



## Report of the President

*Nathan A. Neal - E '83*

Our next regular scheduled meeting will be held at our favorite location

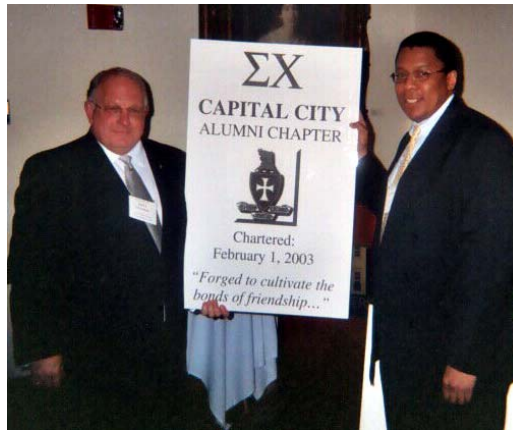
**CHADWICKS OF GEORGETOWN, 3205 "K" Street, NW in Washington DC, 202-333-2565.** The

meeting is scheduled for **Wednesday, May 14, 2003; at 7:00 p.m.** Our election

meeting was held on April 9, 2003, and the new officers are:

Nathan A. Neal, PRESIDENT, Robert Grabowski, VICE PRESIDENT, James "JP" Paluskiewicz, TREASURER, Ryan Harmon, SECRETARY, Brad McCormick, SOCIAL CHAIRMAN, Michael Lally, EDITOR, James Ormerod and Robert Farrow CO-AWARDS CHAIRMAN. Spe-

cial thanks to outgoing Vice-President Tim Wargo, Social Chairman Heath Hutchison and Award Chairman Grant Olan for their time spend on the ex-



ecutive committee. Also special thanks to Rob Melten for the time he has spend on the Executive Board. All of whom will be

active in Capital City It will be our annual election meeting. Up dates to follow in the next newsletter.

For those who missed it, on Friday, March 14, 2003, Capital City Alumni held an Installation celebration at the George Washington University Club, which was hosted by the Epsilon Housing Trust. The Chief Installing Officer was Grand Praetor Harvey A. Silverman who was assisted by Grand Trustee Bruce Morgan Casner. Grand Praetor Dennis Santoli was also in attendance. Approximately 45 SIG were in attendance. The Charter

*(Continued on page 2)*

## Derby Days - An Alumni Perspective

*James Ormerod - KP '02*

**Setting:** The eerie quiet of the AU campus

**Characters:** Nathan "Nasty" Neal, Capital City president, A gaggle of young, female Derby Days participants clad in black

**Motivation:** Capture the Sig

**Scene:** Our intrepid leader is caught in the chaos of Sig Hunt, running blindly and

wildly through darkness and wilderness. In the heat of



the moment, Nasty trips and falls with a thud on the

grassy floor of the quadrangle. In a flash, a group of vicious girls leaps out of the piney bushes and captures our hero while he rolls in agony as pain throbs from his side. Yet, he would return to the same scene days later with a bruised rib and no worse for the wear to observe the same females in action during Derby Days Field Events.

*(Continued on page 4)*

members are printed on the back of this newsletter and please enjoy the pictures from the event.

Please mark your calendar for Friday, April 25, 2003; the Sigma Chi Foundation is hosting an event in Washington, DC on Capital Hill. The cost per person and guest will be \$15.00. The event will take place on Friday, April 25 from

6:00 - 7:30pm at the Caucus Room (SR-325) of the Senate Russell Building. In attendance will be John Peterson Chairman of the Sigma Chi Foundation and Grand Consul Doug Carlson and all of the SIG Congressmen have been invited

I had an opportunity to attend Derby Days at AU. The Derby chase was ex-

citing and this SIG held the ladies away for a while. Who said I cannot run?! Grand Chapter and our summer events are approaching, mark you calendar for the Minor League Baseball games to be held in June.

See you on May 14, 2003

## SIG Social Events

*Heath Hutchison - KP '00*

There are several exciting events coming up in April:

All alumni are invited to the Sigma Chi Foundation Reception on Friday, April 25 from 6:00 - 7:30pm. The reception will be held in the Caucus Room (SR-325) of the Senate Russell Building. In attendance will be John Peterson, Chairman of the Sigma Chi Foundation, Grand Consul Doug Carlson and all of the Sigma Chi Congressmen have been invited.

