

31st Annual No Frills Racing Series  
 Race No. 3: February 24, 2024  
 Weather: 38\* sunny, NW breeze

<b>MEN</b>	<b>Age</b>	<b>Factor</b>	<b>Act. Time</b>	<b>Pace</b>	<b>Adj. Time</b>	<b>Points</b>	<b>Act. Finish</b>
1 Riley Martin	30	1	26:41.3	5:20.3	26:41.3	10	1
2 Gerald Kubiak	49	0.8929	32:19.5	6:27.9	28:51.8	9	3
3 John Lukes	40	0.959	31:38.7	6:19.7	30:20.9	8	2
4 Ron Lampe	61	0.8048	40:20.5	8:04.1	32:28.0	7	16
5 Griffin Kipchumba	22	1	33:13.9	6:38.8	33:13.9	6	6
6 Jason Michalak	44	0.9296	35:52.3	7:10.5	33:20.8	5	9
7 Steve Filips	57	0.8341	42:15.1	8:27.0	35:14.5	4	17
8 Sam Larrington	19	1	35:33.6	7:06.7	35:33.6	3	8
9 John Ritland	72	0.7212	50:17.6	10:03.5	36:16.3	2	23
10 Kevin Turchik	37	0.9795	38:24.7	7:40.9	37:37.5	1	15
11 Maximus Lauritsen	21	1	38:04.3	7:36.9	38:04.3		11
12 Crispin Mahoney	19	1	38:12.8	7:38.6	38:12.8		12
13 James Gambon	20	1	38:14.3	7:38.9	38:14.3		13
14 Jeff Marshall	62	0.7974	47:59.6	9:35.9	38:16.2		20
15 Alex Fergestad	20	1	38:19.1	7:39.8	38:19.1		14
16 Tom Whitaker	82	0.5965	1:15:26.5	15:05.3	45:00.1		32
17 David Hedman	60	0.8121	58:20.9	11:40.2	47:23.1		27
18 Doug Deden	54	0.8562	58:34.9	11:43.0	50:09.5		30
19 Kevin Cleary	39	0.9663	52:24.3	10:28.9	50:38.3		24

<b>WOMEN</b>	<b>Age</b>	<b>Factor</b>	<b>Act. Time</b>	<b>Pace</b>	<b>Adj. Time</b>	<b>Points</b>	<b>Act. Finish</b>
1 Laurel Johnson	36	0.9848	32:28.2	6:29.6	31:58.6	10	4
2 Emily Scarcello	27	1	32:59.3	6:35.9	32:59.3	9	5
3 Taia Green	14	0.927	36:02.9	7:12.6	33:25.0	8	10
4 Madison Nelson	21	1	33:35.6	6:43.1	33:35.6	7	7
5 Anna Milos	61	0.7773	48:19.8	9:40.0	37:34.0	6	21
6 Jody Green	48	0.9054	44:20.8	8:52.2	40:09.1	5	18
7 Sheri Noar	65	0.7378	1:03:16.8	12:39.4	46:41.3	4	31
8 Kortney Buresh	23	1	47:05.5	9:25.1	47:05.5	3	19
9 Ashley Hernandez	24	1	49:05.0	9:49.0	49:05.0	2	22
10 Ann Waller	47	0.9146	58:34.2	11:42.8	53:34.1	1	29
11 Jodie Sherman	46	0.9233	58:21.9	11:40.4	53:53.3		28
12 Summer Buss	18	0.9893	55:47.3	11:09.5	55:11.5		26
13 Jolie Wong	19	0.9973	55:45.6	11:09.1	55:36.6		25