



Laura Lagana

Success Solutions

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Who Is Laura Lagana?

Laura Lagana is an author, professional speaker, nurse, and volunteer. She is a coauthor of *Chicken Soup for the Volunteer's Soul*, *Serving Time-Serving Others*, *The Quick and Easy Guide to Project Management*, and *Serving Productive Time*. She is also author and editor of *Touched by Angels of Mercy*, as well as a contributing author in other books, including several in the *Chicken Soup for the Soul* series.

At the age of sixteen, undecided about which career path to choose, Laura took her friend's advice and became a candy striper at a local hospital to observe the role of the professional nurse—advice that helped her decide. Five years later, she graduated from the Bryn Mawr Hospital School of Nursing in Bryn Mawr, Pennsylvania.

During her twenty-eight years as a registered nurse, often aided by valiant volunteers, Laura harvested scores of unforgettable experiences from the clinical areas of medical-surgical, intensive care, and orthopedics.

A volunteer for most of her life, she admits to reaping immeasurable rewards and gaining insight into the human condition. Today she is an intensive care unit volunteer with the Christiana Care Health System in Wilmington, Delaware, and a medical text narrator for the Division for the Visually Impaired.

In 1997, steered by the winds of change tugging at her heartstrings, Laura made a gradual transition from a career in nursing to that of writing and speaking, where she savors the opportunity to follow her lifelong passion as she combines the best of all three worlds.

Laura works with her husband, Tom (coauthor of *Chicken Soup for the Prisoner's Soul*), in their own business, presenting and facilitating seminars for clients on both sides of the razor wire throughout the United States. Applying the knowledge gleaned from her years in health care and lived-life experiences, Laura delights in helping people become their best.

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