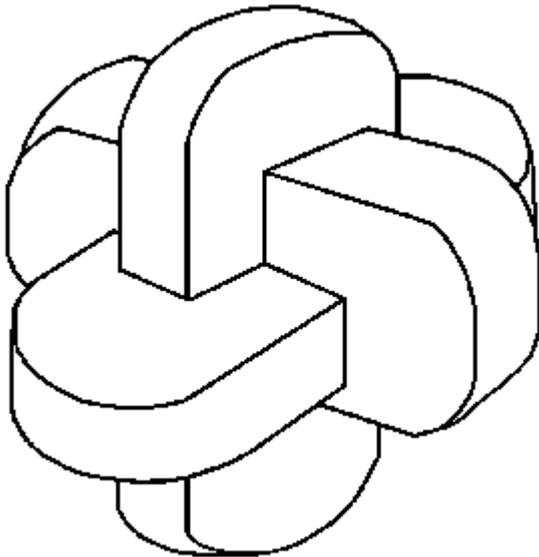


# My points of Views



From Ermias Kebede H/Selassie



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## Preface

To present this for the reader as my points of views is just to let one see in an individual way of thinking gained by a life experiences. At the beginning I choose the topic “Selected from my dairy”, cause it is really selected from my dairy, which I am still writing since about 1983. Noticing that I mostly selected concerning about my principles, beliefs, wishes, aims, etc, there we may notice how a private person change or improve his points of views. A reader may find a lot of I in this book, because it is based on my private discussion within my mind, reporting it to some imaginary person. But that is exactly what is happening in our mind having personalities gained at different times of our life.

In this dairy you find reports, which may not be accepted from your points of views. It can be because of a religious thought or even because of maturity. I don’t expect the reader to follow me, but just to see how my mind could think indifferent from time to time, even contradict itself to improve or to change.

Of being an Ethiopian origin, I have to face and experience the time of socialism then a refugee. In such cases, I have to develop a kind of thinking to defend my self. You may find also some of my private life experiences, which sound like a storybook.

If you are then interested to explore the following book, I am sure that you will enjoy it, comment about it and even repeat some of the principles in trying to find out whether it is correct or not according to your point of views.

If you have any comments or questions related to this, you may send me an electronic mail with this book title via:

[ermias-kebede@mailcity.com](mailto:ermias-kebede@mailcity.com)

Not all of us may have the same points of views, cause we individuals have to trespass different life paths. Have fun!

## 2-Dairy from April 1985 till January 1987

My first dairy was somewhere in 1983, but mostly started to write some mathematical calculations like just subtracting 2 times the last digit of a natural number to see whether it is divisible by seven, then changed to the style of rewriting my feelings. On the second dairy, I was mostly interested in defining some idealistically governed world. From being indulging in education then entered in to a jobless situation. My life was touched by the experience of the negative side of socialism in my born country. So I reflected my being against the materialist world by stating my idealistic point of views to contradict the materialist definitions I heard from my political science (Marxist thoughts) lectures and economics even from psychology as a common course in my mathematics study.

### Education:

Education is the best way for every human being, because it has got so many uses for some one who is educated.

1. It can help any one to know anything that he doesn't know.
2. It is the social relation, which give someone his level.
3. It is a vital instrument for the development of a Human technology.
4. Education can be said a system of transferring the knowledge of one individual to others. (Mind transfer)

But in order to make use of once lifetime, man should introduce some way to make education easy to absorb and take less time.

17 April 1985.

### The Questions of mine.

1. Can you get anyone in the form of his own way of thinking?
2. Is there anyone who can fulfill his wish as his goal?
3. Am I a perfect Human? Or is there a perfect man?
4. How can one identify the relation between himself and his mind?
5. Why men become lazy, when he has to do something?
6. Is there a grantee to follow our chance and chose?
7. Will it be possible to be apart or depend on oneself?
8. Is it true that every body life is supposed to be done in such a way that it is already determined?
9. Who are they that they can understand and get their own interest with the help of their wish?

10. Can it be possible to say that, once you were born or after you die, you can understand yourself in a similar way or else like you are living now?

Remark: Idea is one of our realities especially the supper part of our feeling in our mind. The above are an idealist questions.

17 April 1985

### Unsolved mathematical equations

I tried to solve some mathematical problems to find their solutions, which are not still solved. But equations I took from are not becoming meaningful to me. But since I got the complete solution for a divisibility test, my teacher assumes that I can solve equations he gave me. Like if  $x^m - y^n = 1$  other than  $3^2 - 2^3$ .

10 June 1985

### Comparing myself with others

When I compare myself with peoples who are higher than me and when my level can not satisfy my need, my feeling get depressed then I get myself down and even below.

When I see people who are lower than me, I feel also again depressed for them and then may try to be away from them. Since I could not find a person or people who are not lower or higher than me, I mostly have to choose loneliness.

27 September 1985

### Science and Religions

Most of us say there is God, and most of us believe there is only one God. I accept also the biblical God. I have also learned to believe the stories written on this book. In saying this I am also realizing that, if a person believe in God and relate his reality with his God, in all his work he get mental satisfaction if he is fateful. When people are praying to their God, they start to be more interested to their goal. The more they are praying, the nearer they are to their wish and aim, so that they participate in the reality to fulfill their wish (not only ideally). In case of psychology, science notice about confirmation. Saying I wish, I will and I can. And finally I want to say that science is realizing why religion is necessary for psychological help. And I am sure that science by itself is trying to find out the truth religion. I may not see science as a contradictory of religion. Even though some scientists are trying to find out the truth religion, they may not find out easily, because it is highly

abstracted in human mental construction according to different religions. I appreciate that human knowledge is growing using science.

04 October 1985

### The world attraction

I understand that our world is full of attraction. But it is still our only choice to deal with something, which seems more important one. For example a religion, politics, a girl or a boy and education are some of the real attractive and complicated factors to prefer the best.

In addition to this some people are trying to explain to you that what they feel is good for them seems also good for you. But at this time you should not try to neglect where you are belonging. Even when one try to get rid off or try to change his life, he may better do that in a time interval. I mean unless you get a suitable time and condition, do not try to be changed, I mean attracted as soon as you want, because most attractive things could not take you up to the end. I think I may take myself up to the end i.e. nothing is nonsense for me being with myself.

5 September 1985

### For your self

The time is yours, the thought process is with you and the realities are for you; so try to do your best:

For the rest of your life: to start it now.

For the following years: your longing for long.

For the coming days: to make use of your time.

For your own sake: to satisfy your personal needs

For life path: you are the one who keep your stage

For living: able to make your place on this world

For God: because that is the end.

### Chance & Knowing to realize

Chance is for those who are doing their best, not for those they are expecting her.

We may know what must be done, but could not realize it.

08 October 1985.

### It is mine

Is there any thing to say it is mine forever? For the time being it seems ours. But when the time is over, it is different. So we may try to make something of ours and to say it is mine for a limited time (even our physical body). But for God, anything is His own, even God is the owner of Himself forever. So you may ask him to make something of yours for the appropriate time.

### Brain disturbance

Conscious brain disturbance have occurred to me. I had more trust about un happening things, non reality part or believe on something that didn't mean an to me, made me also to accept my imagination and wishes as real, so that I really felt stronger to tell this for other people. But what I still wonder is that I knew what was talking and what took place around me, I mean that I did not lose myself but only the reality.

### Ask not why some thing happened, but how it happened

Because, if you ask why does something, people may try to tell you their point of view. But if you are really interested to know how it happened, you can find some professionals to tell you the procedure. And you can learn to prevent it or to make it happen again.

Example:            Why do I born?            Or:            How was my birth?

For the first question, the answer can be, because your parents want to have a child, or a chance, etc, even religious answers. For the next one you may get biological answers. In case you need to research the reality.

14 October 1985.

### About God

There is something to be said God; may be inside or outside of us, it may not exist in the three dimension or it might be through a point. It is so imaginary as undefined.

### Stop to do nonsense

To get success in your work and in your everyday life try to stop nonsense, or make something to be sensual.

### Being a mathematician

I am in a stage of my own concept, but since I am a mathematician student, I am becoming more and more an idealist person, because mathematics deals with symbols and its reality does not deal with social practice.

15 October 1985.

### To understand myself

To have a good future, I have to understand myself.

I want to say the above, because I am making myself out of life path in a way that I am arguing with myself. But what I should understand is: In order to make life easier it is better to make my mind a peaceful place, to accept the present, to prepare for the future, even to take some difficulty as a task, to take time (be patience) and to be aware of others (that they need your existence) and their feeling about you.

11 November 1985.

### Using and finishing

Our world is in process of using and finishing.

E.g. Oxygen is in the atmosphere; we use oxygen at the same time we finish the oxygen, which were in the atmosphere. But who knows whether oxygen does finish us? Is oxygen active to finish living things (esp. Animals)?

### We feel the world with our body

We all know that we are the combination of sperm cell and an egg cell. But when we die our body does not separate and become independent like an egg cell and sperm cell. Because our body is a dead part one. It is build up by the foods as a dead part even though we are alive. We feel something on our body with the help of our nervous systems not because our skin felt it. This shows us the deadness of our body.

In viewing the above, when a human being died, the feeling may leave us. So it is (to die) the separation of feeling from our body. But the question is, "Does feeling die or exists independently outside from our body?"

### The story of my different experience

It was a time when we were spending our time in the tent. A young boy came to take me to a town called Gambella. I asked

permission from the camping officials, but no one seems to accept my request. Thus I had to go without permission. At the first day in his parent's home and outside, we had a good time. But at the next day he took me to a hillside with his friend and let me to smoke something like a grass. While smocking, I started to give a definition about the actual indifferent feeling. I have said that this thing can touch the concept of time, accelerating and decelerating even my thought speed. While I was talking to the ground direction, I hear an echo of my own voice. While I was saying that I will do a lot of things in the future, I noticed that they were laughing, so that I started also laughing, where my muscles were pulling me to do so, then I had to pool down my mussels to stop laughing then we decided to go to town.

While I was walking, I had a feeling of walking on the air (Moon walking) But while I forced myself to stay on the ground, people were starting to walk on the air (vice versa). By controlling myself a force were holding me tightly at the back of my neck. I was thinking very speedily, thinking and thinking, never get enough of thinking and could not reach at a point. My thoughts were for example about my future, in science, in religion to identify the spiritual world.

My feeling was changed to a feeling that I can do every thing. Even started to feel that every thing is taking place according to my wish and permission. After getting back to the camping place called Ubela, I assume that all my feeling would leave me if I ejaculate, but on the contrary would lose my power. My sexual feeling increased from time to time, and even the outside world was tempting me to do so. I had a fear to fall down with women but I thought my power were more than enough to prevent a mistake.

Within a weak, I went back to Gambella, things were something like funny, I wished a rain, and so did it rain. I had a feeling to have a spiritual power, to call anyone telepathically, to guess the immediate future, etc. Although my feeling was to have a power, experimenting it made me to feel doing a crime. I feel even a government is looking for me in order to take my power, so that they were sending peoples to enforce me to go out. Thus I started to spend most of the time at the house of my relatives.

But some students came and I had to spend time with them outside by somewhat official's camps. They started in a room a "chat" ceremony, (eating a weak drug leaf) they invited me to test some, and

then I ate a little, at this time my thought directed to God, so that my relation gets stronger and stronger.

I told to my friends that I was feeling indifferent in the last two weeks. When they showed me that they are also worried about me, I get exited, then suddenly I shouted saying that God is nearest, and I am the one who can lead you to the right direction (Additionally I were also holding my ears not to hear them but talking about my ideology against communism etc). But one of my friends tries to tell me that I should go out, so that I may forget to worry.

Never was my answer. I left them from the room being very crazy. My friends and some others, which are government officials, were following me on the street. My action was out of normality, my talking were about walking on the river, communicating and calling for peoples in the western country, etc. A women on the street say is he crazy, my answer were "You people are crazy who let yourself to be governed by the wrong ideology" Once one of my friend hold me tightly not to go to the river side, I made an acrobatic move then try to levitate (this time my heart beat very speedily, which let me to notice my craziness). When I was at the house of my relatives, one of the official were trying to convince me as if socialism is the best way for our country. At the next day I was a prisoner in a polis station. This has got it's own story.

All in all I had a feeling to use my power to free my self, to hide my self, then came to Addis Ababa in order to normalize my self. My experimenting about my crazy feelings decrease from time to time, so that my uncle told me not to talk and think about it till I be completely normal. Although there were also more indifferent happenings, I preferred to be normal.

30 November 1985.

### My stage (developmental) problem

A common problem that we all have is developmental stage problem. I am not concerning about solving this problem (e.g. having a girlfriend at this age). But I sometime bother about myself. When I really try to look up on myself, I find myself lower than the age of my development, especially social and emotional. I accept my retarded personality, although I am afraid of my social relation, while I mostly prefer to be alone.

### Laziness comes from frustration or easily satisfaction

Human beings have the ability to decide then to do, what they have to. It only asks a decision to reject or to do what they want to. But after this has taken place, it does not ask any effort on it. It only became a history.

### The effect of expecting or waiting

Never expect your day in order not to see the waiting of time.  
Never wait your time in order not to see the long getting time.

10 December 1985.

### Dreams can be interpreted

My dreaming is sometime a long future and sometime a short one. Always or mostly this dreams depend upon the things that should take place. I have seen a dream, which was related to my education. What I saw was a stone building house with three floors but unfinished walls. I just interpreted this dream after I could not accomplish my mathematics study at the third year.

31 December 1985.

### Struggle for existence is limited and indifferent

Every living thing is in one way or another struggling for survival. Unfortunately there is something what we call death, which seems and is a natural result and law that limit any living existence. Every living thing is trying to survive in its existence period in its way of struggling system. Although death makes some living thing completely out of activating in its visible form, many people try to tell us the existence of some spiritual substance which constitute the existence of that particular living thing, and which can identify itself with the existence or attachment of that particular living thing. When I was a kid, I strongly believed that we were some living things like dog, a cat etc. I assumed that our being a human creature is a chance given to us just to be to feel like a human and a doubt may be someday we will take a part of another living thing. Generally my believing was based on an everlasting existence. Now days it is known that every living thing were some how existing in this living hood not as nonliving thing but as living form. For example my body was the result of my fathers living sperm cell and my mothers living egg cell. Which means my body as a living one was constructed from living cells. As my father and mother were also a result of their parents, they were constructed too from a

living thing. Continuing like this in some way living things did exist. I am not now interested about the origin, where a living thing comes from. As I started, I am concerned about death or the discontinuity of individuals, a natural law, which seems to convert a living thing in to nonliving thing.

### Ignoring the Last chance

Even though I am having the last chance at the Addis Ababa university, according to the second re-exam, I am simply becoming lazy man type, where I simply west my time without studying, and I am not concerned about my effort to have a better result.

18 February 1986.

### To the mystery of life

The only thing I know about my life is, that I can realize myself. So for me life is just realization of my existence.

Anybody should be careful about the above statement. Because; realization does not ask memorization. Who knows that we have a power to realize every moment but we cannot memorize every moment.

Can anybody say I cannot realize myself unless I am conscious? It is false to say that because consciousness is just with an immediate memorization, and it is also for the sake of another realization (object-recognizing, feeling, etc). I think self-recognizing may not ask memorization. Self-realization:

Is different from recognizing other objects

It does not ask memorization.

It is magnified with realizing other objects

It is mysterious as moment pass, like dream.

### It is only for me

I am the only one who feel, see realize etc, the outside world for myself. So it is only for me given a power to understand myself and to know my existence. And it is I, who have a power to recognize my being here, and other material or ideal existence. Thus, my life, my existence is only mine.

6 June 1986.

### What is nothing?

Nothing is just a consistency of something.

For the previous proverb, one can see from a viewpoint of energy. Movement is an indication of something. But it is the movement of something, which let us to see the existence of energy. Also a constant thing in life shows us no movement or change. We simply say nothing is going on. (This definition was a result of being out of education or occupation)

21 June 1986.

### Part of you

What every body taking care of is their part. It is your part that you accept it; hold it and helping it in your lifetime. Every body, anybody and all of us tend to concern about what we think it is our part. Thus in our living hood and in social life, most individuals, and human ideas are governed by the feeling of the existence of our part. Is it not essential the feeling of part and parcel?

9 July 1986.

### The material world

As an ordinary man, we have a power to act on the material world and it is only by material interaction we can make this. Even though the ideal power may have an influence on the material world, our ideal power is not enough to affect it. Thus every ordinary man should interact to the material world, in order to get a material change.

### Your highness

For most of us, the feeling of highness, different (unique) and other expression of ourselves being an important individual are essential. But there are a few people who reach this stage of feeling and this kind of stage itself.

### Strong wish and desire

Expecting, if someone has a strong wish and desire, one can handle the thing that he wished and desire, so it ask time and patience of time to get or reject what someone wished.

### My statement about religion

Do not ask again and again the existence of God, spiritual-power and other ideal belief, to prove it to yourself or others. It may only ask your belief to have all one day.

16 July 1986.

### How you imagine

When someone is imagining something, he is thinking of that thing what he has seen before. Thus imagining is just to recall something what he has memorized or try to see what he has seen before. (Imagine a ball).

### Do not try to measure it.

In our living, nothing can replace the value of once life. Thus anybody should not compare any events, things and properties with his life. Since every thing is taking place in your lifetime, you may not resell your life for any thing. Simply we may not lose our life for the sake of any thing.

8 November 1986.

### Adopted

Independency is something to be free from; and not only that but also to have a suitable condition to engage in a thing you want. So every one (at my age) always have a wish to be independent from the family, even independent from the man made laws (social principle) and in the interest of this, your feeling and wishes will turn in to the practical situation in a suitable time and place. And you may reflect this emancipating action individually or in a group.

