

## The Journey

Each of us has within us a gift to give. Your gift is a unique set of talents, skills and abilities, which were given to you by the Creator to respond to a need in the Universe. It is your contribution. In a word, your contribution is your Purpose.

This Journey is intended to uncover just what that gift is. The Journey to Purpose leads you to the reason why the Creator sent you to this planet at this time. In her book, *Value in the Valley*, Iyanla Vanzant describes Purpose as “a mission born in the depths of your spirit.”

You were sent here by the Creator to make a certain contribution. Only you can make this specific contribution.

Your contribution is your birthright. It is ingrained in you. It is as much apart of you as your breath. It is divinely ordered. It is natural. It is as natural as the sun rising above the eastern horizon.

Some have known exactly what their Purpose was from an early age. Perhaps, it was even nurtured by the family. When these individuals became adults, they stepped easily into their places. Unfortunately, few belong to this elite group.

Most of us had little idea that there was even such a thing as a Purpose. In this country the focus is on material acquisition and not on personal spiritual development. We have been conditioned to move through life to acquire

things. Our aim has been to go to good schools, to get good grades, to get a good job with a good salary. The reward is the ability to buy things - houses, cars, and clothes - all the trappings of success. It truly is a trap because these things do not bring us fulfillment.

When unfulfilled by material things, some may turn to people to fill the void. We think that our mates or our children will make us feel complete. Still, others may opt for more destructive alternatives such as excessive use of sex, food, tobacco, alcohol or other drugs.

True fulfillment comes from discovering and pursuing your Purpose. When you understand what your mission is and set out each day to fulfill that mission, you greet each new

day excited about another opportunity to do the Creator's work.