

Special points of interest:

- Hear From Our Association President
- New Name for The Newsletter
- Expanding Our Membership
- Social Events On the Horizon
- Helping the Undergrads

Volume 2, Issue 2

February 28, 2002

## Report of the President

*Nathan A. Neal - E '83*

In our last newsletter, our editor Mike Lally initiated a new format. We have a new name for the newsletter → **THE CAPITAL CITY CONSTANTINE**. Hopefully, our membership approves. Congratulations Chris Bale IN'01 for naming the newsletter. February 2002, brought on RUSH/RECRUITMENT at our area schools. No official meeting was held because many of us were in attendance at the Recruitment events for both Iota Xi and Kappa Rho Chapters. HOOTERS, DREMOS, BOWL AMERICA and the AU UNIVERSITY CLUB highlighted some of the venues, which were attended by members of Capital City. Both undergraduates Chapters took about 10 to 15 pledges each. All of whom will strengthen the membership of the Fraternity.

Unfortunately, the Fraternity

suspended the Charter at the University of Maryland, Gamma Chi. With Epsilon currently under suspension;



the parent Chapter in this area is George Mason, Iota Xi, founded in 1989. (Oh no, I remember it well.).

On February 16, 2002, members of the Capital City Alumni Association were in attendance at Iota Xi's Ceremonies of Initiation. The un-

dergraduates preformed flawlessly during the Ceremony in which this author was given the privilege of being a participant. Thanks Iota Xi, I had fun. It was great to see undergraduates from Kappa Rho at Iota Xi's Initiation, both Chapters are not that far apart and it is great to see that the bonds of friendship spread through Chapters in our Province.

On February 23, 2002, members of Capital City and two undergraduate Chapters hosted a Peterson Preparation Workshop at George Mason University. Some of the pictures are included in this newsletter so I will not write much about the event. Capital City wishes each Chapter well in their endeavor to be awarded a Peterson. The

*(Continued on page 2)*

## Social Sigs

*Heath Hutchison - KP '00*

February is a busy month between meetings, undergraduate recruitment events and ceremonies, and of course, the Peterson Preparation Workshop. Thank you all for supporting the area undergraduate chapters in any way that you can and let's resolve to stay involved and prepared to assist them in their endeavors.

With all these various events on the plate, we postponed our monthly general meeting and instead held an Executive Committee meeting on Feb 5th. We will resume our general meetings in March so plan on March 13, 2002, at 7:00p.m. at Chadwicks of Georgetown. Hope to see you all there!

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## Report Of The President (cont'd)

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Workshop was great and it was also fantastic that we had such good attendance from undergraduates and alumni to pull off this inaugural event. Lets do it again next year and hopefully we can expand the Workshop to include Kappa Epsilon (University of Delaware) and Kappa Pi (Towson University). Please note that thanks should be given to Homer Simpson who sponsored the morning



breakfast →  
**donuts** and  
**orange juice.**  
I want to  
thank all of  
the alumni

who took some time out to participate in the Workshop. I could not have done it without you. Also, I want to thank the Headquarters staff that took the time and effort to send me needed materials for pull off the workshop. Thanks John Gest, Mike King, Andrew Grabau and Bree Barry.

Many of us were not in attendance at the Eastern Province Brothers day event. Michael Stefanski, a graduating senior from American University and a founding Brother of the Chapter, was awarded the honor of Eastern Province Bal-four Province winner. Mike

congrats and good luck. (Your Chapter Advisor forever.) AU's sweetheart Jackie Vorhauer is the Eastern Province Sweetheart.

Our next meeting will be on **Wednesday, March 13, 2002, @ 7:00 p.m., Chadwicks of Georgetown.** Chadwicks is located 3205 "K" Street, NW in Washington, DC. 202-333-2565. Come early appetizers are half price.

Until then, enjoy the pictures from the Peterson Preparation Workshop.

Nasty Nathan A. Neal

## The Peterson Preparation Workshop

### Bob Grabowski - KP '01

On February 23, 2002, the first annual Peterson Preparation Workshop took place at George Mason University in Fairfax Virginia. The event was hosted by the Capital City Alumni Association and was intended for the undergraduates at the Iota Xi Chapter (George Mason) and the Kappa Rho Chapter (American University). Over 30 brothers and pledges attended from both chapters for a day of learning as well as fun.

