

11th Annual Thunderbird Track and Field Invitational

Bellevue West High School – 2014

Thunderbird Stadium

Date: Monday, April 28, 2014

Rain Date: Wed., April 30, 2014

Time Schedule: Field Events 3:30 pm
Running Events 4:00 pm

Entries: Teams can enter up to three athletes in each individual event. Only one relay entry per team.

Entries must be completed on-line at www.athletic.net by Saturday, April 26 @ noon. See Entry Instructions below.

Teams:	Bellevue West	Bellevue East
	Papillion-LaVista South	Papillion-LaVista
	Millard South	Elkhorn South
	Millard West	Fremont (girls only)
	Omaha Gross	Omaha Northwest
	Omaha Bryan	

Fees: \$100 for a boys team, \$100 for a girls team. \$180.00 for both boys and girls. Due at time of entries.

Awards: Medals to top six (6) places in all running and field events.
Medals to the top three (3) relays.
Championship plaque to the winning boys and girls teams.

Spike Limitation: Only 1/8" spikes for track surface events.

Qualifying: All events will be run as finals against time. Heats will be seeded according to times submitted. Please be prepared to provide documentation of performance.

Entries: Entries will be on-line via www.athletic.net.
E-mail Brent Litz at brent.litz@pbsne.net with questions.
Entry questions: tbirdxc@yahoo.com

Scoring: All events will be scored 10-8-6-4-2-1.

Starting Heights: Will be determined by entries.

Questions: Call Kevin Broderick at 293-4052

Schedule of Events

3:30 pm	Boy's Shot Put	(Girls to follow)
	Girl's Discus	(Boys to follow)
	Boy's Triple Jump	(Girls to follow)
	Girl's Long Jump	(Boys to follow)
	Boy's Pole Vault	(Girls to follow)
	Girl's High Jump	(Boys to follow)
4:00 pm	3200m Relay (Running events will be girls followed by boys)	
4:30 pm	100m/110m Hurdles	
4:50 pm	100m Dash	
5:10 pm	3200m Run	
5:40 pm	400m Dash	
6:00 pm	Coaches and workers dinner break/Senior Parents Recognition	
6:30 pm	800m Run	
6:55 pm	200m Dash	
7:20 pm	300m Hurdles	
7:45 pm	1600m Run	
8:20 pm	400m Relay	
8:30 pm	1600m Relay	

WE WILL RUN AHEAD IF POSSIBLE!!!

11th Annual Thunderbird Invitational worksheet
Boys Entries – Due Saturday, April 26th at noon – www.athletic.net

Shot Put	Mark	Discus	Mark
1.		1.	
2.		2.	
3.		3.	
High Jump	Height	Pole Vault	Height
1.		1.	
2.		2.	
3.		3.	
Long Jump	Mark	Triple Jump	Mark
1.		1.	
2.		2.	
3.		3.	
100m Dash	Time	200m Dash	Time
1.		1.	
2.		2.	
3.		3.	
400m Dash	Time	800m Dash	Time
1.		1.	
2.		2.	
3.		3.	
1600m Run	Time	3200m Run	Time
1.		1.	
2.		2.	
3.		3.	
110m Hurdles	Time	300m Hurdles	Time
1.		1.	
2.		2.	
3.		3.	

4 x 100m Relay	
1.	Time:
2.	
3.	
4.	
4 x 400m Relay	
1.	Time:
2.	
3.	
4.	
4 x 800m Relay	
1.	Time:
2.	
3.	
4.	

11th Annual Thunderbird Invitational
Girls Entries – Due Saturday, April 26th at noon – www.athletic.net

Shot Put	Mark	Discus	Mark
1.		1.	
2.		2.	
3.		3.	
High Jump	Height	Pole Vault	Height
1.		1.	
2.		2.	
3.		3.	
Long Jump	Mark	Triple Jump	Mark
1.		1.	
2.		2.	
3.		3.	
100m Dash	Time	200m Dash	Time
1.		1.	
2.		2.	
3.		3.	
400m Dash	Time	800m Dash	Time
1.		1.	
2.		2.	
3.		3.	
1600m Run	Time	3200m Run	Time
1.		1.	
2.		2.	
3.		3.	
100m Hurdles	Time	300m Hurdles	Time
1.		1.	
2.		2.	
3.		3.	

4 x 100m Relay	
1.	Time:
2.	
3.	
4.	
4 x 400m Relay	
1.	Time:
2.	
3.	
4.	
4 x 800m Relay	
1.	Time:
2.	
3.	
4.	

How to Submit Meet Entries Online

Athletic.net is a resource for high school Track & Field and Cross Country coaches, offering free **statistic tracking**, easing **meet registrations**, and providing free tools to simplify common coaching tasks. Follow the 4 steps below to get started:

1. Locate your school and sign up for a free coach account

- In a web browser, go to the website: www.athletic.net
- Locate your state, and then your school
- Once on your school's page, locate the "**Sign Up Here**" link, click it and follow the instructions
- After you have received the confirmation email, click on the link provided and you may proceed to the next section

2. Enter your season calendar

- Use your email address and password to sign into the website, and again locate your school's page
- Click on "**Edit Calendar**" from the Coaches Tool Bar on your school home page
- Where it says "Add meet to the Calendar" select the date **4/28/2014** and click **Continue** >
- For Region, select: **Nebraska**
- Click **Select** on line that says: **Bellevue, Bellevue West HS, Bellevue West T-Bird Invitational**
- Review the information and click **Save**
- Repeat this process for the rest of your calendar (though not required at this time)
- Verify on the "Edit Calendar" page that all your meets have been entered correctly. If you see a mistake, use the Edit button next to the meet to make corrections.

3. Enter past meet results to be used as seed times (not required—this may be done as entries are input)

Seed times for meet entries are automatically drawn from past meet results. While some meet hosts will accept "override seed marks", which you can enter on the meet registration page, it would be beneficial to enter the marks as results in your past meets. Doing this will ensure that your schools homepage will have current results on it.

- Click "**Enter Meet Results**" from the Coaches Toolbar, on your schools page
- Add an athlete to the roster (repeat for all athletes)
- Select the gender and the **older meet** from the drop-down menus near the top of the page (you do not want to enter results for the meet you are registering for)
- Select an event to enter results
- In the "Edit/Add Results" box, begin typing the last name of an athlete, type result and place
- Click "**Add**"
- Repeat for each result

4. Register athletes for the T-Bird Invitational

- Again on your school's page, click "**Meet Registration**"
- Locate **Bellevue West T-Bird Invitational** in the right column and click on it
- Use the boxes on the bottom of the page to add any additional athletes
- Click on either an Athlete or an Event
- Select the athletes you want to compete, select the division they are competing in (**varsity**), and verify their seed mark (if you have previously input results as in No. 3 above, the season's best mark will appear)
- Be sure to click the **Update** button to save your changes after updating the athlete or event
- To remove athletes from an event, select the '--' line
- Print your entries for use at the meet

That is all you do! Meet management will enter the site and download your entries. By printing out and faxing your entries, you can use the meet registration feature of Athletic.net for all your meets!

Questions? E-mail entry director Craig Christians at tbirdxc@yahoo.com