

## FAIRLEIGH DICKINSON UNIVERSITY 2009 HOLIDAY CLASSIC



Friday, Dec. 18th — 4:30pm *small* schools  
(under 800 students— grades 10-12 enrollment)

Saturday, Dec. 19th— 9:00am *large* schools  
(over 800 students— grades 10-12 enrollment)

Sunday, Dec. 20th—9am field events for all schools

- SITE: THE ROTHMAN CENTER, Fairleigh Dickinson Univ., Hackensack, NJ.  
Doors will open 1 hour prior to the start of the competition.
- FACILITIES: 200 meter Mondo track. NO SPIKES ALLOWED.
- RULES: This meet will be sanctioned under New Jersey State Interscholastic Athletic Association (NJSIAA) rules.
- ENTRY FEE: \$8.00 per event per competitor, \$18.00 per relay team entered.  
One Varsity and one Novice team per relay per school.
- ENTRY DEADLINE: Deadline for entering is Friday, December 11th, 2009.
- ENTRY PROCEDURE: Upon arriving at the meet, a packet with seeding cards and instructions will be available for pick-up at the registration table at the Rothman Center.
- CONCESSIONS: Food and drinks will be sold at the meet.  
NO OUTSIDE FOOD PERMITTED.
- FIELD HOUSE RULES: NO RADIOS, NO FRISBEES, NO BALLS, NO HACKY SACKS PERMITTED IN THE GYM. THEY WILL BE CONFISCATED.
- AWARDS: Medals to Top 3 Finishers
- RESULTS: Results will be posted at the scorer's table and will be available in packet form at the scorer's table 15 minutes after the meet ends. Results will also be posted on the FDU track/field website.
- MISC. INFORMATION: QUESTIONS: Call 201-692-2242  
Batons and pins WILL NOT be provided

## Order of running events



**December 18 & 19, 2009**

In all cases, events will be run GIRLS followed by BOYS, unless otherwise stated.  
VARSITY EVENTS will follow NOVICE EVENTS.

### **HURDLES/DASH WILL RUN ON OPPOSITE SIDES OF TRACK AT THE SAME TIME**

- |     |                       |                                    |
|-----|-----------------------|------------------------------------|
| 1.  | 55 Meter Hurdles      | Varsity Trials & Finals            |
| 2.  | 55 Meter Dash         | Novice & Varsity<br>Trials & Semis |
| 3.  | 55 Meter Dash         | Novice & Varsity Finals            |
| 4.  | 3200 Meter Run        | Varsity                            |
| 5.  | 400 Meter Dash        | Novice & Varsity                   |
| 6.  | Distance Medley Relay | Varsity                            |
| 7.  | 4 X 800 Meter Relay   | Varsity                            |
| 8.  | 4 X 200 Meter Relay   | Varsity                            |
| 9.  | 4 X 1 Lap Relay       | Novice                             |
| 10. | 800 Meter Run         | Varsity                            |
| 11. | 1600 Meter Run        | Novice & Varsity                   |
| 12. | 4 X 400 Meter Relay   | Novice & Varsity                   |

A novice is defined as any athlete who has never won a varsity medal. Any athlete who begins the meet as a novice must remain a novice for the entire meet.

This entry form must be returned to the Fairleigh Dickinson Univ. Athletics Dept.  
 No later than Friday, Dec. 11th, 2009.  
 NO I.O.U's accepted at the meet. All payments/P.O.'s must be made in advance.

High School: \_\_\_\_\_

Coach: \_\_\_\_\_ Coach's E-Mail: \_\_\_\_\_

Coach's School Phone #: \_\_\_\_\_

Coach's Cell Phone #: \_\_\_\_\_

Please check category:  Large School (over 800 students)  Small School (under 800 students)  
 Please list number of athletes in each event:

<b><u>EVENT</u></b>	<b><u>NUMBER OF ATHLETES</u></b>	
	<b><u>BOYS</u></b>	<b><u>GIRLS</u></b>
<b><u>Varsity Open</u></b>		
55 Meter Hurdles	_____	_____
55 Meter Dash	_____	_____
3200 Meter Run	_____	_____
400 Meter Run	_____	_____
800 Meter Run	_____	_____
1600 Meter Run	_____	_____
<b><u>Varsity Relays</u></b>		
4 X 800 Meter Relay	_____	_____
4 X 200 Meter Relay	_____	_____
4 X 400 Meter Relay	_____	_____
Distance Medley Relay	_____	_____
<b><u>Novice Open</u></b>		
55 Meter Dash	_____	_____
400 Meter Dash	_____	_____
1600 Meter Run	_____	_____
<b><u>Novice Relays</u></b>		
4 X 1 Lap Relay	_____	_____
4 X 400 Meter Relay	_____	_____
<b><u>Varsity</u></b>		
Shot Put	_____	_____
Long Jump	_____	_____
High Jump	_____	_____
<b><u>Novice</u></b>		
Shot Put	_____	_____
Long Jump	_____	_____
High Jump	_____	_____

**TOTAL NUMBER OF INDIVIDUALS:** \_\_\_\_\_ @ \$8.00 per athlete = \$ \_\_\_\_\_

**TOTAL NUMBER OF RELAYS:** \_\_\_\_\_ @ \$18.00 per relay = \$ \_\_\_\_\_

**TOTAL AMOUNT DUE:** \$ \_\_\_\_\_

*Make checks payable to FDU TRACK & FIELD*  
*Send or fax completed form and payment to: fax 201-692-9361*  
*Coach Sharlene Milwood-Lee*  
*Track and Field - FDU Holiday Classic*  
*1000 River Road, H-AT1-01*  
*Teaneck, New Jersey 07666*

**REMEMBER ENTRY DEADLINE IS FRIDAY, DECEMBER 11th, 2009!!!**

**Order of field events**



**December 20, 2009**

In all cases, events will be run BOYS followed by GIRLS, unless otherwise stated.

**VARSITY EVENTS will follow NOVICE EVENTS.**

Two Circles will be running at the same time

**Circle A-** Varsity Girls Small Schools  
Varsity Girls Large School  
Novice Girls Combined (separate medals)

**Circle B-** Varsity Boys Large School  
Varsity Boys Small School  
Novice Boys Combined (separate medals)

**Long Jump**

Varsity then Novice  
(Division Jump Together – Separate Medals)

**High Jump**

Novice/Varsity Girls  
Novice/Varsity Boys  
(Division Jump Together – Separate Medals)

A novice is defined as any athlete who has never won a varsity medal.

Any athlete who begins the meet as a novice must remain a novice for the entire meet

