



Report of the President

Nathan A. Neal - E '83

Our next regularly scheduled meeting will be **Wednesday, November 12, 2003, at 7:00 p.m.** at **CHADWICKS OF GEORGETOWN** located at **3205 "K" Street, NW in Washington DC, 202-333-2565**. Many of our members have completed their October athletic endeavors and have been successful. As President, I congratulate all who have engaged in athletic accomplishments. For this issue, I have been asked to briefly reemphasize the Purpose of the CAPITAL CITY ALUMNI CHAPTER. As stated in ARTICLE I, SECTION I of our BYLAWS, the name of this organization is CAPITAL CITY ALUMNI CHAPTER OF THE SIGMA CHI FRATERNITY, (please note the spelling of "Capital", it is not Capitol², which is the name of a building.^{3,4})

SECTION 2, ARTICLE I of the BYLAWS, sets forth our Statement of Purpose:

The purpose of this alumni chapter shall be:

1. To cultivate and maintain the high ideals of friendship, justice and learning.
2. To maintain and promote true friendship amongst the Brothers of Sigma Chi.
3. To further the interest of Sigma Chi in the community and in the individual

lives of Brothers.

4. To assist undergraduate Brothers and Chapters.

In keeping with CAPITAL CITY'S stated purpose, we hold regular meetings on the 2nd Wednesday of each month from September to May. Special events and additional social events are held throughout the calendar year to accommodate our busy and younger membership. Because there are other ALUMNI CHAPTERS which service the entire Eastern Province, CAPITAL CITY ALUMNI CHAPTER has limited its activities to primarily servicing the Brothers in the Washington, DC metropolitan area and the undergraduate Chapters at American University - Kappa Rho, George Mason University - Iota Xi and George Washington University - Epsilon, which is currently under suspension by the General Fraternity. CAPITAL CITY ALUMNI CHAPTER also services the House Corporations for the suspended Epsilon Chapter, THE EPSILON HOUSING TRUST, INC. and the Kappa Rho Chapter, THE SIGMA CHI RHO HOUSING TRUST, INC.

While CAPITAL CITY ALUMNI participates in other activities in the Eastern Province and the General Fraternity, our primary area of focus is serving our

younger Brothers in the metropolitan area; however, SIG'S of all ages are welcome to attend any event that CAPITAL CITY sponsors. Additionally, CAPITAL CITY is willing to help Brothers in the entire Eastern Province; it is not CAPITAL CITY's job to act as an ALUMNI CHAPTER for the entire Eastern Province. CAPITAL CITY ALUMNI always welcomes invitations to events; however, because of the varied responsibilities of our members, it is impossible to attend everything. Nonetheless, CAPITAL CITY ALUMNI members will do everything in their power to support the Brothers in the Province and the General Fraternity.

Finally, CAPITAL CITY ALUMNI holds dear its newsletter, the CAPITAL CITY CONSTANTINE that gives all

(Continued on page 2)

Inside this issue:

President's Report	1
Steakhouse Raffle	2
Bringing Epsilon Back	3
Province News	4
Kappa Rho Fundraiser	5
Redskin Rivalry	5
Membership Form	6

of our Brothers an opportunity to take advantage of the literary purposes of the Fraternity and we strongly encourage our Brothers and SIG'S to express their literary talents in writing in our monthly newsletter on a regular basis.

See you all on **Wednesday, November 12, 2003, at 7:00 p.m.**

¹A town or city that is the official seat of government in a political entity, such as a state or nation. A city that is the center of a specific

activity or industry: *the financial capital of the world*. AMERICAN HERITAGE DICTIONARY (4th ed. 2000)

²A building or complex of buildings in which a state legislature meets. **Capitol** The building in Washington, D.C., where the Congress of the United States meets. AMERICAN HERITAGE DICTIONARY (4th ed. 2000)

³**Usage Note:** The term for a town or city that serves as a seat of government is spelled *capital*. The term for the building in which a legislative assembly

meets is spelled *capitol*. AMERICAN HERITAGE DICTIONARY (4th ed. 2000)

⁴Under Sigma Chi policy, Alumni Chapters are name for geographical locations.

