

**BELLEVUE WEST HIGH SCHOOL
ALL TIME TRACK AND FIELD LIST**

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Foreword

Bellevue West High School opened its doors in August of 1977 after Bellevue High School was split into East and West. With four boy's State Track Champions in the 1970's, Bellevue High had a strong track tradition. That tradition continues at Bellevue West track with a Girls State Championship in 2001, a Girls Runner-up trophy in 2002, and a Boys Team runner-up trophy in 1999. The boys squad has finished in the top five at the state meet in six of the last eight years while the girls have been fourth or better in four of the last five state meets.

This compilation of all-time marks dates back to the first year of Bellevue West Track, 1978. Freshmen did not attend Bellevue West until the 1990-91 school year but competed at Logan or Mission junior highs. While there were exceptional athletes that competed on the West squad as freshmen prior to their attendance and whose marks are included in these lists, no research was conducted as to what marks were recorded by West athletes at junior high meets while they were at Mission or Logan JHS. For instance, Erick Strickland, who later played basketball at West and then in the NBA, had performances of 21'-5" in the long jump, 6'-5" in the high jump and 45'-4" in the shot put as a freshman at Mission in 1989 (he played baseball in the Spring and was never on a West track team). In other words, an athlete needed to be wearing a West track uniform and be competing in a high school meet to have his marks recorded here.

For each event, there is a 50 place deep list of athletes with their career best performances. Additionally, there are lists up to 25 deep broken down by class. Finally, there is a 100 deep list of the top performances ever recorded in an event. There are 30 deep lists for the relays.

At the top of each page are the current national, state and school records. Also included is a listing of state champions and medalists along with district and Metro champions. There is also a list of our team placing at "the Big Three" meets named above. The State and National records are also listed along with a progression of the West school record.

No effort has been made to round times for hand or fully automatic timing (FAT). The time listed is just as it was published in the newspaper or meet results. While hand times should only be recorded to one place, they were often erroneously reported to two decimal places and as such, are recorded that way here. State Meet results used FAT and deserve two decimal places.

Relay splits are included for the 400, 800 and 1600 lists. Only an athlete's fastest relay split in a particular year is included in the list. If the athlete had a faster time in an open event, then his/her relay splits are not included in the list. Relay splits have only been included since 1994. I have personally timed nearly all the relay splits listed.

My involvement with Bellevue West High School began in 1993 when I joined the coaching staff as a volunteer assistant for the cross country teams. I have continued to assist with both the cross country and track teams since then, officially joining the staff as an assistant coach in 1998. I was named the head cross country coach in 2005. My inspiration to begin research for the all-time lists came from a document published at Fremont High by girls track coach Bryce Lambley. In 1995, I reviewed available microfilm of the Bellevue and Omaha newspapers at the Bellevue Public Library and the Dale Clark Library in Omaha. Results in the Leader were sketchy at best but they were a good source of results from dual and other lesser meets. I was able to find all Metro, District and State Meet results along with most results from the Ralston Relays and Bellevue East (Chieftain) Invitational. What I am lacking are non-placing marks from all of the meets, especially State where good marks don't necessarily get a medal. I am counting on the athletes, coaches and fans to fill in the blanks. To date, I have made no efforts to locate actual meet results except for the seasons I have been associated with the team.

Since first publishing the lists in 1995, I have observed the interest shown in the lists by the athletes. That was the intent. It is hoped that these lists have provided an incentive to current and future athletes as they strive to maximize their track and field potential.

May the wind be at your back (unless it exceeds the legal 2.0 mps),

If you have information, corrections, additions or would just like a copy, please contact me at:

Craig A. Christians
2604 Annabelle Drive
Bellevue, NE 68123
(402)658-9647
tbirdxc@yahoo.com

A portion of these list are available at our website:

www.tbirdtrack.com