

Assess Your Interests



The first 3 steps of the interest assessment are contained in this document. Complete each step and return to the MnCareers website (www.mncareers.org) for the rest of the activity.

Step 1:

Read each statement on page 2. If you agree, fill in the corresponding circle.

1 2 3 4 5

mncareers

I like to...

...do puzzles		0				
...work on cars	0					
...work independently			0			
...work in teams				0		
...organize things like files, offices or activities						0
...set goals for myself					0	
...build things	0					
...read about art or music			0			
...have clear instructions to follow						0
...influence or persuade people					0	
...do experiments		0				
...teach or train people				0		
...help people solve their problems				0		
...take care of animals	0					
...have my day structured						0
...sell things					0	
...do creative writing			0			
...work on science projects		0				
...take on new responsibilities					0	
...heal people				0		
...figure out how things work		0				
...put things together or assemble models	0					
...be creative			0			
...pay attention to details						0
...do filing or typing						0
...learn about other cultures				0		
...analyze things like problems, situations or trends		0				
...play instruments or sing			0			
...dream about starting my own business					0	
...cook	0					
...act in plays			0			
...think things through before making decisions	0					
...work with numbers or charts		0				
...have discussions about issues like politics or current events				0		
...keep records of my work						0
...be a leader					0	
...work outdoors	0					
...work in an office						0
...work on math problems		0				
...help people				0		
...draw			0			
...give speeches					0	
	R	I	A	S	E	C



Step 2:

Add the columns from the previous page and record the number of filled circles for each letter below.

R = Realistic	Total: _____
I = Investigative	Total: _____
A = Artistic	Total: _____
S = Social	Total: _____
E = Enterprising	Total: _____
C = Conventional	Total: _____

Step 3:

The three letters with the highest scores are your **Interest Profile**.
Record your profile below.

My Interest Profile:

<input type="text"/>	<input type="text"/>	<input type="text"/>
----------------------	----------------------	----------------------

0 1 2 3 4 5

mnCareers