

Spiritual Living Newsletter ~~ January 2009
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**SPOTLIGHT ON: [Video by Judith Orloff, MD](#)**

Dr. Judith Orloff, Intuitive Psychologist, and author of *Positive Energy*, is a spiritual teacher and has an uncanny way of teaching in such a simple and forth right manner.

In this short YouTube Video she teaches you how to deal with Negative Energies. Dr. Orloff has many video shorts about other intuitive subjects on the YouTube Channel that you can benefit from. Check it out here:

[YouTube.com/JudithOrloffMD](http://YouTube.com/JudithOrloffMD)

**TODAY'S QUOTE:**

*A baby is God's opinion that the world should go on."*  
 ~~Carl Sandberg

**LEARNING CORNER:**

**[Guy Finley's "Education of the Soul"](#)** audio album is up to 80% off.

**RECENT NEWS:**

***What We've Been Doing Lately***

Well, the Fall has come and gone, Winter is definitely here, and we're just now getting around to putting together this newsletter! Many of you saw us at some of the great expos and festivals this year...most recently Body Mind Spirit Expo in Cleveland, Universal Light Expo in Columbus and Victory of Light Festival in Cincinnati. It was great to see you all again, even if we were limited in the time we had to visit with you.

So, this newsletter helps us stay in touch with you, and let you know what's up with us.

We just made it back from a wonderful trip to Tampa. Originally, it was to visit with our daughter who lives there. But of course, we had to stop by our favorite metaphysical center, [The Soul Mirror](#) to visit with Kerri and Carole. So, Kerri send out an email blast that we were in town, and in the blink of an eye, we were scheduled full for our three week stay! We had plenty of time with our daughter too, so the trip was wonderful.

Our newest book, *Outrageous Living, Tips & Secrets to Thriving in the 21st Century*, of course is done and flying off the shelves. You can go to the website: [OutrageousLiving.NET](http://OutrageousLiving.NET) to see what it is all about (it's available on Amazon...the link is on the website). There is an excerpt and Table of Contents there along with a lot of other great stuff.

This long time Spiritual Teacher has gathered so many wonderful lessons in this package.

This unparalleled collection of wisdom can be understood at many levels, making it suitable for beginners and long-time students. In these specially selected talks, Guy integrates key principles from eastern and western traditions. He explores:

- The Essence of a Soul Life
- Enter the Invisible World Within You
- The Wisdom to Let Go and Let God
- Remember Your Way Back Home
- Plus special bonus: Commentaries on Meditation

**[Click Here to find out more of Guy Finley's "Education of the Soul".](#)**

This audio album is at the best price it will ever be. It's loaded with over 12 hours of amazing material on 9 audio tapes or 16 MP3 audio files.

**VIEW OUR SISTER WEBSITES:**

**[123SpiritualGrowth.com](#)**

Charles and Melissa Leath share spiritual and holistic articles, services and products

**[MeditationWarehouse.com](#)**

Melissa is quickly becoming known as Meditation Maven. And she is blowing the lid off all meditation myths.

**[OutrageousLiving.net](#)** Charles and Melissa have been living an outrageous life ever since they met. Their newest book takes you on the ride they have been on and the spiritual concepts they have come to embrace.

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**SOMETHING WORTH MENTIONING:**

**Hypnotic Manifestation: An Incredibly Powerful Membership Site and Inspirational Movie**

**\*\*Also, a wonderful FREE E-Course called *THRIVE!* just for you to download from that site. Feel free to share the link with your friends!**

Since we are not traveling quite so much as we used to, we are organizing more teaching opportunities closer to home. Charles has been asked to put on one of his Reflexology Workshops. That is scheduled for Saturday, February 7, 2009 Find out about that at: **[Reflexology Workshop.](#)**

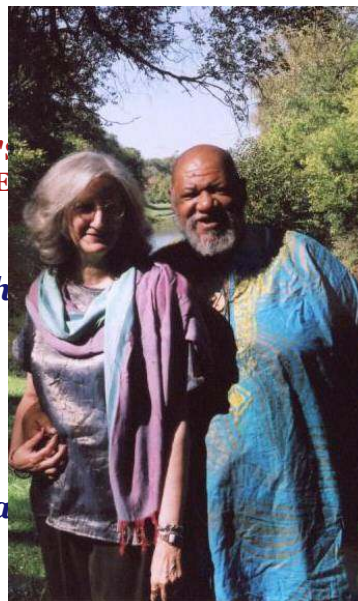
Also, Melissa (along with co-teacher, Rev. Sharon Smythe) will be starting a fantastic on-going course called *Spiritual Awakening*. You can read all about that at: **[Spiritual Awakening Course.](#)**

Other events are beginning to make themselves know to us and you can always find out where we'll be and what we are doing in the future by clicking onto Our **[Tour/Events Page.](#)**

Melissa has Podcasts now on **[DreamWeaver Magazine.](#)** There will be new ones about every two weeks, or so. Also, a new interview recorded just recently...can't tell you who it was just yet! But it will be up on that site real soon.

