# The Pyramid

Volume III, Issue 2 October 2005

## Lupus and Breast Cancer Awareness Month

## \*FEATURES THIS MONTH\*

#### Woman to Woman



This month's W2W will be a seminar on Lupus, a disease that affects the autoimmune system. The growing majority of people affected with Lupus are African American Women. Come out on Thursday,

October 6 at 6 pm to Maybank 100 to hear important information about this disease and its effects on all ethnicities and genders.

## Got The Munchies???



Monday, October 3, the ladies of Lambda Omicron will be having a bake sale in the Cougar Mall (in front of Maybank Hall) from 11-2 pm. Stop by and refuel with some

homemade cookies, cupcakes, and brownies prepared just for you!

# Question: What is "For Us By Us?"

Answer: ""For Us By Us: A Night of African American Trivia" will be in full effect on Tuesday,
October 11 from 6:30 to 8:30 pm in Maybank 113. Come out and test your knowledge, have a good time, and learn some important facts about African Americans Making History!!

## \*MONTH IN REVIEW\*

## The Aftermath of Hurricane Katrina



In response Hurricane Katrina, one of the most devastating natural disasters this world has ever faced, the Deltas hosted an informative political forum on September 20 in

Education Center, Room 116. The forum focused on issues that have and will arise in response to Katrina. Professor Chorlton's lecture led into a great discussion centered around the problems Louisiana is presently facing, and what our government and America citizens are doing to help. Thanks to everyone who came out to the forum and expressed their feelings about the situation.

### All We Need is One Mic!

You didn't have to be present in the Stern Center Gardens
September 29th to know that Delta's very first Open Mic
Night was a hit! If you weren't there, you missed some of the College of Charleston's finest showcase their talents

to the campus. The evening was filled with many creative, musical, and poetic acts. The Lovely Ladies of Lambda Omicron would like to thank everyone who participated. If you're talented and missed this occasion to shine don't fret! Look out for the next Open Mic Night Under the Crimson Lights, due in Spring 2006!

#### Events to Look Out For.

Monday, October 31: Delta Sigma Theta Halloween Blood Drive; Physicians Promenade.

## Lupus Awareness Month



Lupus is a chronic inflammatory disease that can affect various parts of the body, particularly the skin, joints, blood, and kidneys. It is an autoimmune disorder that causes the immune system to lose its ability to tell the difference between foreign substances (antigens) and its own cells and tissues. These immune complexes build up in the tissues and can cause inflammation, tissue injury, and pain.

There are three primary types of Lupus. Cutaneous (or discoid) lupus is limited to the skin, Systemic lupus is more severe and affects almost any organ or organ system of the body. Druginduced lupus occurs after the use of certain prescription drugs.

Although the cause of lupus is unknown, there are environmental and genetic factors involved. Symptoms of lupus include swollen and achy joints, butterfly rashes across the face and cheeks, and hair loss. Lupus primarily affects African American women in their early to mid-20s, but it can also occur in people of all races and genders.

For more information on Lupus, visit the Lupus Foundation of America, Inc. website at:

www.lupus.org/education/LAM\_main.html

Contact the South Carolina Chapter of the Lupus Foundation of America toll-free at:

(877) 895-8787

#### Breast Cancer Awareness Month



Breast cancer is a genetic abnormality which causes an uncontrolled growth of breast cells. It is the most common form of cancer to affect all women, and every woman is at some risk! The biggest risk for breast cancer is age; the older you get, the more at risk you become. Risk increases with age because the wear and tear

Risk increases with age because the wear and tear of the body through living increases the chance that a genetic abnormality may occur that the body can not either find or fix.

There are a few risk factors for breast cancer which all women should be aware of. If you have already been diagnosed with breast cancer in the past, then you have an increased chance of developing the disease than if you were never diagnosed. Also note that family history plays a role. If you have had a mother, sister, or daughter affected by breast cancer, multiple generations of family members affected by breast cancer/ovarian cancer, relatives diagnosed with breast cancer at a young age, then you are at a greater risk for developing breast cancer.

Seeking genetic counseling can help you understand your family history, which is important because a breast cancer gene abnormality can be inherited from your mother OR your father.

President Clinton proclaimed the first National Mammography Day in 1993. National Mammography Day is the third Friday in October. This month, it is on Friday, October 21.

For more information on Breast Cancer, visit: http://www.breastcancer.org/

# A Note of Thanks...

From the Lambda Omicron Chapter to you... We would like to extend our warmest thanks to YOU for attending our programs and events! We appreciate your support! Please continue to read the Pyramid for updates!!!