The day started discussion and brainstorming on how each chapter can become prepared to fill out the Peterson Significant Chapter Award Application. Capital City Alumni Association President Nathan A. Neal began the meeting with a brief introduction to the Peterson and a motivational clip from the critically acclaimed movie Animal House. Brothers and pledges then divided into four groups to discuss

more specific issues that arise on the Peterson. Those groups discussed the recruitment/pledging process, RMF, Financial Management and putting the Peterson together/submitting it. Members of the Capital City Alumni Association acted as facilitators for these groups and guided the discussions. After an hour and a half, the group came together



once more to discuss what they had learned. An inspirational part of the move Remember the Titans concluded the morning events.

After a brief break for pizza and

soda, the two chapters engaged in an instant gridiron classic on the intramural field. In a thrilling game, the Iota Xi contingency edged the Kappa Rho team by a score of 8 touchdowns to 4 touchdowns. But the final score was not indicative of the competitiveness of the game. (Well, ok, maybe it was... but numerous Kappa Rho's were quick to point out that the score would have been reversed had they played with a Frisbee instead of the pigskin). All kidding aside, both chapters had a great time on the football field.

The day culminated with an all-you-can-eat-appetizers event at Brion's Grille – across the street from the University. The entire day was fun and eventful with the undergrads from two chapters not only interacting with each other, but learning something as well. A special thanks goes out to the alumni who attended and made

"You Will  
Find It Here."

the entire day possible. Those alumni include Michael Lally, Chris Bale, Ryan Harmon, Bill Creighton, Bob Grabowski, Steve Nesspor, J.P. Paluskiewicz and Rob Mellen. A special thanks also goes out to undergrad brothers John Davis and George Schaubhut for getting the brothers from their undergraduate chapters to attend.

Overall, the day was a huge success with just the right mix of work and play. Judging by the positive feedback received from the undergraduates, it seems that there will be cause for another Peterson Preparation Workshop next year.

Hopefully, more undergraduate brothers will be able to attend from these two chapters, as well as representatives from other chapters within the Province. This day was dedicated to helping the undergraduates. There is no reason that any undergraduates in the area should not benefit from this type of workshop. In closing, the Capital City Alumni Chapter would like to send a special thanks to its fearless leader for taking the point on this project and seeing it all the way through. Thank you Nathan for all of your hard work and congratulations on the success of the day's events!

## Upcoming Events

- **March 13** - Meeting - Chadwick's of Georgetown
- **April 11** - Meeting - Place to be determined
- **May 15** - Meeting - Place to be determined
- **June 28 - 30** - Grand Council - Miami University Oxford, Ohio
- **August 1 - 4** - Balfour Leadership Training Workshop - Murray State University



Help Support the Local Undergrad Chapters — Don't Miss Your Opportunity to Make These Events Great!

## From The Editor *Michael Lally - KP '99*

In it's short life, to date, our Association newsletter has received a great amount of commendation. This can only be the result of the dedication and hard work of our members. Thanks to Chris Bale for his title idea, Capital City Constantine. I invite all members of our association to get involved; offer feedback and suggestions

for ways your newsletter can be better. This publication will only grow as a result of your participation. Comments and member articles are always welcome. Beginning in the next issue, we will be publishing a bulletin board to aid in the networking aspect of our organization. All submissions, regardless of purpose, can be sent to

me at: [mlally@apexmail.com](mailto:mlally@apexmail.com). Be sure to look in the newsletter to see your submission. If you do not have access to email, your suggestions can be mailed to:

Michael Lally  
532 N Thomas St #4  
Arlington, VA 22203

# Local Undergraduate Chapter Reports



## Kappa Rho - American University *George Schaubhut - Consul*

[www.geocities.com/EXPsiG](http://www.geocities.com/EXPsiG)

The Kappa Rho Chapter of Sigma Chi at American University is on the way to an excellent Spring semester of the 2001/2002 school year.