Plans are in the works for a Capital City Alumni Chapter outing to a Bowie Bay-

sox game in Bowie, MD. Tentatively, the outing will take place some time in mid-June. This will be an event that all area SIGs, SIGNificant others and friends are more than welcome to attend.

Brothers Brad McCormick and Michael Lally are also in the process of planning a regional Sig Reunion. This event will not take into account any chapter affiliations whether they be alumni or undergrad. Instead, it will be a party of all of the DC Metro Area Sigs to get together and have a good time, sharing the Fraternity we all hold dear. More

detailed plans will come soon. If you are interested in helping out, please contact Mike or Brad at [mlally@apexmail.com](mailto:mlally@apexmail.com) or [bradmc2000@hotmail.com](mailto:bradmc2000@hotmail.com) if you would like to help with the organization of the event or have connections that could help with publicity.

## Time To Get Nasty in Florida

*Ryan Harmon - AN '99*

Occurring every other summer (opposite Grand Council), Grand Chapter is a meeting of the Sigma Chi body known as 'the Grand Chapter,' which is the supreme legislative body of the Fraternity. It is composed of one delegate from each of the active and alumni chapters, the Grand Consul and the Past Grand Consuls, each being entitled to one vote. Among other things, the Grand Chapter elects the officers of the Fraternity.

The meeting is a time for Fraternity business, but also for celebrating the bonds of Sigma Chi, and for honoring brothers with various awards, including

the Significant Sig and Order of Constantine awards.



The 2003 Grand Chapter will be held at the Renaissance Orlando Resort at

Seaworld June 25-29, 2003. I have researched to cost for attendance and the break down is as follows:

Average Flight cost \$250  
Hotel (one half room rate per night) \$60  
Grand Chapter Registration (includes some meals)\$350

I will be finalizing plans soon so contact me at [VA\\_longhorn@hotmail.com](mailto:VA_longhorn@hotmail.com), if you have any question or would like to attend the Conference as a part of the CCAC.



*Pictures from the Installation Banquet*

## Message Board

**LOOKING FOR A JOB?  
KNOW OF AN AVAILABLE JOB?  
NEED A ROOMMATE?**

***POST IT ON OUR MESSAGE BOARD!!!***

*Email editor Mike Lally <mlally@apexmail.com> to submit your announcement before our next newsletter is published.*

## Sigma Chi Foundation Reception

The Sigma Chi Foundation reception on Friday, April 25, will take place in the Caucus Room (SR-325) of the Senate Russell Building, from 6:00 - 7:30pm. The cost of the reception is \$15 per person / \$25 per couple. Please RSVP to Heath Hutchison and make your payment to the Capital City Alumni Chapter and send it to our Treasurer, Bob Grabowski.

Thanks again to all who have shown an interest and plan to attend this wonderful event. If you have any questions about this event, please do not hesitate to contact the CCAC leadership.



**NGW Pro DJ Services is available for college formals, date parties, company parties, and weddings. Prices vary depending upon season and day of the week. Please call 571-228-0594 for more information.**

## Upcoming Events

**4/2/03 - *Kappa Rho (AU) Wizards Game* - MCI Center**

**4/9/03 - *Election Meeting* - Chadwicks of Georgetown**

**4/12/03 - *Kappa Rho (AU) Initiation* - TBA**

**4/24/03 – 4/26/03 - *Foundation Board of Governor's Meeting* - Mayflower Hotel, WDC**

**4/25/03 - *Sigma Chi Foundation Reception* - US Senate**

**5/03/03 - *Derby Day Celebration* - Jon Miller's Farm**

**5/14/03 - *Meeting/Social Event* - Chadwicks of Georgetown**

**6/7/03 - *Social Event - Poto-mac Cannons***

**6/14/03 - *Minor League Baseball - Bowie Baysocks***

**6/25/03 – 6/29/03 - *Sigma Chi Grand Chapter* - Renaissance Orlando Resort at Sea world**

**7/03 - *Social Event - Hooters of WDC***

**8/03 - *Balfour Leadership Training Workshop* - TBA**

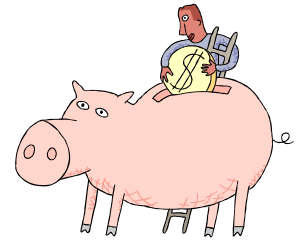
**9/10/03 - *Meeting/Social Event* - Chadwicks of Georgetown**



## Just Dues

Bob Grabowski - KP '01

Hey everyone! The new fiscal year for our Chapter begins in May and well all know what that means. If you're not sure, it means that dues for the 2003-2004 year are due in May. Dues are \$25.00 and checks can be made out to the Capital City Alumni Chapter. Please mail checks to me or the Capital City Alumni P.O. Box. Both addresses are listed on Page 5 of this newsletter.



