This is a special Hotsheet Report on how to plant your desires and wants into the fertile ethereal soil of the Comos. A practical guide and step-by-step approach to manifestation, attraction and seed faith giving.

INTRODUCTION. Here is the web address, www.sowpub.com/sq1

The Square One Workshops have been posted up for 17 years. In this report we are going to examine the one part of the Master Pictogram which focuses on planting thought seeds as seen on the lifeline.

You received this report via your Prosperity Seed Gift. THANK YOU.

On the lifeline you see a person THINKING, the + represents an idea, a thought. You also see the future manifestation of the idea on the lifeline seen as the tip of the POA (Pyramid of Accomplishment). It is a Positive thought held onto as life goes forward. It accumulates in the Cosmos until, like a cloud, it rains down onto the physical plane for all to see.

The idea has become real.

Stop and look around.

Everything you see excluding some natural things, every man made thing in your home, your city, your country BEGAN as an idea in someone's head. It was a thought before it was a thing.

You are about to learn how to build your own idea generator which launches your thoughts into the Universal Sky and allow them to accumulate until they pour prosperity down into your life.

The seed planting process has these components.

- An idea of what you want, as detailed as possible, the “mold”.
- A time frame for the seed to take root, grow and to be harvested.
- An action plan, as seen by the Pyramid of Accomplishment (Action)
- Awareness of the exits on the POA, possible obstacles to overcome
- Adjustment of activity, doing what aids the thought seed.
- Attitude of Gratitude in all you do
Let's start at Square One: WHAT DO YOU WANT?

When I coach people in manifestation, I start with money. It is the easiest of all the five lanes. The five lanes or rings in the circus of your life, are:

1. The financial lane.
2. The physical lane.
4. Mental and thought lane.
5. Spiritual lane.

Financial and money related thoughts occupy a lot of our mind, our day and in fact a lot of our life. I think it safe to say the vast majority of the world does not manifest enough money in their lives and get stuck in poverty and want.

Can you answer this question: How much money do you want to manifest in the next year? And here is where most people fail.

**They ask the Universe for far more than then own beliefs will allow them to receive.**

See, you have a built in governor in your mind. If you have never made 25,000 dollars in a year, and you ask the Universe to manifest one million, or even 100 thousand dollars, the idea is instantly turned, in your mind, from a + positive into a – Negative.

The fastest way to increase your INCOME is by incremental steps. Can you increase your monthly income by 10%? That is very doable for almost everyone, albeit, doesn't solve immediate financial problems. It isn't enough.

And because you are planting seeds without belief when you ask for larger than ever sums of money to come to you, you are basically throwing your ideas, your thoughts into the brier bush where it will not grow.

One good way to get started is to cut out pictures or copy and paste images onto a piece of paper or glue or tape pics onto a piece of cardboard. Or Whiteboard. Or just a word document.

It is like developing a mold for you to pour your thought idea into, or like building a house...it is like the blueprint. Too many people try to build a house without a detailed blueprint and wind up in shanty town with their walls tumbling all around them.

This is a good exercise to get you started. Go find a picture online of the following:
• The kind of car you would want, including color
• Can you find a pic of your ideal house
• What would you want inside this house, include furnishings
• Where do you want to live?
• Pics of the clothes you want to wear
• Images of people you want to be around

In many law of attraction and manifestation circles this is called a dream board, and they are useful, but not in the way most people teach. Truthfully, you really don't yet know what you want. You have some ideas.

But creating a picture of what you CURRENTLY think you want is helpful in getting clarity and filtering ideas from your mind. The secret is to also answer the question WHY after each of the pictures you find.

**Why** do you want that car? **Why** do you want that house? **Why** do you want those clothes?

And it takes a little time, but when you ask why and give yourself some time to meditate, think and process it, as often as not you come up with an answer which has to do with your ego and or your self image in this world.

Is what you want about STATUS? Do you want to impress others? It is a natural and human desire, nothing to be ashamed about. Sure, we have a built in need to feel our place in the world.

If you can answer the question, What do you want? And then ASK yourself, **WHY**? You will shave off and chip away at the statue of failure and incomplete projects because your focus of activity gets sharpened.

It is the KNOWING of why you want what you do which is the power behind your seed thoughts. One big secret, and this is a lesson we all need to learn, is the Universe seems to respond fastest and with the greatest return when our manifestations benefit the largest number of people it can.

See, it is when you have the attitude of gratitude, along with the in-the-heart desire to be of service, to help and to benefit OTHERS, it is within this framework that manifestations of desire take place the fastest.

