMAT

WORK?

ANSWERS FOR ISSUE #46
BEWITCH / SWIRL
FESTER / HOARD
SACRILEGE



Chris all Santarchy
photo: America Meredith



Thanks to Joel Metz for the great Bay City Relay Race. It was such a hit....yes this Cognition has photos from the event on almost every page! Woo woo woo!!!! Nice!

ingredients for true to form Thai, Chinese, Vietnamese and Laotian dishes. There's a good selection of "standard" produce as well, and prices are generally low. Very rare to see free samples. Hyde and Market Streets. Wednesdays and Sundays 8am-5pm

The Alemany market is the granddaddy of Bay Area farmers markets. It's been in business for a very long time and (in fact- the farmer's market opened on August 12, 1943, during World War II as a wartime measure, an outlet for surplus and distressed crops from neighboring counties. Its first location was at Market Street and Dubose Avenue, and it was operated by the farmers and the Victory Garden Council, with the City and County of San Francisco assuming management on August 1, 1944. In order to determine the future of the market, voters of San Francisco were asked in November 1945 if they desired a permanent market. The response was the biggest YES vote on a matter of policy in the history of the City. The Farmer's Market opened at its present location, 100 Alemany Boulevard, on August 4, 1947.) features both organic and conventionally grown produce, dried fruit, nuts, herbs, eggs, jams and fish. Prices are moderate and quality is good. 100 Alemany Blvd. near Highway 101, Saturdays, 6am-6pm

In addition to the three San Francisco markets, there are a number of markets in nearby counties:

Alameda County: Alameda, Central Ave./Webster St. Tuesdays 9:30am to 1pm, May-November.

Berkeley: Center Street between Milvia and Martin Luther King Jr. Way Saturday 10am to 2pm year-round; Derby Street between Milvia and Martin Luther King Jr. Way, Tuesdays, 2pm-7pm summer, 1PM-dusk winter; Haste St. at Telegraph Ave. Sundays 11am-3pm, May-November.

Marin County: Corte Madera, The Village at Corte Madera Shopping Center, Wednesdays, 2-7pm, May-October; Fairfax, Downtown Arcade btwn. Sir Frances Drake Boulevard and Broadway, Tuesdays 6pm-9pm, April-October; Novato, Sherman Avenue between Grant and DeLong, Tuesday, 4-8PM May-October; San Rafael, Fourth St. between Cijos and B streets, Thursdays 6pm-9pm, April-October; Marin Civic Center off Highway 101, Thursdays and Sundays 8am-1pm year-round.

POP QUIZ!! ANSWERS FROM ISSUE #46

ISSUE #46 POP QUIZ!! #1

WHO'S FEET ARE THESE?

ANSWER:
THESE FEET BELONG TO THIS PEDALER



ISSUE #46 POP QUIZ!! #2

HOW MANY TAGS DID THESE GUYS DO BEFORE THEY STARTED LOLLYGAGGING ON THE GROUND?

ANSWER: PLENTY!



ISSUE #47 POP QUIZ!! #1

DOES THIS MESSENGER HAVE BOTH EARS PIERCED? OR JUST ONE?

ANSWER IN THE NEXT COGNITION.



ISSUE #47 POP QUIZ!! #2

IS THIS MESSENGER A WESTERN MESSENGER?

ANSWER IN THE NEXT COGNITION.

49 MILE
SCENIC
DRIVE

MARK YOUR CALENDAR! GREAT RIDE FOR ALL! SAT FEB 5TH! 49 MILE RIDE!!!!!! MEET @ 9:00 AM TO PLAN ROUTE AT DUBOCC MURAL BIKE ALLEY. RIDE LEAVES @ 9:30A.M