



International Capoeira Angola Foundation
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Dated Material

Community Sponsors:



Women's Strength in Capoeira Angola



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March 8, 9, 10, 2002
Teen Life Center
428 23rd Ave. Seattle WA



www.angelfire.com/on/capoeiraangola

Women's Strength in Capoeira Angola

The theme chosen for this conference reflects the Angoleiras' desire to continue the discussion about the presence of the feminine energy in Capoeira Angola from both women's and men's perspectives. As we focus on learning Capoeira Angola and developing our physical equilibrium while practicing this art form, we perceive also the internal balance of the masculine and feminine energies inside each of us. Many are the symbols in all cultures that could represent the feminine and masculine energies and its connection. Capoeira Angola as an African-Brazilian art form in its own way represents these energies through its philosophy, spiritual cosmology, dance, music and instruments, such as the "Berimbau" handmade from the "beriba" stick and "cabaça" gourd.

Capoeira Angola is an African-Brazilian art form— a fluid rhythmic martial art; a ritual; a dance of deceptive vulnerability, wit and grace. The intricate movements of Capoeira Angola weave African and Brazilian tradition, history, spirituality, and philosophy into a uniquely beautiful "game." Like many African-based traditions, it is orally transmitted from masters to students.

"Angoleiras," female capoeiristas, have been contributing their Women's Strength to numerous Capoeira Angola groups around the world, while at the same time carving out their own position of respect within the international Capoeira Angola community. As defenders and champions of Capoeira Angola, women not only face the challenge of being women — in a holistic sense — but are also met with the task of creating an acknowledged "Angoleira" style.

OBJECTIVES

- 1) To gather the international Capoeira Angola community, women and men, focusing on women's issues and her contributions to this African-Brazilian art form.
- 2) To learn about, share and celebrate the WOMEN'S STRENGTH in Capoeira Angola.
- 3) To increase the interchange among ICAF students and Mestres from various cultures and backgrounds.

FORMAT

The conference design is woman-centered, since women will teach the workshops and lead the Rodas. Also panel discussions will be programmed with Angoleiras focusing several topics related to the theme of this year's conference. The conference, of course, is open to women and men and the participation of our male Mestres is fundamental to the success of the event.

About the ICAF: The International Capoeira Angola Foundation is a non-profit, humanitarian organization dedicated to spreading the art of Capoeira Angola throughout the world. Although it is more popular in Brazil, the number of practitioners in the US has grown significantly in the last six years due to the efforts of our organization.

Presenters

Contra Mestre Janja (Rosangela Costa Araujo), *São Paulo, Brazil* has written and lectured on women in the Black movement, the professionalism of Capoeira and the philosophical practice of Capoeira. She has been dedicating 17 years of her life to Capoeira Angola. She is currently pursuing a Doctorate degree in Education at the University of Sao Paulo (USP) focusing on women in Capoeira.

Treineu Susy (Susanne), *Germany* As an Angoleira she has been training with and assisting Contra Mestre Rosalvo for the last 10 years. In 1993 she supported him to organize the first European Meeting in Capoeira Angola. Currently she teaches for the Childrens Group at the Academia Jangada, Berlin; the first School of Capoeira Angola in Europe, which they founded in 1993.

Cristina Nascimento dos Santos, *Rio de Janeiro, Brazil* has dedicated the last 8 years of her life to Capoeira Angola. As Mestre Manoel's student at Grupo de Capoeira Angola Ypiranga de Pastinha she currently teaches children.

Amazonas (Jeroo Jamagi), *Canada* has been learning and supporting the development of Capoeira in Montreal together with Michael, at the Concorde University. She has been dedicating her life to Capoeira for the last 9 years, and under Mestre Jurandir's teaching over 3 years.

Dora de Oliveira *Brazil/Seattle*, has performed and taught Afro-Brazilian dance for over 25 years. Holding a professional dance degree from the Federal University of Bahia, Dora developed her own teaching at Dance on Capitol Hill, in Seattle, over the last decade. She has toured worldwide with Olodum and Ocheami, and featured on PBS "Dancing" series.

Also Attending

Mestre Jurandir *Brazil/Seattle*, Vice President and founder of ICAF. He is the leader of ICAF Seattle.

Mestre Cobra Mansa *Brazil/DC*, President and founder of ICAF. He is the leader of ICAF Washington, DC.

Treineu Rogerio *Brazil/Oakland*

Several ICAF group leaders from LA, Texas, New Orleans, Chicago, Connecticut, Philadelphia.

Contact Info

Registration: Tatú (206) 325-1847
nealmausolf@hotmail.com

Free childcare: Aparecida (206) 772-6104

Housing: Canjica (206) 853-2659
aswartzman@hotmail.com
Bring sleeping bag

Conference Coordinators:
Sandra Hernandez (206) 526-9867
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Mestre Jurandir (206) 328-3325
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Conference Location
Teen Life Center
428 23rd Ave. Seattle WA 98122

Conference Program

Thursday, March 7, 2002

6-7:30pm Opening ceremony — a ritual on the water at Alki Beach.

8-9:30pm Reception and coquetail at the ICAF Seattle studio.

Friday, March 8, 2002

6-7pm Registration.

7-7:30pm Women's Ritual

7:30-8:30pm Capoeira Angola workshops.

8:30-10pm Opening RODA

Saturday, March 9, 2002

10-11am Registration

11-1pm Capoeira Angola workshops

1-2pm Lunch with video screening about women in Capoeira.

2-3:30pm 5 Topical discussion participation groups.

3:30-4:30pm Lecture (TBA)

4:30-6:30pm RODA

9-Midnight Festa de Pagode at Caffé Brazil

Sunday, March 10, 2002

11-12pm Registration

12-1:30pm Capoeira Angola workshops

1:30-2:30 Lunch

2:30-4:30pm Panel discussion

4:30-5:30 Samba and other dance workshops

5:30-8pm Closing RODA

Registration Form

Name _____

Address _____

City/State/Zip _____

Tel. _____

Email _____

How long practicing capoeira _____

Name of mestre/professor/group _____

Do you need housing? _____

Conference Prices:

	ICAF Members	Non-members
Early bird (before Feb. 5)	\$60	\$70
From Feb 5 to Feb 28	\$70	\$80
At the door	\$80	\$90
One day	\$35	\$35
Kids to 15 years, until Feb 28	\$45	\$45
Kids, at the door	\$60	\$60
Roda, watching only	\$5	\$5
Two Meals	\$8	\$8

(Lunch Sat. & Sun.)

Circle your choices and add total:

Total \$ _____

Make check/M.O. payable to:

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