My add-upped feeling is preventing me to do what I have to do (i.e. to search the natural law, to create something, etc;) It is still a previous feeling what I have had, and I always say to myself, I will do this, I will do that and those things when I am independent from the situations now (Jobless and no education).

25 December 1986.

### My defect

I have a defect in deciding for doing things at the appropriate time, or simply left it. But I always keep the thing I have to do for a long time. Most of the time I keep up things as my aim for the time to be done at an appointment. All this made me a retarded person at one point, thus I sometime may exceed the expectation, if I start to deal with a thing. Thus knowing my defect, I should be a person with a good choice of his own feeling or I should not keep anything as my aim some unessential or minute thing. That is action is necessary.

15 January 1987

### **3-Dairy from January 1987 till May 1990**

In this duration, I was spending my time with some kinds of a research. I have to draw some mechanical things, which are in fact out of the scope of this selection. Even play card game rules. On 12 November 1987 I draw a sign, by forming a plastic after sawing a dress for my mom with a sawing machine, which is like on this book cover. Also on June 21 1988, I left my born country to Germany. In Germany I applied for an asylum then my life were having a direction of going here and there to discos, to churches, to my relatives. Sometime I was writing political poems to a cultural journal, and improved my German language by a direct communication. I also had plenty of times to practice swimming and bike riding. What I selected from this dairy may show the reader my way of thinking. Like always they have a relation to my experience with peoples or situations.

#### **It is better to dominate your interest now**

I believe that interests are internal phenomena, i.e. genetically. For every one of us, it is very essential to dominate our interest then to hide it. Try not to be dominated by your interests. Because personal development can be wise, if one can dominate the interests, and develop a different genetically domination to drive those interests as needed. So for example it is difficult to be sexy at old age, but if the person could control his sexual interest at his young stage, it can be easy to develop his interest at old age.

27 January 1987

#### **Your three personalities**

We have the following three personalities:

- Social personality
- Dreaming personality
- Real personality

Social personality is your personality what the society assume who you are according to your level of education, family, position etc.

Dreaming personality is what you want to be, what you also assume who you are, what is not given to you.

Real personality is without any assumption of the society or yourself. What you are doing openly or hiding it from others. To make it simple, which is visible to God. It is what you have shaped it by mistake or consciously.

02 February 1987

### The dirty dreams I had

I had seen dreams, which could not get out of my mind. In 1984 I have seen in my dreaming some very tiny insects spreading out from my body around my stomach. They were focused and collecting themselves forming an infection on my skin. And in late 1986 for example, I saw a pond full of worms and was supposed to swim in it. Also now in February 13 1987, I saw a strange dirty dream.

It starts when I pull out some strange insect from my back and place it on the desk; it has got two long tails and a rounded main head with more legs on its body. It comes towards my direction, realizing its move; I started to get away from it. There were also some other persons, but it distinguish my direction and produced a larva from its tail, and those egg like larva sprint towards my path and going back to their original position and accumulating to it's tail. They were multiplying rapidly crowding the floor. Jumping up and down, collecting together then moving in different directions. In this dream, I thought, it was the coming of the end of the world. I have seen many strange and awful dreams, this are enough as an example.

17 February 1987

### My happiness

As an internal feeling, I had always a happiness feeling that is trying to burst out. But some years ago, I have been trying to keep my happiness inside (than a smiley face) and prevent its emotion, which gradually leads me to sadness.

Knowing the above, I should not prevent my happiness, which is given to me naturally. It was a wrong believe that internal happiness can lead us to external distraction, but it is on the contrary.

23 March 1987

### What would you like to be?

A question, which comes to a younger generation like me, is an aim identifying targeted content. Expressing in this way, the young should identify his target before it is too late for him.

Beside mine, I haven't still identified my target. Anyway I have a feeling or a wish to be a scientist, a governor or something higher in knowledge.

25 March 1987

### The question of religion in all of us

There was a time when I deny the existence of God. And it was in the year 1978 when I had accepted Marxists and Leninism of being very young. But as time goes, I find myself a religious person. Thus, I am now an idealist person.

04 April 1987

### The first Man

I thought when I was a kid that God is the first man who died first and have the power in haven

### My interest

What I want to do is something creative, what I want to have is something private, what I want to know is something abstract.

### My side

I want to side on the universal truth for the benefit of it. In my life I don't want to do anything for the sake of parts or for the sake of partial truth.

### My believe

I believed that sexual world is part of an evil world, or it is a source of crime, even when it has a good part, most of its part seems to me as bad one. And I assumed that it is the path to death.

06 May 1987

### Knowledge

Any kind of knowledge (a true one) is about nature. Nature is already structured, which shows that all knowledge did already existed. Some people say that knowledge exists in human mind before his birth into this world. And materialist says that knowledge is extracted from nature by seeing the law of nature from our environment.

My idea includes both of them. For a normal person, we can get our knowledge after we are born by looking the law of nature, but on the other hand we may get knowledge even genetically in the structure of our brain before birth. To give a reason for this: Brain itself is

structured by nature, and nature can feed once brain so that a person may get some important parts of the law of nature.

### The owner of knowledge

As the above, we can see that nature is the owner of knowledge and everyone or anyone can not have a knowledge of his own, I mean a knowledge what he only knows. He may keep it, but never own it.

15 May 1987

### No fear by reasoning out

I had a fearful personality for an elongated time, but as time goes, I could overcome it just by trying to reason out what was the thing to make me fear? My fearing was of unknown objects, imagining the existence of evil sprits, and fearing to stay in darkness. I was exited to shout whenever I hear a sound from outside, whenever I see pictures of a thing, which gave me a deformed thought. Knowing those, I started to find out what was the sound (from a cat footstep on the roof, rain drops, dog, etc) why I see a picture of a person (when there is two points like eye, round thing as head, etc) So coming to the real point, I could have no fear and could eliminate my imaginations caused by my fear.

08 June 1987

### No one is perfect

Knowing that I cannot reach the highest stage, I should always see myself as a normal person, in which I can do things just as they are going and going on. I mean things we are doing are going on or are passing to become a story. Not more than they are supposed to happen or nor more than they are going to be. Thus I can say now, my future is determining to show me that I should never bother about others or mine. It is hard for most of us, we feel we cannot live without bothering and we feel that we are living for the sake of the future not for today or now.

04 July 1987

### To my future

Going abroad is the solution for my life change or it is the way in which I can fulfill my wish, aim, knowledge and my personality. It is the best for me in becoming independent (emancipation from parents) in choosing my own way and it will help me to become a man. Thus I am fatefully asking my God to fulfill it.

### Image vision

As I have stated to group visions in to three, I sometime have an image vision while I try to visualize by awaking from my dreaming. When I was a kid I visualize this at some darkness and had a difficulty to differentiate between the reality and my imagination, which goes, as it has not enough power to stay longer in my vision.

### Language

I hated to learn any language even English, but as time goes I realize that language is not only good for social communication but also for thinking. (After attending a German Language by the Goethe Institute in Addis)

1 December 1987

### Life as a story

When I was a kid, I have developed a feeling that life is just a relation between man and woman, and all others like death, love, etc were things that should take place to them in a matter of different combinations, and yet it seems not to be more than this; life is like a film, a story or drama of different authors. The only specialty about my life is that I am in it.

24 December 1987

### OUR BUT

What do someone think about the above word? When you simply read it, it says our but. But when you spell it: O! You are beauty!

### On this paper

I do write on this paper a knowledge, which I gain it just by interaction of my thought. I do not want to write any knowledge extracting from other person or book, than commenting about my belief. Whether others have discovered it, it can be a coincidence because nature is the owner of knowledge.

12 March 1988

### Is it confusion or what?

A mysterious feeling, which let me to feel that I am the cause for the situations going around me come seldom.

The above feeling also includes like I have been given the power of spiritual intensity. But the very difficult one is my situation

puts me in an unstable feeling or in non-decidable pattern between accepting whether the feeling is mental confusion or real supernatural phenomena. Anyway this event puts me in a kind of mental in danger.

9 may 1988

### Is it spectrum or what?

I concentrate in seeing an object for a long time and enter in to darkness such that the object have a strong visualizing power and others around it are not at visible stage to me.

At some different way; or when I try to apply the above experiment to a radio antenna, having a reflection of light, I saw a strange thing, that is: Before the surrounding gets darker, the color of the antenna start changing and getting stronger. At first it was white, then bluish then orange, and so on till a flammable yellow color.

I wonder if it is the color of light, also whether one can develop to see spectrum with out using a spectroscope. But I am not able to see the aura of a person.

14 may 1988

### Just feel it

Try to move your hand, be careful not to misunderstand this word. Again try to move one of your body part e.g. your finger, but do not let it to move in cheating yourself saying I am going to move it but do not reach to a point where you decide to move it, do not do it. At a point you experience a strange feeling, which is like an electric is discharging. In case you should hold also your breathing, in fact your breathing let itself out at some point. It is possible to produce a sudden good force if you hold your decision to move then burst at a point.

19 may 1988

### The distortions

Now I have read “Tuesday-Lobsang-Rampa” book, and I realized that I had a related beliefs, which is stated in this book. For example in case of astral traveling. I had an impression that I was supposed to relate it with dreams. When I was a kid, most of the time in my dreaming, I felt like I was floating above and entered in half way to wake up then speedily or gradually I sink down in to the bed or even into my body and I felt like the bed itself was taking me down to the ground, so that I gradually wake up. But now and then I have not this kind of dream. Also sometime in my sleeping, I wake up from dreaming

and find myself in another room where I slept then see different objects like window or people, when I realize of being fully conscious than dreaming, I hardly believe of being in another room, I try to shout then find myself again in the room where I slept. When I cool myself down, I wonder about the events.

In the above I stated about my experience, which was vanishing because of fear. In fact when I was a kid till my tenth years of age I was full of fear that I automatically shouted when I find myself in a dark room and when I see imaginary things, even till the age of sixteen, I could not stand to sleep alone in one room, cause I mostly imagine and see or hear an extra ordinary objects, which puts me in great fear and to stay awake for a long time trying not to fall asleep cause I fear that something may come and torch me or takeover my body. Actually this orientation was a belief in my family or the society, about being possessed by bad spirits. Now I am ready to weather away my fear and when I have a suitable time and places I will practice those written one in the book of Rampas to benefit from it.

25 May 1988

### The dual personality

I realize that I am not only one, but whenever I try to differentiate from one to the other, I only get a meaningless feeling, in which I wonder about myself, my existence and my consciousness. This time I even wonder whether my body is attached to me having a person of dual personality with the same feeling like my body does.

15 August 1988

### My defect

I have a defect in expressing my feeling to others or in showing: who really I am. Whenever I face to someone new shyness dominate me and show that I am hiding something. In my body language I act like a kid or be very respectful to that person and prevent an eye-to-eye communication. Many new persons assume that I am not a matured person or that I have a psychological problem.

30 November 1988

### Money

Money is known to be very important in life. Let me divide this at least in to three parts like this:

“Living money, extra money and life money.”

Living money would be the money, which takes a place of exchange for your material. The amount of money serves someone in providing his necessity.

Extra money: A part that someone spends it for entertainment, luxury, or just to give for others. Simply extra money what could be saved according to the level of a society!

Life Money: Which is normally more than what you can spend in your life assuming you need it for the future. You just own it and saved it, but may leave this world without spending it. A fateful person should minimize his Life money.

1 April 1989

### About money

Money for me is not something important, but I always like to count what I have. And no matter how much I have got, I seek to minimize my expense to save in that way. Always it finds a way and disappears, when I give it a hole. I don't like to run for money, but sometime I can see that I have done that unconsciously. In fact I like to gain from others as a gift, but this is a very weak point making me dependent of others and in some way not thinking for others. I sometime want to throw what I have when I start to measure my prosperity with money. In this case I prefer to provide it for those who may need it. Who doesn't need money?

For me money is becoming a problem. Other than this, its counting is a problem no matter how much I have cause I hate to loose a bit of it. More over I am starting to measure my value with money. I hate it; I hate this so called money.

28 November 1989

### Trusting God

I mostly talk as if I trust no God. And when I talk out, I start to blame His being undefined to me. God is something to be questioned, whenever I see this world is not a comfortable place for me. I sometime feel that I like to live because I am afraid to die. I have made myself away from unfaithful places, especially of those affecting others. In this case I ask myself whether I am doing this for the sake of others. In try to make myself suitable for God, even ask Him to make me His. God were not against me, but if He is still with me there where I have been He could have saved me.

No God do nothing on me, I am the one who choose my way my deed my life is still on my hand. Is it true that I have a power on

myself? If so, is it enough to let me do what I think I should do. No still no, no I am not still having power to control myself. But now I control myself is not a question but the question is whom am I controlling or who control whom, do I control me? In this case I am having two sides. Additionally if I call for God, there we become three.

It is not an easy one. I know, I know, I have known the two sides with in. One is trying to be loyal to God and it always nagging me of those bad I have done or I like to do. The other one is talkative, it deals with the outside world, it always express as if it is the dominant and always personally affected. This second one likes to promise and when got a chance, doesn't care to anything except of his. When it starts functioning, it imagines its luxury to be achieved easily and even unfaithfully. It does never stop; it runs to destroy the one who is trying to be loyal to God. The two sides are clearly seen in all of us, and I sometime believe if a human is a place to those evil and non evil.

10 December 1989

### My turn point in 1990

At the beginning of this year, I decided to stop waiting for my acceptance as Asylum seekers. I find a situation in which I can construct my life with a women, to a place where I thought of not my type or unfaithful.

In fact at the beginning things were going right, cause I at least get away from spending my time with waiting. As time goes I realized that I am in a way, which can obstacle me from practicing my aim. And start to worry about the whole situation (Started smocking a cigarette, and drinking an alcohol). I finally took a drug and pray to God, feed myself the need of God, and by this process of self brainwashing, begged and begged to take me back to Him.

Then things go on. My first girlfriend tell me one day that she doesn't want me anymore. For me it was not a surprising word from her. I feel happy that I can lead my own life, but as having two personalities, my heart was divided. I stacked in to difficulty of deciding and I had a feeling of being not myself. I started to ask myself, whether I am myself, whether I know who I am. A real problem, when we meat again, I could not decide, so that I convinced her again to stay with me, but as I clearly see that she has got only an egoist way that I should only belong to her. In fact except her work she was good. All was my fault that I was going a way of distraction i.e. drinking and smocking like her. My

problem was, as long as I intend to stay with her I was going to be still in a self-distraction way.

Time comes of being unable to think correctly. I enter in to paranoid. Every words and actions indicate to wards me. I have had a difficulty of talking with any one. The more I talk, the higher trust I have on my words. I get in to a way which indicate me that every one tempting to make love with someone. I feel like last time. The only way to make myself normal is to fix my aim. I thought of my aims. Beside, waiting about my asylum made me to feel unsatisfied and my feeling to her was almost finished. Anyway I decided to lead my own life alone whether I stay in the world of money or spiritualism. I do not want to be a religious person. And to be a politician made me also to be away from God. I felt responsible to begin my life. I get back to the place where I stay as asylum seekers. There I still could not make up my mind cause I cannot get the result. I see the post every day. But nothing comes. My sister phoned me and says that my fiancée does not want me anyway and I should leave her. Still I could not get away from thinking to make my life in a way of money making. The husband of my sister also called me to say that I can be with them and can gain every thing I want from them, even his mom called advised me to decide to go to them. But I had a feeling to run away from God and stack in them. Things were going on. I spent my time by playing a machine and playing with money. It at least made me to concentrate on the game and get away from my paranoid feelings.

I decided to take out a driving license where I lived but continue playing with money. My life needs not only a decision but also deeds. Year 1990 is going on. I still do not have the asylum. I don't know what is going to come, but I feel I will be accepted. If they don't, where will I go? Also waiting made me to be unsatisfied for every thing I am doing. 1990 is the year what I wonder to reach, it is here, and it is going on. I don't still have a job, which identify me. I am in it now may 23 1990. Nothing is still a safety way to me, which can guide to my aim. God is the first and fixed word in my mental cause I either try to get away from Him or to be with Him. I sometime wonder why I fixed the word.

I am having two names, as well two personalities. I spent my time some of it to construct the other to distract myself. 1990 is the year which seemed to me a good one and then unsafe but overall a turn point.

If ending is as a door to the beginning

If I am not responsible for my faults who else is going to be?

If I don't run to better my life, whose life do I like to improve?

If I have nothing to show about my identity, whose identity can I have?

If I regret to fight against my problems, should I be slaved?

If I cannot accept God, why do I always live with Him?

If here exists nothing what I need, why I still wait here?

If life has a meaningless definition, where is this world leading me?

If I am living in this world with all my faults and bad deeds in fact those good things I have done, when can I be a person of clear mind?

If there is a way of measuring life with money, why is it that I do not like to run for it?

If I am having a difficulty to know who I am, what about who I was and what about the deeds I am performing? Am I not being responsible?

23 May 1990

## 4-Dairy from May 1992 till June 1994

After the third dairy, I quit documenting for about two years. In those times things were changed, by starting a language course then entered to the direction of education. I also have to face a new church, and a new girlfriend with whom I should quit. Here I tried to revise things, which took place way back. I seem to defend myself of getting out from the new church and try to state some of my psychological difficulties I have to face and results in my mind to the so called being holly or being bad.

Other than this, since august 1993, I started with a girl to fall in love, to face the sweetest side of life. We could write letters in English at least twice a week, so that I returned to my writing ability. I sometime wonder whether I were the one who was writing poems automatically. I restarted writing poems in Amharic and started also in German for an Ethiopian cultural journal.