**An old thought; to get what you want, help others get what they want.**

Let's get into some step-by-step activity to get you started. Well, actually if you have done any of the above, like gathering pictures of what you want, and answering the question of WHY, you have already begun.
In the physical world, you can clearly see the process of planting a seed and getting a result. Plant a tomato seed and some time in the future, IF it is tended to, will give you many tomatoes. How long?

Well, it depends on the kind and variety. Some tomatoes can be grown in less than 2 months, while the more exclusive heirloom kind could take 3 to 4 months to ripen. You need to know the exact kind of seed you are planting so you can easily estimate when you can harvest.

If you plant a seed in the ground, you don't doubt it's ability to grow, you don't go digging it up every few days to see how it is doing. You TEND it. Nurture and protect it. Make sure it is watered, not drowned, that it gets protected from critters and parasites.

So, your thought seed, which is planted in the Cosmic soil right above your head, has the same requirements. It is planted in FAITH.

You expect the tomato plant to grow. You should expect your thought seed to grow.

You protect the tomato plant. You also guard your thought seed. You keep the negative thoughts away from it. You plant in expectation. You expect to harvest many tomatoes from a single plant.

In the physical world, you can keep and use all the tomatoes you grow, or if you choose you can share them, maybe trade them or just give them away.

In spirit, there is a tendency to grow faster and healthier ideas when the intent at the time of planting is to share. Again, it goes to the idea of sharing your abundance, and GIVING.

Just as you give the tomato seed to the good soil with an expectation of a successful harvest, you too give your thought seed to the Universe with gratitude and expectation it will return to you many times over.

This is true for all five lanes of your life. We started with money because that is the easiest to see and understand. So, if you want to manifest money into your world, what kind of seed must you plant?

Well, you already have when you gave something for this report. The return to you from your seed gift will depend on how you planted the seed, and what you take away from this report to use and apply.

It could become just one of a dozen or a score or more of PDF files on your download page, maybe read it once, forget about it, and go buy something else, a
more “sure thing” about making money.

Perhaps you will buy many WSO's or Internet Marketing HOW TO reports, I'd bet you have a few sitting on your computer already don't you.

YOU paid for those reports, anywhere from a few dollars to maybe hundreds and hopefully NOT, even thousands of dollars.

How has that worked out for you?

YOU know by simply looking around and seeing what you have already manifested, because what you see today is a result of your thoughts and activities of days gone bye. If you are happy with what you see, simply continue doing what you are doing and keep your harvests coming.

On the Master PictoGrigm of the Square One Workshops you discover your lifeline is dynamic, you can't stop your life, it is a journey from the cradle to the casket.

And far too many people make this journey without control.

Think about your friends and family. How many of them are doing everything they want to do, are happy, fulfilled and if they desired it, financially independent?

Lots of words so far, but here is a review of things you can do this day based on what you have read so far:

THINK about what you want. Where and when you want it. WHY?

Find pictures which represent your physical desires, these act as molds into which you pour your molten ideas.

Review or read if it is new to you, the Square One Workshops because it has all the answers, once you learn how to ask the right questions.

Do something every day and solve your problems in the direction of your goals.

On the SQ1 you see the POA, the Pyramid of Accomplishment (or Action). On this illustration it is the small triangle to the right of our traveler.

The space between the traveler and the top of the POA is TIME. IF this person were sowing seeds into the earth, it might take 50 days to harvest a tomato. This graphic shows the growth your idea to the point it is ready to be harvested and becomes manifested on your lifeline. Here is the POA
This could be one of the most important graphics of your life, if you take a little time to understand it. Your thought seed is at the bottom of the POA, it says you should know the outcome in experiential detail. It is why LOA and other manifestation groups have you make a dream board, you want to see and FEEL what it is going to be like when you manifest (for example) that new car. You know the color, the details, the brand, what you will look like behind the wheel, as much detail as you can IMAGINE. So, once you have a picture of it, your desire, and you ask and answered WHY? The first movement is mental, or a thought which goes to BELIEF. DO YOU BELIEVE you can manifest the car of your dreams?

We've talked about built in governors, if you have never owned a new car, or have never paid cash for a new car, it may be hard for your subconscious mind to BELIEVE it can happen. It is the reason why INCREMENTAL increases in income work better than wanting windfalls and large sums. If you have never made 100 thousand a year, your built in beliefs will create blocks which subvert and sabotage you.

There are 7 potential exits, or quitting points on the POA.