Steakhouse Raffle

J.P. Paluskiewicz, KP '02

In an effort to open up more opportunities for Capital City to aid undergraduate chapters, it is our intention to hold a fundraiser. The final details of the fundraiser will be determined at our November meeting. The fundraiser will take the form of a raffle, with tickets being sold by Capital City Alumni Chapter Members to Sigs and non-Sigs alike.



The prize of our raffle will be a \$200 gift certificate to Morton's of Chicago Steakhouse, a premier restaurant with branches in Washington DC

as well as other major cities. We encourage all of our members to get involved in this effort and help out! Please contact me at James_Paluskiewicz@yahoo.com, after our November meeting for finalized details.

"Help Raise Money and Win a Steak Dinner!"

AMERICAN LEGION

KENNETH H. NASH

post no 8

Multi-Purpose Room Available

Private Parties, Meetings,

Fraternity & Social Functions and Other events



224 "D" Street, SE

Capitol Hill

Corner of 3rd & D Street

Washington, DC 20003

METRO ACCESSIBLE

2 BLOCKS FROM CAPITAL HILL METRO/SUBWAY

CONTACT FRED BROPHY

202-543-9163

SIG'S PLEASE MENTION THIS ADVERTISEMENT

Bringing Epsilon Back to G.W.

David Asselin - E '89

This coming January marks four years since the Epsilon Chapter's Charter was suspended at the George Washington University. It is a sad anniversary, but the good news is it means that sufficient time has now passed to allow Sigma Chi to begin the re-chartering process of one of the oldest chapters in our history.

The Process –

Unfortunately, we can't just snap our fingers and have a new Epsilon appear out of thin air. Even before we start recruiting a group of undergraduates, we have to establish a strong Alumni committee, work with Sigma Chi Headquarters and GW University officials and have an organized plan in place.

Recently, Sigma Chi Headquarters has set up a process for New Chapter Development that outlines steps and sets periodic goals to meet along the two-year route of establishing a new or re-chartered chapter. The first thing we need to do is put together an Alumni Committee for the re-chartering, create subcommittees that will work with the undergraduates and train these alumni on the process.

A Call To Arms: Seeking Alumni Willing to Commit -

To do all of this, we need a core group of alumni in the Washington area who are willing to give commitments of their time, talents and energy to re-chartering the Epsilon Chapter at GW. We will also need more alumni to fill out subcommittees on Recruitment, Financial Management,

Housing and Ritual – among others, which will work with the undergrads to guide them in becoming Sigma Chis.

I have been asked to Chair this effort and I am working closely with Eastern Province Grand Praetor Jon Miller, Epsilon Housing Trust President Frank Araby and other Epsilon alums



in the Washington area. However, we also want a diverse group of alumni that is made up of a wide variety of generations and chapters from across the country, so don't be afraid to volunteer. We will need everyone's support and we will find something for everyone to do.

For those of you who don't know me, I was initiated at Epsilon in January, 1986 and graduated from GW in 1989. For the past seven years, I was the Chapter Advisor for the Theta Upsilon Chapter at Yale University. I recently moved back to Washington for professional reasons.

How to Get Involved –

We will begin putting committees together this fall and winter with an eye on having a large alumni re-chartering training session in early to mid February. To get involved, please e-mail me at GWSig@verizon.net or call me at 202-483-2192. As I stated earlier, there will be plenty of work for everyone who wants to join this re-chartering effort. It will be a lot of work, but I can also promise

Upcoming Events

11/12/03 - Meeting/Social Event - Chadwick's of Georgetown 6:30 pm to 9:00 p.m.

12/7/03 - Kappa Rho Fall Initiation - TBA

12/7/03 - Sigma Chi Rho Housing Trust Board of Directors Meeting - TBA

12/8/03 - Epsilon Housing Trust, Inc. Board of Directors Meeting - TBA

12/10/03 or 12/17/03 - Christmas/Holiday Party - TBA

1/14/04 - Meeting/ Social Event - Chadwick's of Georgetown 6:30 pm to 9:00 p.m.