### Why I start again to write?

Once I read the bible, I thought that writing or documenting on this world as a sin, in a way that I understood the direct meaning of it.

Fortunately, it is being clear to me now, that our document is our behavior towards this world (Do not have documents on this world, cause your heart will be there, where your documents are) or the one, which is our deed towards God.

Not for the worlds sake but for God sake.

04 May 1992

### The outsiders

Questioning a simple and normal doings of mine, I always underestimate my own power, ability and knowledge, cause I only don't want to be applause. I know my defect and consequences, but I am not still able to throw out this so-called "but" from my life. Why is it that I am always stacked in to it even it is known now. I don't think that there exists a place for me within this society. Whenever I stay doing on my own, I found out the real feeling of goodness, but I always run to the other dimension. This outside dimension made my life nervous, cause we all are being judged by the outsiders and we all try to make no mistake according to their point of views, but in a way we do.

5 November 1992

### Addiction of smocking

What forced me to go back to smocking? Or is there any force, which is doing so?

There are many things, but I see that I am not only addicted, but also tricked to go back. This cheating feeling, which is attached to the simple way and phase of life, force me to connect most situations with a cigarette. I am always ready to stop and have done so. But whenever I should do some simple thing, but not seeing what am I going to, leads me to be cheated and going back to smock. For example, when I should eat, the feeling of hunger made me to feel the absence of a cigarette or if I have to go to toilet it also made me nervous and let me to look for a cigarette. All the experiences, which I had by not smocking, seem simple but they really force to let me back to smocking. Cause cigarette or some addictions are not only an addiction but also they develop a related life influencing/misleading works in us. So better being a non-smoker as being a smoker.

26 November 1992

### Repeat until

Life is for me a repeat until ... experience.

- I had the same experiences
- I have had the same situations
- I have been on the same places
- I have taken the same directions
- I have accepted the same way

Until I fall down and know that I was doing wrong.

I realize now that I should do my own deeds not to be stacked into mine Repeat-Until cycling, but need to have a reason, know what I am going to do and why did I made those mistakes.

25 May 1993

### What would you do after a mistake?

What would you do when you realize that you have done a big mistake and landed in a place where you don't want? Will you try to get away from this place though by doing so that you should do another mistake? Or do you stay to be there, accepting it as a punishment then try to fulfill your aim or do you get away from this place and change your aim in order not to feel guilty while being unable to accomplish your task?

My situation is written in the above. All my dreams could be fulfilled and when I see that I only have a guilty conscious and a pain feeling, in my nervous system, which made me to have a defected soul and a burning body. No one can understand my situation from my physical appearance. Others replaced my soul. I could not even differentiate between write or wrong, still I am being on and off. Thanks to God that I am having a respect to His work.

### What do you want?

If you are allowed to have what you want, what will you really wish to have to, most of all if you are asked this from God? Do you think that you ask a thing which cannot contradict with the laws of God?

18 June 1993

### Seeds reactor

God has made this all. And He knows how it works. He put it in our hearts, and he made it to growth if we just plant one of His seeds in our hearts. But He didn't only made a good seed, he also have a bad seed. Our mind is like a reactor. If we have some bad reactions or if we have a good one, we may enter in to this reactor and explode out what we saved. Controlling all this things in our mind, made us to be a defusing reactor and we can get benefit from it, but we always be hearted I mean fragmented. The truth is that we all live, and the truth live with us.

08 August 1993

### Good God

I think my present problem is because I am trying to be good to persons. I mean I say easily ok but/and I realize later that I cannot or will not like to accept or to do it. This puts me in a conflict in such a way that I believe to keep my promises. If I don't, it means to me that I am not good. Thus I tried always not to promises but when I did cannot keep my promise. The only way to protect myself is to promise again or to live with my shame. This implants in me a bad demon who is nagging me inside and as a devil, who telling me that I am guilty. As the top weapon of devil is his residence in persons mind with his guilty and normality definition, he stay in, till he got an answer that he may comeback someday and have his place reserved or may stay wherever he have to use this place.

When I was a kid, I always thought that devil and God are two supernatural powers, who works/play together with a person life, understanding in the bible that God was also tempted by Devil to prove whether a person belongs to this world or to the so called good things. And in small things I wonder whether God really made only Adam and Eve then one of Adams son killed his brother then run away to start a new life. But where did he have his wife? Because of this questions and my being subjected to Marxist thoughts, I denied the existence of God, then felt powerful, intelligent, believed only in material reality, knowledge and humanity. I could free myself from asking the works of devil, the existence of hell and so on.

But the deny of socialism in our country and the deeds of people who killed, torched and freighted the society with the name of communism and with the words of Leninism, shows me the existence of evilness. Being unable to stop this sadness, made me to ask myself the existence of super powers, and the one whom I knew was the owner of Bible. Still comes the question if I can take the bible as a holly and as a perfection, cause it still owned by too many groups, and sometime I fear whether the Bible was manipulated or so and so on. My only left helper was my own way of looking for good deeds, and having contact with my own believed good God. And this source is also the one written in the Bible. I feel most of the time the work of God and devil in this short endless life.

My being subjected to the question of good or bad, by trying to do only good, let me more and more to have a religious personality, and my not being belonging to a religious group, gave me a feeling of a politician. As my orientation directed to education and being successful when I indulge in to studying, gave me and showed me to have a real concern to the reality and to believe in a word "What you see is what you doing!" But this also let me to see the word of Jesus said: "let all do what they want, but I have everybody's reward with me."

So in times I could not go away from God's world. I also believed in Lobesang-Rampa books, and in Germany the Scientology, cause they really explained the existence of this two sides in me: the Analytical-mind and the Ingram. This time I could belong to them and I could continue to look for them to let their bridge constructed. But as I thought to look for a clean mind, I started to look for a cleaner, which means a girlfriend. This puts me to face the old story, the power of sex as the power of devil or God in one personality. Thus I start to look for a

good woman, to be part of me. Being tempted by a different kinds of women in my life and seeing that those woman did not have the will of my work, but the will of having me as a man, made me a person who could not be easily understood. All left me believing that I was looking for a better girl or as if I were not matured enough to be owned. Being left alone puts me to have the need of sex and thus should straggle to hold it. This time started the visual world as a crazy thing. Things have a real meaning then. All the works of temptation starts to reflect from outside, I entered in to a strong need for sex. I really started into temptation, but as long as I stand against this need, I could see clearly that most people are subjected to it (Sex/Devil/God). The only way to save myself from being crazy was to cry to God or even to compromise with devil or to throw both away. The strongest wins the weakest wait till I have a chance to be myself. These kinds of combination made me not only a two persons, but also of three. My wish was to make all good.

Thus my being subjected to the devil, let me to fear and look for God. As I became normal after promising to a group of a religion or to God Himself, I started to wonder again whether there exists a perfect worker of good God in this world, then start to ask myself like old times, if I can write my own religion. I mean I believe, I also have sometime a contact with God but not only the Israelites. This means I believe that God and good have a continuation if it continues to exist. This time I was trapped with a church, which owns the book of Mormons, though there were things that I did not accepted them, my being attracted at one point i.e. the existence of God's work continuation, let me to be baptized within this church quickly. As I looked for a good girl, an evil trapped me to have my girlfriend from outside. She did really work the work of so called evil at that time. She came at a critical time when I really turn my face to scarify myself to Christ, but then left me too after believing, I was distracted. I don't want to blame someone else cause I am the only one who is responsible to myself. With or without her I have always myself; me, my soul, my decision and so on so falls.

Anyone can mislead me cause I tried to be good to them. Now I see it again: To be good to them did not mean to be good to God but to be trapped. Which shows me "good cannot always be good" cause good is not the only part of God's commandment. When someone tries to show some good thing but hide the real background, the only way to escape from being trapped is to find an answer using the word of Christ

or God. Which means if I should have a better life, I have to use the word of God, and my highest point comes there. I am not more than a religious person, if I have a chance to be heard, the last word, which stay in me will be God.

27 November 1993

### After all

Although I mostly write about my faults, and the difficulties of life, I have a right to say that my life was not bad. I mean life is sweat.

After all, I realized that I only watched for success and look for them, while I did not struggled for them. And this shows me the reason to accept situations happened before, are taking place and going to come.

The best thing what we all should realize is that we should accept happiness what life brought an to us. I mean, what ever your ability is, accept love than other thing. See always the good part of your life; see always how to make the best out of it wherever you live and whoever you are. Your life!

31 December 1993.

### Tired of studying?

Sometime dreams are indicators. What I dreamed made me to see the reality. I dreamed of talking with someone as a student about the difficulties and the shortage of time for a person as a student. And he said, "What can I do, cause that's the way I have chosen!"

I wake up then realize that I really choose this way.

What else can you do than working harder for it cause that's the way you have chosen.

04 January 1994

### May be it was my maximum!

I some time believe as if I know everything or as if I have a power to follow then reach out the goal. My being worried about this and that and my monetary feeling, argue with my seeking to highness in a fateful way. I know my ability and I sometime talk too much. But whenever I talk a lot, I start to brainwash myself. I know there are only a will and a choice for all of us, but this so called "I am" made us to cheat ourselves while we like to cheat others. With all the experiences I had, there is only one Kingdom, which is the world of Fairness governed by God. Mostly I tend to see things religiously, cause it is the one which I am still connecting things with it.

But still I am not clear and all my power were diminished, almost lost and there were only one thing which I could take care of: 'It was God; His Spiritual power, His punishment and His mercy. For me I am still looking for my future, cause whenever things are still going good, there will be always a question in my life whether I am clean. There is always a question if I can be one of His seed, or if I like to jump around in this World? Now I am a student in Germany, but for me I am not, cause at the beginning of my first semester I was poisoned by some unknown drugs or may be punished from God or devil.

And this time I feel so lazy, cause if I start to study or to do something all what it comes is a question of what I am going to be. I preferred to study, but this place seems a wrong place. I am not what I was. I am changed, cause I am not thinking alone. I mean I am always subjected to some other person's idea and/or deeds (Especially relatives). I don't lose the meaning of right or wrong, but I just don't see the need of right or wrong. I don't know where I had this feeling of punishing myself, in order to put myself down, so that I may be so weak in order to see the misjudgment of peoples in this world. I have always this feeling of being a person who knows enough but who doesn't find the right one to hear him. Cause in my life there exists some who mostly think that I am directing to destruction.

No, I always wish to do the good deeds and cried for good results, but hate to be seen as a distracter! There were time when I have seen my weakness and at those times I needed someone to give me a hope or at least a help of understanding my situations, but not a person who blames me of my weakness. Cause to those who blamed me, I showed them that it can't be so bad, if I do some more. Now I am so weak to compromise, cause I haven't enough power. I sometime feel like I have reached the maximum, but because of this and that, I lost this Maximum. Sometime, I don't see the meaning of life when I can't reach out the optimum. I always believed and still believe that I never can be Perfect. But I wonder why my brain is nagging me of perfection whenever I try to do something. My being here and there, gave me a lazy and a dreamer personality, cause I mostly think of there while I am here. Now my brain is mostly trying to govern me with all its past experiences, cause I was not fateful to it. It is afraid of being experimented again and again; he only seeks to have a spiritual health though I am not letting it.

### I still feel like someone is watching me

In my childhood, I feared devil and I always felt that someone is watching me, while I were alone. Now I am grown, and have no intention of devil. But my being in Germany makes me to feel that someone is watching me using instruments. I should always close my small room windows whenever I noticed such a feeling. It is funny, cause I had believed in God and prayed, while I felt watched by a devil. But now whom do I have to pray for, while God gave me the meaning of His power against devils but against persons, there is only one thing I may pray of and it is to ask for sorry if I face to them, but where should I face such people and can I get away from them?

27 January 1994

### Where is the truth decision?

No matter how I decide, I felt like I have done the wrong decision. One of my aim was, not to go-out no matter what happens, cause I had a problem in my life to accept what I was involving, while my involvement seems a non resulting one, then I decided not to go-out till I have reach or visualize my goal. I really had worked for it. But my religious thoughts, based on the energy of this accumulated power in us, asked me again, whether I decide the right one, cause my brain tried to arrange the way to have the possibility of going-out.

It means, though I have used the way of not going-out as power, my biological brain tries to arrange its best to have possibilities to go-out. Then after a decision, I experienced a guilty conscious.

10 February 1994

### Say only OK

In most of my life, I was tempted and did also allow brainwashing. "Say only OK!" Was and is the one which brainwashers expected from us. Noticing this, I had said Yea, but did or try to do the opposite inside my thought. I mean when it is only "Yea" what they expected from me then I say it, in order to get rid off from them. I mean I just say OK in word, but inside myself I put "NO" into my mind.

Sometimes there comes a situation, when I feel weak and the things enter inside excitingly or hypnotizing. I take some words in my mind, thus I prefer to un-hypnotize myself with religious words. Nonetheless I fear to take the one, which really highlighted my soul.

19 February 1994

### You should do yours

“No one is going to do your task!” Is the word what I heard from my professor and also my girlfriend said me “You are the one, who should learn for yourself!” They both said: “I cannot learn for you!”

The above is true, not only true, but also because it is happening to me. I am becoming a person, who knows what to do, but who feels like there is someone, who can solve my problem. For example: God. OK! OK! God may do everything for me. The problem is that I act sometime, as if I don't need to learn. I feel as if there is some other importance what I have to do. Funny! Yes funny! My dream is mostly based on my color, my religion of course also educational. Money is the one I like to have, but didn't run for it, if it comes, it comes whether I get it from here or there. The most important thing in my life is and was my being accepted.

And as I am living in this world, I live also to be accepted from my surrounding. The other what I seek is to be accepted from myself. I feel that God accepts me. That is why I am not being ready to take care of the things what I am doing at most.

I don't know why I like to see the difficulties of life after I did not have done what it should be.

19 March 1994

### What can I say about it?

One of my life path and feeling is to believe and wonder about mysterious things happening and taking places, but just hide as if they were not happened. Thus I would say that I want to know everything. I mean the truth. This character of mine puts me in to a psychological problem whenever I feel there is something wrong what someone is trying to hide it from me. By the time is over or when I find out that I was right, I wonder why it gave me a psycho problem? And I wonder whether I can use this natural gift as a normal than as a crazy feeling? May be I am not ready to face the truth, or may be I should live with it.

14 may 1994

### Normal ecstasy

Now it is about half pass four o'clock, night. I just wake up and see/read some program, then smocks a cigarette, which I am not used to do. I just noticed that I do things, which I think they are not good. Anyway I did it and as it have been done, it is only part of my story.

What is the difference between some kinds of things, such as alcohol, cigarette or drugs which may give us a wrong or bad conscious after we amuse our self with them just to fill different when it may be harmful. One of my wondering in this life was seeing things, which are different may have some special work in our mind. As I was a kid, I was interested to know more about brain, cause I was always surprised how we as human being can accomplish things what animals cannot do. But when I had a chance to try an alcohol, I noticed a different feeling, which put me to realize the existence of something, which can be said a soul.

Forgetting my late experience, I tried again and again such stuffs to feel different. The highest one, what I noticed was from Hashish. In the road of reaction I had experienced emotional things to say “Was it me or who reacted or thought that way?” The other one what I had a different feeling was while I talked with some religious groups. Another different feeling what I have got from is from my girlfriend and this one I cannot deny it, or to judge whether it is good or bad. Anyway those different feelings have really powers to hold someone in this world. It is not normal to have an ecstasy, it is different no matter it has been said it was good or bad.

02 April 1994

Real Mind! [It's me it's me, it's me\_me]

I have lived with you for long;  
we experienced a lot of thing;  
I bombarded you with writing!  
But you are still asking me,  
wish to do this and that with out me!  
We had suffered from some evils;  
there are things that we miss,  
But you couldn't help yourself more than this.

So know what you want what to do,  
you better start something an to you!  
It's not too late you've got a chance,  
do step by step not at once,  
Cause there are days for your success,  
try again more than twice.

You might have wondered who I am;  
a demon, a holy ghost or some,  
It's me its me, it's me yourself,  
who always exists in your life.

I will always be there, I will continue,  
I am your existence that you should know!  
So don't regret, let me write,  
in order you may not stop to see the light!  
Again, again, again and again,  
know that I'm good cause you should gain!

Analyze it let me talk to you,  
don't fear what I said, cause it is true.  
Know how it happened, it's working too,  
be ready to serve, follow me and do.  
Work with me let me work with you!  
You have seen the reality, the power in you,  
be proud of you, and be strong too!

I will always be there to optimize,  
to improve yourself, to realize.  
Comment, rebuild, say what it is;  
be yourself, be yourself, see the truth.  
Cause you are you, on this earth;  
continue, continue, take yourself with!

To the highest position up to the top, you  
have seen the light with my help.  
So let me rebuild you step by step,  
don't fear to lose, don't fear don't stop.  
It is your life it is not a trap!

Thousand time more and more,  
I am the one, who stay in your.  
So choose the best, be who you are,  
realize please take care.  
Hear my word be always sure!!

As long as you are living,  
and the sun is shining,  
Or whether it is raining,  
time won't stop from running!  
And I stay with you when you are thinking!  
But you should work with me, let me working!  
I am your way; I am not your King!

A Demon, an Analytical Mind, a holly ghost,  
you can call me any thing, but I am not!  
In your Mind in your thought, in your dream,  
at day, before your sight,  
I will always be there, holding the light!

Realize that, I won't go away;  
realize that, I won't run away.  
May be it's enough for today,  
be who you are, please stay!  
Don't regret, say what to say,  
there are many who like your way!  
Be who you are, every day,  
let them come don't run away!  
Stay with me, stay, stay,  
take your time don't go away!