*(Continued from page 1)*

That was just a glimpse of the activities that occurred throughout the AU campus this past week as Kappa Rho at American University held their fourth annual Derby Days. Teams from all parts of the AU community took part in a variety of activities that would earn them points and eventually crown the "Derby Days Champion - 2003." The above-mentioned Sig Hunt signaled the beginning of the week and was won by the women of Alpha Chi Omega. Eagle Nights in the Tavern showcased the "talents" of each team in a quite interesting interpretation of the variety show format. On Friday, teams were given an off-night and invited to celebrate Derby Days at the venerable Wisconsin House with 200 of their closest friends. Togas were "worn" and all had a good time.

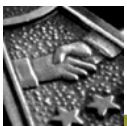
Like the US Postal Service, Derby

Days could not be stopped by snow or sleet or rain. Though Saturday's showers made the AU quad a virtual mud pit, teams still managed to slip and slide their way through dizzy bat and other contests with hilarious consequences. A crazy relay race involving contestants holding balloons between one another's chest, shooting a ball through a hoop, and wheelbarrow racing 20 yards had Capital City members Ryan Harmon and James Ormerod roaring with laughter. Though that was easily topped by the intense Chubby Bunny contest that ensued between three battle tested female participants. Kappa Rho members with assistance from Chapter Advisor emeritus Neal who clearly enjoyed the attempts of the contestants to mutter the words through wads of marshmallow. As a result, chewed up marshmallow is now strewn throughout the quad. By the end of the day, the tal-

lies were in. The AU dance team had won the field events while the Phi Alpha Beta (FAB) team collected the most Sig signatures throughout the week with over 50! However, the ladies of Alpha Chi Omega were the overall champions and received the massive winner's trophy along with trophies for all members and a sweet prize.

On a serious note, it was great to see several members of Capital City come out and support Kappa Rho. These men have continued on the fine tradition of community service and philanthropy laid out by those before them. Traditions like Door-Man-A-Thon that are a part of Derby Days are still a crucial part of the chapter's fundraising for the Children's Miracle Network, and an event recognized throughout campus. I'm proud to say that I am a Kappa Rho.

## Local Undergraduate Chapter Reports



**Iota Xi - George Mason University**  
**Tim Regan - Consul**

[www.sigma-chi.org](http://www.sigma-chi.org)

Iota Xi has completed our elections and our top 5 officers are as follows. Consul - Tim Regan, Pro Consul - Jesse Nadell, Magister - Greg Nosal, Quaestor - Mike Isabel, Rush Chairman - Matt Searle. Also, we are moving into a new house on Tuesday, April 1st. This marks the return of Iota Xi to the GMU Social

Scene, a scene which we have been absent from for the past year because it has been hard to find a house. We will debut our house to the alumni at our alumni picnic on Saturday, April 26 - look for an e-mail from Adam Carpenter, our new Tribune within the next couple of days. Greek Week kicks off this week and we have been

hard at work practicing for various events. Our intramural basketball team finished in 3rd place this year and our volleyball team is off to a good start. We still have our title in softball to defend next month. We look forward to seeing all of you on the 26th.



**Sigma Chi  
Capital City Alumni CHAPTER**

Post Office Box 1414  
Washington, DC 20013

**Officers**

*President:*

Nathan A Neal - nastysig@aol.com

*Vice President:*

Tim Wargo - t\_wargo@hotmail.com

*Treasurer:*

Bob Grabowski - bob\_grabowski@hotmail.com

*Editor:*

Michael Lally - mlally@apexmail.com

*Social Chairman:*

Heath Hutchison - hhhutchison@worldnet.att.net



*In Hoc Signo Vinces*



*The Capital City Constantine is the publication of the Capital City Alumni Association/Chapter of the Sigma Chi Fraternity. It is published for the sole purpose of disseminating news amongst its members and to fellow Sigs. The reprint of articles and/or pictures are permitted provided that credit is given to the Capital City Constantine and the Capital City Alumni Association/Chapter.*