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**THIS MONTH'S ARTICLE**

**"Some Thought About the New Year",  
By  
Melissa Leath**



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One of my fellow spiritual teachers and authors has created an incredible resource for people like you who are committed to, as she says, "Becoming the master of our minds and taking responsibility for our own shifts."

You have probably seen many of the moving resources created by inspirational hypnotherapist, coach, and author, Anita Pathik Law, such as Divinity Movie and The Power of My Way Movie.

Well, you are going to love her newest creation at [HypnoticManifestation.com](http://HypnoticManifestation.com) and can even listen to several samples to really get the bigger picture.

Her meditation, hypnosis, and theta healing audios and CD's have empowered hundreds (if not thousands) of people to transform limiting and destructive beliefs, overcome emotional and health challenges, lose weight, release addictive behaviors, heal from the past, drastically increase self-confidence, self-esteem, and productivity, and manifest miracles and the seemingly impossible.

You can listen to some samples and read client testimonials right now at [HypnoticManifestation.com](http://HypnoticManifestation.com) and start giving thought to how different life would be if your thoughts, beliefs, emotions and habits were all aligned with what you desire most in your life.

Anita's private clients have received such incredible results (cured insomnia, overcame emotional and health disorders, transformed relationships, freed themselves of the past, increased abundance) that they encouraged her to make her audios and masterminding and healing techniques available to everyone and anyone who desires to master their minds, reach a greater potential, and live their best lives.

Now, you can enjoy several new monthly meditations and studio recorded hypnosis audios, lessons and one private group call (they are

consider the idea of going into yet another new year, I realize this one is different than all the rest.

Whether you agree with the political landscape decisions made recently or not, you have to agree there is new energy in the atmosphere. It feels like a new day...a new, fresh and crisp day.

That being said, what will you do about it for yourself? Certainly you can't sit around still another year waiting for something to happen. 'Somethings' have been happening quite alot lately! And now is the time to move...to take action...to act within the new energy.

I can't tell you what to do. That is not my purpose. Besides, I'm very busy creating my new world. But what I want to do is give you a few words of wisdom. --Not mine, but words that have been around for awhile that seem to speak much these days.

"Today is the first day of the rest of your life." (unknown)

"The journey of a thousand miles begins with a single step." ---Lao Tzu

"Never, never, never give up." ---Winston Churchill.

"...be gentle with yourself...you are a child of the universe." ---From *Desiderata*, written by Max Ehrmann, c 1927. [you can read the entire prose by him at : [Finding Peace --scroll down the page to find it](#). It will bring you Peace, and inspiration to move forward.

And last but not least, let me leave you with an old Irish Blessing:

"May the road rise up to meet you. May the wind always be at your back. May the sun shine warmth upon your face. May the rains fall softly on your fields."

We Wish You Many Blessings for Your New Year.

powerful and eye opening) each and every month for next to nothing!

PLUS...each month, along with everything else you are getting, you will receive new bonuses and gifts from some of the most amazing teachers and luminaries on the planet, all of which you can download from your private monthly library page (no need to sign up for a million bonuses!).

You can join [HypnoticManifestation.com](http://HypnoticManifestation.com) right now for only \$9.95 for your first month and get her Releasing the Past Day and Night Hypnosis Audios, Manifesting Money and Abundance Hypnosis, a 90 minute, eye-opening audio called Manifest NOW! and so much more.

Don't forget, your monthly membership includes one call per month and each month you'll receive new professionally recorded hypnosis and guided meditation audios along with a select set of supporting gifts from teachers like me!

So, go check it out, try out these amazing audios (her voice is like an angel), and sign up today at [HypnoticManifestation.com](http://HypnoticManifestation.com)

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LOOK FOR US IN THE NEAR FUTURE:

Charles and Melissa will be traveling to many different places in the next few months. To get the full picture and information, [Click Here for the Tour/Events Page](#)

Here is a quick overview of their travels and events:

January, 2009:

- Tampa FL, Sessions available at The Soul Mirror
- Springfield and Dayton, Ohio, Melissa Kicks off her new Spiritual Awakening Course
- Sessions in Cincinnati

February, 2009:

- Springfield, OH, Melissa gives sermon at Circle of Light and Love
- Springfield, OH, Charles gives Basic Reflexology Workshop
- Raleigh, NC, Body Mind Spirit Expo

March, 2009

- TeleConference on Outrageous Living (Details later)

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