23 May 1994

### A quick End

Time has run; life showed me its hard parts, its law and its offer! But I am still who I am, whether I travel through my mind, whether I suffered or although I have learned enough from short but endless life. Started from my youth feeling of emancipation and also with a search of a fixed personality, I had to be careless of some important things in my life, although I am still trying to struggle. This made me a person to see my life as a waiting place for some personality and for some kind of emancipation from this system, which is mostly impossible.

My being lost in this so called social oriented life, cause I had tried to have a normal life but having a so called laying for serving and my seeking for a religious perfection, which I would never run for it,

and my being brainwashed by different situations while I were weak, let me to feel sorry for myself.

This time I have nothing to say about how I can change my life to have a religious perfection, cause it did only made me crazy while I should do it so, knowing that I have no power to take part in some happening.

My life is like always: “It is better to be who I am.”

Second: “Be satisfied with what I have.”

Third: “Know the consequence”

=> Bad for bad work, good for good

Fourth: “Never give up”

According to this words which are the one that letting me to do a mistake at the same time keep me to stay. I am having a living style to survive. In my survival, I am trying to minimize my mistake, accepting a good work till I can one day run for my own advantage. Of course also letting to use some of religious perfection, whenever I feel I get so weak. Other than this, I realize that I have lost the real need of the meaning of life, which puts me to the feeling of waiting till reaching. “Waiting till reaching!” One may ask: “Waiting for what?” I can only say: “For my personality, for my being somebody.

One may say also: “You have your personality”, you are somebody especially you are yourself.

Yes I am myself, but what I mean is I sometime need to have a position in this system, I mean in this world. A position for example what I have now is “a student”, but my being a lazy student, let me not to be a real student and while because of the word good for good, bad for bad, I am afraid whether I can continue of being a student? I cannot leave what I am doing and looking for some other position, cause I really, really don’t know what I need and what I don’t need.

Starting from sometimes of my childhood, I wished to be some especial person, someone who is not the ordinary one. So I really sometime like to throw away the so-called normality. But the feeling of throwing away this normality puts me to have a feeling of throwing away what I have now. Like my studying, my living style even my

clothes and wish only to run away from my surroundings and start a new life where in fact I can find a reason to fight for something, which can put me in a big interest. So my having a life situation, which cannot be said as a devil-cycle, but something like that, which never let me to give myself a reason why I like to play with my life by this feeling of waiting for some day. May be I am waiting for a Devil so that he may come and say: "Now I distract you!"

It sound absurd, but when I connect my religious believe and my doing, I can say: "I don't want to fight against Devil! Cause I fear him. I can only compromise with him and let me to be distracted slowly!"

If someone comes and take away something from me, I may only get angry and if it is very important, I may only burn inside. (I did so) But I don't want to fight for it, cause I am still being afraid of devils power, I do really feel that I did or doing a compromise with him, in order that he may leave me than attacking me. So about me, one can say that I divide the situations in to evil and holly! The difference in me, or one may say as a religious personality, "The normality in me is that I live with both!"

Now I notice that time is running, and I am still having not enough power to take my education so serious. For this one too, I have a reason. Once I tried to explain to my girlfriend, why I love her: "I love you because I see a future with you! Then I said: I love God cause He is indicated as an everlasting one, and I love myself, cause there is no future without me!" In short word: "I love continuation to the future." In other words, I only can love my education, if I really can prove to myself, that I can continue it! One may ask: If you are not sure of continuing your education, why don't you leave it? But I say this: "I am learning." And as long as I can learn from it, I will never give up till I am dismissed! If one asks me like this: "Do you want, not to be dismissed?" I may say yes. The next question would be why don't you work harder, in order not to be dismissed? I may say that my destination doesn't want, it feel sabotaged, I feel detected, detected in my spiritual life, detected till I cannot concentrate on the movement of the lecture and detected while I start to read my exercise book. Yea, this may have come from some drug I took, or from my having an on and off smoker style or may be a psychological problem. But what can one do, when his back is burning, his eyes cannot concentrate on a moveable objects and his will is only to throw away everything then to get away?

Ok, it was all minimized, cause I feel that I did compromise with the devil and in doing so I had to let myself to be ready to be distracted so slowly than quickly. What is the feeling of life, when someone can be really distracted one day? One day I will be dead and one day I may loose control of my mind. So I sometime make myself lazy cause I feel unsatisfied with my life, with the chance we are given on this world. What is important in this world? Is it not love, truth, good, fair, right, freedom and so on so forth, which are important in this world? If I cannot run for such things then for what, Simply for “truth?” If I believe in studying, I know that it helps one to take the truth first cause  $1+1=2$ . That is the truth and that was why I choose to study. But in my living style, I got sometime no reason to study more, while I feel that I should serve the system. The system of this technological world, which put most third world in suffering and which is letting to let the rich richer!

I sometime like to argue with the bible, in a way that it said: “Who have will gain more, and who have a little, will be decreased from it!” So it only let me to choose the way of a politician. But I only fear not to work for the so-called devil. But if I really won’t find a way to see success in goodness, there I fear to be a devious angle.

02 June 1994

## 5-Dairy from June 1994 till May 1995

This dairy has two years duration. It is focusing on my late experiences. It reflects my recovering from having a hard experience before 1994 while I should start studying. This one is the fifth one. As the fifth one, I have a reason to write more, cause there I should at least confess to myself and to someone who is going to read it. Also by studying a computer science, I face a new way of thinking, in the world of programming. In this dairy, I started to write in Garman and also in Amharic-language, which in fact are not selected here.

### Whom can I blame now

Way back, I mostly tried to blame others in case of loosing time to do some important things, but now I am here alone and have enough time to do something! I tried to blame also myself, but it is becoming clear to me that it does not bring somebody to blame anything before he really didn't try to running for it!

So do before blaming, cause at the end, you are alone there, and see that you are the only one who is responsible to yourself. If you struggle till you fall down, then you will succeed or there will be someone who will take you up. But if you blame!

14 June 1994

### Function (DO)

(Do = love, write, study, dance; DOING=loving, writing, etc)

### Function BEGIN

Now I have a Special need to DO. A need which enforce me an to it. A need, which say to me go for it. This unexplainable need, which can let me think mostly about DOING, has a positive power, cause it promise me satisfaction!

Thus in order to get this satisfactory feeling I know I have to run for it. While I am in it, I feel different, free and intelligent. I simply love to DO.

After all I become happy, healthy and see the way to perfection in DOING. In this way I get success.

So I realize the work of DOING, its meaning, its power, why I really need to DO. Be wise run for DOING.

### Function END

The function is not only to show what loving to do something is. For anyone it is not difficult to find out what he loves to do. Cause its power have a real work in his world. Do what you love to do.

19 June 1994

#### One of my anti devious thought!

One of my thought against my aim identifying was I felt that devil wanted to know or give me an aim so that he may attack me in that direction after knowing what my aim is. For me whenever I wish to run for something, I find it hard to continue in believing that the devil may fix me to this world.

Even I know that studying is the useful thing for me, but since I am subjected to think of my existence, I just should take dependency on it than to give up, so that I am simply compromising! What else can I do?

27 June 1994

#### The bad side of my anti devious thought!

One of the other is about how to continue my living at least independent of compromising. But whenever I think of such thing, I see that I should struggle, in order to fulfill my wish, so if I get angry of all the things about me, I want to throw away what I feel that I gain it from compromising. In this way try my devious feeling to throw me too. It means to distract myself.

But since I want to exist, I developed a feeling to run away than to run for! Or in order to run for, I need first to run away from those parts, which bind me where I am. But where is the next aim? It is not still visible to me, to run away from and to run to Heaven? The next place where I can runaway to; seem to me the same because they are all on this world. Starting from a church till the most remote area of my born country, they are all on this world. I some time hate it. I mean to fix a new aim.

27 June 1994

#### It was not even simple to add

When I see now how I passed through, starting from my first semester of my studying in Mannheim; Germany, it was even difficult to add one. I mean to do even a percentage calculation.

I was witched from a situation and suffered. It was after I stopped with my girlfriend. I still have to wonder about it, cause I also took some drug and also wanted to go to a church. Now when I see how

I survived and rebuild my studying process, I would only say, “There was something, which really blocked me to use my brain!” I see now that I am given back to use my brain again with the presupposition that I should study, to rebuild and to improve my knowledge.

### Was it not a torch?

I just read now what I have written at 17 May 1994, I would say that I was torching myself with criticizing!

I have noticed that criticizing can be useful if one is directing to a distraction. Cause it is one way of punishing. But if it is repeatedly, either it won't improve oneself or make one crazy becoming a torching instrument.

Now I prefer not to be criticized by anyone who may like to criticize me of my outlook or things concerning of like dancing, jumping around or so on, for those that I won't benefit from them. Those things that I may not be able to change them!

What can I do than just protecting myself, by believing that I am not created to dance, to look like others, to jump around or so on, cause there are people who cannot stop to criticize of any imperfection.

29 June 1994

### Was it planned?

One of a funniest thing I laughed about a psychological problem of someone when I started to live in Germany was that he was mostly worried about the environment and repeatedly talked about the distraction of our world by a carbon dioxide, Ozone and so on. He was telling me also that the people living in were not good according to his religious and sexual life, counting lesbians and homosexuals, etc.

As my logical principle, I realized that even oxygen have a power to destroy us slowly, cause we all are created to die. I always accepted that even what we breath is formed to make a change in our body so it may let us to be older then die, cause we are living things. As time goes, and as I started to study in Germany, I did not get a chance to start directly in a University and my torched brain didn't let me to fight for it. So I should visit a language course, though it was not necessary, cause I have had learned a little in my country and lived also two years having enough communication. Starting in language institute in Germany, we had a lesson concerning about the environment and so on. There I noticed how it started to play with my brain cause as I preferred

to enter in to a church of later days, I could not completely accept them, in seeing that they also drive a car which emits a carbon monoxide to distract the environment. I wonder, when they think, to drink a black tee is a bad thing because of nicotine, why they drive a car, which is said to be the destructor of the world?

So, I had to visit a preparatory course in order to study a computer science at a technical university. Here I had no big interest to learn, especially attending at the language period, where we had texts about the distraction of this world with the means of technology. I had to attend it cause the professor brought questions from the text he teaches. For me it was a disadvantage to memorize every word, since he expected them at the exam. But those who have a real language problem learned every word though they have difficulties in understanding and talking but had the best grades. What I normally want to say is that those words were pushing me to see the negative side of technological development to play a negative role in my life.

After I finished my preparatory, I came to Mannheim, a town where I am studying now; I had a problem with my thought, cause I have also to face the technological place. Being crazy, ill and hated the place. I was weak, I was only thinking about my distraction. As one of the reasons for it was that I believed my being ill was just because of the chemical smog's from the industries and the amount of cars in Mannheim, made me to feel panic. I was not only worried like others, but I had enough, but I didn't know where to go, cause I at least want to study. All I wanted was to leave Mannheim, but being ill let me to think about God, preferring to confess before I die. Then thought of a church in Mannheim, in order I may get a chance to be saved, in believing that I had no other choice.

As time goes I survived in Mannheim, also with out a church and with a so-called polluted air. I remember what a mother of a brother in low say, "How could I live in Mannheim for a long time till I am old now of being healthy?"

Now I sometime wondered, whether it was planned that people from foreign countries, should fear to live in a developed countries or am I a person who like to live without the fear of a pollution?

03 July 1994

### Another word

One of the things that I tolled to my present girlfriend were for example, telling what other people said about our relations. For example that she is young and may look for another boy. After I tolled her this, she hear anyway then accepted it as an optional. This means she was subjected to it, cause in one way or other that she loves me and believed what it came from my mouth though it was other's opinion. The other thing is also what some one said to me that I should give a chance to another boy, than sticking with her. I was angry about his word then told her this too. She started to think the same way and said later on almost the same thing that she may prefer to give a chance to other.

What I just want to say is that we should take care of what we saying to others, cause many of us are subjected to be hypnotized and we may repeat what other say then run for it. For example I noticed in my life, there were a time when I was communistic, to reflect their word and principle. I read the mystic world, then reflected that too, even feeling stronger when I repeat what I read. There were times when I went the rode of religious group; I was also their speaker.

I noticed from all, that I developed a way to backup myself then look for what is/was important, e.g. "Studying!" I know that I can reset this world and myself with my word.

07 July 1994

### The right one

People said: you are a good person, lucky, handsome, intelligent, and so on, so forth. At most I have to believe that I find the right one, who is saying me "I love you" and "My love for you doesn't decrease, but it growth and grows everyday; sometime I really wonder how strong my love for you is!"

Adding an to her word, she said: "Please so never leave me, I need you, I am addicted to you!" Especially when the real criticizing comes from her heart:

"I know that you are not a strong like a big man, I know you are shy, I know that you are not self-confident, but I know that you have a good heart, I know that you love me, and I love you as you are.

After this I am ready to reach or recover my self-confidence, which may be needed and I accept her criticizing, being a real work of a good heart. And I have many reasons to love her.

27 August 1994

### My dark skin was not enough to let me be an evil

One of my real complexes in having a dark skin where, when people saw or at least have been told that evil is related to darkness, although most evil works are being done at days. So the complexity is for me to find out whether this believe is true or it is just a false believe. At the beginning, I have thought not so far cause I also feared of darkness caused I was told as a kid that devil lives there.

In times I started to wonder about it, cause I have never been touched by an evil at night but at day when some people saw me as their enemy just because of my skin color. When we may also can see how much evil works are being taking place at day than in darkness. Especially being in Germany started to change my point of view. There at the first thought to think blackness is weakness relating it with the development of my born country. In accepting such thing, I tried to be as evil as I could, but since I was only a human being, I couldn't be evil enough to do things what some white people wanted me to do with them. I was still stacking in a complexity and went to a church, which say that blacks were made to be black from God cause they were sinning. It means I was fool to accept this kind of foolishness. It was almost the same thing like the beginning of communist, by their rejection of the existence of God in saying that a human being came from a monkey.

After all I free my mind to realize how evil it is to see my skin color as an evil indication, which let me swim in complexity.

06 September 1994

### About me

- 1) I mostly have had what I wanted to. So I sometime seek for others to have also such a thing what I have and seen! And want to tell about my bad experiences, when I went the wrong way. It means I worry also for others.
- 2) I have a tendency to respect maturity, and maturity means for me, to respect others, to restrict my need to a youngster life, to have a good reason to do something, to respect human's, natural's and god's law.

Connecting it with Jesus word:

- a. Love your neighbor as yourself do
- b. Love (Respect) God more than yourself

I mostly experiment to control my needs, my feelings and my emotions. As I let them to go as far as they could, they brought me nothing important.

I secretly seek to know and to show the truth, so there may be one day where I may like to throw away the so-called normal life.

Questions:

How much do you love yourself? And according to this, how much can you love your neighbor? May be more than you. How much more can one love God? Causes there are those who could not love enough themselves then suicide.

20 September 1994

### Sex as a special definer

One of the heights natural law governing is sex. Its control its process and its satisfactory feeling let most of us to have a different characteristics. One of the indifferent feeling which buried in my thoughts were that I have seen sexual control as a source of natural power. In short: to accumulate powers with preventing sexual contacts, then its application to the fulfillment of aims.

With some quizzes from some previous peoples especially girlfriends, centered in life paths, aim and wish, it is now easy to me to see how sexually combined hypnotizing really works and valued as a means of aim fixing.

But how many of us have tried to accumulate some power in this way, and let us to be hypnotized by our God or ourselves?

18 October 1994

### Communication within ourselves

One of an indifferent feeling, which produced in my body while I feel like I need to communicate with someone whom I face, may be said to be a nervousness feeling.

Anyway this feeling made me to watch myself producing an observer inside me, which can judge my reactions simultaneously. As long as this observer is part of myself, it may take time till I convince it or it me, till the situation should be over.

After reading and recalling some experiences, and especially after the book of "Self Perfection from Robert S. de. Ropp," I realize that we are sometime struggling to find somebody in our self. For me as

there were times when I looked for a meaningful life, attaching it with religion, politics, science, and scientology oriented perfections; now it is time to find the best one in me, who can overtake myself within my mind. To say which is good enough to enlighten me?

21 October 1994

### Left 75 right 86

I should lay down in a Hospital for the first time in my conscious life. I have had a strong stomachache on Tuesday the first of November at home, and they said that I have an ulcer and erosion after seeing it with endoscopes. This endoscope's should be swallowed, getting through my mouth through my throat into my stomach. It was terrible though it was quick. I thought for a while that I was an elephant or a huge animal who struggle not to vomit, liquids comes out, out of my mouth and also the air they were putting inside. It was just for some seconds, to find out what I had.

Now I am taking a medicament, lie between two old men, left 75 right 86. The one who is 86 came today, he had a small car accident and still strong but did not want to be treated by the doctor in order not to lose his driving license. The other 75 have some minor movement problem, and seems total healthy to live longer, he prefer to stay at the hospital. At the middle I lay there, who knows how long I am going to live? I never expected to have a serious stomach problem, which was being on and off when I have a stress, though I did not need to take care of my health. Anyway I am living, I am here in a hospital and after tomorrow I should be outside. Normally I thought to spend one week with my girlfriend cause she had a ten days vacation. Now she have to go back after visiting me, I feel tired too and should sleep.

It was a warning from life, we think we may do anything we want, but we cannot get away from the laws of nature cause we are also part of nature. Now I am afraid to drink an alcohol, a strong coffee, a cigarette or night eating, noticing that they may gradually hurt my stomach.

06 November 1994

### Problems

One may get away from a problem, but problems are everywhere, and we are created to solve some of them.