1/04 or 2/04 - Sigma Chi Executive Committee Meeting - TBA

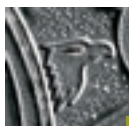
2/11/04 - Meeting/Social Event - Chadwick's of Georgetown 6:30 pm to 9:00 p.m.

2/15/04 - Annual Report Due to Headquarters - Evanston, Illinois



Please Do Your Part
To Help Get The
Historic Epsilon
Chapter Back On
GW's Campus

Province Reports



Sigma Chi Rho Housing Trust

Heath Hutchison, KP '00

Another year has passed for the Sigma Chi Rho Housing Trust (SCRHT) and the KP Chapter. This year has been the most successful year to date for the SCRHT in several areas. The SCRHT has expanded our programming to include events during Homecoming Weekend and Fall & Spring Initiation which many of you attended. We also joined forces with the undergraduates and held our

first fundraising event this spring, selling tickets to the Washington Wizards Basketball game. Again a great time was had by all and we raised close to \$1,800. Of course, each of you received the annual mailing and many thanks to the brothers that kept current with their annual dues, and hats off to everyone who sent in the one-time Life Member fee of \$200. The Board of Directors cannot thank you all

enough for your generous contributions to the most significant fundraising year for the SCRHT. We are beginning our planning for the 5 year reunion next October 9, 2004 and we need help from our alumni. Please contact Steve Nesspor at (703) 920-9280 or nesspo@hotmail.com to get info on our next planning meeting. See you there!



Kappa Rho 4th Anniversary Celebration

James Ormerod, KP '02

On Saturday, October 18, 2003, the Sigma Chi Rho Housing Trust held a luncheon on American University's campus to celebrate the 4th anniversary of the Kappa Rho chapter. Alumni brothers Stephen Nesspor, Heath Hutchison and Bob Grabowski sponsored the event which included Subway subs, chips, potato salads, soda and desserts. Some alumni brothers came from areas outside of Washington DC to take part in this celebration which ran in conjunction with American University's Homecoming weekend.

The day started out with a 5K Run for Humanity, sponsored by American University and organized by the Kappa Rho undergrads. This was followed with a Meet & Greet at the Kappa Rho "house" just up the street from American University. Following that, the alumni and undergraduates came together in the Hughes Hall formal lounge to con-

tinue the celebration. The informal format proved valuable to allow the undergrads and alumni to meet, some for the first time. A large crowd gathered and a good time was had by all.

Brother Heath Hutchison (President of the Sigma Chi Rho Housing Trust) gave a short welcome speech at the event, reminding alumni brothers and



undergrads of the purpose of the Housing Corp. He used this forum to announce that when the Housing Corp was born, a goal to raise \$10,000.00 in 5 years was set. The Housing Corp has reached that goal... 1 year early. He also announced that in a meeting

of the officers earlier this year, a new goal was formed – raise \$50,000.00 by our 10-year anniversary. He continued by saying that this goal was going to be difficult to reach, but with the help of as many brothers as possible, it is definitely attainable.

The program concluded with the announcement of the highly anticipated 5th Anniversary Celebration. Brother Stephen Nesspor chairs the committee to organize this. And though it is still a year away, it is never too early to begin planning. The date will either be October 9, 2004 or October 16, 2004 (it will be finalized shortly) and most likely will be a banquet held in the Crystal City area. All brothers, mark your calendars! If anyone would like to be a member of the committee, please contact Steve at nesspo@hotmail.com

www.angelfire.com/sc3/capcityalum

Official Web site of
The Capital City Alumni Association



Kappa Rho Fundraiser

Heath Hutchison - KP '00

Kappa Rho will be hosting a Wizards fundraiser benefiting CMN. The game is against the Philadelphia 76'ers at the MCI Center on November 11, 2003. Tickets are \$20 (Regularly \$50) and the goal is to raise \$10,000 for the Childrens Miracle Network. Any Sig, friend of a Sig, or even college roommate of a Sig is welcome and encouraged to attend; the more people who come to the event the more money we raise for CMN. For more information, contact Kappa Rho's Fundraising Chairman, Michael Santora by phone (302-893-5833) or email: MJSan2@cs.com



NOTE: The 5 year anniversary of Kappa Rho is going to be October 9, 2004, and the celebration is in the planning stages. Be on the lookout for more information in the very near future. If you are interested in helping to plan or for more information, please contact Steve Nesspor at nesspo@hotmail.com

Redskin Rivalry

Clay Wilkinson - KP '00

As I write this, the Washington Redskins prepare to play the Dallas Cowboys for the first of two games this season, and the old talk of a rivalry has been renewed.