Adam Natale, our Recruitment Chairman last semester, ran an excellent program and succeeded in his goal of recruiting a large, quality pledge class. Sixteen men have begun the formal pledging process and will work under the guidance of brother John Lenss to achieve their goal of becoming a brother of Sigma Chi.

Throughout the semester, the Kappa Rho Chapter will be organizing many exciting events, guaranteed to excite both alumni and undergrads. The 3rd Annual Derby Days, under the direction of Brother Mitch Herkis, is scheduled for the week of April 7 through April 13th. We have a brotherhood retreat scheduled for March 23 and 24, under the direction of our Pro-

Consul, Brother Dan MacAvoy. Our Social Chairman, Marshall Thompson, has been hard at work planning events which are sure to excite our own brothers and to ensure that sororities and other groups on campus make it a point to plan their Sigma Chi events for semesters to come well in advance.

In an effort to involve local Kappa Rho alumni, the chapter has organized a reunion event for Sunday, March 3. We are urging area alumni to attend the chapter meeting, experience the ritual once again, and share their knowledge with our pledges in a post-meeting talk. It should be both a fun and meaningful event for all.

The Kappa Rho Chapter looks forward to seeing alumni and undergraduate Sigma Chis at all its events. Only by example may we lead and show what it means to be a Sigma Chi.



## Iota Xi—George Mason University *Steve DiGennaro*

[www.sigma-chi.org](http://www.sigma-chi.org)

The Iota Xi Chapter of George Mason University has had some very interesting semesters within the 2001/2002 school year.

In September of 2001 we initiated four new brothers into the chapter. They are Brothers Eric Machi, Jeremy Krupnik, Andy King and Josh Suss. In February of 2002, the brothers of Iota Xi initiated ten new brothers. They are Brothers Doug Christman, Erick Rood, Jarrett Durney, Jeff Brust, Jeff Reineke, Jon Hurst, Matt Searle, Mike Abousaleh, Nick Arico and Ross Shannon. These brothers will help lead the chapter forward. Brother Jeremy Krupnik has already taken an active role in the chapter by taking over the position as our Sports Chairman. Brother Jeff Reineke, who was initiated in Febru-

ary, was elected our new Social Chairman.

Iota Xi also held their annual Sigma Chi Derby Days during the fall semester. We received active participation from all of the sororities at GMU and donated food and money to charity. Even though our chapter was set back by the investigations into our Grand Praetor, Harvey Silverman, by the Executive Committee; we were compelled to move on with Spring Rush 2002 and our Initiation of the Fall Pledge Class. Iota Xi worked incredibly hard during the fraternity rush week and for that we currently have a pledge class of ten that should get initiated in the fall of 2002 after returning from summer break. We would also like to congratulate our graduating brothers who are Benjamin Mur-

phy, Jonathan Davis and Stephen DiGennaro. As a graduating senior, Brother DiGennaro was given the Balfour Award by the chapter. Upcoming events for the Iota Xi Chapter include Semi-Formal 2002 and Officer Elections.

Iota Xi would like to thank the Capital City Alumni Chapter for all their hard work supporting the undergraduate chapters in the Eastern Province even when others would not. Thank you again Brothers Nathan Neal and Tim Wargo.

In Hoc,  
Steve DiGennaro  
Iota Xi



**Sigma Chi  
Capital City Alumni Association**

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*In Hoc Signo Vincas*



*Sigs playing football after the Peterson Preparation Workshop*

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## Join The Capital City Alumni Association!

### CONTACT INFORMATION

*Please fill out the form below and return it to Bob Grabowski at:*

bob\_grabowski@hotmail.com

*Also, please send a check for \$25 made out to the Capital City Alumni Chapter to either of the following addresses:*

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*Thanks and Welcome!!!!*

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_

PHONE NUMBER (day) \_\_\_\_\_

PHONE NUMBER (night) \_\_\_\_\_

PHONE NUMBER (other) \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

PLACE OF EMPLOYMENT \_\_\_\_\_

DUES PAID?---

UNDERGRADUATE CHAPTER \_\_\_\_\_

GRADUATION YEAR \_\_\_\_\_ BIRTHDAY \_\_\_\_\_