

2023 Arrows to Aerospace DOWNHILL MILE RUN

Saturday, August 19, 2023



Awards: Presented to the top male and females finishers overall, as well as the first finisher in each category as follows:

	Open Mile Run
14-19	20-29
40-49	50-59
	60+

	Kids (13 & under) Mile
12-13	10-11
6-7	5 & under
	8-9

Course:

The course is on the streets of downtown Bellevue and includes a 200 meter flat start, a half mile downhill and then flat to the finish near Washington Park. The run precedes the Arrows to Aerospace parade and other activities associated with Bellevue's annual celebration. The course is USATF certified but ineligible for record consideration due to the drop in elevation from start to finish.

9:00 a.m. Kids (13 & under) Mile

8:30 a.m. One Mile Run

Registration: Race day in front of St. Mary's Elementary School at the corner of Mission and Clay streets in Bellevue from 7:30 a.m. to 8:15 a.m.

Entry Fee: All Runners \$5.00

Questions?

Craig Christians

402-669-1312

cchristians@bellevue.edu

Complete and bring this entry form and a \$5 registration fee to St. Mary's Elementary school on race day morning. Make checks payable to: Craig Christians

Name: _____

Address: _____

City, State: _____

Phone: _____

Age on 8/19/2023: _____

Male _____ Female _____

Mile Run _____ Kid's Mile _____

In consideration of this entry, I the undersigned (parent or guardian if under 18) release any and all claims for damages against the race director, sponsors and volunteer workers for any and all injuries suffered by me in said event. I realize that this is a strenuous physical activity.

Signature _____ Date _____



Nebraska USATF Certification
#NE 16004KU

Results: www.runnebraska.com