18 January 1995

### Learn logic from Jesus

When I have seen the theory of Leninism, I noticed its relation with Christ supporting the workers, but contradicting with the existence of God.

Sometime ago, I have seen also an indication how Jesus teach a logic of the AND conjunction with combinatory. He gave an example in a way He ask about a father who asked his sons to do something to him: the first say no and did not bring, the second say ok but did not bring, the third say no but brought what his father asked him. And stated that all did not accomplish. But one should say ok then do.

In the above case, Jesus states all the combination of those possibilities a son could behave to his father. And today I noticed that Jesus indicate the truth table of the conjunction AND. (no = 0, didn't = 0), (no = 0, did = 1), (Ok = 1, didn't = 0) (Ok = 1 and did = 1).

Finally as He stated it: "Say ok then do it, is the only correct behavior towards your heavenly father."

28 April 1995

### Money shouldn't be

Money is only useful when someone may buy something with it, which is usable, productive (than distractive) or a stable thing.

So it should not be the amount of money what we need to look for, but what we can do with it.

Bible: You may not serve for two masters.

In this case never let yourself to serve for money. But make money your servant.

17 May 1995

## **6-Dairy from June 1995 till August 1997**

I started to write about too much education for an individual but a little for most people. I was having difficulties concerning about my studying in computer science. After counting the number of the beast (II) in base 36. The extracting of good from trinity sign or nature, and explaining that any thing can be used for the sake of good or bad, as human being is responsible for eating the seed of relating things with good or bad. I also spend more pages on this dairy writing about the relationship with my x-fiancé, which brought me difficulties to continue my education of being without her.

Normally I don't select here the above topics of being more mystic and private. Anyway a reader may find here some of my new principles and my point of views.

### When?

Mostly, I write down on this book when I am alone, especially when I have a possibility to think thoroughly.

What I like from me is that I like positive thoughts

Although I have passed through free times, I still yearn to be fateful in working.

Life may not be only once, but we all are born to learn from the beginning of our birth. I am still living.

One of my devious questions was, "If God can do anything can God be me?" A devious answer would be: At that moment then he cannot do anything he wants, cause I am an ordinary person. So God don't prefer to be me and in this way he may not be able to do everything. This implies that there is a law for everything.

I find it sad that I am not indulging in a creation of some models, flying objects, research, etc. Although I still believe that I have a capacity to create something.

According to the words of Jesus, I prefer to stay poor, but when I realize that there are very poor peoples, I feel helpless, and wish to help those people, but fear that I am richer than them, although my wish is to give the poorest a chance to live like me, in this case I wish to be rich so I may give them money or what so ever.

09 October 1995

### Learning process

One of my principles to my learning process was accepting truth as a fact in day-to-day life. It means if I yearn to be faithful according to the truth in my relation with others, I believed that I would have a so-called good brain to deal with universal truth like  $1+1=2$ .

But the fact is that I was subjected to be tricked, cause there are a so-called exams, which are prepared to test someone indirectly than fatefully. May be it sounds funny, but as long as one got a limited capacity of memorizing and dealing with information, it is not an easy job to prepare oneself for an exam, where body may face also a tricky questions than a direct one.

Anyway an African student said, “getting a degree is like getting in to Heaven, so exams should be so tricky and unfair so that not everybody should get a degree.

But what about: Heaven?

08 January 1996

### Self-centered?

Right now I read in my dairy and start to be proud of myself. I developed a way to explain my feelings, to report my situation and the way I think and so on. At the same time, I realize that I am becoming more self-centered. I mean that I got an ability to think well but a difficulty to show, mainly to communicate with others. I also spend most of my time in things which I am not obliged to. For example, I prefer to draw something on the computer or to write a poem, than to learn for my education. One day if I am going to enter in to a self-centered obligation, I am sure that I will bring a very good result.

25 January 1996

### God as my Father

A simple discussion with myself in a mirror let me to laugh. My question was why I better not change my direction from economical computer science to technical, cause my childhood wish were to fly, or to take participation in constructing a flying objects. I remember when I prayed to God that he should let me be a pilot before I took my school-leaving examination. But He didn't. It means I could not be a pilot because of my height, so that I have to join the University. It means I haven't got enough trust in God, so that I give up to yearn for perfection. Likewise, I see that I cannot change my past then try to

shape my future as it goes. It means I do things what I think it is harmless and preferred to love my obligation.

As a person who is in puberty, and as God is my father, I am not able to fulfill his wish, even of mine. Like a person who is derived from his friends, I am also seeking to fit to this world.

24 September 1996

### Can we love our next as our self?

Once I wrote that there are people who hate themselves and prefer to suicide, but being afraid of God they should not do that. And there are some people who love their next more than themselves. A Simple example is again a smoker who tells his next that it is harmful, loving his next more than himself. If he really should love his next as himself, he should first stop smoking than nagging his next to quit smocking.

08 January 1997

### Good or bad

One of the ways what people try to see the world is, dividing things in to two opposite parts. I mean only two contradictory parts. For example: good or bad, true or false, black or white, water or fire, holly or evil etc.

For me also there were times when I have seen life in two parts. But this kind of ideology puts me in a confusion and complication. My skin color plays also a big role, cause I tend to relate black with negative and white with positive, forgetting there are plenty of colors and the ideology of dividing things in to two parts was a primitive ideology. Now I realize also why there exist a contradictory rules in most religion, philosophy, political groups etc. Cause they used a primitive ideology to divide things only in to two parts, i.e. positive and negative.

A very good example is to be found in Bible. There one may say that a woman was attached to evil and a man to holly, darkness as blindness and whiteness as pureness. Commenting here the first sin of a human being is differentiating between good and bad. Also in communism principles we have seen that they thought, everything against their proletariat ideology were against them and they tried to destroy it in this way they sin. When we see also some more religions, we notice the same problem. The very most contradiction is, though killing is to be related to a bad work, they forget this then kill

somebody, which seem to be against them. They all differentiators are afraid to accept the meaning of democracy. To accept that a human race cannot be divided only in to two parts is for them to see themselves as holly and the rest as evil. But they forget again that there are lots of things, which are not to be grouped in to two parts like the state of water (ice, liquid and steam), a light colors as a rainbow, etc.

Another problem what can be noticed in this modern society is, of those people who saw this mistake but could not manage it. Some women relate a man with evil then marry a woman. On the other way we find people who become bisexual to get rid off from associating and interprets democracy as “Do what you want to do!”

The very big mistake is, even though there exist things which we may group them in to two seemingly opposite parts, relating them with others can result to a hidden contradiction.

Even in Bible, it is stated that nobody was perfect. This fact is universal. We may notice that no one may go to hell because of his related sin. I have no intention to motivate someone to do evil. It is better to stop relating things, which are not like you, simply with evil. Cause there is at least a neutral one, which is not against you.

28 January 1997

### Are we only there to fulfill God’s will?

Judah asked Jesus how could he deny Him. And Jesus answered him that it is only a matter of fulfilling the prophesying (God’s will) and he should compare the task, which is given to Jesus, i.e. to be crucified with the task given to him, i.e. to deny Him.

In this way, I sometime think also that I am there to fulfill God’s will. I mean as an other example, I believed that Hitler were there to show that colonizing was a wrong did, in a way he tried to colonize Europe, so that the Europeans noticed how bad it is to be colonized. Then most of them changed their mind to continue colonizing Africa and other part of the world in the name of Christ. My best wish when I was in elementary, were to be an acrobatics, in the high school, then in the university were to be a scientist, so that I may have nothing to do with politics, money, race, etc. From this point of view, I preferred to study natural science, then technology in order to produce technical products, like robots, flying objects etc, but I had only a possibility to study mathematics because of my grade, in that case my direction was determined to be a teacher. But now even though I had a chance to

prefer studying a technical computer science, I enforcedly choose an economical computer science. I still remember that my head wanted to explode before and after I have chosen. My mind asked me questions what other people said to me. Like: what about the third world, your country, etc. My mind said me even in technical world there are lots of sin, like weapons, killer robots, etc, but in business, honesty is asked than sin. I only should feel helpless, crazy, etc. So that I changed my mind then choose economical computer science. Now even though I have a problem in German economical words, I still continue studying. My grade is so bad, but I say that I had also not good grades in natural science subjects. My mind asks me whether I will stay in Germany or go back to my country or to USA.

As time goes, I developed an ability to write poems, to state my point of view and now to change my mind. But I still don't know where my presence leads me? After I finish my education, I will have a possibility to work in computer science like programmer. I am not intend to work in a factory, or in any place where someone may profit from me and say at the same time "you did wrong, or so what!" I mean I just prefer to create my own job. One of the possibilities is to do it in my country or in any third world, cause they need a technological development. Let me cut it here. I wonder what will I do if I go back to my country and the state may put me in jail, when I may say something against their point of views? Will I be there really a businessman, or a politician? As my hobby is writing, will I tend to continue criticizing? And what if, when people accept my point of views, and if I should write more and say more?

Why should I worry too much? I just have to accept what is going to come, cause I am also only there to fulfill God's will. He only knows why he created me. Let it be a denier or an acceptor. I'm there to fulfill the prophecy.

02 February 1997

### Now about my principle!

I am an egoist. For me every human being is an egoist. The difference lies only when how far one defined his ego.

An ego has got then more stages and parts. The center of our ego is for most of us ourselves. We say simply I need this and that. I want to breath a fresh air. I am a man. I have friends, relatives etc. In case of mine, we may say then my parents and my relatives as part of my ego. When we widen our ego we say my race, my country my

environment, my world, etc. My head can show us the meaning of an ego. A department head is responsible for the department and should have also a wider ego than a person who is only concerned about himself. If someone was not an egoist, he could not protect his ego, what he predefined and identify himself with it. One may define in this case God as the whole universe. To be a master means then to see the whole nature as part of our ego, where we have no enemy in it but every part playing a role in keeping the balance of nature.

Again the question is how far a person predefined his part or as part of his ego. We are preprogrammed to be an egoist then we worry about our ego. Taking care of our part, which is defined as our ego.

20 April 1997

### Love to copy

Once I heard in a radio that if a person loves someone this person starts to copy what his lover is doing. I automatically relate this with my theory of “Parts of me personalities copied from other persons”.

Imagine that our brain is like a computer, and it needs some programs to run something. If somebody copied a program (like characters, words, style, habits, etc) from another person it is then possible to run this copied parts and even feel being possessed by others. Just to remember that I am made of a lot of “me” and in those me there are some copy of another personality. (Or from “Robert s. de. Ropp” we got a lot of I in ourselves. I accept his concept in addition to this let me say this different “I” are copied from different persons “idols”). To copy, one should at least like it or be hypnotized.

OK, as I loved my x-girlfriend, I started to act like her, she was also smiling when she see me like I always did. But as time goes I started also to copy her negative parts, like for example jealousy, even aggression. She brought also things from her friends than from me, which put us in trouble. Now she would like to be a religious person like I do, but not of mine. She means that I accept a lot of things what one may not be able to fulfill it.

Let me come back to copied-personality. We always read from almost all religions: “Love God!” This also indicate us the mystery of coping-personality. It means copy God’s personality then run it so you may be like Him than having a lot of incomplete I in oneself. The problem is that one may be still tricked to run different copy, which are

not easy to delete, because one may relate it to his religious copy or to a corresponding copied-personality than to the specific one. Then by deleting, one may also delete some of God's personalities, which are the same with other person, e.g. love even your enemy.

Now day's computer technologies are visualizing the mystery of life to us. For example telepathy can be related with wireless communication and hypnotizing with virus programs.

Also Jesus said: "Love your heavenly father more than yourself" Additionally to explain the principle of copy-me-personality, he said also: "If you are not understanding about this world, how can you understand about the house of my father?"

03 May 1997

### As I was weak

According to a copy-Me personality, I mostly tend to copy Jesus personality, cause He was really a person who tried to tell us to be a master of ourselves. Since I was grown in a Biblical school, there are a lot of His words, which I can never reject them. Even though there are also some, which I couldn't understand, as soon as I noticed something in life, I at least can fit my principle with Jesus word.

I was weak; I didn't know where to go. To run which of those copied personality. My fiancé left me and told me to go to some other person, so I may not be alone. Since I was looking for love than hate, I had also a problem to relate love with sex. I was really weak.

From Jesus: When you are strong, you go to places where you want to, but when you become weak and couldn't wear your trousers, someone will come to take you to a place you didn't want.

I was strong and went to my fiancé who then throw me away after about four years. I became very weak then come a lot of people to take me to a place I didn't like to go.

My principle was to have a girl from another nationality than mine, in order to weaken racism or self-identification. Now if I have enough power to be my own master, I may not be affected, may be able to develop my strength. To fulfill some prophesy and to stay healthy, I only should think positive and accept what is going to come whether it is against my previous principle or not.

04 May 1997

### Actual wish

I would like to write a book than to study. I prefer to continue writing a poem than to learn. I would like to sing than to prepare myself to my exam. I am mostly hearing and recording music from M-TV, etc. I spend my time just by fooling around next to a computer. In fact I am writing some poems or texts, which are concerned about my x-fiancé and me.

Nothing lasts forever in this world.

We don't need to lie, we should remind

I Love you forever, that's what they say.

But who have seen any body that could stay?

Even prophets should go away.

Nothing lasted forever really anything.

We may need to enjoy it for the time being.

In this world it is only a game.

When somebody leaves you, you may blame.

Nothing last forever don't be ashamed.

Nothing last here forever that's the truth.

Don't be blind thinking twice.

If you like the game you may play it longer.

And try to enjoy it, but nothing last here forever.

Don't be angry just remember.

Don't be sad here is nothing forever.

22 May 1997

### May be they like a sheet

People say that's sheet, but at the same time they accept it, live with it, do it again and again as if they cannot leave it.

The above seem trivial. For example people say, my friend is a sheet, but they always hung around, so they live with a sheet. Some say this cheese smell awful, saying it is a sheet, but they eat it. Either they are used to say a sheet or they like a sheet. I wanted to hold back my x-girlfriend from her friends, cause she was telling me that they are sheet. But she liked always to do sheet with them. This is a sheet reality and a sheet world. Anyway I like also some sheets.

29 May 1997

### Brainwashed by telepathy?

Just right now. I watched a TV about the existence of brainwashing by telepathy. According to my assumption of having difficulties in writing an exam like blackout or being blocked while I want to talk, I wonder what would be the defending method to protect myself from such telepathically blockings.

Relating this to a copy-me-personality and telepathically blockings with love-to-copy method, the best way to protect oneself from telepathically brainwashing would be to hate-to-copy. It means simply reject. Like some people may reject evil thoughts.

It is simple like rejecting an ideology or just to reject new thoughts. It sound unfair, but if someone would like to protect himself from being brainwashed, one should also hate it or do not like it, reject it when body feel uncomfortable or weak or wrongly highlighted. I need to reject my fiancée in order to continue studying than thinking of those good times we had together, writing again and again about her, missing her or feeling guilty.

### Nature calls

Like hunger, toilet, sleeping can be said as natural-calls. And addictions like smocking as personal-calls. Social-calls are something like sexual, telephoning, entertainment, etc. Normally it is hard to divide those calls in to three parts cause they may interact. E.g. sexual call can be from nature or social entertainment or even personal addiction.

Anyway those calls have their own rhythm on one person and different intensity of obligation.

One of the problem what I faced, always when I quit smocking was the disturbance of those calls. For example when I stop smocking, I sleep at day, I may eat a lot, I may hate to sit and learn but prefer to go outside in order to meet someone. The best way would be to manage the disturbance.

18 June 1997

### The more I talk about myself

Though I still say I, I, I, I am still not having a fixed personality. The more I talk, the more people think to know me. But because of my flexible personality, I may reject also things what I have said, when someone may repeat it after some time.

Anyway I have also a direction and aim in those talks. I made also mistakes to learn from them. That was may be of being agitated.

Whenever I should turn my face to my dreams, I notice my being misled.

Still I have a strong personality to fight for a good thing. But when I see that I spent plenty of times for my education, but never be satisfied, I wonder why I should give up a lot of things for it. I really sometime feel fool. And now just in front of my accomplishment, I wonder why I didn't work harder for my education cause that is still the one which staid with me, which let me to notice what I should improve.

Other than this dairy, I like to poem. But as my x-fiancée left me, I tend to poem more relationship poems. I would say that my personality was forced from TV's.

When I was a kid I would like to watch films and dreamed to be an actor. Relating this with my education and technical interest, I liked for example a science fiction films. I dreamed then to study engineering in order to build UFOs and robots. In times I was also attending news and focused to be loyal to the governmental principles. And in Germany since I like to entertain myself to free my depression with music, I watch more music TV's. It means I am dreaming to sing, directing my poems to lyrics.

19 July 1997

### The spiritual side of darkness

Now I see it clearly that my fiancée took me as the so-called black person, just to do something against the will of her parents. It means she was also affected by the negative meaning of blackness. She preferred to do sheet than the so-called good thing. The problem was that I tried to help her to see the positive side of darkness as a time to pray to communicate with our God, or with us. The real useful and natural use of darkness to protect our eyes from light. And as a time to take a rest to let our body and our mind free itself from the daily hard works.

I think she was looking for a dark skinned person in order to sin with him. But she had to face a dark skinned person, who was fighting to show the positive and natural use of darkness as being the home of light. Notice: As darkness is letting a light to stay in it whenever it wishes to, we may clearly notice the meaning of loving an enemy in this simple law of nature.

24 July 1997

## 7-Dairy from September 1997 till October 2000

Here we find some interesting point of views, while I started to rewrite my dreams, and other than this produced by defending my skin color, after reading some books to reconstruct my personality mostly in 1998. On the other year 1999 and 2000, I had to give up struggling to work in Germany of having uncomfortable happenings, in my partnership and working place, to let me remind again and again my returnee to my born country. In this case I still refrain to state most of my point of views.

