

Meet: **Ram Relays**
 Location: **Memorial Field, Fremont**
 Date: **April 2, 2005**
 Weather: **60 degrees, breezy**

Girls Team Scores: 1) Fremont 106, 2) Norfolk 98, 3) Marian 83, 4) T-Birds 71, 5) Millard South 22, 6) Gretna 27, 6) Ralston 27, 8) Blair 16

4x1600m Relay	Splits	Time/Dist.	Place	Standard
1 no entry				

4x100m Relay				
1 Meg Orr				
2 Catrina Bennett				
3 Ashley Lynch				
4 Angelique McNeal				
		51.6	1	

SMR (2-2-4-8)				
1 Amy Schafer				
2 Andrea McCoy				
3 Megan Davis		1:08.5		
4 Rhianna Needham	78 98	2:56.6		
		5:03.8		

DMR (12-4-8-16)				
1 Katie Yost	77 89 91	4:17.1		
2 Amy Schafer		1:08.1		
3 Kady Revis	77.5 88.4	2:45.9		
4 Emily Romesser	81 88 90 83	5:42.1		Comp
		13:52.5	3	#5

400m High Hurdle Relay				
1 no entry				

Discus				
1 Kelsey Swanson		88'-1"		
2 Allison Hoover		92'-2"		Purple
3 Andrea McCoy		91'-0"		Purple
		271'-3"	6	

High Jump				
1 Liz Milacek		4'-10"		
2 Chrissy Wissing		4'-10"		
3 Meghan Davis		4'-4"		
		14'-0"	3	

Shot Put				
1 Kelsey Swanson				
2 Allison Hoover				
3 Andrea McCoy				
		92'-0"	5	

Triple Jump				
1 Danielle Smith		37'-3 1/2"	1	School Rec
2 Monece Starling				
3 Veronica Lee				
		97'-1 3/4"	2	

T-Bird of the Meet: Danielle Smith's triple jump is school record and 18th best in Nebraska history.

Freshman Medley Relay (1-1-2-4)				
Time/Dist.	Place	All-Time		
1 Kidra Gadison				
2 Jasmine Shoulders				
3 Megan Wessling				
4 Chrissy Wissing		1:08.0		
		2:10.7	3	

4x200m Relay				
1 Catrina Bennett				
2 Brianna Creighton				
3 Ashley Lynch				
4 Angelique McNeal				
		1:48.8	1	=#2

4x800m Relay				
1 Katie Yost	77 82	2:39.5		
2 Kady Revis	84 88	2:51.8		
3 Rhianna Needham	82 90	2:51.6		
4 Emily Romesser	79 80	2:39.1		
		11:02.1	3	

4x400m Relay				
1 Catrina Bennett		1:07.7		
2 Danielle Smith		1:06.0		
3 Brianna Creighton		1:03.1		Purple
4 Angelique McNeal		1:01.0		=Gold
		4:17.9	1	

640m Low Hurdle Relay				
1 Alyssa Rabenneck				
2 Dayna Fogle				
3 Tanisha Lewis				
4 Liz Milacek				
		1:48.1	6	#6

Pole Vault				
1 Kaylene Goff		8'-6"		Comp
2 Jen Daly		8'-0"		Purple
3 Meg Orr		7'-0"		
		23'-6"	2	

Long Jump				
1 Tanisha Lewis				
2 Monece Starling				
3 Catrina Bennett				
		41'-11 1/4"	5	