## Join The Capital City Alumni Association!

### CONTACT INFORMATION

*Please fill out the form below and return it to Bob Grabowski at:*

bob\_grabowski@hotmail.com

*Also, please send a check for \$25 made out to the Capital City Alumni Chapter to either of the following addresses:*

Bob Grabowski  
1920 Columbia Pike Apt. 13  
Arlington, Virginia 22204

OR

Capital City Alumni  
Post Office Box 1414  
Washington, DC 20013

***Thanks and Welcome!!!!***

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE NUMBER (day) \_\_\_\_\_

PHONE NUMBER (night) \_\_\_\_\_

PHONE NUMBER (other) \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

PLACE OF EMPLOYMENT \_\_\_\_\_

DUES PAID?---

UNDERGRADUATE CHAPTER \_\_\_\_\_

GRADUATION YEAR \_\_\_\_\_ BIRTHDAY \_\_\_\_\_

## Charter Members of the Capital City Alumni Chapter

FRANK J. ARABY - GEOW EPSILON 1984  
 CHRISTOPHER E. BALE – FUMN IOTA NU 2001  
 RICHARD BROWN - GEOW EPSILON 1984  
 BRUCE MORGAN CASNER – GEOW EPSILON 1971  
 WILLIAM "BILL" S. CREIGHTON, JR. TULN ALPHA OMEGA 1958  
 BRENT P. DINSDALE – BAYL ETA OMEGA 2001  
 CRAIG B. DIXON – JMU IOTA ZETA 2000  
 ROBERT B. FARROW – AMER KAPPA RHO 2002  
 JOHN K. FORST GEOW EPSILON 1984  
 JEREMY E. GAULD - AMER KAPPA RHO 1998  
 ROBERT R. GRABOWSKI - AMER KAPPA RHO 2001  
 RYAN M. HARMON – TEXS ALPHA NU 1999  
 HEATH H. HUTCHISON - AMER KAPPA RHO 2000  
 MICHAEL S. LALLY - AMER KAPPA RHO 1999  
 BRIAN D. LESTER - GMIN ZETA THETA 2000  
 JAMES "SEAN" MACWILLIAMS MDTU ETA GAMMA 2000  
 BRAD MCCORMICK – PITT BETA THETA 1999  
 SCOTT M. MCCREADY - AMER KAPPA RHO 2001  
 JAMES "JAMIE" D. MALCOMB – GEOW EPSILON 1999  
 RICHARD E. MEADE - GEOW EPSILON 1987  
 ROBERT I. MELLEN - AMER KAPPA RHO 2001  
 JON MILLER – OKLA GAMMA DELTA 1966  
 JOSEPH L. MUSELLA - GEOW EPSILON 1995  
 NATHAN A. NEAL - GEOW EPSILON 1983  
 STEPHEN W. NESSPOR - AMER KAPPA RHO 2000  
 D. EDWARD "TEDDY" NOVIN - AMER KAPPA RHO 1999  
 GRANT A. OLAN - AMER KAPPA RHO 2001  
 ABEL OLVIO – OHST ALPHA GAMMA 1999  
 ERIC P. OLSON – DENV DELTA IOTA 1994  
 JAMES E. ORMEROD – AMER KAPPA RHO 2002  
 JAMES "JP" PALUSKIEWICZ - AMER KAPPA RHO 2001  
 JASON M. PATNOSH - GEOW EPSILON 2000  
 TOBIAS M. RODILL – GMU & TOWSON, IOTA XI & KAPPA PI 2001  
 MARK B. RUHE – WSTM DELTA TAU 1976  
 GEORGE R. SCHAUBHUT - AMER KAPPA RHO 2002  
 RYAN M. SHUELL – CASB IOTA ALPHA 1999  
 JAAKKO I. SOININEN – BRCO DELTA OMICRON 1992  
 MICHAEL D. STEFANSKI - AMER KAPPA RHO 2002  
 KYRIAKOS VASSILAKOS- AMER KAPPA RHO 2001  
 MITCHELL B. WANDER - GEOW EPSILON 1991  
 TIMOTHY WARGO - GMU IOTA XI 1993  
 CLAYTON J. WILKINSON - AMER KAPPA RHO 2000

CHARTER MEMBERS TODATE WHO HAVE SATISFIED FINANCIAL OBLIGATIONS