### Was I tricked to choose my past?

According to the fact that every presents are being only a history, after all I have suffered of being worried by some uncomfortable predictions. I wonder if those predictions tricked me to shape my life the way I feared it. When I notice what took places and what not, I still wonder whether there are also a lot to come according to the precognition or fears I had while I was highlighted.

Forgetting to assume that I could do this or that, here I am only reporting the past, cause I still don't have any experience of the future. May be I will be again tricked to choose some directions in my future and I know that I am the one who will choose my way to be there.

05 September 1997

### Dream and thoughts

I have tried to define dream as an integrated or continuation of our thought while we sleep. And in the book of Lobsang Rampa (From Tibet), he means it's a result of our astral traveling which is interpreted in to our mind. Anyway in both cases our mind is active to relate things and deals with information what we memorized in subconscious.

For example I dreamed of cars using a fuel only on a highway but was driven like a bike in town. (This was related what a girl told me that she had driven a cycle-boat).

I dreamed that I have seen my exam paper with a professor. After two or three weeks, I found out that he wrote me an e-mail, to see my work. But it was too late. May be in the astral traveling, I have seen the e-mail.

08 September 1997

### Another anti devious or odd assumption of mine

Alcohol or drugs kill brain cells, but which cells? In case of experiences what one have after being a little drunk, a person may do things what one is afraid to do it normally because of morals or what so ever. This time I would like to say that alcohol kills the first cells where one save those morals or fears.

May be that was the reason in the bible why Jesus gave wine to his apostles just a little. But the more one drinks, the worst would be the brain cell distraction, in which good cells be disconnected. Connecting to this I may say that our morals are saved to the nearest as a protecting membrane. I wonder if hallucination is the result of those dizzy moral brain cells trying to reconstruct themselves while a person quit drinking or taking drugs?

18 September 1997

### Do language dominates or shape our personality?

My being a person who talks and thinks in three different languages mainly Amharic (native language), English (educational direction in my born country) and German (after being a refugee) let me to think of a question from a friend who would like to write her thesis in this topic. "Do languages play roles in thinking process?"

Whether they play a role or not, I have noticed that there are situations when I prefer to talk and think in English when a person may speak too. I preferred also to communicate in English with my x-fiancée than in German, may be because I have seen more love movies while I was in my born country. But since she started to communicate in German, we had a problem cause I could only be self-centered. The other thing is that it also depends upon cultural words. For example when I should communicate with Amharic, people may like to talk about problems in our country, about hocus-pocus (religious, cult, politics, etc) so this means I become bombarded with words and sentences, which produce fear, or let me to rebel against the existing system. Since I have noticed changes in me after I could speak German language of being subjected to the complexity of highlife, money, race, education, etc. I started to look back at the same time feel unsatisfied about situations around me.

I mean the topic, or the surrounding or situations may reflect a personality saved in our memory and one may be dominated with a word to show a copied personality. As I have learned those languages in

different time and situations, I mean according to my developmental psychology and also aim oriented life, I may even be subjected to shape my life depending up on where am I going to live. For example:

Amharic: I may go back to my country and will try to help or improve the consciousness of my race.

German: I may have a possibility to gain enough money with working, singing or writing.

English: I may have a possibility there to reestablish my scientist personality and be a researcher.

Three languages with three wishes, which may shape my future, my life and at the same time my personality. To follow one of the above way I should also think. So it means language play a role in thinking process.

1 October 1997

### How you live is how you believe

When I sometime noticed the imaginary belief of some religious or cults, I only may say: "How you may imagine is how you believed!" When I see the imaginary parts of dream, I mean when we are asleep, I may say: "How you dreamed was how you could imagine!"

This means even in our dream, our imagination play an important role, in this case our belief restrict our dream, cause our imagination depends on believe. So did also our life.

When one is asked about life after death, this also depend on his believe. Just imagining that death is like a dream, your own believes will be then responsible for your imagination. If you go down to the earth, you may think you are in hell seeing the volcanic fire on the center of the earth. If you go up you may say I am in haven.

15 September 1997

### Dream like a film

In my dream I was talking with my brother in my dormitory, but as I turned my face where my brother put his jacket in a cupboard I saw at the moment the cupboard of my parents where we were raised even saw the old room. In my dream I dreamed two different places, the first followed by the other like a film. Those filmed pictures, which were recorded at different places and time could be seen almost together. Simply in a film time is compressed and it is speedy. Likewise in a dream we are may be like the actor and at the same time observer.

Like an imagination we are also allowed to be in different places from one moment to the other, which have a long distance difference.

By watching news in a TV, we may see Africa, about Middle East, about Europe etc, to different places and times. Let me stop here cause one notice the relationship between dream and a film or movie.

Why most news represents distraction, nature catastrophes, etc? And why do also most prophets? Are reporters of news and prophets sadists? Or do prophets watch future news in their dreams?

31 October 1997

### Why I prefer to write?

There are times when I should defend my points of views, whenever I am ordered to fulfill or to accept some other idea. Especially if a person is one of my relative or who is nearer like a friend who may influence or expect me to change my point of views. After I almost argue with this person, I notice that I better write it down and keep quite than bombarding him with my point of views. Cause they start to feel also that I was on the wrong side, or they start to misunderstand me. Even though I am old enough, they prefer to shape my life. They forget that I have also my own believes and trying also to improve myself but not as they wish it. For example I am not against God, in saying why Ethiopian-Orthodox accepted the picture of Jesus as being drawn with a long hair, though in our religion and even in the bible a woman are allowed to have a long hair and a man a short one. And also the picture of a modern angle Michael as a white man and a devil represented as a black person who looks like an Ethiopian with a strait nose, although it is stated in the bible that a devil as a dragon and God as Human. I don't need to wonder why some young Ethiopians are changing their religion and even try to penetrate in mine disrespecting me when I may not be their member.

Now I am going too far and think sometime that God is being made from individuals than the God who created us. For me what I have seen in most individuals and groups seem to have their own God or at least a modification. It is becoming difficult for me to talk about the same God, cause most of them have their own God and talk as if their God made their new world what is normally made from them. Most of them whom I faced in case of Christianity talk about Jesus at the same time forget or bend, what was written. I don't want to accuse anybody,

but I write what I noticed. To give your left when someone may bite your right. By going too far people may ask an angle one day: "From which planet are you?"

24 November 1997

### God in this age

Old religious peoples and this new-age use their expression according to their level of understanding! As I am also now belonging to this new technical oriented thinker, especially in computer science, I tried also to define the existence of software running in our mind. This was indicated with a possessed-by personality or idol. Also in the bible Exodus 4-16: "He shall speak for you to the people; and he shall be a mouth for you, and you shall be to him as God!"

A simple example which indicate us the meaning of possessed-by-personality or running a software of other point of views, is by loving someone to copy or love-to-copy a personality of other.

Now day's people wonder that God was an extra territorial intelligent. I accept it and this is also true, cause God was also said to live in heaven, which is not in this world. We read also the existence of a ship driven by an angle of God. Again in Exodus 14-19 we may notice a space ship covered by a cloud as smock. Scientists are doing a spaceship, a robot and they are trying to recreate an artificial intelligent. In Genesis 1-26: "Then God said let us made man in our image ..."

OK I don't see any reason to deny the existence of God as a creator. Even though I believe that creation is still in process in a way a human being is creating new things, but as the law of nature is a complete finished logic being discovered and imitated to let us see new combinations to us. I don's see any problem that God have a space ship. I don't see any problem that Jesus runs software of God. The new age technology should improve our understanding but not to reject the existence of religious peoples tried to report what they have seen and heard from an extraterritorial God.

My only problem is that when people try to relate their point of views as perfection and reject others, by sticking to the principle of dualism or oppositions.

28 November 1997

### Good and bad

I tried to present a sign as good and bad. Anything in nature may not simply be fixed or associated as good or bad but a person may use it for a good and a bad work. So for any person who cannot imagine

to forget or differentiate between good or bad as opposite or compliment parts, I may say again Good-and-Bad parts of a thing. Let me just rewrite a poem in English, which I first wrote it in Amharic then in German.

Multidimensional (Multicultural, Multiparty, Multi-System...)

When I see the difference between man and women  
The difference between animals and human  
I would say that there is a principle of compliment parts.  
Parts, which indicate us the existence of opposites  
But when I notice their resemblance,  
I can't divide our existence in to two parts.  
In those two parts, of good or bad things.  
I start to see how they compensate each other  
How they react one another.

OK for me, it's being primitive to divide things in to two parts  
To look for opposite parts, to associate things in to good or bad,  
To accuse others, because of their difference,

Whether black or white, brown or bright,  
They shouldn't be divided in to two complimentary parts.  
They have their own characters.

Something is not simply holly or evil.  
We shouldn't judge, as we will.  
Cause nature is made in Multidimensional.  
Something was not made as good or bad.  
It's only how one uses it in his hand.  
Something was not made as good or bad.  
It's only how you see it in your mind,

Whether it's a fire or water,  
Which one was originally bad or better ?  
Whether it's a liquid, steam or ice,  
Which one is ugly which one is nice?  
Whether a Christ, Buddhist or Muslim,  
Who was not there in time?

Even a light, it's not only black or white  
It has a plenty of-colors like red, blue ... and also violet.  
And darkness is really the home of any light.

Like a light we are also different  
Our skin-color our height, our religion our thought,  
We are not only divided in to two parts.  
Whether a philosopher a priest, a scientist or chemist,  
Who is the worst or the best?  
Whether Einstein, Lenin or a smith,  
Who knew everything, or who was perfect?  
Whether in Africa in Europe or in State,  
Was there a difference of being born at day or at night?

#### To talk, to think and to dream

Do we see dreams cause those nerve cells are transferring information from one to the other, because a dieing cell should not lose saved information? Seeing the fact that our cells are being born and dieing, our mind dreams to keep or save information from a dieing cell to the living or new creating nerve cells. Or at days we think and at the same time keep important information.

One may notice the speed of thinking being greater than talking, and dreams seem to be longer than a day activity. Are we also thinking in order to keep simultaneously what we saved? What about freeing the mind or meditation?

24 January 1998

#### We Can But We May

You can smock a cigarette,  
You can drink an alcohol,  
You can even take a drug.  
But: You may be unhealthy,  
You may disturb others.  
Anyway: You can also survive, or quit.

You can Love somebody else.  
You can hate someone else.  
You can also run away.  
But: You may lose whom you love.

You may face whom you hate.  
Anyway: You can also overcome difficulties.

You can eat what you like,  
You can take a diet,  
You can seat most of the times,  
But: You may have more than enough,  
You may be subjected to suffer.  
Anyway: You can also do sports.

You can believe in your religion.  
You can reject others.  
You can philosophize.  
But: You may fear to face the reality.  
You may be misleading.  
Anyway: You can also find out the truth.

You can dance like a crazy person,  
You can act like someone else  
You can buy very expensive clothes,  
But: You may need to observe yourself,  
You may not be a star.  
Anyway: You can also do what you love.

You can live for others,  
You can fulfill your obligation.  
You can do what you like.  
But: You may not satisfy all persons,  
You may not be perfect.  
Anyway: You can also be proud of yourselves.

You can see horror films,  
You can fear darkness,  
You can have lights.  
But: You may have night mares  
You may be manipulated.  
Anyway: You can also live in harmony.

15. February 1998.

### Is it important to know every thing?

The reason why I stop to look for perfection were of seeing my capacity to know even something, simply I state it like this:

My capacity doesn't allow me to know everything. So I preferred to be a specialist. In this way I regret also to be a perfectionist, seeing a perfect knower should know every thing. That was why I stopped to look for a definition of God in a simple preventing sentence:

A point as a starting-less and a space as endless dimension have been stated in mathematics as undefined. When God can be everywhere at a point or in this endless space, I prevented easily myself from defining Him using the above.

Let me comeback to the first intention. To know everything demands an endless memory of endless capacity. To deal with endless knowledge one may need also an endless time. There are philosophers who state time as an illusion, but they could also left it as undefined.

When I was at school I had an instinct to memorize or learn a thing what I felt it would be important to my future tasks. I was even satisfied, when I get about 60% of an exam. Now I have to neglect sometime my studying and deals with my hobby anytime when I feel a subject is not important to me. The only problem is when I should write an exam. This time, its important side is only the exam. But after the exam I may not be able to forget some of the things what I learned.

Event though my intention was to be a specialist, my mind may deal with information what was saved. It extracts them even while I am dreaming.

20 February 1998

### Man-El

Sometime I wonder if I am a Christ? Because of trying to understand what Emanuel or Jesus said, I really, really wonder whether I got the key what was preached or whether I relate it with some of the principles that I accepted or feel to be true in my childhood.

e.g. 1. Reincarnation said from Jesus: "To understand about the house of God, you need to be born again."

e.g. 2. To forget about dualism or of associating a person with a good or bad one or differentiating (opposition) Jesus said: "Love your enemy." => No matter when you think someone is against you, and reach to the position of seeing him as your enemy, Love him to think properly, and see that he may play a lot of game for your holiness than for your damnation.

e.g. 3. About science and reality, Jesus told us to say and tell the truth as it is than swearing so that someone may believe us. As science is seeking to find out the truth and research books (let it be a mathematical equation) present the truth and even prove the truth than swearing to us. I don't want to see science as something against religion.

So in my point of views, I believe in reincarnation, and believe also that the first sin of a human being is associating or differentiating between good or bad, but what I need is a multidimensional color, and respect science, which does not need to swear for the truth.

It is up to the choice of a scientist whether to do evil or holly, but not science itself.

01 September 1998

### If future were prerecorded

Imagine to remember or to reshape your past wishes or recall how thing took place. Didn't they take places one after the other? You may have done things because a person has told you to do or just being against what someone have told you. Anyway you did something because of a previous situation and after deciding. There you may have thought to find a person, who could fix and seem to know your future decision or at least manipulated or reshape your life. This person could be your parent, a relative, a friend or a lover. But didn't things take places because of your own decision?

If future were predefined and there is a person who could tell you your future or any kind of supernatural one, was it not better if this teller would be yourself?

If there are futures, which were prerecorded and you have only a chance of choosing one of those, is it possible now to change your past prerecorded one? Was there not a time for you to do one of the two possibilities, did the one, but notice that you may not do both cause you couldn't be there in two or more places simultaneously?

Was it not better for you to visualize your future than anybody else told you to do this or that and made you crazy?

21 September 1998

## It's me part 2

Focus, Focus, focus in your mind,  
Just try to get your self don't be mad

This time you are trying to see in me,  
Me I am yourself, its me its me.  
Never feel to be possessed, stay in your mind,  
Don't imitate see inside

Reach out reach out get yourself  
It is not others it is your life.

Hay, hay, hay, I am in you  
When you are breathing, I am doing it too  
Why you experiment? Don't let me suffer  
Cause I am in you forever

While you cheat others, I may cheat you also  
How can you use your mind, if you doing it so

Like a mirror I am reflecting you  
Don't try to be others, just try to be you  
Cause you may feel to be possessed, di da di du

Are you still feeling someone is watching you?  
You don't need to fear, I am next to you

Aha, Aha are you trying to be free?  
Free doesn't mean to be lonely  
You know you know, you know what I mean  
I am always with in you I am really in.

Pam pa ra pa, pam pa ra ra  
What does it mean tra la la la?  
I am your breath; I am your thought,  
Every second, in every sight  
Today morning also tonight,  
Just integrate, don't differentiate.

Me ma me mu, ya yo yi you  
Can you understand “Gi ga gi gu”?

You did this and that you experiment,  
What have you learned, are you perfect?

Good or bad, happy or sad  
Normal, healthy, crazy or mad  
I am yourself, not your god.

Ding, Ding, Ding; Ki, ki, ri, ki  
I am alarming you cause you are lucky.

Let us be one, me and you,  
Your body your mind the whole world too  
Your country your environment, your dreams too  
Your fellow members, your enemy too  
Your next, your imagination, your enemy too  
Just love them all, cause I am doing it too  
Too, too, too; too, too, too.  
It's not a totalitarian it is being part of you  
Widen your ego, me I am you.  
This was a mystery an easy one too.

Are you being tired? Can't you follow me now?  
A cat may answer, saying miaw, miaw.  
A cow could react by moo, moo, muu  
Who are you doesn't answer you.

Why languages, should give you a trouble?  
Am I not yourself? Don't you still feel?  
Is it difficult is it not enough?  
Is it boring? Was it too tough?  
Fifty, fifty; half, half, half,  
Me I am you I am yourself.

Are you afraid to believe in you?  
To believe in me: to understand too.

Two can be one, and one can be two!  
Cause you could be me, me could be you.

Imagination, was it not given to you?  
Was illusion not there when you were crazy too?  
Let me observe you, when you are thinking too,  
Let me remind you when you do what to do.  
Do not push me do not say boo, boo, boo  
Me ma mi mu, me ma me moo.

How you live, is just how you believe.  
How you dream is how you may assume.  
When you die it is almost the same.  
While improving yourself don't be ashamed.  
Cause existence is not always the same.

Breath deeply, at this time.  
Breath deeply, at this time.  
Breath deeply, at this time.

11 November 1998

### Different feeling

In fact I am now in a different surrounding than I used to. First away from old friends and relatives second a new atmosphere and peoples in my new occupation. Third a hotel room where I am not able to find things I had in my room.

In these three basic changes in my life, I am also feeling different as if I am running a copied-me-personality from someone else. The other thing is also that I am noticing my being a foreigner. Although I preferred in my studying of being lonely, now I strongly feel its negative side.

