

J. Scott Gainey
Email: coachgainey@gmail.com

Thank you for reviewing my resume. I am interested in expanding and utilizing over 15 years of coaching experiences.

Coaching Philosophy:

- To help swimmers continually develop a long term career with the sport of swimming.
- To develop respectful athletes and a respectful team

Team Vision Statement:

- To guide a swim team that has an ability to meet all levels of swimmers.
- To establish a 'goal oriented' group structure to ensure each swimmer is developing to the goals they wish to achieve.
- To develop an elite training group that will become strong contenders at the LSC Sectional Championships
- To develop an elite training group that will have a consistent presence at the National Level by 2015.

Personal Vision Statement:

- To become a presenter at an ASCA World Clinic.
- To become a member of the USA Swimming National Team Staff.
- To be in an environment that will allow me to continue my education (professional education and personal education)

Thank you for your consideration.

Sincerely,

J. Scott Gainey

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Resume
References

OBJECTIVE

Seeking to utilize and expand experiences as swim coach.

COACHING HISTORY

Head Coach – Circle City Aquatics

- *Design group / team structure for long term development of program
- *Train Senior level swimmers to LSC / and Junior National Levels
- *Communicate with members via (website updates, newsletters and email)
- *Create a Masters swim program (CCAQ Masters)
- *Chair of Eastern Section of LSC (Southern California Swimming)
- *Review and participate in edit of By-Laws
- *Recommend multi-year budget planning strategies
- *Maintain Team Manager and Team Unify databases

Assistant Coach (Senior Group) – Irvine Novaquatics

- *Train senior level swimmers ranging up to Sectional and Jr. National Cuts
- *Continue to discuss proper technique and nutrition
- *Modify workouts to help rehab any injured swimmers
- *Review posted Senior information on Website for accuracy

Director of Competitive Aquatics – Chapel Hill YMCA

- *Organize and administrate (host) swim meets
- *Establish / monitor budget
- *Directly coach all senior level groups and several age group programs.
- *Organize team travel
- *Maintain team databases and website
- *Redesign group structure for better transitions between groups

Head Coach & Aquatics Director – Trinity University

- *Design team set up, guidelines, and philosophy
- *Organize team travel
- *Conduct practices (dry-land / swimming)
- *Maintain and update team databases. (Team and Meet Manager Software)
- *Conduct swim clinics for area teams
- *Create a Masters swim program (Trinity Aquatic Club Masters)
- *Design Trinity University's first swim camp
- *Establish policy manual for aquatic staff

Head Coach, Springs Aquatic Club – Springs Fitness Center

- *Design team set up, guidelines, and philosophy
- *Establish meet and training schedules
- *Conduct practices (dry-land / swimming)
Various levels –developmental to Senior level swimmers.
- *Assisted sports foundation in grant research
- *Represent LSC as All-Star and Zone Team Coach
- *Represent South Texas LSC on TSA All-Star Committee
- *President of Longhorn Aquatics Summer Swim League

Head Age Group Coach, Texas Aquatics – University of Texas at Austin

- *Supervise assistant Coaching staff (Age Group Program)
- *Specifically responsible for training of pre-senior group (10-13y.o)
- *Maintain Team databases and website
- *Establish Meet Schedule for Age Group program.
- *Assist Director in Grant research and community outreach research
- *Represent South Texas LSC as All-Star and Zone Team Coach

Coach / Counselor -Skip Kenney's(2001 – 2006) and Richard Quick's Swim Camps(2004& 2005) at Stanford University

- *Coach swimmers ages 9-18 (for 2 weeks at camp)
- *Video stroke work and analysis
- *Coordinate schedules / travel plans / group building exercises

Assistant Coach, The Capital Sea Devils

- *Clinic Coach
 - Work on swimmer technique (ages 7 – 16)
 - Attend / assist in clinic swim meets (set up / take down)
 - Administration of meets / clinics (attendance / meet information)
- *Assistant Coach
 - Work with various age groups and levels
 - Assisted other coaching staff when scheduling conflicts arose

Head Swim Coach, Providence Day School

- *Trained swimmers ages 12-18.
- *Organized practice times and swim meets
- *Conducted NCISAA first Relay Meet at MAC
- *Recruited and trained (if necessary) meet volunteers
- *Hired assistant coaches
- *Designed web page for team publicity
- *Prepared budgets
- *Coordinator of Wellness / Fitness Center
- *Assistant Track Coach (sprints and jumps)

Pool Manager, Rama Swim Club

- *Hire/ Train and Supervise Aquatic Staff (Lifeguards, Instructors, Coaches)
- *Coached 13-18 (and some advanced 11-12)
- *Organize pool schedule and swim meets
- *Prepared budgets

C O A C H I N G A W A R D S

- *Jr. National Qualifiers (NSCA & Speedo)
- *YMCA National Qualifiers
- *Sectional Qualifiers (Western and Southern)
- *State Senior Championship Finalists (CA / NC)
- *State Age-Group Championship Finalists (CA/ NC / TX)
- *High School All-Americans
(as recognized by Interscholastic Swim Coaches Association).
- *Inter-Scholastic All-Academic Team – Providence Day School
(as recognized by Interscholastic Swim Coaches Association).
- *Intra-Scholastic All-Academic Team (Women’s Swimming @ PDS)
- *Team Records (All Locations)

E D U C A T I O N & A D D I T I O N A L T R A I N I N G

- *American Swim Coaches Association – Level 3 Education & Achievement
(Recently Submitted Level 4 – Administration)
- * University of North Carolina at Charlotte
 - *Study: Major – English / Minor – Philosophy (Logic / Ethics)
- *Additional Experiences:
 - *American Red Cross – Health Services Committee (NC, TX, DC)
 - *Teaching Assistant – UT Kinesiology Department (Swimming)
 - *Developmental Coach – Lone Star Aquatic Club, Texas

Assistant General Manager, Tuckahoe Recreational Club

- *Facility management of 5 pools/6 tennis courts / fitness center.
- *Hire / train and supervise recreational staff
- *Establish and monitor budget
- *Secure bids / contracts
- *Establish / edit staff policy manual

Director Hethwood Foundation

- *Plan activities and events for the community
- *Plan agenda for board of Directors and other various meetings
- *Prepare budget and payroll

References for Jerry Scott Gainey (Names and personal information removed). Please contact Scott if you are interested in discussing coaching opportunities.

Assistant Coach
Swimming and Diving
College of Charleston
Charleston, SC 29424

Head Coach
Stanford Men's Swimming
Stanford University
Stanford, California 94305-6150

Past President
Circle City Aquatics
PO BOX 77183
Corona, CA 92877

Associate Head Coach
Irvine Novaquatics
14252 Culver Drive
#A811
Irvine, CA 92604

Director
Longhorn Aquatics
The University of Texas
1 University Station D4050
Austin, TX 78712-0364

Director of Human Resources
Chapel Hill – Carrboro YMCA
980 MLK Jr. Blvd
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