The POA is a representation of your ACTIONS, or your activities toward your goals. From the bottom to the top is TIME, this corresponds to the TIME from when you plant your thought seed until it manifests on your lifeline.

IF you have a desire, a thought for something, and you can NOT make a first move to BELIEVING it can and will happen for you, there is exit ONE. Many people who were raised in poverty or in want, may have an ingrained idea of they CAN'T get what they want. They know “money doesn't grow on trees”, and all the negative ideas they have been taught since early childhood. But it is also an exit door for those with low or poor self images too. They may think, I'm not good looking enough to get the man or woman of my dreams, I don't have the intelligence, background, knowledge, experience...and we all see our own flaws through giant magnifying glasses.

But, if you go to belief and come away with the idea I CAN, and I WILL manifest my desire, you then must center your thought or FOCUS on it, seeing it as already done, in full experiential detail, you see the color of the car, you smell the new car smell interior, you hear your neighbors telling you what a nice car it is, you can touch the steering wheel.

Then exit TWO appears. You fail to put together, and that means write it down, a PLAN. YOU have an idea of what you want, you may even have pictures, and a deadline or date but you don't write out what YOU need to do to make it manifest. There is definite activity you do to make your desire happen. Like in the garden, you weed, water, debug and nurture the tomato plant, likewise in your mind you must do the same thing and do in the physical world those deeds which take you to the POA. Planning deserves its own special report, and maybe some day I'll get around to writing it, but for today, just know it is an EXIT which takes you off your highway lane and you crash along the side of the road.

Exit THREE comes just after your first feedback. See, as the POA shows, you don't go in a straight line from here to there, it is more like a torpedo which zig zags through the water while honing in on the target and adjusting its course. The closer it gets to the target, the less zig zag and more locked in it gets.
This happens in the manifestation process after a given amount of time and you examine where you are at. Many times, something comes up, or as people say, shit happens. You just can't plan for accidents, incidents or other people goal blocking you in some manner. You have to make a course correction, an adjustment and this is just too much for some, so they take the exit #3.

Exit FOUR is when you have held the thought seed for a period of time, but there is still a lot of time left, it may be around the 30 to 40% time mark. If the tomato takes 60 days to grow, it would be like throwing it away because you want a tomato on day 20. You feel it is taking too long. You want it now.

We see this all the time in Internet Marketing, people will work hard for a time but aren't getting results so they quit and buy a new shiny object or try the latest thing, only to get caught in a cycle of starting, stopping, starting over. Exit FOUR is where a large % of people get off their highway.

Exit FIVE is you are getting closer, can see and feel the positive result, then, out of nowhere or all of a sudden, there is an obstacle, a detour, a roadblock. This often appears as an emergency of health, family, friends or an increase in work responsibility. You can see the finish line, but you aren't sure you can overcome the obstacle. And it appears the Universe is always throwing down some obstacle at this point as sort of a test. The Cosmos wants to know if you are ready, willing and able to do whatever it takes.

If you have made it this far, and now quit, you enter the majority. Most people never make it past the obstacle stage. In manifestation it is the testing of your faith. Do you believe still? Is your reason WHY important enough for you to overcome the obstacle. As you read the biographies of people who we regard as achieving greatness, it is a common thread woven through their stories.

Exit SIX is questioning your motivation. Is all this work worth it? Your expectation of a manifestation wanes. You may have trouble remembering what you want and why, often because other things have distracted. You wanted a blue Jeep, but recently a Range Rover caught your eye. You may think, why did I want the Jeep when I could have planted the seed for the Range Rover? See, you start to wonder if your goals were really what you wanted or often the thought is, “yes, that is what I wanted way back then, but now, I think I want something different”. The tomato plant has buds, small tomatoes will appear any day, but you look at it and think, “what I really want is green beans”. Exit SIX usually is taken with deep seated self doubt or low self images. You made it so far, but yet you don't have it in you to keep going and often use the excuse of “what I really want” or “if only I had asked for”, or some variation of that.

Then we have exit SEVEN which is the proverbial final yard. The last 3 feet after a long dig. One more yard to score a touchdown after a long 99 yard march down the field. It is stopping and quitting when you are so close and seems to be the Universe’s final check point. Are you too tired, exhausted, burnt out, lost faith, or just no longer can remember what you are doing. It is the saddest of all exit, because you are so close, but for some reason, you just can't make it. It is like seeing the green tomatoes turning red, and then just throwing the plant away.

Now you have a visual representation of your journey with some ideas of the potential stumbling blocks and exit points along your journey. Now a look at goal statements, or contracts, or whatever you care to call them.

