

ANAM CARAS

EPISODE SAMPLES

EPISODE TWO – BLACK IS BEAUTIFUL

MAYA, an African-American girl, receives a “black” doll for her birthday (noticeably, all of her friends at the birthday party are white). After the party, Maya puts the doll back in the box and hides it under the bed. PERI appears and inquires, “Don’t you like your new doll?” “She’s ugly” Maya replies “like me.” Maya wishes she had white skin, like her best friend, or at least lighter black skin like her mother. Peri asks her if she would love her dog, Sparky, more or less if he was a different color. Maya says “Of course not.” Peri changes her coat color from pink to white to black to blue to purple and then changes Maya from black to white to pink to blue to purple. Then Peri takes Maya on a magical journey around the world showing her that people of all skin colors are equally beautiful. This episode ends with Maya's mom tucking Maya into bed with her new, beautiful, beloved, black-like-me-doll.

EPISODE THREE – BULLY

After the class bully, TITUS, pushes little COBI into the mud during lunch break at school, XMAAR and LOTHIAN and CANDRA appear. Cobi is afraid to go back to class, until the Anam Caras vow to protect him. When the TEACHER asks Cobi what happened, Cobi is silent for fear of retaliation. Xmaar whispers in the teacher’s ear “Titus pushed him”. “Did someone push you into the mud? she asks. Lothian tickles Titus. Titus laughs out loud! “ Titus, did you push Cobi?” Titus laughs again! Sent to the Principal’s office, Titus is bent on revenge. Xmaar

and Lothian encourage Cobi to ignore Titus, and thwart several more attempts by Titus's to bully Cobi. Through the Anam Caras' encouragement, Cobi stands up to Titus and tells the teacher Titus is trying to bully him. The teacher tells Titus, "You must feel very scared inside." Titus disagrees, insisting he's tough. The teacher replies, "You can't control your own anger so it just shows everyone how weak and afraid you are. Strong people are kind."

EPISODE FOUR – BULLY PART TWO

TITUS' friends inform him that they don't want to play with him anymore. Titus breaks down crying. Because his heart is broken and open, he can now see LOTHIAN and XMAAR. Lothian suggests that he make new friends, and offers to introduce him to some of their very special friends. So, Lothian and Xmaar time travel with Titus. First, they go to India to meet Gandhi, who tells Titus, "Be the change you want to see in the world. If you want good friends, you must first be a good friend." Then, Lothian and Xmaar introduce Titus to John Lennon who tells him, "Love is the answer." When the trio returns to the present day, Titus apologizes to COBI and asks Cobi if they can be friends. Cobi says yes. The episode concludes with the two boys laughing and playing.

EPISODE FIVE - MUSICAL FRIENDS

In the Land of Soul, JALAAN, XMAAR, LOTHAIN and PERI peer into a shallow pool of water observing DANITA, a beautiful, confident little girl who tells her classmate, ALICIA, "If you want to be friends with me, you can't be friends with Eva." When Alicia rejects EVA, Peri appears to Eva and gives her a hug. Meanwhile, Xmaar and Lothian take matters into their own hands. Instantly, Eva looks like Alicia...taking Peri by surprise. Peri gives her mischievous colleagues a disapproving stare. Eva, who is unaware of her physical change, is stunned when

Danita is friendly towards her. Alicia, who now looks like Eva and is unaware of her physical change, is heartbroken when Danita is mean to her. Through Anam Cara magic, Eva and Alicia find themselves face to face. Instantly, Eva and Alicia switch bodies, without even realizing what happened. Alicia apologizes to Eva. The episode concludes with the two girls laughing and playing and the Anam Cara team rejoicing in another job well done.

EPISODE SIX - HENRY'S HOPES AND DREAMS

MACALLA, LOTHIAN, and XMAAR watch the kids in a physical education class choose baseball teams. Neither team wants HENRY, a skinny, little boy wearing a “Science Rocks” t-shirt, so he’s assigned to Team B. The Anam Caras set out to help Henry become the star player of the day. With the Anam Caras manipulating every move, the practice game is wild and crazy. Macalla is about to ensure Henry hits a home run when NOEM appears to the other Anam Caras and insists that they must not interfere with the lesson Henry needs to learn. Without supernatural guidance, Henry makes a fool of himself, thus the other kids poke fun. Macalla, Lothian and Xmaar appear to dejected Henry who is convinced he’s good for nothing. “Back in a sec,” says Macalla. In an instant, she flies to the Land of Soul and back, bringing with her a wildflower bud. She gives it to Henry, and explains the flower is from the *Field of Pure Potentiality*, and that his hopes and dreams are inside preparing to manifest. The bud opens to become a glorious flower and numbers, music, and words fly out! There isn’t a baseball dream in the flower. Macalla tells Henry, “You’ll be good at the things you love. Your hope and dreams will manifest if you give them enough attention.” The episode concludes with Henry at the front of the class, standing next to his teacher, who is holding up Henry’s math paper for the class to see. It has a giant A+ on the top in red letters. Henry beams with joy.