

## TECHNICAL EDITING EXAMPLE: BEFORE AND AFTER

This is an actual example of technical rewrite/editing. The following was a document handed out to patients who were scheduled to undergo the VS procedure.

I used theories of reader comprehension to organize and choose word structure for this document.

### **BEFORE**

Venous sclerotherapy is used to eradicate varicose veins and superficial venous telangectasias, better know as "spider veins". Though some people with varicose veins suffer from occasional pain, ranging from a dull throbbing a burning sensation, we emphasize that these injections are mainly for cosmetic purposes. Veins that are potentially usable for future surgical bypass procedures (i.e. use of the saphenous vein for coronary artery bypass graft surgery) will generally not be considered for injection, unless they are already deemed unusable.

Prior to vein injection, certain medications must be avoided. **NO ASPIRIN, IBUPROFIN (I.E. ADVIL AND NUPRIN), OR ANY MEDICATION WITH AN ANTI-INFLAMMATORY EFFECT SHOULD BE TAKEN 48 HOURS BEFORE OR AFTER THE INJECTIONS.** Prednisone will decrease the effectiveness of the injections and you should consult the doctor who ordered this medication to see if it can be discontinued 48 hours prior to the injections. Tylenol is permitted. **TETRACYCLINE AN ANTIBIOTIC, MAY POSSIBLY CAUSE STAINING OF THE SKIN IF TAKEN 7-10 DAYS BEFORE OR AFTER SCLEROTHERAPY,** so be certain not to take this. If you need to take an antibiotic before any invasive procedure, such as dental work, you must follow the same procedure before sclerotherapy. Please inform us if this is the case.

In the majority of cases we use a 23% sodium chloride sterile solution mixed with lidocaine (a local anesthetic) and inject this via a very fine needle directly into the blood vessel. Mild discomfort may be associated with these injections and a cramping sensation may be felt for 1-2 minutes when larger veins are injected. The procedure itself takes approximately 15-20 minutes. You should plan to spend about 45 minutes in the department and 10-20 minutes in registration. This is an office procedure and there are not activity limitations other than the ones listed below. Depending on the size, number and location of the veins injected you may be required to wear a support stocking or ace wrap for a designated period of time. The cost of these will be outlined below.

**AFTER**

## **Your Venous Sclerotherapy Treatment**

**Treatment Date** \_\_\_\_\_ **Clinical Arrival Time** \_\_\_\_\_

### **What is Venous Sclerotherapy (VS) and how is it performed?**

Venous sclerotherapy (VS) is a medical procedure used to eradicate varicose veins and superficial "spider veins" for cosmetic or pain relieving purposes. In this procedure, unsightly or painful veins are injected with a solution for removal.

The solution chosen for VS in most cases is a 23% sodium chloride (salt) sterile solution mixed with lidocaine a local anesthetic, to reduce discomfort. The solution is injected directly into the chosen blood vessels using an extra fine needle.

Only veins that have no potential future benefit for medical procedures, such as bypass artery repair, will be chosen for removal.

### **How to Prepare for Your VS?**

#### **STOP TAKING THESE DRUGS NOW**

**Tetracycline** You can begin taking 7 – 10 days after your VS procedure.

**Anti-Inflammatory medications** (Ask us or your pharmacist if you are unsure).

**STOP TAKING 4 Days Before VS** You can begin to take again 4 days after your procedure.

**Aspirin**

**Ibuprofin (Advil and Nuprin)**

**Prednisone** (consult physician who prescribed before you stop taking)

**Tylenol is OK**

#### **START TAKING ANTIBIOTICS IF YOU WERE ASKED TO**

**CHECK** with your physician if you are required to take antibiotics prior to dental visits. You will probably be asked to follow the same procedure before VS. Be sure to tell your VS physician if this is your situation.

### **How long does the VS take?**

The VS procedure itself takes approximately 15-20 minutes. Plan to spend about 90 minutes in the clinic. Extra time is needed for registration.

### **What will I feel like after the VS?**

Mild discomfort may be associated with the injections. Following injection, a cramping sensation may be felt for 1-2 minutes in larger veins.

If necessary, a support stocking or ace wrap will be applied following the procedure.