

Meet: **Ram Relays**
 Location: Memorial Field, Fremont
 Date: April 2, 2005
 Weather: 60 degrees, breezy

Boys Team Scores: 1) Norfolk 114, 2) T-Birds 91, 3) Millard South 73, 4) Blair 65, 5) Ralston 59.5, 6) Gretna 41.5

4x1600m Relay		Splits	Time/Dist.	Place	All-Time
1	Ryan Shell	71 81 86 85	5:23.2		
2	Matt Widhalm	65 77 80 79	5:00.4		
3	Jimmy Norris	70 83 87 80	5:20.2		
4	Garland Bennett	66 80 82 79	5:07.3		
			20:51.3	6	#15

4x100m Relay					
1	Demetrius Trisvan				
2	Tyler Smith				
3	JT Fluellen				
4	Joe Hodges				
			45.4	2	

SMR (2-2-4-8)					
1	Drew Hudson				
2	Jervon Starling				
3	Jamal Evans		55.5		
4	Cody Ingold	63 64.7	2:07.7		Purple
			3:51.2	3	#13

DMR (12-4-8-16)					
1	Ryan Shell	69 79 78	3:45.6		
2	Silas Fluellen		58.3		
3	Luke Gabriel	63 68	2:11.5		
4	Matt Widhalm	67 77 82 79	5:05.3		
			12:00.8	3	

256m High Hurdle Relay					
1	Thomas Flynn				
2	Levi Baker				
3	Shamari Wellington				
4	Cody Ingold				
			41.4	4	#11

Discus					
1	Matt Hirz		121'-2"		Purple
2	David McCon		122'-9"		Purple
3	Chip Sparrow		121'-1"		Purple
			365'	5	

High Jump					
1	JT Fluellen		6'-0"	6	
2	Josh Passler		5'-2"		
3	Jeff Martin		5'-4"		
			16'-6"	3	

Shot Put					
1	Chase Tracek		49'-8 1/2"	1	
2	Travis Thomas		48'-4 1/2"	2	
3	Chip Sparrow		43'-10 1/4"		
			141'-11 1/4"	1	

Freshman Medley Relay (1-1-2-4)		Time/Dist.	Place	All-Time
1	Ejay Partridge			
2	Joe Neal			
3	Drew Hudson			
4	Ryan Howard	53.7		
		1:43.8	1	#1

4x200m Relay					
1	Jamal Evans				
2	Demetrius Trisvan				
3	Levi Baker				
4	Josh Passler				
				DQ	

4x800m Relay					
1	Garland Bennett	62 69	2:11.8		White
2	Jimmy Norris	62 73	2:14.8		
3	Ryan Shell	65 81	2:26.6		
4	Luke Gabriel	63 68	2:11.2		
			9:04.5	4	

4x400m Relay					
1	Jervon Starling		55.1		
2	Jamal Evans		55.4		
3	Cody Ingold		52.6		Comp
4	Ryan Howard		53.5		
			3:36.6	2	

640m Intermediate Hurdle Relay					
1	Shamari Wellington				
2	Levi Baker				
3	Thomas Flynn				
4	Cody Ingold				
			1:32.6	3	

Pole Vault					
1	Jason Kalfut		12'-6"	1	
2	Mike Goode		12'-0"	2	Comp
3	Tyler Smith		10'-0"	5	
			34'-6"	1	

Long Jump					
1	JT Fluellen		21'-10 3/4"	1	
2	Joe Hodges		20'- 7 3/4"	4	Comp
3	Demetrius Trisvan		20'-5 1/2"	5	Comp
			62'-0"	1	

Triple Jump					
1	Demetrius Trisvan		42'-2 1/2"	2	
2	Jeff Martin		40'-5 1/2"	5	
3	Silas Fluellen		39'-8 1/2"	6	
			122'-4 1/2"	1	

T-Bird of the Meet: Pole vault relay tied the meet record. Freshman Medley relay was 0.1 seconds off record. Four of six field event relays were winners.