It is self talk. Your meditations, your self chatter, it is a way to keep your mind on the positive outcomes, and a way to keep you focused on your desires.

Long before the SECRET and Law Of Attraction, Napoleon Hill gave us an example of a goal agreement in the pages of THINK AND GROW RICH. Hill said, “A goal is a dream with a deadline.”

Here is an excerpt from THINK AND GROW RICH regarding goal setting:
The above is a useful template for your goal cards, or your desires you want to manifest. It contains a summary of the HOW to manifest. **A deadline.** You want your thought seeds to bloom and at a time you want to harvest. **ACTIVITIES.** You have expectation, the Universe does too, it expects you to give something to get something, so you say..."IN return for this ___________ I will GIVE_____

Then a statement of **BELIEF.** He talks of faith and the experience of having it as if he already did. An assumption your thoughts will work. It is already in existence in the spirit or Cosmic realm. It exists, but is manifested in PROPORTION to your activating and staying with your plan.

I highly suggest you create these goal cards or notebooks or documents using this template.

There isn't anything new here, as far as elements of manifestation and thought seed planting, in fact, it has been around for centuries. There are 1001 books you can read, from the very simple and easy **AS A MAN THINKETH** by James Allen to the full book by Ernest Holmes, **SCIENCE OF MIND.** There was nothing new introduced in **THE SECRET,** or the Law of Attraction, just old concepts repackaged to a new audience.

What I offer that is different is the SQUARE ONE WORKSHOPS. One complaint I have with the whole LOA or SECRET crowd is they have a built in “out”...which is:
it works, if you don't get results, it is YOUR fault for doing something wrong.

Now they don't come out and say that, but with millions of people exposed to the LOA, where can you see millions of successful manifestations? Show me.

It is a faith based system without explanation. The SQ1 shows you why thoughts and belief act, and how you can take control of them, not just by believing what some guru teaches you, without question.

But it gives you UNDERSTANDING and background to develop your own systems, ones which work for you. The SQ1 are my gift to the Universe.

I happily answer any questions you have about them.

NOW, let us manifest some money together. I choose money because it is easy to understand and to measure.

YOU gifted me and I gave you this report.

I could have sold it to you. Put my own value on it. Limited it, had it as a funnel, a front end product with a lot of back ends, upsells, downsells, etc. But I don't have anything like that nor do I want it.

I do participate in a few CASH gifting programs, and a few clubs where I offer a blessing or gift the club manager and often get back information.

But you have to be careful. Billions of dollars are gifted to churches and religions every year. The Catholic church is purported to be one of the richest entities in the world. Millions of people tithing, gifting money to their church, mostly to get some ticket to heaven, I suppose.

But there is Entrepreneurial gifting too. Seed capital. You see this today very clearly on platforms like all the crowd funding sites; gofundme, kickstarter, indiegogo, crowdrise, etc.

For me, and thousands of others it is an OFF LINE project, and I don't normally talk about it online. I like cash gifting. I like joining recipe clubs, or thoughts of the day. I like getting mail. I'm old school, spent decades in the mail order businesses.

Truthfully, I'm a little tired of being ONLINE. My email and spam gets overloaded daily with last minute offers, time is running out, last chance, Black Friday, dime sales, this week only, WSO's, getting hounded and followed around by ads wherever I go on the Internet.

At least with mail, I can sort it over my trash can. But the fun of opening
envelopes and having ten and twenty dollar bills tumble out has never gotten old.

Some of you, if not most, know I've written scores of HOTSHEETS and Information Products over the years. I've offered over 67 info products for sale online in the last two decades. Some were big winners producing thousand dollar days, and others just a few bux here and there.

I've had several AUTOMATIC PRODUCT VENDING sites, where I have a simple vending machine set up, put your money in and get the product when you push the button. It has been rewarding and lucrative.

But my heart still sings with mail order. I know, I know...YOU want the magic of the Internet to work for you, and I say great and good luck. If you work at it and do it right it could be as terrific for you as it has been for me.

So, go ahead, build your web sites, blogs, forums, Facebook groups, Twitter followers, etc., etc., and so on.

I wish you well. And I've got nothing more to sell you or put you in some sort of a funnel. I don't have and didn't ask for your email. You want hear from me unless you contact me and ask me to contact you.

Which I will IF you have a question or comment about this report, the SQ1, or if you have any interest in learning more about cash gifting programs.

But if you don't have any comments, questions or interests in any of this, then let me wish you success and happiness in all that you do.

Slow down, follow through...and give yourself away, you will be astonished at what you will get in return.

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