23 March 1999

### Struggling against self identification

Who ever try to identify himself with his sex, race, skin colours or what so ever, he may tend to restrict his ego then cannot get away from self-identification.

For example as being a person with a dark skinned, it was for me a task to defend myself whenever someone relate something with black, like the screen is black and dead, black work, etc. Such kinds of

words said negatively could only prevent me from widening my ego, cause I began identifying myself with black. Saying I am black. The key to get away from being a racist were to say that “I have a dark skin-colour” in order to love others, who are different from me.

Widen your ego. Love your enemy.

26 April 1999

### Funny results

I have seen myself of having a simple argument with some one. Though this someone may reject my point of views, he may accept it later and me his. To argue didn't mean then to reject but just to state or defend. On the other round I may also accept somebody's points of views what I rejected. This means, we may convince one another to play later on a different role then still disagree when we may face each other.

05 June 1999

### Show me what you can

In a basketball film, I heard a meaningful sentence about individual abilities: “Show me what you can!”

Let me state it how I felt additionally after the above sentence: “Show me what you can”, <<Then I will respect you>>

Expanding it again the message: <<If you feel that you are a useful person or when you want to have something like a respect, an occupation, or what so ever, then show what you can, in order you may gain what you looking for. Abstracting this: <<Apply what you got>>

In this world, it doesn't matter that you know better than your competitors, that you have a right to work, the right to open your own business, the right to live; etc. But also how you may show what you can. This means the way you use your right to show what you can.

### Most of the time I couldn't show what I can

What was preventing me to show what I can? The first is fear, but fear of what? It was the fear of losing something, like my education, my occupation or my living standard, so that someone may not be jealous of being afraid of my intelligence.

The other thing was because of being bored of the subject or the topic. The subject may seem useless. The topic may not fit to my principle, to my aim or my worry.

Others let me not to show what I got. When someone may like to feel of being better than me or jealous, I tend to regret.

Self-identification like my dark skin, my being a foreigner, my status and my nationality prevented me also to show what I got

Some other thing like shyness, communication problem, respect, timing, etc, really prevented me to show what I can.

08 November 1999

### Is my ego wide enough?

The current topic in this world is globalisation. And one of the current news related to this is of technological development on one side but on the other side about punishing poverty. In improving my technological ability but taking no steps to punish the poverty in my born country, I start to see clearly that my ego is not wide enough even to the extent of my born country.

Some of us may think that our ego is as wide as this world when it comes about philosophising. What a pity!

11 April 2000

### Not to do lists

As if there are things to happen by themselves, as if a supernatural one may come and fulfil my to do lists, I refrain to take a step, a step what could enable me to drive or at least to prepare my way. In this case those to do lists seem to me now “Not to do lists!”

Especially now, time has gone when I could plan my vacation to my born country. To do list would be then to apply for another status than of staying as a refugee, to look for a new occupation, etc.

### As if it was planned

Who should be responsible for being in trouble: God, people next to you, a Government, devil, or simply your destiny? Some time as I entered in to a paranoid situation the combination how things took place seems to me as if they were planned from somebody else.

For example, just after 1997, my beloved girlfriend left me alone then entered in to a hard situation. After all I had a new girlfriend, where I had to face relationship travels, and the condition of my last exam. Even after accomplishing my education then find a new job, I had to face those unlucky situations like isolation of being away from home, of being between peoples who enforced my feeling of being a foreigner. I was swinging between doubts and conscious questionings

whether I should go through all deep, deep, depressed feelings because of being isolated or facing my destination, as I didn't planned it.

Funny that I heard yesterday in a TV program how an organization in the so-called East Germany could dissolve an individual, by destroying any in love relation, by isolating him, by giving him a falsely doctor treatment and even till hypnotizing him to suicide.

In case of mine, from some how that kind of situation, I wonder who could be responsible? A devil?

As if it was planned the coincidence of that kinds of happenings, made me to think now twice, that there are people who have a potential to do such things planned or in my case let it happen by a bad luck or a destination.

25 October 2000

## **8-Dairy from June 2001 till June 2004**

At this years, I had to face changes in my life, from having a good position in Germany, till a jobless situation in Ethiopia, which let me to decide publishing this book. Things are still unstable; my being divided between two sides is making me to give up things quickly, having no trust on stable life style. People expect more from me: more experience, more paper, more financial strength or more morals, what I can only neglect and prefer to stay dormant.

### I will see

What left to me is only my past trespasses. I have seen things taking place or bringing me to a position where I am or where I was not ready to accept them. Just to stand them. It is because I have been planning to prove those theories of my point of views. What I have frightened took places. What I rejected possessed me at most and what I talked loud is inverted. It was better to keep quite than to fight, than to fight with words. Where I have to fight with words, I was quite. Where I have to keep quite, I was even derived with a kind of revolt than with thought. I will see when my in timing comes. Then they will see my potential. The one, which were given from ...

15 July 2001

### What about now?

Now means this time, this month or this year, simply this day. As long as this report is about me, seeing my situation, my plan, my present occupation, intention, satisfaction etc, I may write to the above like this.

As all gone away, it is easy to report what happened to me, and what stopped me to report. Before about six month, I had a hard time by being indulged in to a mobbing at my working place. I was paranoid, of hearing words against me, which really, really made me ill, especially my stomach. Those words like black removing, liquidation, etc, disturbed me, so that I was afraid to continue my work as a programmer. The step I took were to change my nationality to Garman, so that I may have a possibility to go back to my born country or to work in a multicultural state like the USA, cause my refugee status were blocking me to move. Anyway I visited my born land and my mom between

April and beginning of May, where I was there to see and to reinforce my energy. I came back to Germany and continue my work.

### What about the future?

The future can be tomorrow, but mostly the future is next month, next year or further. This means there are steps to take, in order to see changes and this step need times from now on to the future.

What are the steps, I would like to take? The question indirectly indicate a plan, at once we may not state our destination but our steps. The first step was to resign my occupation, which was putting me in paranoid, although I haven't done that because of promising to finish the project. Now I am left with a time interval for the next dead line, i.e. till end of September.

O! O! I feel stacked. My future cannot be yet visualized. I instantly feel that I am in a cold war between a native one and a foreigner. To get rid off from this feeling, I would like to leave Germany. For example, although my German is much better than other foreigners, my colleagues try to block my communication, in rejecting my German language, then the manager motivated me to attend a course where I faced peoples who have a wide German language difficulty. I know English is not my native language too. But I am the one who can poem both in English and in Garman too. I will see when I may open my mouth.

### What about my wife

My married wife is sometime disturbed from my intention to leave Germany or my annoyed against racism. I haven't faced a strong racism in Germany. I can count them when I had such a face-to-face difficulties, cause people are psychologically well matured. Although the state is strongly against racism, my expectation is exceeding the limit. My expectation for respect is becoming higher. I even would like to weaken the word Black in a German language, cause it is mostly used for a negative pronoun meaning. At this side and other than the above, I was a dreamer to improve the technology in my born land. I was a dreamer to be there to keep the balance in this world. The balance should not be kept by plus and minus, poor and rich, etc, but with knowledge of fatefulness and fairness.

OK, let me stop to use a high level idea, and come to my married wife. She is a very simple and easily oriented person, like those

who are busy of a day-to-day activity, and see the reality as it is now than a future ideology like me. But the problem is not to come with me, with my idea, with my expectation etc. In her point of view “I have every thing” In mine she may not trust my ideas.

### What about comparison?

When I compare myself with others, I have a better status than what is normal for most Ethiopians living in Germany. Not only I have now a German nationality, but also a good occupation, enough salary though it can be higher to the actual computer science occupation. My wife need a permanent visa to get rid off her frustration reflected on me. Even though we have a one room, we can change to a better when the time comes. When I compare myself even with my wife, she say always that I have no one to take care of, cause she feel responsible for her family in Ethiopia. She would like to improve their living standard.

In my case I am looking for a task to improve the life of Ethiopians, what I could only dream of. She at least have someone to help, where my mom have a higher standard in Ethiopia.

To state it clearly, although my wife said: “You have every thing”, I have problems what I am not dealing with. I am investing my power in planning and giving me responsibilities, which I am not dealing with.

To differentiate: “My day-to-day activity can be stated as a success when I compare it with others according to the material world one can count.” I have no paper problem, I have already accomplished my education, even got an appropriate work; etc.

But when the comparison is to get or at least to indulge with my wishes, I am still struggling with myself to face another side. Not the material one but the other one. Even in that direction I feel mostly it is a matter of decision.

### Was it part of my work?

When I was a kid, I believed that most of us were sent an to this world to accomplish a concrete work. When I see back my trespasses, I can visualize a time when I was lost and when I have had accomplished some important works. Whether all my works were the tasks given to me or simply my pasts, I wonder why I sometime struggle to get or to do some works.

One thing is there to say there is a work. It is not this time for example accomplishing my education in Germany, but also to take a part, to be there as a dark-skinned one between others. To face the plan, and the work of God, which is in nature or civilization. Which at the same time force us to take part in a project-X. When one may ask deeply, “Are we always doing what we would like to?” In this case our task is simply to last than to get lost. This let me to stick on my present most of the time.

24 July 2001

### Self Scan

You are a person who is trying to have a peaceful life dreaming about impossible things to realize.

You are mostly trying to serve everybody, but when you may notice that is impossible, you get angry and would like to throw away everything.

You have a good position in life, but because you are dreaming of other plans, you feel uncomfortable, end even disturb those who are beside you of planning your future.

You confess without being asked in a way you think you are clearing yourself. But in this case you may start to disturb again others, whenever you start to change your style or mind.

You talk about your dream as if it is your plan the one which you haven't written it. So you may not be able to start or if you start to realize your dream, you may not be able to accomplish or realize it at a time you boast about it.

You are a harmless person to others, cause you would like to make everybody happy. But when a thing goes wrong you mostly prefer to suffer than to disappoint others.

You are truth seeker, but when you notice others are hiding the truth from you, you may explode expecting that they may also confess to you.

Here is an advise for you to reconstruct: If you assume you get information from your seventh sense, keep it in the seventh dimension than disturbing others, who have not prepared themselves to face your talking.

November 2001

### Feeling to be stacked in another planet

As a star gate science fiction film, now I have in some way a feeling of being stacked in an unknown Planet. Even though Ethiopia is my born country, being away for a long time (more than 13 years) in Germany, I really, really have a feeling of being stacked in a planet with a lot of star gates. Especially the difference between lower and higher classes, old and new buildings, those entertainment houses of European styles, let me to have variable feelings of moving through different dimensions. I have no choice than to accepting to have those experiences like a child. Like a child, I am just exploring and experiencing different situations without leveling them as good or bad. I have been taken to a so-called: nice or worst places. I have had to face people or city-corner of different levels.

### Traveling

Since October 2001, I am in a long vacation. My plan was to quit my occupation, in order to look for a chance of a new way of life outside Germany. My first intention was to open a private training center in computer science. But I fail to realize my wish, cause I was in fact running away from situations I faced in my working place or fear experiences.

So after staying for about two and half month in Ethiopia, I went back to Germany. There I just decide to stay a little with my relatives, went here and there spent Christmas and New Year with them. One of my reasons not to stay in Germany was also my wife. I wanted also to run away from her. Her comment about my way of thinking and disappointing me, made me to feel uncomfortable of being by her.

The next step after staying in Germany for a week and a half with her was to visit my relatives in USA-Boston. I am now in USA since the beginning of February. After staying four weeks in Boston I visited Washington DC for two weeks.

What I am noticing is that I am just going around; cause there is still no movement towards fixing my future.

### Reincarnation book

In Washington DC, I bought a book about recalling or remembering your past lives by EDGAR-CAYCE. This book holds a lot of things or theories, which I used to believe. Though I am not able to

recall my past life, there I notice why I were a believer, cause to believe means to accept simply without a clear knowledge.

The other thing what I noticed from this book is that I am also allowed to write such a book concerning about my imagination and my old seaming believes.

Additionally, there were times when I felt to leave my present life then to begin a new one again, as if I reached a point where I couldn't make it better or stacked. I even was looking for a place to my new rebirth even of a family, a country, e.g. One of this feeling were to be born again by my sister as I had to start my computer science study in Mannheim, Germany. That was my crazy experience I had to face about dieing and reincarnation.

According to king Solomon, I prefer to leave this world for good, before the END comes.

23 March 2002

### Still jobless, should I also reincarnate?

I am still being out of an occupation. I even don't practice a productive work or hobby than reading some books and the bible.

According to the bible I am learning, may be, also improving my beliefs. I even noticed that I have a good seed and a bad one too. Especially as I talk, it made me a person of having a good and a bad seed, cause I gave up to run for perfection.

My understanding is based on reincarnation while I read on the Lukas that John is a reincarnation of Elias. It became even difficult to differentiate between Jesus and David. I could see that Jesus is the seed of Adam and at the beginning Abel (the first son of El in the spiritual world) was chosen (for the holly spirit) to be the first temple of God, as his brother (evil sprit) killed him, then Jesus chose his first brother as one of his apostle at the end, before rebuilding the temple in three days, reminding to fulfill the promises given to David (As being the x-temple of God) to be the king and to seat on the right side of God (As the temple for ever). I lastly believe in Jesus as a way of perfection who could not only state the sprit as an everlasting but also the body, taking it out of David from generations to generation then elevate with it.

My being a jobless person gave me a chance to see again in the bible, to read this book as a way of perfection, but it is still difficult for me to find a place to go. Cause I haven't even reach a point to decide whether I should change my living place, to reincarnate, to look for a

job in Germany, to go to Ethiopia or other country. I seem to decide to stay where I am now.

### Not only about me

In my life the characters of mine were judged by my subconscious. But when I have to face a life partner, I have to concern not only about me. For example smoking were a harmful thing to my health. In times it is not only of mine, but also of my life partner, cause she doesn't like it. So it seems that I may smoke for my satisfaction, where on the other side I may disturb her. The problem comes when I quit for the time being. It is me who should be attempted to smoke and is very hard to struggle with my addiction symptoms. So that I may feel that she is not allowing me to smoke. When she starts accusing of my past mistakes, I start to become more nervous, so that I automatically have a need to smoke a cigarette. It become that I should reconstruct myself not only for me, but also to others not to show my anger and nervousness. This kind of test is very hard one in my life that I prefer to be alone than having a wife or a life partner.

Not only because of cigarette, which I tried to quit, but also the way I talk, I dress, the way I act and react also the way I communicate with others. She wants to reshape me. It is really better to be alone than to be judged every day.

### Who was I and who am I now?

There were things what I used to practice. Things what was just given an to me. For example, I mostly didn't eat a dinner when I was a kid. I used to do acrobats; I mean I was very sportive, which is now not my type. When I was a kid, if my parents or teachers punished me, I used to give my left hand, after they bit my right hand. Whenever someone attacks me with physical forces, I just defend myself then get rid off him. Additionally, I used to think of God in each and every hour. Especially when I was in my bed, I even felt to discuss with God.

Now those and other natural gifts are buried. I mean I ate mostly dinners, especially after being married, I have to struggle not to eat. I am not being punished, but I defend most words, which comes to me from my relatives. I am not sportive, ...

Now days I am living in a democracy, in a way of allowing myself to smoke a cigarette, to eat mostly dinners, never to give my left when they bit my right. But if a kind of people other than my relative, I

may not even defend myself and stay there than to get rid off a person who is attacking me with words.

Ok, there are also strong parts, which still exist in me, like never try to lie, never stealing, never biting a female. Even though I may have a problem to understand the work of different religions and tend to get rid off them, I still love God, and mostly try to communicate with myself, my over self or call it a subconscious, though I have a minimum communication with God.

There are things to criticize or analyze who I was and who I am now. I am not saying that I become weak, because of being older. I may not say I am getting older because I am getting weaker.

### Who I became and who I was?

There are a lot of characters which I miss now days an to me. I wonder why I choose this type of me? I mean the one I am now. A simple question is: "Was it me whom I was?" Or is it me "Whom I become now?"

The above is a real and simple explanation of my different parts of me. As I stated way back, I am now days living in a democracy giving my needs a priority and also giving a priority to human lows than God laws. I simply allow my different parts to practice their wishes on me as long as I may not break human laws. An example of human laws is "Do not bit others cause they may bit you back" And an example of God's law from Jesus say: "Give one of your shoe, if you have two." But since I am living in democracy, some parts of me may prevent me to practice Jesus law.

07 July 2002

### My way of living

In my way of living, I have tried to express my feelings whether it is correct or not. I have tried to tell about myself when I open my mouth. But I forget to restrict the topic what I felt to talk about. Especially when a person may have another point of views or different level as mine. More over when a person has some what fanatic ideology or belonging to some kind of religious group.

Although religion is an individual choice, whenever one belongs to a specific group, this person may represent or at least feel like he is representing the group and that group as a perfect one, so feel indirectly as a perfect person. For me I prefer to see different religions, as different schools. In this way, I have developed a way of living to

respect other groups. But to keep distance or reject, when they start to brainwash me by boasting as if theirs is perfect, I am forced to defend myself.

08 July 2002

### The last reason 7X7 to react

I have tried to live with my so-called married wife though I was not willing completely to do that. In some way or other I had to marry her. In our lifetime about since we have seen each other, she was trying to prevent me from smocking a cigarette. I never forget she took my cigarette package and made me nervous so that she was playing a game with my interest to smock. So, so, since the first time I have seen her, she always tried to change my character, my style even my way of thinking. This kind of game, let us gradually in to nagging then quarrelling every time when I have to explain my uncomfortable feeling about her dominance.

