

Meet:	UNK Invite
Location:	UNK Fieldhouse, Kearney, NE
Date:	3/19/2004 @ 1:00 PM
Weather:	Indoor (160m unbanked)

BOYS: 1) Columbus 91, 2) T-Birds 87.83, 3) PLV 73

4x800m Relay	Prelim/split	Time/Dist.	Place	Standard
1 Jon Keeney	63 75	2:18.1		
2 Bryan Souder		2:27.9		
3 Chris Fripp		2:25.2		
4 Garland Bennett	69 80	2:29.4		
		9:40.74	5	

3000 meters

1 Jon Dotzler	2:34 2:45 2:58	10:33.72		
2 Matt Ferrara	3:07 3:23	13:08.28		

55 meter hurdles

1 Tyler Lefevre	8.50	8.45	2	
2 Monti Ruffin	9.26	8.86	6	
3 Forrest Gregory	8.64	9.35	7	

55 meters

1 Jervon Starling	6.98	7.00	8	
2 Tyler Smith	7.05			
3 Russell Wardlow	7.28			

Shot Put

1 Travis Thomas		47'-3"	7	Pur/Comp
2 Greg Ernster		44'-5"		Purple
3 Chase Tracek		42'-10"		Purple

High Jump

1 Mike Norenburg		6'-2"	1	P/C/Gold
2 Forest Gregory		5'-10"	4	Purple
3 Tyler Lefevre		5'-8"	6	

Triple Jump

1 Tyree Coleman		42'-0 1/2"	2	Pur/Comp
2 Silas Fluellen		40'-11 1/4"	3	Wh/Purp

T-Bird of the Meet: Mike Norenburg won 3 gold medals: HJ, 800m, 4x400m

GIRLS: 1) T-Birds 82, 2) North Platte 75, 3) Columbus 74

4x800m Relay	Prelim/split	Time/Dist.	Place	Standard
1 Katie Yost	76 90	2:45.9		
2 Emily Romesser	75 92	2:47.0		
3 Rhianna Needham	77 94	2:51.6		
4 Ashley Janca	82 80	2:42.6		
		11:07.30	2	

3000 meters

1 no entry				
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55 meter hurdles

1 Alyssa Rabenneck	10.34	10.41	6	
2 Emily Rabenneck	11.18			
3 Tanisha Lewis	11.68			

55 meters

1 Angelique McNeal	7.56	7.48	2	
2 Cydney Gaines	7.78	7.75	4	
3 Amy Schafer	8.10	8.07	8	

Shot Put

1 Taran Sanders		32'-5"	2	Purple
2 Kelsey Swanson		29'-10"		White
3 Allison Hoover		26'-0"		

High Jump

1 Danielle Fisher		5'-3"	1	P/C/Gold
2 Yolanda Fisher		5'-0"	3	Purple
3 Liz Milacek		5'-0"		Purple

Long Jump

1 Tanisha Lewis		14'-0"		
2 Malika Lane		13'-3 1/4"		

T-Bird of the Meet: Danielle Smith established a new school record in the triple jump breaking Nikki Hodges record of 34'-0 1/2" from 1993. Danielle Fisher won two golds (HJ, 400m) and a silver medal (4x400m).

400 meters

400 meters	Prelim/split	Time/Dist.	Place	Standard
1 Cody Ingold		53.27	2	Pur/Comp
2 Joe Hodges		54.41	4	Purple
3 Luke Gabriel		58.32	7	

1 Mile

1 Jon Keeney	74 75 89 90	5:28.33		
2 Garland Bennett	78 83 88 82	5:31.12		

800m

1 Mike Norenburg	60 62	2:02.04	1	Pur/Comp
2 Chris Fripp	65 78	2:23.29		
3 Bryan Souder	72 79	2:31.12		

200m

1 Jervon Starling		25.17	7	
2 Demetrius Trisvan		25.26		White
3 Jeff Martin		25.67		

4x400m Relay

1 Mike Norenburg		53.8		Purple
2 Joe Hodges		54.8		
3 Forrest Gregory		54.9		
4 Cody Ingold		55.8		
		3:39.69	1	

Pole Vault

1 Jason Kalfut		12'-0"	2	Pur/Comp
2 Cody Ingold		11'-0"	5	Purple
3 Tyler Smith		NH		

Long Jump

1 JT Fluellen		22'-0 3/4"	2	P/C/G/E
2 Demetrius Trisvan		19'-5"		White

400 meters

400 meters	Prelim/split	Time/Dist.	Place	Standard
1 Danielle Fisher		1:03.33	1	Purple
2 Ashley Lynch		1:09.90		
3 Liz Milacek		1:11.11		

1 Mile

1 Emily Romesser	84 3:00	6:17.67	8	
2 Maribel Garcia	3:06	6:43.90		

800m

1 Ashley Janca	78 89	2:47.19	6	
2 Katie Yost	79 95	2:54.68		
3 Rhianna Needham	82 99	3:01.70		

200m

1 Angelique McNeal		27.38	2	W/P/Comp
2 Cydney Gaines		28.35	5	
3 Ashley Lynch		29.93		

4x400m Relay

1 Danielle Fisher		63.2		
2 Danielle Smith		66.8		White
3 Amy Schafer		67.9		
4 Liz Milacek		69.4		
		4:27.64	2	

Pole Vault

1 Tanisha Lewis		NH		
2 Jennifer Daly		NH		
3 Alissa Hart		NH		

Triple Jump

1 Danielle Smith		34'-5 1/2"	2	W/P/C/Gold
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