

Source A - Egyptian mummification as described to the Greek historian Herodotus who visited Egypt in 450BC.

The most perfect process is as follows; as much as possible of the brain is extracted through the nostrils with an iron hook, and what the hook cannot reach is rinsed out with drugs; next the flank is laid open with a flint knife and the whole contents of the abdomen removed; the cavity is then thoroughly cleansed and washed out, first with palm wine and again with an infusion of pounded spices.

How to use and quote sources in history

It's easy!!! Just follow these 3 simple rules;

1. **Never write out long slabs of quoted text in an answer.**
(Just quote 2 or 3 words from the source and blend these words into your own sentences.)

For Example:

Question: Using the source explain what instruments are used in mummification.

...the embalmers use an "iron hook" and "drugs" to remove the decease's brain and used a "flink knife" to cut open the stomach.

- Now highlight in Source A, the words that were quoted in this answer.

2. **Mention the source you are using in your answer, or put the name of the source you use at the end of your paragraph.** (This avoids plagiarism)!!

For Example:

Source A provides evidence about the process of Ancient Egyptian mummification. Herodotus explains how the brains were removed with an "iron hook" and "drugs"....(Source A – Herodotus)

3. **Never use the word "Quote" in your answer. A better way to introduce some quoted evidence is to use the word "noted" or "stated."**

For Example:

Question: Using the source explain how bodies were embalmed in Ancient Egypt.

...Herodotus noted that the embalmers tried to remove the brain "through the nostrils with an iron hook" and then flush out the rest by rinsing it with drugs. Source A also states that the whole contents of the stomach was removed using a "flint knife" and then the stomach was "cleansed and washed" with spices and "palm wine."...

- It is also good to underline in your answer or essays, the name of the author or source used.