A lot has been said over the years about how much the Cowboys hate the Redskins, and vice versa. I was born and raised in Dallas. I have lived the last seven years in Washington, D.C. I know how bitter this rivalry has become.

But what I don't understand is why the Cowboys hate the Redskins so much.

Consider this: The Dallas Cowboys have won ten of their last eleven games against the Redskins. Not too long ago, they swept all four games against the Redskins during consecutive 5-11 seasons. Eighty percent of their wins those two years came against the Redskins! Even more, the Cowboys lead the all-time series 49-33-2.

The Cowboys hate the Redskins? Talk about not being grateful.

I like round numbers. They're easy to understand. After this weekend, the

Cowboys will not only win their 50th game against the Redskins, they'll also be 3-0 in the NFC East. All thanks to the men in maroon. But do we Cowboys fans ever thank them for handing us such easy victories? No! Never! How rude.



Hating the Redskins is like hating Santa Clause for delivering presents every Christmas morning. Or hating the Easter bunny for all his wonderful, chocolate treats.

Like Santa Clause and the Easter bunny, the Redskins are soft, cuddly and cute, not threatening or scary. So it's funny when they get mad. Kind of like when a four-year-old gets a grimace on his face because he has to eat a plate full of brussel sprouts.

So it makes me smile when Redskins cornerback Champ Bailey gets mad and says with a frown, "I don't care where we play (the Cowboys). I just want to beat them."

But Redskins quarterback Patrick Ramsey is much more generous. He knows how important a Dallas win is to us: "We know it's huge for the fans and a win is something we'd like to give them."

Ok, so he was talking about the Redskins beating the Cowboys, but it's still so darn cute!

I say this rivalry should end. The Cowboys should stop hating the

Redskins. Instead, they should save their anger for when they will really need it, like the playoffs. (For Redskins fans, the playoffs are those games you watch on the big screen at ESPN Zone after the regular season ends.)

But if the Redskins want to keep handing us victories, we're more than happy to take them. There's nothing wrong with Christmas always coming a few months early.

**Sigma Chi
Capital City Alumni Chapter**

Post Office Box 1414
Washington, DC 20013

Officers

President:

Nathan A Neal - nastysig@aol.com

Vice President:

Bob Grabowski - bob_grabowski@hotmail.com

Treasurer:

JP Paluskiewicz - james_paluskiewicz@yahoo.com

Editor:

Michael Lally - mlally@apexmail.com

Social Chairman:

Brad McCormick - dipsomaniac3000@yahoo.com



In Hoc Signo Vinces



The Capital City Constantine is the publication of the Capital City Alumni Chapter of the Sigma Chi Fraternity. It is published for the sole purpose of disseminating news amongst its members and to fellow Sigs. The reprint of articles and/or pictures is permitted provided that credit is given to the Capital City Constantine and the Capital City Alumni Chapter.

Join The Capital City Alumni Association!

CONTACT INFORMATION

Please fill out the form below and return it to JP Paluskiewicz at:

James_Paluskiewicz@yahoo.com

Also, please send a check for \$25 made out to the Capital City Alumni Chapter to the following address:

Capital City Alumni
Post Office Box 1414
Washington, DC 20013

Thanks and Welcome!!!!

NAME _____

ADDRESS _____

PHONE NUMBER (day) _____

PHONE NUMBER (night) _____

PHONE NUMBER (other) _____

EMAIL ADDRESS _____

PLACE OF EMPLOYMENT _____

DUES PAID?---

UNDERGRADUATE CHAPTER _____

GRADUATION YEAR _____ BIRTHDAY _____