As time goes she has got her paper and a job, so that she decided to live alone or separately. But she was still with me cause I have to go here and there so that she mostly have the room for herself and her girlfriend. When I came home, I was their disturbing factor. They even started to hear a song, which belongs to a religion of her girlfriend. My wife in some way would like to change her religion, imitating like her girlfriend. I do not know why she always opposes me. She thinks that I am the one who is opposing her. When she react sometime, she acts aggressive and have to comment or reject me with painful words. As time goes, I start to reflect the same thing. Even though I tried and struggled to adopt her way of thinking, and doing, that was the one reason for our quarrelling, which brought out a bad word from her heart and the other return from me. We both have enough of those kinds of game. I even stopped trying to convince her not to reshape me, but when a simple thing goes wrong, she may again answer with temper.

We became two persons who have different opinion, a different wish and different need. We had no time to improve our way of living, we made it worse, and the only common wish was to separate. I exploded one day and bit her, so that she went to a police and to a center. I think that was my first time to bit a female not seeing her as a female because of her very dominant personality. She was saying to a person, if my husband bit me, then it is a good reason to leave him and to correct my visa. I touched her skin, so that she may show something

and have a good reason to leave me. Cause for me, I have enough to prove that I am a good person, her words were, ... when I came home: "I have no mood to sleep with you" when I became ill and had no appetite to eat, "Eat this if you eat, I am not your servant that I cook for you" even at night when I just moved from one side to the other: "Are you playing a foot ball, how you moving?" When she have to comment about something, "your mom is a funny person ..." when she was talking with her girlfriend in the phone, "... he is a bad person, he smock a cigarette", when her girlfriend is coming: "Ok keep quite now comes my girl friend" And so on so false, and the above words of her were less than in 24 hours, this was what turned me to decide to get rid of her and her girlfriend.

10 July 2002

### Trying to be good enough

Can one be good enough for everybody? Does one have to improve his character according to other's opinion? Whom should you help or for the sake of whom?

A very difficult situation in my life was to accept marriage according to a logical and moral side, although my opinion were others, even my own feeling towards a correct decision. But just to satisfy others, like a brother or my fellow race, I took a wrong decision, assuming that we may stand together and love each other after being married.

Again as time goes we were having a hard time, which put us in to quarreling, we both have had different point of views in a lot of topics. Although I have to read in the bible to get rid off from a woman, who likes quarreling, I tried to hold on. It was funny for me to read in the bible, that it is better to divorce if she is dry. This kind of indication enforced me to continue with the divorce.

21 July 2002.

### Yes He is back

(Not only with bread but also with the word of God)

A song called "Yes he is back" indicate me or remind me to notice that I am back to this dairy, to a way of self analyzing, and also to my educational and conscious personality. Today for example I bought a notebook and a book for a programming language C# so that I decided to learn a new thing than to go around. At this time since my wife is gone, I have a possibility to watch myself than her, to control and to communicate with myself, than to be controlled by her and vice versa.

As Jesus stated like this "It is better to have one women for the sake of your adultery, but the best is to be alone in order to serve God." So that now I have to see the positive side of being alone like I did before. For example, I feel not alone while I am writing this, although I am physically alone, I feel that somebody is reading this. This is a best way to communicate with others than feeling alone while being between others. Like I was feeling alone while my wife were next to me but neglecting me, or persons who worked with me but seeing me as a foreign black box.

Yes I am back. I am now feeling of doing an important thing to others. I feel feeding wisdom to those who are hungry of it and letting them to drink the truth for those who are thirsty.

26 July 2002.

### What do you learn from past again

- Try to have patience, because things will never be the same
- Before blaming others, or freighting them, keep what you assume to be wrong inside, than to wound them
- Differentiate between your day dreams and your aim, before you stack in to unreal world
- Unless you are sure to realize a change in your life, do not run away. If you do so, please try to finish what you have or at least to continue what you started to change.
- Refrain from explaining again and again or even once, unless someone asks you or show his or her interest. Cause you do not need to show your point of views, neither to prove your fatefulness to others.

22 October 2002

### Is it really a child psychology?

I was wondering why do I prefer to get away from women than being jealous, whenever I feel that she would like to give a chance for other man. I mean the very first thing I feel is to quit, by being frustrated and having mistrust than jealousy.

I review what my mom said about a story what a babysitter done to me. When my mom was at a hospital, she gave me to a babysitter who has also a child. In that case, the babysitter took much care of her own child neglecting me, in some way I became ill and also very thin physically.

I think the above play a role in my adultery, what I had experienced in my childhood. This child psychology play an important role in my life to have uncomfortable feeling of not belonging, whenever my partner may seem to choose another man.

05 November 2002

### Do not be demoralized

Some people specialized themselves by demoralizing or demotivating words, cause they reflect their state of being. This is a very sophisticated topic, when they are relating the reality at their point of view.

If you get angry or disappointed, whenever you noticed that they sent a demoralizing or de-motivating word, you do not need to be angry of them. You should be happy about what you find out, keep it inside, and refrain in spending time about their word, then stick on your work than being angry or retailing a demoralizing word. For example:

- + I am learning to improve typing. - Aren't you perfect, in typing?
- + I want to go back to my born country. - Are you creasy?
- + I am thinking to open a computer center. - Is there not a lot of that?
- + I want to publish a book. - Who is going to read it?
- + Truth is holly. - If it is for a good thing!

05 December 2002

### He knows what is good for you

When you pray just pray: "Our father in heaven....", Said Jesus " God knows already what is good for you ..."

It means, that our wishes and interests may be based on physical need, sin, monetary or else than faithfulness.

So that many people pray for what they wished and get the return, which may not be necessarily good for them. I mostly refrain from praying for my wishes, cause my wishes may be based on adultery, money, etc. which can direct me to sin. I wished for a new women then got one, but I lost the one I loved. Just in my logical thought, I made a right seeming decision then faced the hard result. In a logical decision, I even marry her (Just because she is from my race) but then have to face a very uncomfortable time with her.

15 December 2002

### The reason; why it happened like that.

Whenever something happened what we call it bad, there must be a reason for that. And when we are not ready to accept the logical one, we may look in to the spiritual one. Spiritually or fatefully, I decided or even implemented a plan to go back to my born country (Ethiopia) after finishing my Education in Germany, so that people convinced me to take a girl from my born country in case of preventing things like HIV and accepted this logic, with out falling in Love with her. She played an important role in my life, that she was trying to shape my life and gave me an uncomfortable feelings, so that she indirectly enforced me to go back to my borne country, because it became difficult to continue arguing and so on.

I lost my job, which I have to give it up by myself, cause in my working place there were two difficult persons. This also enforced my decision to go back to my native country.

15 December 2002

### Three kinds of loyalty

Cultural laws, state laws and religious laws are those laws, which may keep us to measure our loyalty. Most human or cultural laws are based on give and take. State laws focus on legal and illegal one, which can be compared with Moses law. Religious laws are spiritual fatefulness, where we find it's optimum in Christianity or Jesus words.

- Since the first sin of a human being is differentiating between good or bad, a cultural law may identify you as a good or a bad person whenever you may not cooperate. A cultural law may expect from you to do something for a so-called good result. E.g. a person may expect you to lie about your age in order not to be seen as older as you.
- Since a state is mostly focusing on politics and evidences, someone may not be accused, unless he is against them or unless he is caught.
- But since your spirit is always with you, you may not get away from self-punishment unless you are fateful or be able to release yourself.

### Reincarnation feeling

Do we? At least once in life we are subjected to notice our reincarnation. It is finding out who we were. Especially when we

remind what we have faced. And especially when we see that some other person tried or did shape our life or living style then leave us alone. At this kind of separation from a highly dominant person, we really see then what we lost or what we gain from being with that person and find again our self in a way of another life. We may notice then the need of reincarnation or at least reincarnated.

At this level of life, I do not normally like to believe by Voodoo or any kinds of manipulative powers. But this time I noticed that I faced a woman, who didn't want to live with me, but who was after something. I made like always a big mistake, ignoring the power of individuals.

15 February 2003

### Another turn point

As life may not go as one assumed or expected, there is a turn point, which may lead us to a new destination.

A simple turn point is when we have to start an education or an occupation. Before having this there may be another turn point when we were jobless. A turn point: where we may need to reshape our life again.

In any religion or any kinds of life, we have principles to harmonize our relationship with other human beings. Life can be said to have a meaning when we feel that we are useful to other person, a society or some group. So we may tend to choose a group or a person whenever we think that it is a way to be useful. A problem comes when that person or group expects more from us. In this case we want to improve our usefulness, but if it is difficult, we want to get rid off it. We start rejecting, cause we started to feel that we are not useful as we were trying to be! OK, simply we face another turn point which we did not expected it (like a new occupation) or what we really did not planed! We face it.

18 February 2003.

### A Colorful Dream

There are dreams what I may never forget about, because they were more colored and intensive. Let me just write down one of them, which is actual.

It started when I entered a kind of city hall, a house with circular stocks where the rooms were also circularly around the circumference. Simply being in a cylindrical building where one can see from inside the ground level and to the top. At the bottom I saw black peoples, who dressed like armies. I was floating above them on the first

floor. When I saw to the ground towards them, one of them started communicating with me then told me to get away from focusing there. He mean such kind of thoughts and worries about them, would only trap me there, cause they suffer from their past experiences of racism and that is not easy to get rid off such thing. I accepted his advise and watched to the upstairs. I saw a TV on the upper floor. While I was focusing on the screen, which was colorful, a woman was singing there, she also started to talk to me. She mean that I better not see deeply the colors and better not to be trapped there, cause it may also hold me back from continuing the visual dream.

I just fly over the TV then entered in a room where I joined a person. He took me to a place which look like an old temple and told me to accept a new job in Africa then took me automatically to a farm like place with more green trees and highly natural one on a river side. There he took me to a house and introduced me to some peoples who were working there. They were in natural word white peoples (Like Europeans) trying to improve the life of agriculture there. He indicated me to be in a project x there, based on summarizing and reporting their work there. At the end he told me to use a natural way of communication like telepathy for my reports, indicating that is the only secured one in this technologically growing world. At the end he told me also to make a movie from my report. He means a film, where he can show to the world the truth side and educational film, indicating that he needs such kinds of stories to save some peoples who are flooded with horror and unreal films. He reminds me again just to report the truth for the truth seekers. To show that there are films which present the reality than those, which may hold back some one to face the truth or be ready to have a healthy mind than fear or just generalizing.

For most what I wonder from this dream were its clearness of vision and my communication with the person in a kind of guardian angle. I faced such dreams rarely. This dream was about the end of 2002 where I celebrated Christmas by my brother house. I still see it clearly and still stay in my mind.

25 February 2003

### Time to leave

A place where we lived became already part of our material world. Especially: a room where we slept and where we spend more. When a time comes that we should leave this place, we may feel a little sad, but we may not be stacked in it. Our body is our house what we do

not seem to leave it unless we die. A place where we live can be seen in our dream without the presence of our physical body cause dream is a projection.

Willingly or not, now comes a time to leave a place where I lived. In some way may be also to leave a land where I lived for about 15 years. I have some kinds of a sad feeling.

04 March 2003

### Potential

You may have a potential, but unless you apply your energy, you may be seen as dormant. Potential of knowledge would be admirable, if you may open your mouth or write it, in such away that you can give to others. Potential of wealth or money would be useful, if you fulfill your need and others. This means, you may be productive or let others to produce or to buy and sell something what is needed.

You do not to be a guard of your potential, nor you may west it improperly. All you need is action! Let your potential be productive. Let it be useful to others too. And change your potential energy transferring it in to kinetic energy.

### As we forgive other's sin

People say that we may learn from our mistakes. It means again that we may not west our time by a guilty conscious, which may change to cancer (Self distraction) or depression (Self hate). So remember that we have a right to forgive ourselves too.

16 June 2003

### Given time

Expecting to accomplish a task in a given time let us to estimate our future. But who is responsible to give us time? On the other way, when we may not accomplish a task according to the expected time, we may be seen as unsuccessful!

More or less, if we are again be able to accomplish a task in someway or other, we are seen then as a successful person. We realize that our given time was the one when we reach our task. Then we may say like King Solomon: "There is time for everything!" In my case I was expected to have a first degree at 21. But I did it when I was 31.

22 June 2003

### The way of my educational life

As I had stated in my report book, education would give a level in life and as a way of knowledge transfer, I still yearn to transfer my knowledge.

But when I see that I had to spend longer in attending educational life, I started to ask myself about the limit. I mean should I be a doctor in order to have enough education? Is it worthy to have an occupation, which may even not satisfy my need after being educated? Such kinds of questions does sometime ring in my mind and tend to convince me that I better use my knowledge for some productive and better resulting things like business.

### Where am I now?

Now I am thinking and thinking about my advantage and disadvantage of being with a little debt, which I can pay it back, if I live in Germany. To work in Ethiopia is only a 200 Euro in month, which is even mean, nothing when we compare what I may gain if I work in Germany. My opinion was to stay in Germany, in order to pay my debt in some year. Or to continue studying, in order to have something to do, cause I have enough of being jobless. When I think all the options, I see that I have not enough energy to stay in Germany unless I do something to my born country though I have the German nationality.

17 July 2003

### What about now?

Now I have had a break to this dairy. Noticing that I am trying to neglect or at least keeping a distance from the spirit of a writer!

At this time I already finished one semester of lecturing at a University collage in Addis Ababa, Ethiopia. I have learned a lot of things from the challenge of teaching. I could see that I was also a student, but now being an instructor.

In the above case, I noticed that I have been not giving my best for my education, but I was always there to understand lots of lectures.

### Complain

One of explaining the impatience character of human being is to complain. Some of us forget sometime that a healthy life can be gained by preventing those complain. Some of us may not sometime know what we want. In this case we may complain about something, which is

not our business, or which is not even useful to our improvement or goal. What we heard about complaining of some students about instructors has shown me that they are more interested about their grade or the status of a lecturer than the knowledge they could gain.

03 February 2004

### Talking about other people

A person said that he read and believe about the following proverb: “Bad people talk about other people, and good people about principle”. On the first case the proverb differentiate between good or bad people.

I noticed after all that the above proverb may not and have not let him to differentiate but to associate peoples with good or bad. That would be the first sin of a Human being, which force him to differentiate then associate between good or bad. On the other hand the proverb talk itself about other people. Which implies that it reject itself to contradict with itself.

Actually there are people who talk about principles and also about other people giving an example. And there are peoples who may talk about principles of other peoples. But this may not indicate whether they are good or bad.

### A short decision

If that is what he wanted I decided to fulfill his wish (mainly resigning). Although I liked my occupation, I was ready to change the direction after giving up. My life is filled by revivals. Whether I may fall down, I always should notice that God is preparing a better thing for me.

30 March 2004

### Do it for yourself

Is doing for others a good work, cause when they reject you, you may be highly disappointed. Today is Easter eve. Yesterday I was by an Orthodox church and listen again that Jesus suffered for others, but mistreated by them and even seen as guilty. In times things happen also to us that we are misjudged by others. My intention was to teach my born race, but they were organized to reject me as if I were not good enough for them. Now when I see that Jesus suffered for others I noticed how strong he should be.

04 April 2004

## Replacing a bad seed with a good one

- One of the bad seed is counting others mistakes. Remove this then replace it with doing a good thing for others.
- Replace fear with reasoning.
- Remove the tree of hate from your heart by forgetting it.
- Patience remove slowly revenge pushing.
- Keep a long distance from pushers, and then listen to yourself than talking before thinking.

## Entering in to the wrong direction

The fear which indicate you to the wrong direction has prepared you to give up the day to day struggle then let you to choose the one what you feared. In this case you have had to stay stronger than focusing on your fear. Fear was and is a bad seed. But if you think and talk more about it, your believes on fear get stronger and stronger in your heart and then take you to undesired direction, because its seed is growing to become a strong fear-tree. So you have to cut the strong tree, which may take time and need also your strongest power.

Now it is your turn to un-plant the fear-tree from your heart then prepare yourself to plant a good seed, which is called patience. The first step to un-plant it is to cut its root, by noticing that you start to stop talking and thinking about the root of your fear.

## A dangerous person!

A person who tells you to believe, that you have a problem.

A person who say, that people are doing wrong things on us.

A person, who tells you not to be satisfied with your position, then indicates you to look for a better one or other.

A person, who mostly talk about the sin of others and want you to believe that they are only created to sin, although he regrets to tell about their good deeds and fate, so that he agitate you to get away from them or to reject them although you may not even spending time with them.

28 April 2004

## A time to say what should I do?

A time comes to say what should I do. Means, I am not having a system task, like educational or occupational one. A time just for me: to see what is going on here. Am I having a useless time unless I am not in

system? What about my writing? What about my entertainment? What about my plan? Why should I depend on the interest of a day-to-day activity? It is sometime boring to be out of the system although I have something to do like programming a game, going here and there of family work etc. Don't I need to create my own system?

29 June 2004

### Your own system

Noticing that you are subjected to occupational or educational system of the society does not mean that you are not capable of creating your own system. Your own discipline in order to produce something is valuable. Your system seems to be driven by diverting and spending times. But this kind of system does not bring you a production, which may be rewarded from the social system. You may improve and practice your hobby. But you are not getting a profit from it.

See the reality, you need to change your direction. You need to produce something, which you may get a reward here and now. Do not simply try to hide yourself for the future.

### Automatically writing a poem

Taking time like today  
I appreciate you any way  
You were so far, unreachable  
Hiding your skill unwritten able  
Read my mind take it out  
Write it down yes you can  
Today is a very golden day  
You have noticed that I got your way  
Call me like this search me again  
I am still there in your brain  
A given gift an over-self  
God made brain, subconscious stuff  
I am your own I am not tough  
Stay with in I am of your self

30 June 2004

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